

# THE Weekend SURVIVAL Guide

## HOW TO: JUMP OFF A BUILDING INTO A DUMPSTER

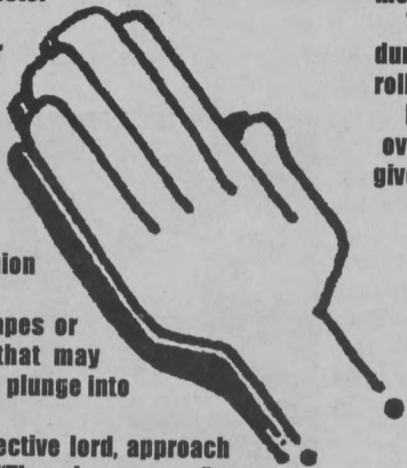
### 1 Preparation

Remember, you're jumping straight down, not out. If you jump away from the building, you will overshoot the dumpster and splat.

Also remember the dumpster may be filled with plywood or something else that is not the soft cardboard boxes the pros use to cushion their fall.

Look for fire escapes or wires or anything that may impede your Neo-like plunge into the dumpster.

Pray to your respective lord, approach the edge and repeat, "There is no spoon."



### 2 The Jump

Resist to urge to push off, and instead slip off the ledge like a test monkey. Feel the acceleration.

Try to aim for the center of the dumpster and get ready to tuck and roll.

If you suddenly realize you have overshoot the dumpster, pray for forgiveness of any recent sins.



### 3 The Tuck and Roll

This is the tricky part. You need to rotate 270 degrees so you'll be doing a massive backflip into the dumpster.

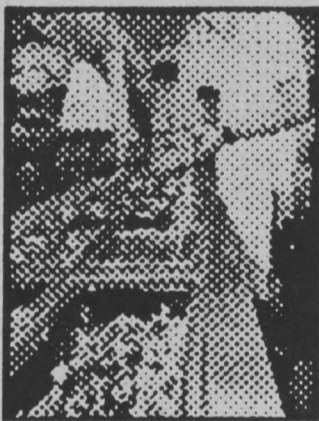
Tuck and roll like the sexy star of Dark Angel and when you open up you should be looking at the ledge you just fell off of, with your arms and legs trailing above you.



## Other Nifty HOW TO'S:

### HOW TO: TOSS A SALAD

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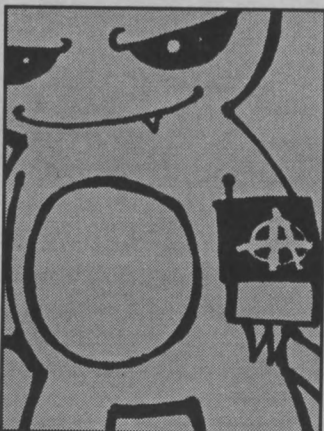
### HOW TO: DRINK AT MADISON'S

PAGE 2A



### HOW TO: MAKE LOSING YOUR SECURITY DEPOSIT WORTH IT. — THE DEBUT OF ANARKITTY

PAGE 3A



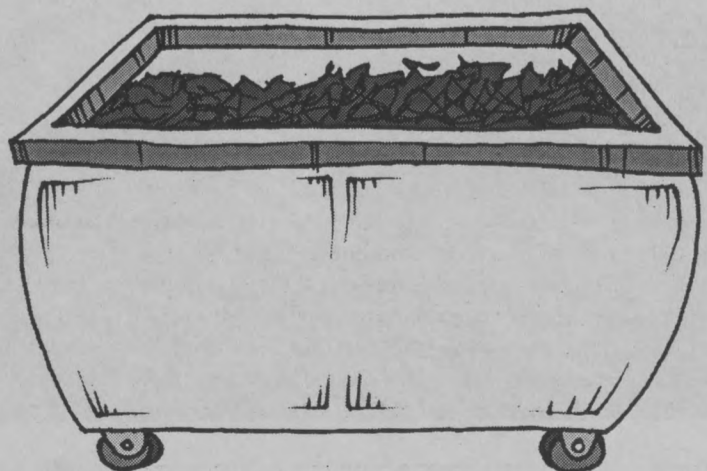
### 4 The Landing



While human beings often die from falls as low as six feet, you can plummet six stories into a dumpster if it was recently filled to the brim with styrofoam, cardboard boxes, and water logged pornography.

Make sure to land on your back. Front that height, the impact makes your body fold like an taco. If you are a backwards taco, you will break your back.

Good luck, and remember, "there is no spoon."





## Madison's is Downtown Fun at a Good Price

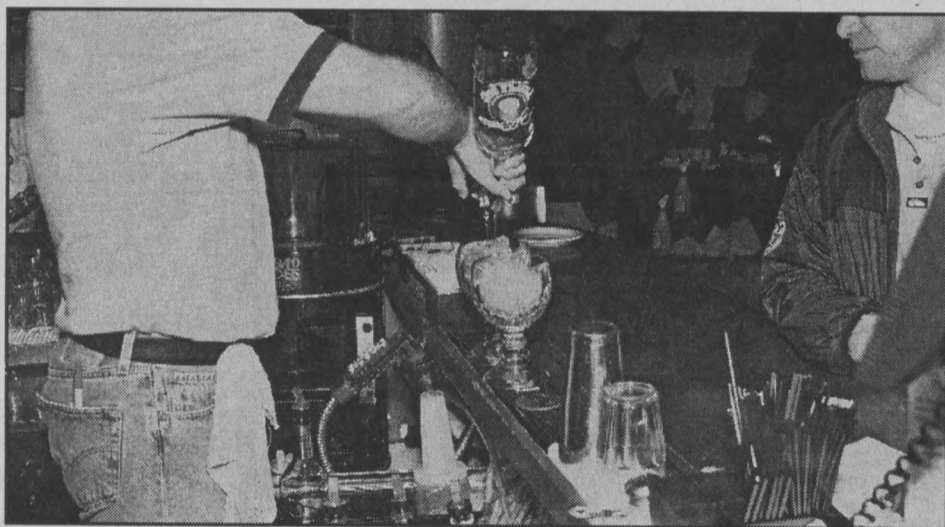


I apologize, dear reader, that my associate and I have been out of your lives for so long. All I can tell you is that Mexican prisons are even less nice than in the movies, and Peruvian prisons are even less nice than Mexican ones (but fear not for us; the physical scars are healing and the psychological ones are easily drowned in oceans of time and carefully prescribed substance abuse). Upon our return stateside, we were met at the airport by one of Professor Downs's minions and handed a manila envelope.

For your sake, I persuaded my associate not to eat the envelope (understandable in light of Peruvian prison food), and our assignment was saved. We were to gain access to a local pub and eatery and assess its value and significance. Madison's Sports Grill at 525 State St. is a pleasant place, abounding with atmosphere and televisions. For a staff that

looks like a retired professional football team, they were friendly and courteous. We were asked to sit at the bar with the unspoken assurance that we were to be treated as family. In our little family, the drinks come from mommy bartender.

And just like mom makes them, the drinks were fast and palatable. But unlike mom, the bartender knows how to make a sidecar, a new favorite (brandy, triple sec, and lemon). The barkeep was an amiable sort. He even made up a nickname for me: Sparky. I made up one for him too, but I can't



print that.

Madison's is a full service kind of a place, with a kitchen dishing out tasty treats, like tiny hamburger appetizers ("sliders"), steaks (marinated in bourbon! Brilliant!), and fresh (the freshest!) salads. But it is the drinks (ah, the drinks) that make Madison's famous as a downtown watering hole.

Visit Madison's during one of its wet and wild happy hours (weekdays, 4 p.m. to 7 p.m.), and you will be treated to tasty adult beverages served in colossal goblets (with a name like Schooners, they gotta be good) for unbeatable prices. One of these bad boys would satisfy even the thirstiest sailor on shore leave; my associate ordered three.

With food in our bellies and drinks in our hands, my associate and I retired to the patio to indulge in a post-prandial cigarette. The heated outdoor area keeps patrons toasty warm on even the chilliest Santa Barbara evenings and provides an ideal spot for *al fresco* drinking and dining (and smoking).

In short, Madison's is the place downtown to meet friends, to have a drink and to enjoy a quick, satisfying bite. Oh, and they have TVs in the men's room.

By Alex Ward, Staff Writer

## Silvergreens is Healthy Food Amid I.V. Grease



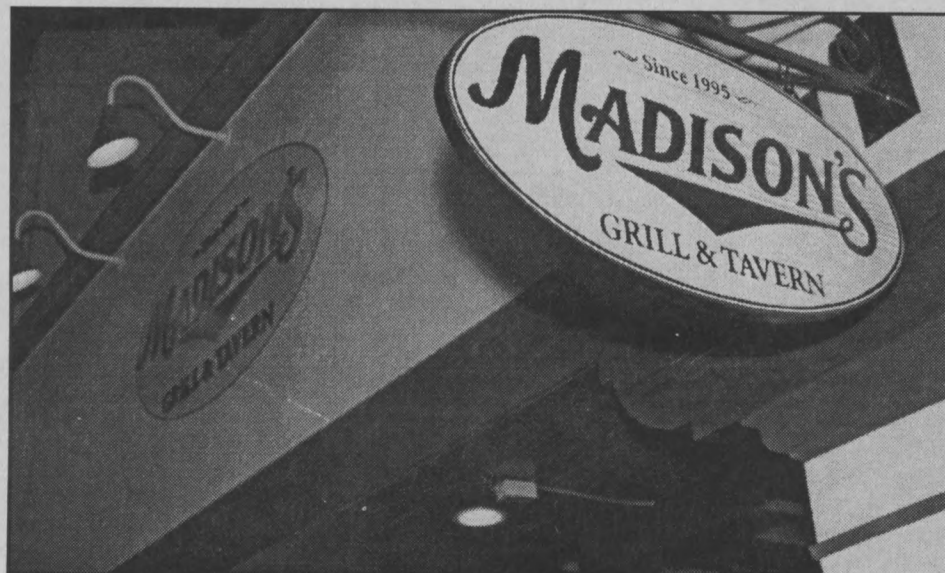
For those in college who have yet to experience the joys of a well-balanced meal that isn't wrapped neatly into a tortilla, Silvergreens' "food for the active" may be an excellent choice. The cafe, home to the author's favorite tortilla soup, has made a few changes since most of the undergraduate population at UCSB first ventured into town, including a newly remodeled interior, 24-hour service, and delivery after 5 p.m., seven days a week.

I stopped in on a beautiful afternoon in mid-January with two co-workers — we'll call them Bill and Mary — also desperate for their first meal of the day. We began the task of racking up a \$25 bill on the *Nexus*, a harder goal than one may imagine. We started the meal munching on a few of Silvergreens' freshly baked cookies, because that is what 19- and 20-year-old college students do when they are offered dessert before a meal. The homemade cookies — in chocolate chip, peanut butter and oatmeal raisin flavors — were a steal at 69 cents each. (Bill would recommend the chocolate chip if you have a hankering for something mom would be proud of.)

One of the more exciting points, at least in Mary's opinion, was the full service refreshment bar situated on the far wall of the restaurant, which offers a variety of options. One of these is the vanilla or cherry syrup, perfect for those who like their soda's sugar level to be above and beyond anyone's recommended daily intake. The beverage bar also offers all-you-can-drink soft drinks, lemonade and iced tea. (In addition, Silvergreens offers juices, hot tea, coffee, water and various smoothie blends.)

The three of us sampled a wide variety of the menu, including two different salads, sandwiches, soup and a baked potato. Mary was pleased with her selection off the "Combo Me Crazy Menu," a baked potato and El Capitan salad, all for under \$6. The salad, which Mary labeled as "bomb," consisted of mixed greens with grilled chicken, beans, cheese, tortilla strips, tomatoes, ranch dressing and salsa. The baked potato also received high praises, but as Mary pointed out, it's difficult to screw up a baked potato. Bill also seemed pleased with his selection of the roast beef sandwich, as he grunted when I asked how it was. (I suspect he may have been feeling the repercussions of his pre-meal cookie binge). My meal was excellent: a combo of tortilla soup and a Cobb salad smothered in ranch dressing.

If you're looking for the best place in town to choke down a salad or just want a quality, healthy sandwich, stop by Silvergreens on the corner of Pardall Road and Embarcadero Del Mar. I promise it's not bird food.





# HOW TO: NOT FEEL BAD ABOUT LOSING YOUR SECURITY DEPOSIT

Note: This "how to" presented by AnarKitty is not meant to be taken seriously. AnarKitty is a horrible role model with little respect for life or property. Do NOT imitate the AnarKitty.



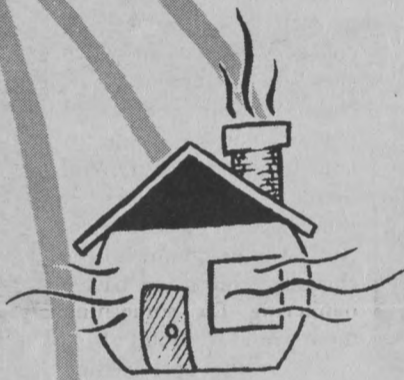
**1** When you realize the \$400 you forked over at the beginning of your lease is less likely to return than Reagan's sanity, borrow a power drill and get a 1-inch boring tool. Also purchase a couple pounds of rotting meat from your local Supermarket.

MIMM

**2** Drill a few inconspicuous holes a few days before you move out, fill them with the rotting meat, and any daily products left in the fridge by long gone roommates. Seal the hole with toothpaste or spackle.

**3** Wait. Patience and stealth are the ways of the AnarKitty and you, true believer, shall learn them in time. Wait some more.

Eventually your little stash of goodies in the wall will become a critical mass of compost and begin to fumigate the yard and possibly the block with a foul stench. Many small mammals may die. Use on only the most unredeemable slumlords. Till Next time, Fight On, — AnarKitty



## WOODSTOCK's Delivers A MasterPizza!



### Student Special

Large one topping Pizza  
In house \$7<sup>99</sup> Or \$9<sup>99</sup> Delivered  
Pickup

"Just flash your student ID." Limited time offer; Gourmet Toppings Extra; Not good with other offers; Must mention when ordering

**\$3<sup>00</sup> off**  
Extra Large, Large or Medium Pizza with one or more toppings  
928 Embarcadero Del Norte 968-6969  
Gourmet Toppings Extra; not good with other offers; exp. 2/15/01  
(Darn Valuable Coupon)

**\$2<sup>00</sup> off**  
Extra Large, Large or Medium Pizza with one or more toppings  
928 Embarcadero Del Norte 968-6969  
Gourmet Toppings Extra; not good with other offers; exp. 2/15/01  
(Darn Valuable Coupon)

## Metropolitan Theatres

Showtimes Listed Play Friday, January 19 Thru Thursday, January 25 Only

**MOVIE HOTLINE**  
963-9503  
http://www.movieink.com  
http://www.hollywood.com

NO PASSES & COUPONS ACCEPTED ON  
★ NO PASS SPECIAL ENGAGEMENTS  
ASSISTED LISTENING SYSTEMS  
AT ALL LOCATIONS

**R** RESTRICTED - ID REQUIRED  
UNDER 17 REQUIRES  
ACCOMPANYING PARENT  
OR ADULT GUARDIAN

BARGAIN MATINEES - ALL SHOWS STARTING BEFORE 6:00 PM - BARGAIN MATINEES TIMES SHOWN IN [ ] BRACKETS

STADIUM SEATING - IN ALL AUDITORIUMS AT:  
METRO 4 - SANTA BARBARA and CAMINO REAL - GOLETA

### CAMINO REAL

CAMINO REAL MARKETPLACE  
HOLLISTER & STORKE - GOLETA  
Every Tuesday is Student Day  
All Day - All Seats - \$5.50  
- Valid ID Required -

Jack Nicholson  
★ **THE PLEDGE (R)**  
Fri-Sun - (12:50 3:45) 6:45 9:30  
Mon-Thur - (2:15 5:00) 8:00

Catherine Zeta-Jones  
★ **TRAFFIC (R)**  
Fri-Sun - (1:45 5:15) 8:45  
Mon-Thur - (2:20 5:30) 8:45

★ **THIRTEEN DAYS (PG-13)**  
Fri-Sun - (1:10 4:30) 7:45  
Mon-Thur - (2:10 5:10) 8:15

**FINDING FORRESTER (PG-13)**  
Fri-Sun - (1:00 4:15) 7:30  
Mon-Thur - (2:00 5:00) 8:00

**CAST AWAY (PG-13)**  
Fri-Sun - (1:20 4:45) 8:15  
Mon-Thur - (2:00 5:20) 8:30

**WHAT WOMEN WANT (PG-13)**  
Fri-Sun - (12:40 3:30) 6:30 9:15  
Mon-Thur - (2:30 5:30) 8:15

**FAIRVIEW TWIN**  
251 N. FAIRVIEW - GOLETA  
**\$2.50 ALL SEATS ALL SHOWS**  
**DOUBLE TAKE (PG-13)**  
Fri & Mon-Thur - (5:30) 7:45  
Sat/Sun - (2:45 5:30) 7:45

**ALL THE PRETTY HORSES (PG-13)** 8:00

**AntiTRUST (PG-13)**  
Fri & Mon-Thur - (5:15)  
Sat/Sun - (2:30 5:15)

**CINEMA TWIN**  
6050 HOLLISTER AVE. - GOLETA  
**\$2.50 ALL SEATS ALL SHOWS**  
**HOW THE GRINCH STOLE CHRISTMAS (PG)**  
Fri & Mon-Thur - 5:15  
Sat/Sun - 2:30 5:15

**MEET THE PARENTS (PG-13)**  
Fri & Mon-Thur - 7:45  
Sat/Sun - 2:15 7:45

**CHARLIE'S ANGELS (PG-13)**  
5:00 7:30

### FIESTA 5

916 STATE STREET - S.B.  
**CROUCHING TIGER, HIDDEN DRAGON (PG-13)**  
Fri/Sat - (12:40 3:30) 6:30 9:30  
Sun - (2:00 5:00) 8:00  
Mon-Thur - (2:30 5:20) 8:00

Sandra Bullock  
**MISS CONGENIALITY (PG-13)**  
Fri/Sat - (4:10) 6:50 9:25  
Sun - (5:40) 8:15  
Mon-Thur - (2:15) 7:15

**THE EMPEROR'S NEW GROOVE (G)**  
Fri - (2:10)  
Sat - (12:00 2:10)  
Sun - (1:15 3:30)  
Mon-Thur - (4:45)

**WHAT WOMEN WANT (PG-13)**  
Fri/Sat - (3:45) 6:40  
Sun - (2:30) 8:00  
Mon-Thur - (2:40) 8:00

**DOUBLE TAKE (PG-13)**  
Fri/Sat - (1:45 4:45) 7:10 9:20  
Sun - (2:15 4:45) 7:30  
Mon/Tue & Thur - (2:45 5:00) 7:30  
Wed - - (2:45 5:00)

★ **SAVE THE LAST DANCE (PG-13)**  
Fri/Sat - (1:00 4:00) 7:00 9:40  
Sun - (1:30 4:30) 7:45  
Mon-Thur - (2:20 5:10) 7:45

**AntiTRUST (PG-13)**  
Fri/Sat - (1:10) 9:35  
Sun - (5:20)  
Mon-Thur - (5:30)

### PLAZA DE ORO

371 HITCHCOCK WAY - S.B.

**THE FAMILY MAN (PG-13)**  
Fri-Thur - (5:15)  
Matthew Broderick  
**YOU CAN COUNT ON ME (R)**  
Fri & Mon-Thur - 8:00  
Sat/Sun - (2:45) 8:00

**MISS CONGENIALITY (PG-13)**  
Fri-Thur - (5:30)

William H. Macy in  
**A David Mamet Film STATE AND MAIN (R)**  
Fri & Mon-Thur - 7:45  
Sat/Sun - (2:30) 7:45

### PASEO NUEVO

8 W. DE LA GUERRA PL. - S.B.  
A Sean Penn Film  
★ **THE PLEDGE (R)**  
Fri/Sat - (1:00 4:00) 7:00 9:55  
Sun-Thur - (2:00 5:00) 8:00

**CAST AWAY (PG-13)**  
Fri - (2:30) 6:30 9:45  
Sat - (12:00 3:15) 6:30 9:45  
Sun - (1:00 4:30) 8:00  
Mon-Thur - (1:30 4:40) 8:00

**O BROTHER, WHERE ART THOU? (PG-13)**  
Fri/Sat - (1:30 4:15) 7:10 9:35  
Sun - (2:15 4:50) 7:30  
Mon-Thur - (2:15 5:10) 7:30

**FINDING FORRESTER (PG-13)**  
Fri - (2:45) 6:45 9:40  
Sat - (12:15 3:30) 6:45 9:40  
Sun - (1:15 4:40) 7:45  
Mon-Thur - (1:45 4:50) 7:45

### METRO 4

618 STATE STREET - S.B.

Brad Pitt  
★ **SNATCH (R)**  
Fri-Sat - (2:00 4:40) 7:15 9:45  
Sun - (2:00 4:40) 7:15  
Mon-Thur - (2:30 5:30) 8:00

Cate Blanchett/Keanu Reeves  
★ **THE GIFT (R)**  
Fri-Sat - (1:15 4:10) 7:00 9:35  
Sun - (1:15 4:10) 7:00  
Mon-Thur - (2:20 5:00) 7:45

★ **TRAFFIC (R)**  
Fri-Sun - (1:45 5:15) 8:45  
Mon-Thur - (2:00 5:20) 8:30

★ **THIRTEEN DAYS (PG-13)**  
Fri-Sun - (1:30 5:00) 8:30  
Mon-Thur - (2:10 5:10) 8:15

### RIVIERA

2044 ALAMEDA PADRE SERRA - S.B.

**CHOCOLAT (PG-13)**  
Fri & Mon-Thur - (5:00) 7:45  
Sat/Sun - (2:00 5:00) 7:45

**ARLINGTON THEATRE & TICKET AGENCY**  
1317 STATE - INFO 963-4408  
- TICKET AGENCY HOURS -  
MON-SAT: 9:00 AM - 6:00 PM  
SUN: 9:00 AM - 4:00 PM

## CINEMA TWIN - GOLETA

**\$2.50** - ALL SEATS -  
- ALL SHOWS -  
- EVERY DAY -

# Meet the Parents

Friday & Mon-Thur 7:45

Sat/Sun 2:15 7:45

Dr. Seuss' **HOW THE GRINCH STOLE CHRISTMAS (PG)**

Friday & Mon-Thur 5:15

Sat/Sun 2:30 5:15

## CHARLIE'S ANGELS

Daily 5:00 7:30

CINEMA TWIN - 6050 HOLLISTER AVE. - GOLETA - 963-9503

If Kafka went to UCSB, he totally would have worked here.

Come write for the Daily Nexus.

Apply in our office under Storke Tower.





# READERSHIP POLL

Name:

Address:

Phone #:

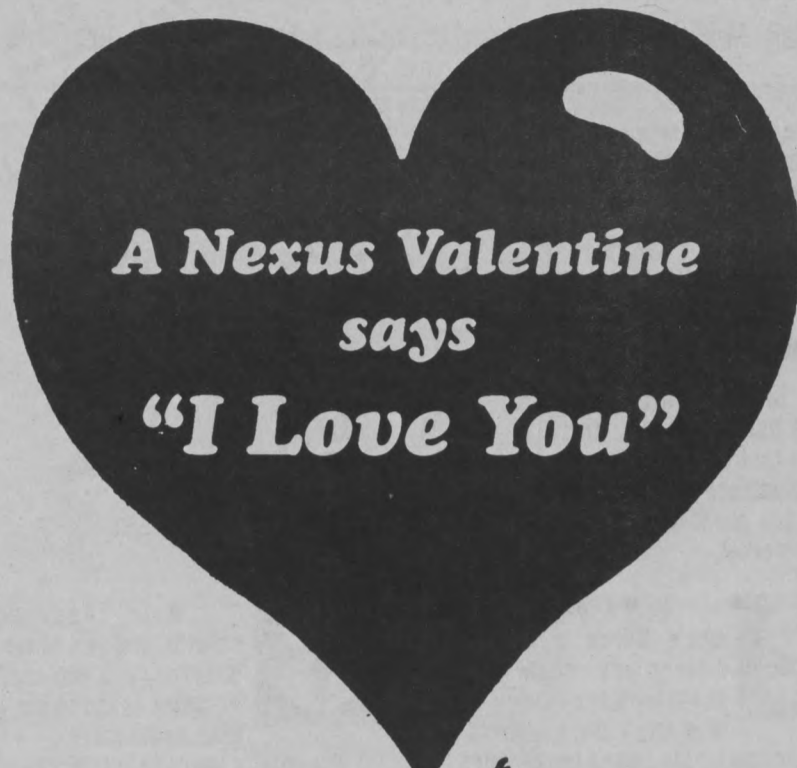
- Check One:  Student  
 Staff  
 Faculty  
 Other  
 (optional)

**Rules:**

1. NO PHOTOCOPIED BALLOTS. 2. Ballots must be dropped off at the Daily Nexus Ad Office, underneath Storke Tower, by Friday, February 9 at 5pm. 3. The "Best Of" Issue will be published on Wednesday, February 28. 4. ONE ballot per person. 5. Ballots must be filled out with reasonable completeness. Ballots with less than half of the blanks filled will be considered votes for Pat Buchanan. 6. NOTE: The Nexus' "Best of UCSB" is intended to be a good-natured contest among business groups and others in the community. In other words, this is not a cutthroat competition whose results are somehow of lasting significance. So please do not take it as such. 7. No recounts! Decisions of Ballot referees are FINAL, Supreme Court rulings notwithstanding.

1. Best Asian Food
2. Best Place to Work Out
3. Best Place to Pick Up Your Nexus
4. Best Vintage Store
5. Best Department Store
6. Best Ice Cream
7. Best Happy Hour
8. Best Dive Bar
9. Best Place to Dance
10. Best "Meat Market"
11. Best Beach
12. Best Bike Shop
13. Best Bookstore
14. Best Breakfast Place
15. Best Tanning Salon
16. Best Burger
17. Best Car Repair
18. Best Cheap Beer
19. Best Class to Sleep Through
20. Best Class to Wake Up For
21. Best Excuse for a Late Paper
22. Best Coffeehouse
23. Best Graffiti
24. Best Hair Salon
25. Best Discount Kegs
26. Best Local Band
27. Best Campus Bathroom
28. Best Mexican Food
29. Best Burrito
30. Best Music Store
31. Best Place to do Laundry
32. Best Place for Adult Entertainment
33. Best Italian Food
34. Best Place for a First Date
35. Best Place to get Laundry Quarters
36. Best Place to People Watch
37. Best Grocery Store
38. Best Outdoor Place to Crash
39. Best Radio Station
40. Best Restaurant when Parents are Paying
41. Best Sandwich Shop
42. Best Surf Shop
43. Best Surf Spot
44. Best Vegetarian Food
45. Best Expensive Beer
46. Best Free Lunch
47. Best Sushi Bar
48. Best Pizza
49. Best Excuse for Not Graduating after 4 Years
50. Best Secret Study Spot
51. Best Campus Rumor
52. Best Video Shop
53. Best Pickup Line
54. Best Place to see a Live Band
55. Best UCSB Vendor
56. Best UCSB Sport to Watch
57. Best Pool Hall
58. Best Student Job
59. Best Boss
60. Best Cheap Thrill
61. Best .com
62. Best Juice Bar & Smoothies
63. Best Dry Cleaner
64. Best On-Campus Club
65. Best Salad Bar
66. Best Drug Store
67. Best Thrift Store
68. Best Costume Shop
69. Best Sports Bar
70. Best Margarita
71. Best On-Campus Restaurant
72. Best Computer Repair
73. Best Computer Store
74. Best Park
75. Best Sporting Goods Store
76. Best Address in I.V.
77. Best Fish Restaurant
78. Best Bagel
79. Best Pasta
80. Best Place to Impress Someone when Using Your Cell Phone

Fill this out and bring it by the Daily Nexus Ad Office (under Storke Tower) by Friday, February 9 at 5 pm.

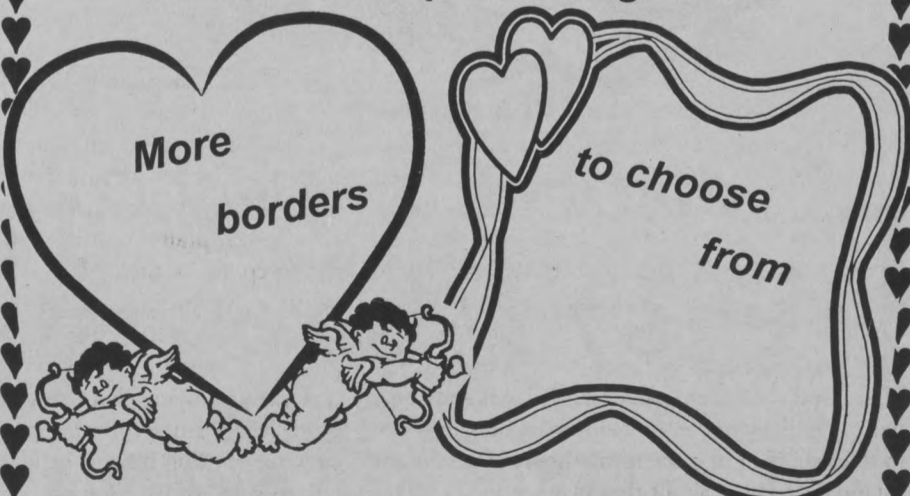


Come to the Nexus Ad Office under Storke Tower, and fill out a special greeting your very own way!

Pick the border that pleases you most, and let your creativity bloom!

It's fun, it's inexpensive, and it's even in your own handwriting!

We are open until 5 p.m., we are even open during lunch!



The Nexus' Special Valentine's Day issue is Wednesday, Feb. 14  
 Deadline:  
 Monday, Feb. 12 NOON