Vol. 54, No. 48 Friday, November 16, 1973
University of California at Santa Barbara

The University of California, long the symbol of progressive, dynamic leadership in the design and delivery of mass higher education in the United States, is changing.

The changes have been precipitated by several factors. First, state budget support for UC during the years of the Reagan Administration have been hard-won and probably the most telling — lies in the erosion of the traditional bi-partisan pockets of support for the university within the California legislature.

In brief, the emergence of minority and liberal legislators into key legislative positions, along with the greater attention paid to tax cutting, has focused keen concern on the responsibilities of UC to the needs of middle class and minority segments of California's population. This phenomenon, has, in turn, stimulated efforts to exert more influence over the policies and practices of the University.

The pressure has been felt.

The third factor — the one that is probably the most telling — lies in the erosion of the traditional bi-partisan pockets of support for the university within the California legislature.

The third factor — the one that is probably the most telling — lies in the erosion of the traditional bi-partisan pockets of support for the university within the California legislature.

The pressure has been felt.

The vision is uplifting.

"Look at this new catalogue," says one knowledge-hungry student to another. "They are offering a new smattering of dance and dramatic arts courses."

"There seems to be a direction," muses the UCSB phrenologist, "society is having to look for itself in small schools like this."

The vision is uplifting.

"I'm sorry," the busy administrator says on the telephone to his wife who hasn't seen him in weeks. "We're working under a tight deadline to expand educational opportunities based on our perception of society's needs."

"Look at this new catalogue," comments one knowledge-hungry student to another. "They are offering a new major designed specifically to meet student needs. We'd better pre-enroll."

"I have designed here," says the management analyst, "a system that is 100% sure to bring together leadership and resources for innovative and improved teaching and learning."

"Yes, but are we intensifying the use of available resources while providing opportunities for experimentation in teaching and learning." Towards these ends the following things have been accomplished:

- The development of new undergraduate majors designed to meet student needs;
- The establishment of new structures and programs designed to bring together leadership and resources for innovative and improved approaches to teaching and learning.

The vision is uplifting.

"Innovations in the university community for comments and suggestions, with faculty, students and administrators invited to comment."

The University of California Academic Planning and Program Review Board has issued a preliminary draft of the UC Academic Plan. The report, issued Oct. 26, is being submitted to the university community for comments and suggestions, with faculty, students and administrators invited to comment.

The significance of the document, and of our response, cannot be over-emphasized. The University of California is at a crossroads in its prestigious 100-year history. The tightening of resources, the declining rate of population growth in California and the ineradicable social and educational changes from within — all pose an immense challenge to the future of the institution.

The University of California, long the symbol of progressive, dynamic leadership in the design and delivery of mass higher education in the United States, is changing.

The changes have been precipitated by several factors. First, state budget support for UC during the years of the Reagan Administration have been hard-won and probably the most telling — lies in the erosion of the traditional bi-partisan pockets of support for the university within the California legislature.

In brief, the emergence of minority and liberal legislators into key legislative positions, along with the greater attention paid to tax cutting, has focused keen concern on the responsibilities of UC to the needs of middle class and minority segments of California's population. This phenomenon, has, in turn, stimulated efforts to exert more influence over the policies and practices of the University.

The pressure has been felt.

The third factor — the one that is probably the most telling — lies in the erosion of the traditional bi-partisan pockets of support for the university within the California legislature.

The pressure has been felt.

The vision is uplifting.

"I'm sorry," the busy administrator says on the telephone to his wife who hasn't seen him in weeks. "We're working under a tight deadline to expand educational opportunities based on our perception of society's needs."

"Look at this new catalogue," comments one knowledge-hungry student to another. "They are offering a new major designed specifically to meet student needs. We'd better pre-enroll."

"I have designed here," says the management analyst, "a system that is 100% sure to bring together leadership and resources for innovative and improved teaching and learning."

"Yes, but are we intensifying the use of available resources while providing opportunities for experimentation in teaching and learning." Towards these ends the following things have been accomplished:

- The development of new undergraduate majors designed to meet student needs;
- The establishment of new structures and programs designed to bring together leadership and resources for innovative and improved approaches to teaching and learning.

The vision is uplifting.

"I'm sorry," the busy administrator says on the telephone to his wife who hasn't seen him in weeks. "We're working under a tight deadline to expand educational opportunities based on our perception of society's needs."

"Look at this new catalogue," comments one knowledge-hungry student to another. "They are offering a new major designed specifically to meet student needs. We'd better pre-enroll."

"I have designed here," says the management analyst, "a system that is 100% sure to bring together leadership and resources for innovative and improved teaching and learning."

"Yes, but are we intensifying the use of available resources while providing opportunities for experimentation in teaching and learning." Towards these ends the following things have been accomplished:

- The development of new undergraduate majors designed to meet student needs;
- The establishment of new structures and programs designed to bring together leadership and resources for innovative and improved approaches to teaching and learning.

The vision is uplifting.

"I'm sorry," the busy administrator says on the telephone to his wife who hasn't seen him in weeks. "We're working under a tight deadline to expand educational opportunities based on our perception of society's needs."

"Look at this new catalogue," comments one knowledge-hungry student to another. "They are offering a new major designed specifically to meet student needs. We'd better pre-enroll."

"I have designed here," says the management analyst, "a system that is 100% sure to bring together leadership and resources for innovative and improved teaching and learning."

"Yes, but are we intensifying the use of available resources while providing opportunities for experimentation in teaching and learning." Towards these ends the following things have been accomplished:

- The development of new undergraduate majors designed to meet student needs;
- The establishment of new structures and programs designed to bring together leadership and resources for innovative and improved approaches to teaching and learning.

The vision is uplifting.

"I'm sorry," the busy administrator says on the telephone to his wife who hasn't seen him in weeks. "We're working under a tight deadline to expand educational opportunities based on our perception of society's needs."

"Look at this new catalogue," comments one knowledge-hungry student to another. "They are offering a new major designed specifically to meet student needs. We'd better pre-enroll."

"I have designed here," says the management analyst, "a system that is 100% sure to bring together leadership and resources for innovative and improved teaching and learning."

"Yes, but are we intensifying the use of available resources while providing opportunities for experimentation in teaching and learning." Towards these ends the following things have been accomplished:

- The development of new undergraduate majors designed to meet student needs;
- The establishment of new structures and programs designed to bring together leadership and resources for innovative and improved approaches to teaching and learning.

The vision is uplifting.

"I'm sorry," the busy administrator says on the telephone to his wife who hasn't seen him in weeks. "We're working under a tight deadline to expand educational opportunities based on our perception of society's needs."

"Look at this new catalogue," comments one knowledge-hungry student to another. "They are offering a new major designed specifically to meet student needs. We'd better pre-enroll."

"I have designed here," says the management analyst, "a system that is 100% sure to bring together leadership and resources for innovative and improved teaching and learning."

"Yes, but are we intensifying the use of available resources while providing opportunities for experimentation in teaching and learning." Towards these ends the following things have been accomplished:

- The development of new undergraduate majors designed to meet student needs;
- The establishment of new structures and programs designed to bring together leadership and resources for innovative and improved approaches to teaching and learning.

The vision is uplifting.

"I'm sorry," the busy administrator says on the telephone to his wife who hasn't seen him in weeks. "We're working under a tight deadline to expand educational opportunities based on our perception of society's needs."

"Look at this new catalogue," comments one knowledge-hungry student to another. "They are offering a new major designed specifically to meet student needs. We'd better pre-enroll."

"I have designed here," says the management analyst, "a system that is 100% sure to bring together leadership and resources for innovative and improved teaching and learning."

"Yes, but are we intensifying the use of available resources while providing opportunities for experimentation in teaching and learning." Towards these ends the following things have been accomplished:

- The development of new undergraduate majors designed to meet student needs;
- The establishment of new structures and programs designed to bring together leadership and resources for innovative and improved approaches to teaching and learning.
MORNINGLORY MUSIC
910 Embaradero Del Norte 988-4665

CHRISTIAN SCIENCE
Informal Group • Sunday Services 5 p.m.
Univ. Methodist Church 892 Camino del Sur
everyone welcome

At last.
A bike bag that will probably outlast your bike.

We feel this is the sturdiest bike bag ever offered. It's made of water repellent DuPont® Nylon, with extra wide shoulder straps, waist band, a two way nylon zippered top pouch, plus an extra zippered side pouch.

This bag is perfect for the day hiker or bike rider. It's size is fifteen inches high, twelve and a half inches wide, and five inches deep.

Olympia Beer is offering this bag for $8.50.

Carnegie group failed to define higher education's goals, paper says

By Mark Forster

In a report released earlier this year concerning the future of post-secondary education in the United States, the Carnegie Commission on Higher Education called for a major revamping of the university system to meet educational and social needs.

Reviewing the commission's study, the Chronicle of Higher Education writes that "new conflicts have arisen over how higher education's responsibilities should be carried out."

According to the Chronicle, the report outlines such conflicts as minority employment in higher education, the responsibility of colleges for overall student development and the position of colleges in society as corporate bodies.

The commission favors employment of more minorities and believes this can be accomplished without lowering academic requirements. Concerning student personality development the report maintains the responsibility should be left to individuals, but also that colleges should offer aid by creating a campus atmosphere beneficial to student life.

In connection with the question of colleges as corporate entities, the Carnegie Commission urges institutions of higher education to "work with the rest of society to promote gradual social progress."

Quoting the Commission's study, the Chronicle writes that "higher education is in society but not totally of society. It should be more than a mirror, but less than a whip."

The Carnegie report also outlined the need for placement of "non-traditional" students within the university system, enhancement of vocational education and reduction of pressures on young people to attend college.

To accomplish these goals the study listed specific objectives such as reduction of entrance barriers to college, a closer link between vocational education system and industry, expansion of armed forces and prison educational facilities and encouragement of adult and part-time students to take advantage of higher education.

Through these objectives, the Commission, headed by former UC President Clark Kerr, hopes to steer the direction of higher education from a youth-oriented, pressurized atmosphere to a system of various post-secondary educational opportunities for whomever wishes them.

RESEARCH

At last.
A bike bag that will probably outlast your bike.

We feel this is the sturdiest bike bag ever offered. It's made of water repellent DuPont® Nylon, with extra wide shoulder straps, waist band, a two way nylon zippered top pouch, plus an extra zippered side pouch.

This bag is perfect for the day hiker or bike rider. It's size is fifteen inches high, twelve and a half inches wide, and five inches deep.

Olympia Beer is offering this bag for $8.50.

Carnegie group failed to define higher education's goals, paper says

By Mark Forster

In a report released earlier this year concerning the future of post-secondary education in the United States, the Carnegie Commission on Higher Education called for a major revamping of the university system to meet educational and social needs.

Reviewing the commission's study, the Chronicle of Higher Education writes that "new conflicts have arisen over how higher education's responsibilities should be carried out."

According to the Chronicle, the report outlines such conflicts as minority employment in higher education, the responsibility of colleges for overall student development and the position of colleges in society as corporate bodies.

The commission favors employment of more minorities and believes this can be accomplished without lowering academic requirements. Concerning student personality development the report maintains the responsibility should be left to individuals, but also that colleges should offer aid by creating a campus atmosphere beneficial to student life.

In connection with the question of colleges as corporate entities, the Carnegie Commission urges institutions of higher education to "work with the rest of society to promote gradual social progress."

Quoting the Commission's study, the Chronicle writes that "higher education is in society but not totally of society. It should be more than a mirror, but less than a whip."

The Carnegie report also outlined the need for placement of "non-traditional" students within the university system, enhancement of vocational education and reduction of pressures on young people to attend college.

To accomplish these goals the study listed specific objectives such as reduction of entrance barriers to college, a closer link between vocational education system and industry, expansion of armed forces and prison educational facilities and encouragement of adult and part-time students to take advantage of higher education.

Through these objectives, the Commission, headed by former UC President Clark Kerr, hopes to steer the direction of higher education from a youth-oriented, pressurized atmosphere to a system of various post-secondary educational opportunities for whomever wishes them.

RESEARCH
Academic Plan...

(Cont. from p. 1)

The second step of the planning process entails the refining of the individual statements of goals and objectives by the campuses, but this time, with special attention paid to the "designation of programs to receive special emphasis in resource allocation." This stage will require the setting of maximum funding levels by the board with the campus plan to describe how the quality of the programs will be related to the resources available.

The third and final step of the process will require the campuses to submit their plans to the APPRB "for consideration and resolution of differences." The board will then make recommendations on the campus plans to the President.

"The campus plans form the basis from which the board will draft a current University-wide plan to recommend to the President, this document. In such a document, the President makes a public declaration of the plans of the University."

PROGRAM REVIEW

The second process prescribed in formulating the Academic Plan is "program review." Generally, this entails the evaluation of the quality and objectives of on-campus programs, i.e., departments, graduate and research units.

The plan recognizes the subjective and, therefore, questionable nature of the criteria that will come to bear in the evaluations. While all reviews will have administrative guidelines to adhere to, "the procedures will assure full academic review" by the appropriate Committees of the Academic Senate. Existing courses are due to come under close scrutiny: "program review also serves to identify areas from which resources would be released for re-allocation to activities of higher priority."

Suggestion about the departments and programs under review will be solicited from student, faculty and administrators in the departments, but the plan fails to specify how this information will be utilized.

The question of who will oversee the development of any priority lists is left unanswered. The manner in which each campus performs this task is not described, "but the University assumes that the process of campus planning includes appropriate consultation with faculty and students, through their duly constituted representatives, and in particular with appropriate Academic Senate committees."

No refreshments offered at concert

A.S. Concerts has announced that there will be NO refreshment concessions at the "War" concert tomorrow night. Those wishing to bring liquid refreshments to the 9:30 concert should do so in plastic unbreakable bottles or "bota bags."
Response to Plan needed

By Ray Sawyer

A number of copies of a draft of the University Academic Plan for the years 1974-1978, presented by the Academic Planning and Review Board, have been sent to the various campuses for comment and response by members of the University Community. This draft provides perhaps the first coherent insight into recent thinking at the statewide level. Faculty and students who want to try to influence policies which will affect the future of this campus should look closely at the draft plan.

There are at least two avenues of response:

- A written memorandum to APPB, addressed to Joseph W. McGuire, Vice-President for Planning, 247 University Hall, UC Berkeley. A copy should be sent to Chancellor Cheddie.
- Through Robert Kelley, Chairman of the UCSB Academic Senate and our representative on the Academic Council. Dr. Kelley is organizing a meeting on Saturday, December 1, for the purpose of discussing the plan (details will be forthcoming).

Undoubtedly our administration will also make its own response directly to APPB.

 Copies of the draft plan can be found in the reserve book room of the library.

Much of the plan consists of generalities to which few will take exception. In addition, there is considerable space devoted to factual descriptions of existing programs and facilities. However, there are also scattered sections which may be of great significance to the future development of UCSB, for example, the comments on page III-S on the subject of differentiation between campuses, from which the following quotes are extracted:

"This Academic Plan seeks to provide for continued development which will preserve the distinctive character and meet the individual needs of each campus. It is not desirable, however, simply to state that the individual campuses are unique and allow each one to go about its planning in any manner it thinks appropriate. This would not assure true diversity within the University."...

"Therefore, the University endorses the principle .... that its organizational structures, curricula and courses, and institutional styles should vary from campus to campus, and that these differences should be made known to prospective students.

The four pages devoted exclusively to UCSB should be of interest to everyone and should be compared carefully with the corresponding sections devoted to the other campuses. It is particularly likely to call attention to appendix A, dealing with the planning process. Among other things this section calls for full participation, at the campus level, by the committees of the Academic Senate and by student representatives. Planning is not yet organized at UCSB in such a way to make this possible, and one of the items of campus business this year should be to make it so.

LETTERS

Alexander on classroom politics

To the Editor:

Regarding the Nexus article "Sanders, Alexander duel on politics" and Dr. Sanders' letter to the editor (Nexus, Nov. 15), I would like to point out the following:

- The issue is not "controversy" in the classroom — controversy is inherent in any University's mission — but political advocacy in the classroom. The University of California policy on this issue is as follows: (The Regents of the University of California) "It is responsible to see that the University remains aloof from politics and partisan conflicts as an instrument for the advance of partisan interest. Minuse of the classroom by, for example, allowing it to be used for political indoctrination, for purposes other than those for which the course was constituted or for providing grades or commensurate and appropriate student effort, constitutes misuse of the University as an institution. The Regents' policy that no campus, no academic college, no department and no instructor distort the instructional process in a manner which deviates from the responsibilities inherent in the academic role. This includes introducing subject matter foreign to the regular course content, using classroom facilities and supplies or other non-free speech areas for political purposes." (Adopted by the Regents June 19, 1970).

- Whether or not anyone is engaged in political advocacy in the classroom is likely to be very difficult to ascertain. For this reason, it would be unwise and dangerous for anyone to interfere in the classroom. This statement should be kept in mind in any allegation on my part that anyone at UCSB has used the classroom for political advocacy.

- In my interview regarding this matter I stressed that my comments, relating to the essence of the quotation above, were made in the abstract and not in reference to any individual(s), including Mr. Sanders.

- Teaching is evaluated in the review process. That “things fall apart” does mean that controversial teachers are penalized, as Mr. Sanders suggests. It does mean that allegations concerning the misuse of the instructional process will be looked into very carefully.

Alec P. Alexander
Vice-Chancellor
Academic Affairs

Rhetoric or UCSB identity?

By Bob Ellis

The Academic Planning and Program Review Board has recently circulated a draft version of the new academic plan for the University of California. That plan deserves your attention and comment because it represents the most significant change in the structure of the University of California since UCLA was constructed as the "southern branch." Within that plan you'll find that the University is committed to excellence in teaching, research and public service, affirmative action, student participation in governance, political autonomy, faculty renewal, all-applehead and mother pig statements, in fact, that one has come to expect and that are required in a statement such as this. It is very tempting and easy to become diverted by the wording and imaginated motives for those several sentences; disregard your attention, refer to Chapter 3 and Appendices A and B for they embody the heart of the structural changes referred to above.

NEW CAMPUS GOALS ARE SET

In response to curtailing growth following a period of rapid but incomplete expansion, the administrators of the UC system have developed a process for coordinating the development of new programs on nine campuses. Hereafter, the individual campuses were allowed to develop in a relatively unchecked manner. That goal is now abandoned.

In its place is the plan that UCLA and UCSB continue as general campuses with the complete spectrum of excellent academic and professional programs, whereas the other seven campuses are to develop specialized identities and particular areas of strength and excellence.

The new premise is that the UC system is to be viewed as a coherent whole, with each important program being represented on at least one campus. Such coordination requires a planning process (that process has been developed and is outlined in Appendices A & B) and a coherent identity for each campus. Accordingly, Chapter 3 of this plan is extremely important for it contains the preliminary statements of those campus identities; for those of you that have read UCSB's 'Academic Thrust,' it is apparent that our identity is inextricably tied to the President's office.

UCSB has as yet to get its collective head together: there have been suggestions that we focus on the arts, performing and/or visual, that we focus on the fact that we have I.V. nearby, that we emphasize our marine science capabilities, or that UCSB become the center for its study of California. As Appendices A & B indicate, we are going to have to live with that statement for some time and so I respectfully suggest that our community focus on that particular aspect of the plan and develop a more coherent statement before the review deadline of December 15.

A.S. editorial unfair

To the Editor:

On Wednesday, an editorial entitled "Reject A.S. Elections Bylaw" appeared in the Nexus. At this time I would like to clear up some of its allegations.

The editorial begins by stating "... our partisan politicians have ordered the Daily Nexus and KCBS not to endorse candidates for student government. This policy was devised without our being consulted, and we will not abide by it." The editorial fails to mention that an editor of the Nexus, a member of the student government, agreed that no student organization that receives funds from A.S. be allowed to endorse a candidate — this included La Raza Libre, the Daily Nexus and the ISU. Our unanimous feeling was that this would be a policy that would be fair to everyone concerned.

It is interesting to note that the Nexus has never endorsed an A.S. candidate that is running against one of its own staff members. As one former editor put it, "Either they would endorse me (for an A.S. office), or they wouldn't endorse anyone." So, when the Nexus states that "their policy on endorsements is fair," they are far from the truth.

The editorial goes on to state that the election committee was "odd" — containing two partisans from either side (ISL and USC), and "one apparently misguided neutral." The editor of the Nexus fails to point out that one of the partisans within the election committee is also an editor of his paper. Furthermore, he fails to mention his participation in the ISL when he was news editor. The "misguided neutral." Sue Fishman, is known by many council members and is extremely well-informed and intelligent. It does not surprise me that the Nexus labels an individual they have never interviewed.

Although the editorial makes several charges against me, my main purpose in this letter was to give the students both sides of the story.

A. S.
Faculty, student input lacking

By Dick Buford

The development of a campus academic plan is an extremely important undertaking and it is one, unfortunately, that has precipitated an unfortunate misunderstanding between the Administration and members of the faculty and students.

The particulars of the misunderstanding are less interesting than what they point to, namely, a deep-seated distrust of the actions taken by the Administration in the development of the plan.

A report coming out of the Academic Senate’s Committee on Educational Policy criticizes the lack of faculty input that was allowed before Phase III, authored by Geology Professor Richard Fisher, went to President Hitch.

The committee was correct in its criticism. The amount and quality of the faculty and student input into the document was inadequate, especially considering its importance. Moreover, proper administrative planning could have insured that the document had reached key committee hands in time to allow close scrutiny and criticism, with the Administration still meeting all imposed deadlines.

The Administration was conscientious, however, in indicating to Hitch that the document did not have sufficient faculty and student input and, additionally, in insuring that the description of UCSB’s goals and educational objectives was general enough to readily accommodate change. APPRB is aware of this.

So the challenge, now, is to gather real input from students and faculty, to work together toward some consensus — uneasy as it may be — of what each of us would like UCSB to become.

The proposals put forth by Robert Kelley, Chairman of the Academic Senate, will prove indispensable to this end. I would urge all of us to become involved in a constructive, hopeful dialogue about them and the campus academic plan.

Williamson complains . . .

(Cont. from p. 4)

Editor’s note: When staff members choose to run for A.S. office, it is a long-standing Nexus policy to make no endorsement whatsoever in the race, for obvious reasons.

P.O.T.E.L-L

To the Editor:

I just noticed an interesting thing about the Nov. 13 letter attacking the proposed A.S. elections bylaw change. Correct me if I’m wrong, but as the letter outlined the Leg Council members’ suspicions of election fraud and political bias, didn’t the first letter of each sentence spell out D.A.V.E.P.O.T.E.L.L., last year’s (and this year’s) Coalition-backed Elections Chairman? I was just wondering.

Name Withheld by Request

Clean up!

To the Editor:

The outdoor basketball courts next to Robertson Gym are filthy. They need a thorough scrubbing immediately. After I dribbled five minutes, the ball picked up a lot of dirt and my hands turned black. What is the Physical Plant doing about the situation?

John McKeown

NOTICE TO ALL

Datsun, Toyota, and VW Owners:
Buy the Following Parts at Wholesale Discount Prices:

**NOTICE TO ALL**

Datsun, Toyota, and VW Owners:
Buy the Following Parts at Wholesale Discount Prices:

Auto Parts Emporium
5782 Hollister Avenue

A.S. CONCERTS PRESENTS

WAR
PLUS SPECIAL GUEST STAR

ALBERT KING

9:30 PM ROBERTSON GYM UCSB
FRIDAY, NOVEMBER 16th

5 Gold Records in 9 Months
239 days after release
ALL DAY MUSIC LP was gold
RIAA Certified: June 19, 1972

219 days after release
SLIPPIN’ INTO DARKNESS single was gold
RIAA Certified: June 19, 1972

57 days after release
THE WORLD IS A GHETTO LP was gold
RIAA Certified: December 12, 1972

129 days after release
THE WORLD IS A GHETTO single was gold
RIAA Certified: March 2, 1973

50 minutes after release
THE CISCO KID single was gold
RIAA Certified: March 1, 1973

TICKETS: ASUCSB $4.00. OTHERS $5.00. --- AVAILABLE: UCEN INFO BOOTH, MORNING GLORY MUSIC. --- W. V. MUSIC ODYSSEY. --- S. BAR, S. ANTILLES. --- VENTURA, STEREOS WEST. --- S. MARIA, & S. L. O.

DEMOL INVENTORY SALE

through Saturday, November 24

- SPEAKERS
- AMPLIFIERS-TUNERS - RECEIVERS
- REEL-TO-REEL, CASSETTES, 8 TRACK
- 4 CHANNEL SYSTEMS
- COMPONENT TRADE-INS - Fine Used Equipment

NORTONICS TOTE KITS

$1.45

TAPE SALE

$1 FREE

NEW STORE HOURS:
Mondays thru Saturday 10 A.M. to 8 P.M.
Sundays 12 to 5 p.m.

SALE ALSO IN VENTURA STORE: 2304 E. MAIN ST.
Little Emo concert scores over obnoxious flash bulbs

By Stephen Griffith

Last Saturday, Nov. 10, UCSB's own Little Emo played to a very receptive audience in Campbell Hall. Given only five days notice on the availability of the auditorium, it was remarkable that Campbell Hall was almost full, especially since Little Emo handles its own publicity. But by the time the concert was over, the audience got its money's worth.

Little Emo entered from the rear of the auditorium, coming down one of the center aisles and crawling onto the stage. Their first number was a sophisticated barnyard piece, displaying their ability to perform. Much of the audience was seeing Little Emo for the first time, and were truly amazed at the high quality and togetherness of the group, as shown by the resounding sound of applause at the end of the first piece.

Little Emo continued to play for over an hour before they stopped for their first intermission (more time given an audience than some recent A.S. concerts have given), repeatedly demonstrating their versatility, switching from blue-grass to soft rock to classical. And humor was always a part of the show.

CREAM

However, the lyrics left much to be desired. One often got the feeling that they were filler where the band felt they needed some vocals. This lack of depth was exhibited in lines like: "40,000 leagues under the sea, is a pretty heavy place to be." But they did provide humor, for example "I told my mother, music makes me cream."

Their new play, "Arion Meets the Schnib and the Grib," performed after the intermission, also lacked depth, though the music was good and it was entertaining.

Little Emo, composed of Jim Sitterly on violin, Brian Mann on flute and guitar, Alan Lochhead on bass and Thomas Lackner on percussion, has added a new member: Daryl Caraco on electric guitar. Caraco clearly showed his talent in the solos he was allowed. But they were too controlled. I think the audience wanted, if only once, to hear him let loose on some wailing electric sound.

BAD PHOTOGRAPHER

At this time it is my duty, on behalf of the audience, to expose Little Emo's obnoxious hired photographer. Of the several photographers present, including the "La Cumbre" editor Steve Suess, Emo's photographer was the only one with the audacity to use flash. And he was often on stage blocking the audience's view, while the performers mugged for him. Sitterly, please take note: that photographer almost ruined the evening for many of us.

A pleasant surprise were vocalist Michele Downey and classical guitarist Jeff Linsky, who appeared after the intermission. Linsky impressed me more than Downey, who sang the usual "romantic" numbers, including "Love Story" and "Try to Remember." But the audience (including myself) really enjoyed it, and surprised the duo by singing for an encore. They answered with "Summertime" from "Porgy and Bess," impressing many in attendance.

Margaret Mintz and Karen Thellacker have a two woman show of paintings, drawings and prints opening on Monday, Nov. 19 at 6 p.m. in the College of Creative Studies Art Gallery. The show will run through Dec. 2.

The UCen Gallery opens with its first show, "Unknown Works from the Known," on Monday at 5 p.m.
Choral groups in concert

UCSB vocal groups will join for a concert in Lotte Lehmann Hall Saturday, Nov. 17 at 8 p.m. under the direction of Carl Zylowski, UCSB professor of music; Michael Ingham, UCSB assistant professor of music; and Salli Terri, UCSB lecturer in music.

The public is invited to attend the performance without charge. The University Singers, whose 165 members form the largest performing group at UCSB, in three pieces by John Biggs, Santa Barbara composer and Terri's husband, as well as a Czechoslovakian folk song with dancers, "Havu Ye," a chorus for double choir by Randall Thompson, "Holiday Song" by William Schuman and "O Magnum Mysterium" by Tomas Luis de Victoria.

The performance will be given by the UCSB Chamber Singers, whose 20 vocalists who are selected by audition, will sing three settings of folk songs by Terri, a black spiritual, "I Am Anybody Here," arranged by William Grant, and two tunes by William Billings. In addition, the group will sing "Pensive Dove," an early American work of anonymous origin, "My Bonny Lass" by Thomas Morley, Aaron Copland's "La Agachadas" and "In Excelsis Gloria" by Peter Racine Fricker, chairman of UCSB's music department.

Correction

Yesterday's edition of the Nexus said that "The Canetaker" was going to be shown at Campbell Hall next Sunday. Well, it's not. Instead, "Pygmalion," the play by G.B. Shaw which was later turned into "My Fair Lady," will be shown at 7:30 p.m. Campbell Hall, Sunday.

The film stars Leslie Howard and Wendy Hiller and was personally supervised by G.B. Shaw himself. The film is a rarely seen classic.

Correction

In yesterday's article on Veterans' Affairs, page 2, the number given to contact Linda Perlin, Veterans' Affairs secretary, was in error. The correct number for veterans looking for work-study appointments is 961-4193.
**UNION RINGS.**

16

STEAK SANDWICH 1.50 (A prime cut on French Roll, gourmet mustard, grilled onions, French Fries)

DELUXE GRILLED CHEESE .70 (Choice of American or Swiss cheese on Jewish Rye, grilled onions, tomato)

PATTY MELT .90 (Beef patty, Swiss cheese, grilled onions, tomato)

CHILI BOWL .70 (Homemade)

COFFEE (One thin Roosevelt dime)

FRENCH FRIES .25 (Fresh, dipped in peanut oil)

ONION RINGS .40

HABITAT, a social action group of the University, will discuss graduate program in Economics at noon in NRS 3014.

**TOMORROW**

- Science Fiction Club meeting, 7:30 p.m. at 6528 Sabado Tardo Apt. 4.
- Meher Baba League presents the movie "Meher Baba-Avatar" and a talk entitled "My Meeting With Meher Baba," 7:30 p.m. in Physics 1616.

**ANNOUNCEMENTS**

- American Cancer Society of Santa Barbara is sponsoring two films: "For a Wonderful Life" — with Lucille Ball and Lucio Armad — and "Breast Self-Examination" this Tuesday at noon in the UCan Program Lounge.
- Pre-professional Program seminar this Monday at 4 p.m. in Phillips 3510.
- Pre-professional Program seminar this Monday at 4 p.m. in Phillips 3510.
- Science Fiction Club meeting, 7:30 p.m. in Phelps 3510.
- English Dept. announces that students who wish to move into the campus residence halls for the winter and spring quarters may apply now in the Housing Office, Price, $615 plus $8 RHA fee.
- Young Social Alliance Class "Movements for National Liberation in the U.S." this Sunday at 7:30 p.m. in 91.5 KCSB-FM.
- Hebrew Christian meeting at 8 p.m. in the Student Center, Ojai.
- "For a Wonderful Life" — with Lucille Ball and Lucio Armad — and "Breast Self-Examination" this Tuesday at noon in the UCan Program Lounge.
- Pre-professional Program seminar this Monday at 4 p.m. in Phillips 3510.
- Pre-professional Program seminar this Monday at 4 p.m. in Phillips 3510.
- English Dept. announces that students who wish to move into the campus residence halls for the winter and spring quarters may apply now in the Housing Office, Price, $615 plus $8 RHA fee.
- Young Social Alliance Class "Movements for National Liberation in the U.S." this Sunday at 7:30 p.m. in 91.5 KCSB-FM.
- Hebrew Christian meeting at 8 p.m. in the Student Center, Ojai.
- "For a Wonderful Life" — with Lucille Ball and Lucio Armad — and "Breast Self-Examination" this Tuesday at noon in the UCan Program Lounge.
- Pre-professional Program seminar this Monday at 4 p.m. in Phillips 3510.
- Pre-professional Program seminar this Monday at 4 p.m. in Phillips 3510.

**SCIENCE LECTURES**

- Professor David J. Fahler, UC biology, will lecture on "The Marine Science Project" this Monday at 4-4 p.m. in ENSR 4102.

**THE HAMBURGER FAMILY**

**HAMBURGER .85 (Habit forming!)**

**CHEESEBURGER .75 (Kissed with rich Wisconsin cheese and assorted goodies)**

**DOUBLEBURGER .90 (One-third pound prime beef — six hours later you're hungry!)**

**DOUBLE CHEESEBURGER 1.00 (A lot of protein. Man!)**

**we brought succulent...**

The Hamburger Habit

Isla Vista

SPECIALTIES

STEAK SANDWICH 1.50 (A prime cut on French Roll, gourmet mustard, grilled onions, French Fries)

DELUXE GRILLED CHEESE .70 (Choice of American or Swiss cheese on Jewish Rye, grilled onions, tomato)

PATTY MELT .90 (Beef patty, Swiss cheese, grilled onions, tomato)

CHILI BOWL .70 (Homemade)

COFFEE (One thin Roosevelt dime)

FRENCH FRIES .25 (Fresh, dipped in peanut oil)

ONION RINGS .40

HABITAT, a social action group of the University, will discuss graduate program in Economics at noon in NRS 3014.
**THE HOT DOG CLAN**

NO.1 HOT DOG .35 (Liberally sprinkled with fresh onions, mustard)

NO. 2 HOT DOG .40 (Mit der steaming Sauerkrauten, mustard)

NO. 3 CHILI DOG .55 (A return to the great Coney Island original)

NO. 4 HOT BEAN DOG .60 (With fresh tomato, smothered with bowl chili)

PS: We use the Hoffman hot dog exclusively: if you find a better one, bring it in, please!

---

**AAB recruits publication staffers**

Academic Affairs Board (AAB) is looking for staff people to work on "Profile," a teacher evaluation guide, and "Counter-Catalogue," an enlarged class description booklet. Staffers will be paid according to their contribution to the projects. Interested graduate or undergraduate students should contact Carolyn Gray, A.S. Secretary, at 961-2566 and leave name and telephone number so they may be contacted by AAB.

**ON THE COOL SIDE**

<table>
<thead>
<tr>
<th>COKE</th>
<th>.15 - .25</th>
</tr>
</thead>
<tbody>
<tr>
<td>ROOT BEER</td>
<td>.15 - .25</td>
</tr>
<tr>
<td>ORANGE</td>
<td>.15 - .25</td>
</tr>
<tr>
<td>ORANGE WHIP</td>
<td>.20 - .35</td>
</tr>
<tr>
<td>ORANGE WHIP FLOAT</td>
<td>.45</td>
</tr>
<tr>
<td>ROOT BEER FLOAT</td>
<td>.45</td>
</tr>
<tr>
<td>SUNDAES</td>
<td>.45</td>
</tr>
<tr>
<td>MILK</td>
<td>.20</td>
</tr>
<tr>
<td>FRESH DATE SHAKE</td>
<td>.50</td>
</tr>
</tbody>
</table>

**COKES**

SHAKES .45

**MALTS (5 cents extra)**
V-ballers to play

Top caliber men's volleyball, played by teams among which there is no love lost on either account, will be the diet prescribed for tonight's social match between UCSB and Long Beach at SBC's sports pavilion beginning 7:30 p.m.

Prompted from $1 admission cost will go to SBC, which is trying to establish a volleyball program of its own.

Last year, after playing the Gauchos in straight sets in Long Beach, the Aces rubbed salt in the wound by staging a workout.

FB FORECAST
Diara Bresh, with 23 picks, captured top honors in last week's Pigskin Forecast. This week's picks are presented by the Gauchettes person. Remember the Monday night score.
Rec. Dept. Plans Five Trips

By Raye Douglass

This year the UCSB Recreation Department is sponsoring five ski trips. We’re expecting a lot of snow this season so plan ahead now.

The first trip is over Thanksgiving vacation and we’re heading for June Mt., Calif. (Only an eight hour drive), 30 people will be staying in plush cabins, and skiing the varied runs of June and Mammoth Mountain.

Second on the agenda is the skiing highlight of the year as fifty UCSB students will be winging their way by jet to Sun Valley, Idaho, for the All-Cal Winter Carnival.

Over 800 skiers from all UC campuses will be attending this once-a-year extravaganza set for December 15 through December 20. Participants will enjoy plush accommodations, a huge ski area, and Sun Valley’s famous snow conditions.

Unfortunately, the Thanksgiving and All-Cal Winter Carnival trips are already full but you may put your name on the Rec Dept. waiting list.

Still open are the three-day weekend Mammoth Mountain trips on January 18-20 and February 22-24.

Roundtrip bus transportation from UCSB to Mammoth, daily shuttling to the slopes, lodging, breakfasts and dinners are included in the package price of $38.

The bus leaves UCSB Thursday night so you awaken to the dramatic sunrise off of the snow on Friday morning.

Ski all day Friday, Saturday and Sunday and return home late Sunday night. If you’ve never skied Mammoth Mountain here’s your chance!

Mammoth is one of the largest and most dramatic ski areas in all of California. The trips are also an exciting way to meet and get to know other skiers from UCSB. Be sure and ask for the detailed handout sheet and payment in full is required when registering.

The final Recreation Department sponsored trip is over the Spring quarter break from March 25-29. The trip is tentatively set up for Squaw Valley. Included in the package price of about $80 are meals, lodging, and lifts for five days. The Squaw Valley ski trip will go on sale sometime in January.

The Squaw Valley ski trip will go on sale sometime in January.

To assure a space on any of the trips, early sign-ups are suggested. Stop by the Recreation Department, South Hall 1229, for more information.

Also, skis, boots, poles and racks can be rented at the UCSB Equipment Room. Reserve your equipment 7 days in advance.

See US for Reservations

Valley Travel

5730 Hollister Avenue 967-0408

Whether You
Ski Kitzbühel or
Vail we’ll make
sure you get there!

Outdoors

4201 South Fairview, Goleta 964-2313

Rentals

Great

OUTDOORS

The finest sewn-through
parka in regular
production. 1.9 ounce
ripstop nylon, 13 ounces
down fill, 2-way YKK
Delrin zipper, down-
filled collar with snap
closure, two large
down-filled pockets
with velcro closures plus
two hand warmer pockets,
two large interior cargo
pockets, 10 reinforcing
bar tacks at stress points,
baffled shoulder seam,
drawcord at waist,
optional hood, stuff
sack.

Available in Dark Blue or
Burgundy: XS, S, M, L, XL
$39.00

Snowline

Cross-country or ski mountaineering,
it’s the only way to get away
from it all. We’re proud to
be able to offer you the finest
equipment available. Bonna,
Asnes, Jarvinen and others. Plus
a complete line of winter
clothing from North Face, Sierra
Designs, Woolrich and Trailwise.

HOLIDAY HOURS
10-9 M-F
10-6 Sat
Noon-5 Sun
Beginning 11-23

Ski Tour...
To Get High!

Granite
Stairway
Mountaineering

3036 STATE ST, SB 682-1083
330 S. KELLOGG GOLETA, 964-5417

Granite
Stairway
Mountaineering

FAIRVIEW CENTER 133 N. FAIRVIEW

Skis, boots, poles and
racks can be rented at the
UCSB Equipment Room.

To assure a space on any of
the trips, early sign-ups are
suggested. Stop by the
Recreation Department,
South Hall 1229, for more
information.

Also, skis, boots, poles
and racks can be rented
at the UCSB Equipment
Room. Reserve your
equipment 7 days in advance.
Ski Team Sets Trials

By Dan Shiells

Most students rarely get an opportunity to watch UCSB's only defending league champions perform. Indeed, few even know about the existence of the team or its league.

Nonetheless, Santa Barbara possesses a top notch ski team, consisting of 10 men and 10 women, who compete regularly in the Southern California Intercollegiate Ski Association.

Last year the men's team captured top honors while the women managed to place third amongst thirteen teams including UCLA, USC, and Orange Coast College.

As league champions, however, the Gaucho ski team, must face the extra pressure of being the temporary "king of the hill."

Hence the team will again stress the elements which most people feel are the key ingredients behind their success—practice and conditioning. However, the only defending league champions. November 17 is the first practice, at which over 40 prospective tryouts will be screened for the final limit of 20.

Practices for UCSB are strictly enforced and no one is allowed to compete without attending practice, creating a team of athletic competitors rather than an assortment of hot doggers and prima donnas.

The team works out at least two times a week in preparation for competition as well as skiing at every possible opportunity. As far as the actual competition is concerned, points are accumulated on a seasonal basis as regards individual placing of each team's top five members in meets held on local slopes such as Mammoth and June Mtn.

All thirteen league teams attend these meets, except when injuries or travel problems prevail, and compete under the auspices of an electronic timing device in slalom, giant slalom, and, this year, downhill.

Slalom, is, of course, where the skier is required to maneuver a preordained zig-zag course. Giant slalom is merely a different version of this event, with wider gates to allow greater speed.

Downhill is strictly speed and skiers must retain balance at speeds ranging between 40-60 mph.

The ski team, sponsored by the Rec. Dept, pays their own way except for transportation and must pay a league due to cover gates, timing instruments, uniforms and officiating costs as well.

Top individuals for UCSB's team include Chris Thiel, nicknamed "captain powder," Paul Kurth, team president, and Kris Van Lengean for the men and Karen Walters for the women.

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 5-6</td>
<td>Mammoth</td>
</tr>
<tr>
<td>Feb. 3</td>
<td>June Mtn.</td>
</tr>
<tr>
<td>Feb. 24</td>
<td>local (TBA)</td>
</tr>
<tr>
<td>March 9-10</td>
<td>local (TBA)</td>
</tr>
<tr>
<td>March 28-31</td>
<td>June Mtn.</td>
</tr>
<tr>
<td>April 20-21</td>
<td>Mammoth</td>
</tr>
</tbody>
</table>

Within two years at least 80,000 California skiers will be taking up skiing, the "gentle use of the forest." This extraordinary growth in numbers, estimated at 900% last season, stems from a desire to get away from the madding crowd and downhill skiing events. Nordic skiing is hunting, cross-country racing, and jumping.

In Alpine skiing the skier is tightly bound into stiff boots which are firmly attached, heel and toe, to his skis. Alpine skis have hard cutting edges which enable the skier to maneuver by weight shifts and carving turns in the snow. Alpine skiing is high-speed skiing which requires the use of mechanical uphill lift capability.

Nordic skiing is as old as winter transporation. The boots are soft, and the heel is not attached to the ski, enabling the skier to "walk" across flat terrain. Nordic skis are kept from sliding backward and their running surfaces matched to snow conditions by careful and complex waxing. Maneuvering techniques are entirely different from Alpine skiing and the terrain used is rolling or flat. Ski touring may be likened to on-snow hiking and back packing.

There are certain dangers in untrained tourists trekking off into the forest. If you plan an overnight trek or a day tour which will take you far from base facilities, a guide is mandatory. The Sierra is famous for its blizzard snowfalls.

Equipment for Nordic skiing is relatively inexpensive. Skis, boots, and poles costing as little as $65. Ski touring is the sound of quiet— no lift tickets, no crowds, no noise.

Locally, the best area for cross-country skiing is Mts. Pinos (from Ventura take Highway 126 to Interstate 5 Northeast, enter Frazier Park from 5 and continue on to Mt. Pinos). If you have never tried cross-country before, contact Sid West at Upper Limits in Goleta regarding lessons at Mt. Pinos and equipment rentals. If you want to buy Nordic equipment Granite Stairway and The Great Outdoors, as well as Upper Limits, all have good selections on hand.

When it comes to Quality and Service
WE STAND ALONE

Open 7 days and Evenings
sales, rentals, repairs e 2911 De La Vina e 687-7705
It takes you to extremes.

From 40 below to 140 above. From the snows of the Arctic to the sands of the Sahara. No other car model in history has conquered as many strange climates as the strange-looking car shown above.

THE 1974'S ARE HERE

Few Things in Life Work as Well as a Volkswagen

VOLKSWAGEN INC.

Hollister Avenue — 964-6866

SEE US FOR SKI RACKS AND SNOW CHAINS

Warren Miller’s Latest Ski Flick Shows Dec. 5

The Santa Barbara Ski Club is sponsoring a showing of Warren Miller’s latest ski movie SKIING’S GREAT Wednesday, December 5 at 8:00 p.m. in the San Marcos High School Auditorium. Tickets are $2.50 and may be purchased at local ski shops or at the door. The film features Copper Mountain, Snowmass, Crested Butte, Sun Valley, Alpental, Heavenly Valley, Aspen, Cariboo, Vail and the French Alps.

Warren Miller, world’s leading producer of ski films, has been in the ski flick business for twenty years. That is a long time for any creative person to stay in one medium. Each season, for two decades, Miller has created a feature length, travelogue format ski film, complete with musical score and narrative theme. Warren has a large following of ski movie fans all across the country. For skiers, the annual Fall presentation of the latest Miller ski film is a big pre-season social event.

Since Miller’s movies are the ski industry’s prime show case, expert skiers clamor to be included in his films, thus providing a wealth of top talent. Many a skier has become famous through Warren’s films. The tall Southern Californian film producer is always several jumps ahead of the Industry in covering avant garde people and activities.

Behind the glasses and snow encrusted beard is Dick Dorworth, one of the stars of Warren Miller’s exciting new feature length ski film “SKIING’S GREAT.”

Skii Club Fashion Show Tonight

What’s new for 1973 in Ski Fashions? Find out tonight at 8 p.m. The Santa Barbara Ski Club is sponsoring a free Fashion Show at the El Paseo Restaurant in downtown Santa Barbara.

There will be a Giant Raffle with many door prizes. Total value of the prizes is close to $500. Fashions for the event will be presented by Mountain Sports, the new ski shop which will soon be opening at 5783 Calle Real in the Calle Real Shopping Center.

If you want to know what will be ‘in’ on the slopes this season in the way of color, material and style plan to attend. This is a good opportunity to meet with fellow skiers. You might even decide you want to join the club.

Go to All-American for the Best in Skiing

SALES ★ SERVICE ★ RENTALS ★ REPAIRS

“Try Before You Buy” Complete Demonstration Program

FISCHER-ROSSIGNOL-LANGE-HEAD-K-2-DYNAMIC

“WE SERVICE WHAT WE SELL”

Come in and talk with Paul Kurth-Captain, UCSB Race Team. Paul is putting in his second year at All-American and is knowledgeable in all aspects of ski equipment.

ALL-AMERICAN WAS SELECTED TO OUTFIT THE ENTIRE UCSB SKI TEAM.

Behind the glasses and snow encrusted beard is Dick Dorworth, one of the stars of Warren Miller’s exciting new feature length ski film “SKIING’S GREAT.”

Go to All-American for the Best in Skiing

SALES ★ SERVICE ★ RENTALS ★ REPAIRS

“Try Before You Buy” Complete Demonstration Program

FISCHER-ROSSIGNOL-LANGE-HEAD-K-2-DYNAMIC

“WE SERVICE WHAT WE SELL”

Come in and talk with Paul Kurth-Captain, UCSB Race Team. Paul is putting in his second year at All-American and is knowledgeable in all aspects of ski equipment.

ALL-AMERICAN WAS SELECTED TO OUTFIT THE ENTIRE UCSB SKI TEAM.
Area Stores Keep Pace with Skiers’ Needs

For all its being a summer recreational area, Santa Barbara has quite a good selection of ski stores. Just a few years ago there were only one or two such stores locally and these emphasized Alpine Skiing. With the recent increase in backpacking and its winter counterpart ski touring, several good Nordic skiing stores have opened up.

If you’ve recently taken up cross-country skiing, there are two good stores in Goleta where a complete ski touring package can be purchased. Granite Stairway Mountaineering at 330 South Kellogg started out basically as a mountaineering store. This fall they have added on a ski room and have plans to go into downhill equipment. If you don’t live in Goleta, Granite Stairway has another store at 3036 State Street. Upper Limits at 133 North Fairview near ‘Builders’ Emporium has a resident ski touring, instructor and enthusiast, Sid West. If you’re interested in learning more about cross-country he’s the one to talk to. Nordic equipment may be rented at both Upper Limits and Granite Stairway. Both stores also have a good selection of cold weather clothing, and backpacking gear for lengthy ski tours. Great Outdoors at 420 South Fairview also has cross-country equipment. Owner Denny Frye knows quite a bit about local conditions also.

For Alpine enthusiasts Ski West at 2011 De la Vina offers a complete line of equipment as well as the latest fashions for on the course and après ski. The repair department features the latest equipment for checking binding release. The staff is trained to handle normal repair problems. Over the summer the ski section of Ski West was expanded to allow more room for fitting equipment and to show new lines. A new Alpine store will be opening up shortly on Calle Real, Mountain Sports will feature an exciting decor to show off its equipment and make even the novice skier think snow. The store will have a complete selection of downhill equipment and accessories. Visit Paul Kurth, UCSB Ski Team Captain, at All American for advice on buying or renting equipment.

Whether you’re into Alpine or Nordic skiing, don’t wait until you get to Mammoth, Vail, Aspen, or wherever you’re headed to rent equipment. There are plenty of local suppliers to help you out and usually you’ll get a better fit and better advice.

Southwick’s

Tobogganer to downhill racer, you’ll find the right outdoor clothing at Southwick’s. Come in and take a look at our huge inventory of down filled jackets, polyester jackets, and casual pants; you’ll be pleasantly surprised at the selections. And you’ll like the relaxed atmosphere of no pressure browsing.

Jackets: polyester filled, duck down filled, goose down filled, nylon taffeta outer with or without urethane coating, rip-stop covers, pile lined, wool outer, all woods, corduroys, denims and many more. Priced from $9.98 to $60.

Sweaters: Turtlenecks, crewnecks, V-necks, scoopnecks, cardigans, all acrylic to all wool, in bulky knits or smooth. Priced from $5.98 to $22.98.

And a complete selection of boots, heavy socks, gloves, thermals, knit caps, wool and flannel shirts, and more. See it all.

2 Locations to Serve You Better...

601 State Street
Santa Barbara
Mon. – Thurs. 9-6
Fri. 9-9, Sat. 9-4

5836 Hollister Ave.
Downtown Goleta
Mon. – Fri. 9-6
Sat. 9-4

“The Stores That Save You More”
Start Shaping Up Now for Fun on the Slopes

By Dan Shiells

Trite but true, the best advice anyone can give to someone planning for action on the slopes is simple and direct. “Be in shape.”

Conditioning sharpens one’s skills, accustoms muscle groups to unusual stress, and, most important, goes a long way toward the prevention of injury. There are specific exercises designed to improve every aspect of skiing. The more advanced your goals, the more specific the exercise program.

But for starters there is no substitute for overall fitness which can only be achieved through conscientious effort well in advance of the season. There are no short cuts in conditioning.

A good conditioning program seeks to develop endurance, muscular strength, flexibility, and the ability to relax. All are critical if the skier hopes to 1) avoid the aches and pains associated with the use of long dormant muscle groups, 2) avoid injury, and 3) advance his skills effectively.

The best exercises for endurance, and also leg strength, are running, swimming, walking, bicycling, and rope jumping. By building up cardiovascular capacity you accustom your body to stress it might otherwise be unable to cope with effectively.

A caution in this aspect of conditioning, however, is not to go too fast. Give yourself time and pace your development.

Muscular strength in the upper body can be achieved by many methods, one of the simplest of which is pushups. Other exercises, designed to increase flexibility and promote relaxation, include back, neck, shoulder, and thigh stretches.

Latest Snow Conditions

MAMMOTH
Main lifts will be running. 2 to 3' base with very good packed and powder snow. Roads clear.

JUNE MOUNTAIN
Opens tomorrow. 6" to 2".

HEAVENLY VALLEY
Needs more snow. Possibly open this weekend.

SQUAW VALLEY
Open tomorrow at 9 a.m. Limited skiing.

Snow predicted at 4-5,000' in the Sierra Nevadas.

Listen to updated ski reports daily. Wednesday through Saturday, during the KCSB-FM evening news report at 5:00, reported by Sandra Hart, covering all ski areas in California.