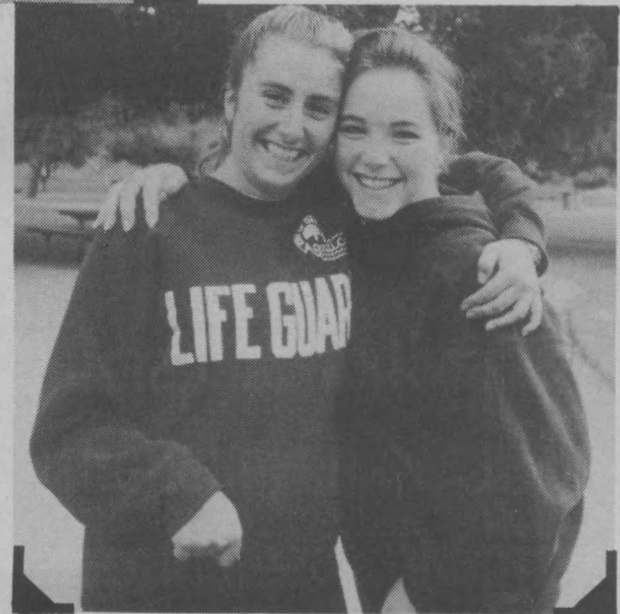


UCSB'S ASSOCIATED STUDENTS

# COMMUNITY AFFAIRS BOARD



## Your Volunteer Action Center

### The Top Ten Reasons to Visit the CAB Office

10. Breathtaking view of the ongoing construction of the UCEN.
9. The long, slowing moving line into the office . . . sorry, that is from the top ten reasons to visit Cheadle Hall.
8. Countless opportunities for gaining valuable resume experience.
7. Meet many new and exciting people on campus and in the community.
6. A chance to make a difference in your community.
5. Volunteerism does not interfere with either *Beverly Hills 90210* or *Melrose Place*.
4. CAB provides a learning environment beyond the classroom that promotes leadership, social responsibility, understanding and appreciation of diversity, and preparation for life after UCSB.
3. No fat, no calories, no unpleasant aftertaste.
2. Countless volunteer and internship opportunities in virtually any career.
1. Come to the CAB office— it will be the best choice you make during your stay at UCSB.

➡ If any of these top ten reason to visit the CAB office excite you, read the following pages or stop by the CAB office.

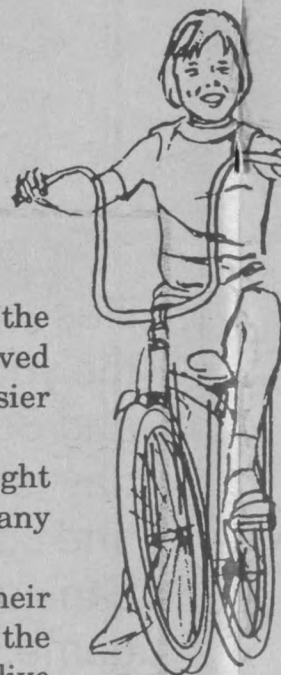
3rd Floor UCEN, Room 3125

Drop In Hours are 10:00am to 4:00pm

893-4296



# Volunteers C Youth &



## Volunteers Make A Difference!

The A.S. Community Affairs Board, is UCSB's Volunteer Action Center. The CAB Office, located on the third floor of the UCen, is offering countless opportunities for volunteers to serve the community. There are a variety of ways to get involved with the vast amount of agencies CAB serves. Flexible scheduling as well as many exciting one-time events makes it easier than ever for students to volunteer.

CAB Board Members are always in the office to answer your questions and to help locate the volunteer work that is right for you. The CAB Board serves as the volunteers' direct link to the community. Within the board itself there are many positions available as Project Coordinators, Public Relations/Outreach representatives, and committee members.

So why should you volunteer? Career exploration is one good reason. Volunteering can help an individual build their resume while gaining a real insight into what a career in a hospital, nursing home, public school, legal clinic, or any of the other agencies CAB serves is really like. In addition, it has been proven through research that people who volunteer live longer and healthier lives. Volunteering does much more than satisfy one's sense of social responsibility, it enhances leadership and communication skills, encourages teamwork and makes for lasting friendships. Being able to reach out through volunteerism is unrivalled as a means of conveying a sense of caring and citizenship in the community.

**Volunteer . . . the benefits will last a lifetime!**

## Just Look at All These Opportunities



### SPORTS

Special Olympics  
Dos Pueblos Little League  
Westside Boys & Girls of S.B.

### HUNGER/HOMELESS

Salvation Army  
Santa Barbara Foodbank  
Santa Barbara Transition House  
L.I.V.E. - Let Isla Vista Eat  
Council of Christmas Cheer  
Beyond Cinderella

### SPECIAL EDUCATION

Deveraux School  
Hollister School Special Classes  
Santa Barbara Therapeutic Riding  
Academy  
St. Vincents

### SENIOR CITIZENS

Friendship Manor  
Friendship Day Care Center of  
Santa Barbara  
Brown Bag Program  
O.A.S.I.S. - Senior Citizen Assistance  
Cottage Care Center - "Adopt A Grandparent"  
Jewish Family Service - Senior Centre

### MUSEUMS

UCSB Art Museum  
Children's Museum of Santa Barbara



# Connect With & Family



Do you miss your little brother or sister? Do you need a break from the Isla Vista lifestyle? Then come to the First Annual Youth and Family Day to spend the day among the youth of our community. This Sunday, November 7th, UCSB's Athletics Department and Santa Barbara United Way together will present this spectacular event! A fun-filled day is planned to promote a positive relationship between the youth of our community and our local law enforcement agencies. Activities planned throughout the day include a canine demonstration, County Fire Agility drill, a baseball clinic, and a celebrity softball game. Assisting the various demonstrations taking place will be a paddy wagon, a SWAT van, a fire engine, a Bomb Squad and Search and Rescue vehicles. There will also be booths set up by United Way, CAB, SWAT, DARE, Canine Unit, Search and Rescue, Bicycle Safety, and a fingerpainting booth. Face painting by the A.S. Community Affairs Board will be another highlight of the day. So come on out and celebrate with us!

## How to Volunteer with Youth & Families

### TUTORING

IVYP Tutor Program  
PACE - Parent And Child Enrichment Program  
LINK - Linking University Students to Junior & High School Students  
Ellwood Elementary Tutoring

### EDUCATION

R.E.A.C.T.S.- Rediscover Educational Activities Create Tomorrow's Scientists  
UCSB Children's Center  
Goleta Head Start Program  
Center For Community Education

### HEALTH

C.A.L.M. - Child Abuse Listening Mediation  
Santa Barbara Rehabilitation Institute  
Love Yourself Foundation  
Carrillo Community Clinic  
Raggady Ann & Andy's Hospital Visiting Program  
Muscular Dystrophy Association  
Fighting Back - Drug/Alcohol Awareness Program



### CHILDCARE

Klein Bottle Youth Program  
IVYP Afterschool Program  
Family Student Housing





# Agenda Of Events: Nov. 7<sup>th</sup>

- 1:30 pm Canine Demonstration given by Patrol Unit
- 2:00 pm County Fire Hose Laying
- 2:30 pm Canine Demonstration by Narcotics Unit
- 2:40 pm Women's Basketball Clinic
- 3:00 pm County Fire Agility Drills
- 3:00 pm Men's Basketball Clinic
- 3:20 pm Softball Clinic
- 3:40 pm Baseball Clinic
- 4:00 pm Celebrity Softball Game



★ Face Painting • Free Ice Cream

Come to the Caesar Uyesaka Stadium on the UC Santa Barbara Campus, and join us for a day of celebration as we promote the positive relationship between the youth of our community and our local law enforcement agencies.

Associated Students

## Community Affairs Board 1993-1994

•Judy Alis•Melissa Altman•Jason Alexander•Yvette Antrim•Rukaiyah Abdullah•Bonnie Beaupre•Cynthia Boeckman•Scott Barnett•Jennifer Brown•Tricia Casaway•Patty Chan•Nhu-y Canh•Jay Coffman•Cris Domingo•Julie Garfinkle•Kimberly Gibson•Autumn Gies•Calvin Gies•Tirzah Grant•Amanda Gruder•Michelle Hudson•Sarah Hoeffle•Aimee Johns•Christian Johnson•Helen Kwon•Rebekha Lee•Brian Lawrence•Jeff McNutt•Julie Mazoff•Luz Napoles•Roshni Nehta•Heather Paymar•Jennifer Perkins•Dana Rawitch•Kristen Ramos•Emma Rollin•Jennifer Rossman•Karen Sun Rhee•Michelle Schmidt•Mary Salceda•Marcus Segal•Cyndi Sopko•Poco Smith•Shannon Smith•Jen Trompeter•Natalie Trussel•Sandra Tsai•Janet Walker•Traci Watson•Jennifer York•

COME CHECK US OUT!!