

# UCSB's Internships Fast Track to Careers



Let internships help you transition from college to professional employee by giving you the experience employers look for. One out of every five college students will now do an internship before they graduate. Ten years ago, it was only one out of every 36. Five reasons for this dramatic increase in popularity can be summarized as follows:

1) **EXPERIENCE** — Internships provide important hands-on experience, the number one criteria employers look for when hiring.

2) **CONTACTS** — Internships expose you to the professionals who have access to other professionals in your field who can be instrumental in helping you get a job later on.

3) **COMMUNITY SERVICE** — Internships can give you the chance to do something important for the community you live in while helping you develop the confidence and leadership skills you will need.

4) **EXPLORATION** — Internships help you sample different career fields before you invest more time and money in further education and training.

5) **EDUCATION** — Internships expand your education by allowing you to examine the theoretical concepts you've learned in the classroom within a context of "real world" problems and situations.

It's obvious that internships provide a lot more than something to put in your resume. As one intern states, "My skills as a leader, as a listener and as a co-worker have all improved without question... I have confidence in my abilities and know where my career should go." Internships do make a difference. In some highly competitive fields, internships are actually required to get a foot in the door of a particular agency or company.

Internships come in many shapes and sizes. They may be full- or part-time, paid or unpaid, for credit or no credit, for one quarter or an entire year. Some departments or programs refer to them as practicums or field study. The important common denominator, however, is that it provides you with a supervised learning experience that is related to your academic and/or career interests. For more information use the **UCSB INTERNSHIP DIRECTORY** described below.

## UCSB Internship Directory

Applied Learning Internship Program (ALP) .....	Deb Artz, Coordinator, 961-4418 Counseling & Career Services Building
Athletic Coaching Certification Program .....	Art Aldritt, Program Advisor, 961-2146 or 961-2181 Department of Physical Activities & Recreation
California Public Interest Research Group (CalPIRG) .....	Mary Raftery, Coordinator, 961-8319 Trailer 306 (across from pool and old gym)
Capitol Hill Internships .....	Cami Meng, Brad Haines, or Beth Schiffman, 961-3090 Trailer 310E
A.S. Community Affairs Board (CAB) .....	Dulcie Sinn, Advisor, 961-4296 3rd floor UCen
Engineering Academic Internships .....	Jacqueline Hynes, Asst. to Dean for College of Engineering, 961-3885 Engineering Annex, Bldg. 380 or Oscar Perez, Asst. to Dean, Minority Affairs, 961-4026 Lynne Altizer, ECE Industrial Affiliation Program Coordinator, 961-3586
Environmental Studies Internship Program .....	Lisa Harrison, Internship Coordinator, 961-3185 3313 Phelps Hall
EOP/SAA Career and Professional Programs .....	Christine Iriart, Research Mentorship/Internship Coordinator 961-2322 (a.m.) or 961-3235 (p.m.) Hymon Johnson, Assistant Director, Bldg. 434, 961-3235
Geography Internship Program .....	Kris Ellison, Internship Coordinator, 961-4519 5704 Ellison Hall
Student Health Service, Peer Health Education and Volunteer Programs .....	Contact Student Health Service, Rm. 1308, 961-2630

For more information — See Inside



*"I have a wonderful job. I'm doing exactly what I wanted to do and am getting well paid for it... I cannot stress enough the importance of internships."*

UCSB Graduate



A Special Thanks  
To The Following  
Employer Sponsors  
for making this  
supplement possible:



**INTERFACE**  
Environmental and  
Land Planning Services

829 De la Vina, Suite 210  
Santa Barbara, CA 93101  
805/963-0651



POST OFFICE BOX 788  
GOLETA, CALIFORNIA 93116  
TELEPHONE 805/964-6761



**Applied Magnetics  
Corporation**

A member of the  
Sears Financial Network

**DEAN WITTER**

Everybody's somebody at Dean Witter



**SANTA BARBARA RESEARCH CENTER**  
a subsidiary

**Raytheon**

Electromagnetic Systems Division

6380 Hollister Avenue  
Goleta CA 93117-3197

(805) 967-5511

This sixth annual supplement is a cooperative endeavor conceived by the UCSB Experiential Learning Consortium. Current members appear in the directory on the front page. Our hope is that others involved in experiential learning programs on campus will join us. For more information, contact Deb Artz, 961-4418 or Lisa Harrison, 961-3185.

# PROGRAMS/DEPART

## Applied Learning Internship Program

The Applied Learning Program offers students part-time, para-professional work experiences in both the public and private Santa Barbara, Goleta, and Ventura employer communities. It is the largest campus internship program, serving over 500 students annually. It offers opportunities of interest to most majors across campus including economics, communication studies, psychology and political science to name a few.

### What Areas Offer Internships?

- ★ Arts and Graphics
- ★ Education
- ★ Media (TV, Radio, Print)
- ★ Law and Planning
- ★ Business and Personnel
- ★ Accounting and Finance
- ★ Marketing, Sales, Travel
- ★ Engineering and Computer Science
- ★ Public Relations and Advertising
- ★ Health and Human Services

### What Are The Hours and Requirements Involved?

Although most ALP internships are volunteer, it is possible to receive some type of compensation, either an hourly wage or stipend (a lump sum usually ranging from \$100-\$300 per quarter). Academic credit can be arranged through most departments. Usually some type of research paper or documentation is required. Most students, however, are most interested in the experience they will receive versus the pay or credit.

Students must have junior or senior standing at the time they begin their first experience and be willing to work a minimum of ten hours a week or 100 hours per quarter. (Note: Occasional exceptions made for sophomore.)

### Are Internships Only Offered in the Santa Barbara Area?

Although the majority of internships are in this area, consider the following resources and services:

- ★ Information binders and directories about other state, national, and international programs.
- ★ An International Resource Directory with contacts for developing work opportunities in such countries as Australia, England, Japan and Canada.

### Types of Internship Positions

- ★ Graphic Artist
- ★ Arts & Tourism Conference Coordinator
- ★ Technical Writer
- ★ Field Research Asst.
- ★ Recreational Counselor
- ★ Laboratory Technician
- ★ Systems Analysis & Design
- ★ Tax Auditor Trainee
- ★ Investment Advisor Asst.
- ★ Legal Analyst
- ★ Legislative Research
- ★ Felon Interviewer
- ★ Media Buyer Trainee
- ★ Market Research Asst.

### How Do I Apply?

Attend a one-hour internship workshop offered weekly at the Counseling & Career Services Building (PinkCen). Stop by the lobby desk at the PinkCen for exact dates and times.



Applied Learning Peer Advisors: Dennis Graser, Leni Herman, Martin dela Serna, Sherri Geeser, and Kim Lopez.

## Engineering Summer Internships

If you are an engineering sophomore or junior with a better than average GPA, you may wish to consider applying to one of several company sponsored summer internship programs. To find out more about these opportunities, plan on attending a winter quarter workshop on January 27 and 28, Wednesday or Thursday from 4-6 p.m. at Engineering II Conference Center. These internships provide you with a paid, career related experience which could turn into a permanent position upon graduation.

Electrical and Computer Engineering (ECE) students should



UCSB graduate John Wetzork now conducts real-time analysis of fire signals for fire suppression systems being developed at Santa Barbara Research Center, where he first worked as an IAP summer intern.

also consider submitting a resume to Lynne Altizer, Industrial Affiliation Program Coordinator, before



CalPIRG (the California Public Interest Research Group) is a nonprofit, nonpartisan, student-directed organization working on behalf of consumers and the environment in California.

Through research, education, and advocacy, CalPIRG provides the means for transforming students' idealism into practical policy change while teaching the skills necessary to be effective citizens.

CalPIRG's Public Service Internship Program is designed to enhance the intern's understanding of a variety of public policy issues and to provide "hands on" experience in research and advocacy, organizing, lobbying, media relations, and other skills necessary for effective citizen action. The internship features:

**Professional Supervision:** Each internship, whether it involves a full quarter's academic credit, or is purely extra-curricular will be directly supervised and challenged by a member of CalPIRG's professional staff.

**Structured Supervision:** Each intern will design a work learning plan in coordination with the staff. Each plan will enhance the student's perspective on a specified academic discipline, provide deeper understanding of a public policy issue, and assist in developing practical skills relevant to effective citizenship.

**Citizenship Training Seminars:** Seminars are offered three to four

### Getting Academic Credit for

1. Check with the Undergraduate Advisor if this is an option and if so, what procedures are.
2. Approximately 14 departments usually listed under a 192 or 199 number, Anthropology, Art Studio, Biology, Engineering, Environmental Studies, Political Science, Psychology, Math, Political Science, Psychology.
3. Other departments sometimes allow a certain number of hours to be used in developing a research paper, internship or field experience.
4. As a general rule, students must be close to it, and have a willing faculty advisor.

Christmas Break to be considered for potential summer employment opportunities with some of the top computer and electronics companies. An additional resume service is also provided by Oscar Perez, Minority Affairs, College of Engineering, for minority engineering students. The ECE Mechanical Engineering and Computer Science departments offer a 192 Internship in Industrial Course. For more information, contact these departments directly or Lynne Altizer if you are an ECE major.



# DEPARTMENTS OFFERING INTERNSHIPS

## CalPIRG Internships

California Public Interest Research Group

Public is a student-king on the en- times a quarter and cover public policy issues and skills training in such areas as public speaking, graphics and materials design, media relations and writing.

**Leadership Development:** Interns have the opportunity to participate in all aspects of CalPIRG decision-making, including chapter meetings, informal planning sessions, mid-term retreats, and statewide board meetings.

This training in practical experience has helped many students sharpen skills and find jobs or prepare for graduate school in business, government, environmental science, public health, journalism, law and more.

You can apply for internships anytime, ranging from single course credits to full term programs with CalPIRG, or in Washington, D.C. with United States PIRG. Projects vary, from local participation in the National Student Campaign Against Hunger to lobbying in Sacramento for a California Toxic Use Reduction Bill, or doing research in Washington regarding national pesticides legislation.

### Criteria for Internship or Field Experience

Graduate Advisor within your department to find and if so, what the specific requirements and departments have established internship courses 192 or 193 course number. They include: Anthropology, Communication Studies, Economics, Environmental Studies, Geography, History, Law & Politics, Psychology, and Sociology. Some allow the 199 Independent Study course developing a research project that is tied to an internship. Applicants must be a junior or senior, have a 3.0 GPA or higher, and have a faculty sponsor to enroll in these classes.

## Special Departmental Programs (Applying Theory to Practice)

*"The class was excellent! It gave me a chance to apply theory in a way that makes it much clearer than just reading about it."*  
— Communication Studies Graduate

Some academic departments offer classes to go with the faculty sponsored research paper typically required for 192, 193 or 199 course offerings. These departments include:

★ **Communication Studies 193 — Applying Communications Concepts to Internship Experience**

Communication Studies majors can apply what they are learning in their internships through a unique four unit, upper division class offered every quarter by Professor Judy Jones in collaboration with the Applied Learning Program. Students attend a two hour class once a week with special speakers from the field while maintaining a weekly journal. They are also expected to compile a research paper tying some aspect of communication theory with their internship experience.

★ **Sociology 191A — Internship in Organizational Settings**

This four unit, upper division course now includes a special class that meets weekly with Sociology students involved in internships approved through the department and Applied Learning Program. The course is taught by Professor Denise Bielby, and involves reading assignments relevant to the internship setting, a journal and research paper.

★ **Psychology 135A, B, C — Field Experience in Psychological Settings**

This four unit course is restricted to students with senior standing and who have taken Psychology 157 and either Psychology 103 or 114 or 129. Enrollment is limited to approximately 15-20 students per year and is designed for students interested in clinical or counseling psychology doctoral programs. Interested students need to contact Professor Bob Sherman at least several weeks in advance of fall

quarter.

Other departments with special field work or internship components include:

★ **199 — Archeology Internship Practicum.** Offered through the Anthropology department for students interested in archaeological archives or records. Limited enrollment.

★ **164C — Museum and Techniques (4).** Offered through Art History department.

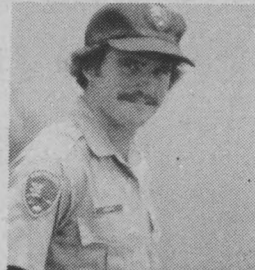
★ **185 — Fieldwork in Oceanography (1-4).** Offered by the Biology department. Students participate as a member of the scientific party on Scripps Institution (UCSD), NMFS and UCSB oceanography cruises.

★ **191 — Introduction to Health Care Delivery (2).** Offered by the Biology department in conjunction with the Santa Barbara Medical Clinic.

★ **193 — Internship in Geography (1-2).** Enrollment involves approximately 15-20 students annually. Designed for students interested in internships locally and nationally that apply geographical analysis skills to both urban and natural resource management.

★ **142 — Practicum in Learning Disabilities, 143 — Practicum in Developmental Socialization, and 147 — Practicum on Behavioral Concomitants of Adult Aging.** All three practicum courses offer 8 units of credit through the psychology department.

For more specific requirements on the above courses, review the course description in the catalog. If you are still interested and qualified, contact the departmental undergraduate advisor for more information.



Student Naturalist, Channel Islands National Park.

## Environmental Studies Internship Program

Environmental Studies Internships Offer Practical Experience, Faculty Support, Career Advancement

Interface Planning and Counseling Corporation exemplifies the way students and local professionals can help each other and derive mutual benefits. It is unique in that *most of its professional staff began working with the corporation as Environmental Studies interns.* These former interns and UCSB alumni are now the *Vice President, Environmental Analyst, and Environmental Specialist* of the corporation! The remaining member of their professional staff completed several E.D. internships with other organizations before being hired at Interface! Out of 29 other students who have interned with Interface over the past ten years, at least fifteen have gone on to careers in planning or other environmentally related jobs. Both the company and the students are enthusiastic about their working relationship:

*"I will carry this experience for the rest of my career. I am certain no course or lecture could have done this in one quarter."* — Michael Reynolds, former intern with Interface.

The Next E.S. internship information meeting and slideshow is tonight, Wednesday, November 18, at 5 p.m. in Phelps 1405!

Internships are an integral part of the curriculum of the Environmental Studies Program, an academic major which integrates many related subjects to provide a rigorous analysis of environmental issues. Over 1,300 students have earned academic credit for internships over the past ten years through a departmental Internship Program which is fully supported by the faculty. Students, faculty, and community professionals all see internships as a vital bridge between academic coursework and its practical applications. In addition to a "first-hand" understanding of the complex environmental issues of this decade, students report many other benefits from their internships, including increased success in the job market.

There is no question that Environmental Studies internships increase your employability. Agencies are very enthusiastic about the opportunity to work with you and students are enthusiastic about testing their interests. Many students report that their internship was the biggest factor in securing employment, even though many of them are not hired by their actual internship agency. It is the skills, experience, resources, contacts, and personal growth

they achieve which they cite as the key to their success.

Combined with the appropriate coursework, E.S. internships often lead to jobs in urban and regional planning, environmental impact analysis, natural resource management, energy, environmental education, and many other career areas. Because Environmental Studies is inter-disciplinary, many students combine the degree with a second major and all students have a course concentration and E.S. "track." The Internship Program, therefore, offers a diverse number of opportunities in response to the diversity of career goals among its students. In addition to local positions, a smaller number of students are placed in positions statewide and in Washington, D.C.

Environmental Studies internships are open to upper division E.S. students with at least a 3.0 GPA. Internship information meetings and gatherings are offered each quarter and a slideshow is available for interested groups. Contact Lisa Harrison, Internship Coordinator, at 961-3185 for more information, or stop by the peer advisors' office in Phelps 3207.

## Capitol Hill Internships

Are you tired of living in Isla Vista? Are you stuck in the same old routine of mid-terms and finals? Would you rather spend an exciting quarter in Washington, D.C. or Sacramento working for a congressman, senator, private interest group, federal or state agency? You can be in the center of the action if you are accepted by the Capitol Hill Program and are placed in an internship in our state or national capitol.

The Capitol Hill Program is a non-profit, completely student run organization which screens applicants, places them in internships and secures housing. The Program has placed nearly 1,000 interns since 1973, and has an excellent reputation for sending quality interns.

Internships last approximately ten weeks during any quarter. The Program is open to all majors who meet eligibility requirements based on interest, maturity and academic credit, but this is not a requirement to enter the Program. If academic credit is needed, it must be arranged by the intern through individual departments.

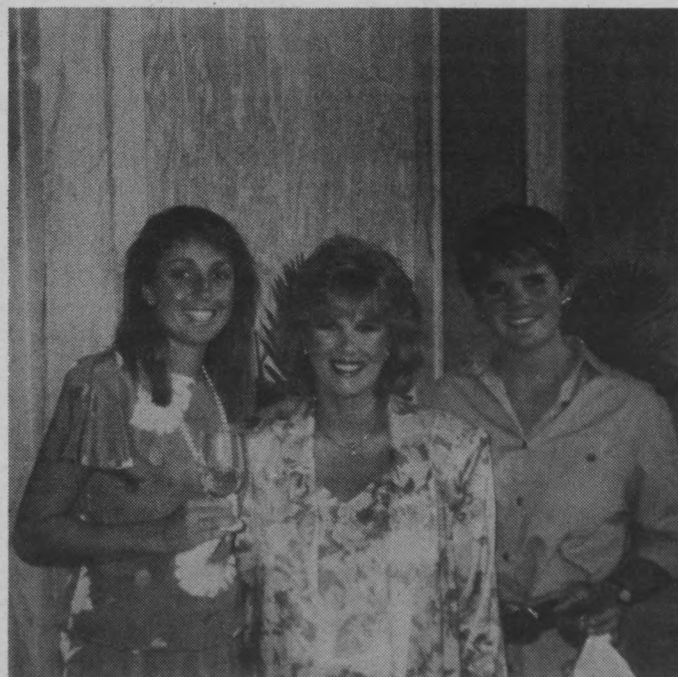
**What will I do?** Tasks and duties of an intern vary greatly from office to office. Responsibilities may include monitoring the House and Senate floors, researching and/or composing legislation, working

with lobbyists, answering mail, running sundry errands, and attending hearings. The quality of work assigned to the intern greatly depends on his/her display of initiative, interest and hard work. The student gains a knowledge of the inner workings of our government and a different perspective of our nation.

**What about the costs?** Though there are paid internships available, most internships are nonpaid work experience. The cost of doing an internship in Washington D.C. can range from \$1,500 to \$2,500 for a ten week period depending on individual budgeting. Living expenses in Sacramento tend to be inexpensive compared to Santa Barbara. A Sacramento internship is a viable alternative if the high cost of a Washington D.C. internship is prohibitive.

**How to apply?** Applications must be completed two quarters prior to the time of the desired internship. The application requires that the prospective intern write a personal essay, submit two recommendations and an unofficial transcript, have upper division standing and a minimum GPA of 3.0. An interview with the Directors of the Program is also mandatory.

The Capitol Hill office is located in Trailer 310E. The directors are Cami Meng, Brad Haines and Beth Schiffman.



Past interns Cami Meng and Beth Schiffman at Capitol Hill reception with Good Morning America's Joan London.



## Student Health Services Peer Health Educator Program and Field Experience

"I've been pushed past my former limits by this class."  
"The thing I like best about being a Peer Health Educator is the excitement of having an impact and making a difference."

Every year, Student Health Services, in conjunction with the Sociology and Biological Sciences Departments, offers education and training to over 400 students through a series of two quarter classes. During the first quarter, students enroll in a 2-unit training course on one of the several health related topics that also instructs them on how to effectively educate their peers through group discussion or individual consultations. Upon successful completion of the training course, students are then eligible to enroll in a field placement course where they serve as Peer Health Educators involved in outreach activities that provide information with practical applications for UCSB students campus-wide. The following gives details of each program:

**Cold Care Program:** Peer Patient Educators in the SHS Cold Care Clinic provide information about proper cold care and over-the-counter medications; take throat cultures; and make appropriate referrals for students suffering from symptoms of an upper respiratory infection. The training course is Biology 91A while the placement course is Biology 91B; both provide 2 units of P/NP credit.

**Hypertension Program:** Through the Hypertension Education Program, Peer Patient Educators not only provide information about cardiovascular health and the effects of high blood pressure, but also take blood pressure measurements. During the months of November and May, various campus departments request this service. Training and placement takes place in Biology 91a.



Hypertension screening with Liz Sevitz and Lisa Apel.

**Relationships and Sexuality Program:** Friendship, romance and intimacy are things many students seek within college relationships. This program helps students get what they want out of relationships, both emotionally and physically, without hurting themselves or others. As Peer Health Educators, students lead discussion groups about different aspects of relationships, including safe sex. The training course is Sociology 91A.

**Stress Management Program:** This program gives students opportunities to help their peers manage the stresses of college life. Stress Peer Advisors provide individual consultations while Stress Peer Health Educators lead group discussions. In the training class, Sociology 91D, students learn a variety of stress management techniques as well as the skills necessary to effectively communicate the concepts of coping with stress to others.

**Alcohol and Other Drugs Awareness Program:** This program focuses on encouraging responsibility and moderation in the use of alcohol and other drugs. Through Sociology 91B, students learn about the many different aspects of misuse including psychosocial issues and how to effectively educate others.

**Eating Disorders Program:** The purpose of this program is to prevent the development and/or worsening of eating disorders among UCSB students. After training through Sociology 91A (Spring quarter only), Peer Health Educators lead presentations on topics such as eating disorders, body image and sociocultural pressures to diet and be thin.

**Nutrition Program:** By taking Sociology 91C, students can become either Nutrition Peer Health Educators or DataDiet Peer Patient Educators. Peer Health educators lead a variety of group discussions covering topics from general nutrition to more specific issues like weight management, vegetarian meal planning, or sports nutrition. DataDiet Peer Patient Educators provide individual consultations with students concerned about the nutritional value of what they eat. The Patient Educator also interprets for the student a computerized analysis of his/her diet.

ADDITIONAL INFORMATION is available in the Student Health Services Health Education office or call 961-2630.

## A.S. Community Affairs Board —the largest student volunteer organization on campus—

Do you have an enthusiasm about learning and living which you would like to share with others? Would you like to spend time with young people or old people with young hearts? Are you considering a career in medicine, law, education, management, or counseling and would like some "real world" experience to broaden your perspective of the field? Does the idea of helping an individual in need create a warm sense of personal satisfaction within you? If you answered yes to any or all of these questions, you owe it to yourself to check out the A.S. Community Affairs Board (CAB).

CAB, a student run organization, is open to all UCSB students and is committed to helping both students and the community. Acting as a full scale volunteer placement bureau, CAB creates opportunities for students to learn valuable organizational skills, to explore career paths, to gain personal satisfaction and to acquire a greater perspective of today's important social issues.

Today, CAB places student volunteers with over 200 local businesses, non-profit organizations and social service agencies in the greater Santa Barbara area through the following 15 different projects:

**Best Buddies  
Counseling  
Education**



Volunteers for Special Olympics.

**ESL Tutoring  
Fundraising  
Hunger/Homeless  
Isla Vista  
Pre-Law  
Pre-Medical  
Public Relations  
Senior Escort  
Senior Friendship  
Special Education  
Special Olympics  
Special Projects  
Volunteer Reserve Corps**

You can get involved by visiting the CAB office on the 3rd floor of the UCen or by calling CAB at 961-4296 Monday through Friday from 8 a.m. to 5 p.m. Get involved — Do it today!

## Athletic Coaching Certification Program

Do you enjoy team sports and working with high school students or perhaps you would like to serve as a "walk on coach" at some point?

If so, don't overlook the unique Athletic Coaching Certification Program offered through the Department of Physical Activities and Recreation. This program was actually the forerunner of similar programs now offered through other educational institutions.

The program is not just for students considering a teaching career at the secondary level. It is also designed for individuals interested in coaching community programs such as youth sports, YMCAs, YWCAs, girls' and boys' clubs, etc. and those considering service in the Peace Corps.

At the present time the Athletic Coaching Program provides preparation and training in 15 different sports. The curriculum includes courses in Athletic Administration, Psychology of Coaching, Medical Aspects of Athletics, First Aid and CPR, Composite Sciences for Athletic Coaching and Methods of Conditioning in

Athletics. Candidates also gain valuable experiences in coaching athletic teams under direct supervision of experienced coaches at either the University or secondary levels.

In order to satisfy the Athletic Coaching Program, the candidate must complete a total of 30 quarter units offered in the Physical Activities Department. Twenty-four to 27 of these units are required and are the core of the curriculum. Candidates are further advised to complete courses in Psychology and Speech to strengthen their basic abilities.

Individuals completing this Athletic Coaching Program are not certified to teach regular Physical Education classes but may be involved in last period Physical Education classes devoted to team coaching.

**Note:** Certification in Aerobic Dance Condition is now available also.

For further information, write or call Art Aldritt, Advisor, Athletic Coaching Program, Department of Physical Activities and Recreation, 961-2146 or 961-2181 (leave message).

## EOP/SAA Career & Professional Planning Program



General career information and serious job opportunities are discussed with the close to 300 students greeted by representatives of over 40 firms at the 1987 EOP/SAA Minority Job Faire.

A variety of special projects to help EOP students make informed academic and professional decisions are offered throughout the year by the EOP/SAA Career & Professional Planning Program (CPPP). Dr. Hyman Johnson chairs the central committee of professional staff from the various EOP Offices who plan and coordinate activities. To better advance cooperative exchange with other campus career resources, the CPPP committee supports an undergraduate intern who is responsible for coordinating EOP/SAA's annual Minority Job Faire and conducting outreach services among EOP students. In the second year of the in-

ternship, the student holds a dual appointment as Career Intern with EOP and with Counseling and Career Service.

Activities co-sponsored with other departments and programs include Graduate and Professional School Day, when graduate affirmative action recruiters from throughout California and other states visit UCSB; the Graduate Research Mentorship Program (GRMP), which gives minority undergraduates an opportunity to get research training by working on projects under the direct guidance of UCSB faculty and minority graduate students; and the Summer Academic Research Internship Program (SARI), an intensive research and academic skills program for minority college juniors which is held on campus during the Summer Session.

Apart from the very popular Minority Job Faire held early in the winter quarter, annual projects sponsored by the EOP/SAA Career & Professional Planning Program are a Campus Resources Workshop for juniors and seniors; the W.E.B. DuBois Writing and Photographic Competition; and a career workshop for freshmen EOP students who are recipients of the Chancellor's Scholarship.

Through its Special Projects Internship Program EOP/SAA identifies research or other professional-level internships for upper division EOP students, and provides stipends for those who become involved in projects directed by faculty or graduate students.