Let internships help you transition from college to professional employee by giving you the experience employers look for. One out of every five college students will now do an internship before they graduate. Ten years ago, it was only one out of every 36. Five reasons for this dramatic increase in popularity can be summarized as follows:

1) EXPERIENCE — Internships provide important hands-on experience, the number one criteria employers look for when hiring.

2) CONTACTS — Internships expose you to the professionals who have access to other professionals in your field who can be instrumental in helping you get a job later on.

3) COMMUNITY SERVICE — Internships can give you the chance to do something important for the community you live in while helping you develop the confidence and leadership skills you will need.

4) EXPLORATION — Internships help you sample different career fields before you invest more time and money in further education and training.

5) EDUCATION — Internships expand your education by allowing you to examine the theoretical concepts you’ve learned in the classroom within a context of “real world” problems and situations.

It’s obvious that internships provide a lot more than something to put in your resume. As one intern states, “My skills as a leader, as a listener and as a co-worker have all improved without question... I have confidence in my abilities and know where my career should go.” Internships do make a difference. In some highly competitive fields, internships are actually required to get a foot in the door of a particular agency or company.

Internships come in many shapes and sizes. They may be full- or part-time, paid or unpaid, for credit or no credit, for one quarter or an entire year. Some departments or programs refer to them as practicums or field study. The important common denominator, however, is that it provides you with a supervised learning experience that is related to your academic and/or career interests.

For more information use the UCSB INTERNSHIP DIRECTORY described below.

Applied Learning Internship Program (ALP) .............................................. Deb Artz, Coordinator, 961-4418
  Counseling & Career Services Building

Athletic Coaching Certification Program ............................................ Art Aldritt, Program Advisor, 961-2146 or 961-2181
  Department of Physical Activities & Recreation

California Public Interest Research Group (CalPIRG) ................................ Mary Raftery, Coordinator, 961-8319
  Trailer 306 (across from pool and old gym)

Capitol Hill Internships ................................................................. Cami Meng, Brad Haines, or Beth Schiffman, 961-3090
  Trailer 310E

A.S. Community Affairs Board (CAB) ................................................ Dulcie Sinn, Advisor, 961-4296
  3rd Floor UCen

Engineering Academic Internships .................................................. Jacqueline Hynes, Asst. to Dean for College of Engineering, 961-3885
  Engineering Annex, Bldg. 380 or
  Oscar Perez, Asst. to Dean, Minority Affairs, 961-4026
  Lynne Altizer, ECE Industrial Affiliation Program Coordinator, 961-3586

Environmental Studies Internship Program .................................... Lisa Harrison, Internship Coordinator, 961-3185
  3313 Phelps Hall

EOP/SAA Career and Professional Programs .................................... Christine Iriart, Research Mentorship/Internship Coordinator
  961-2322 (a.m.) or 961-3235 (p.m.)
  Hymon Johnson, Assistant Director, Bldg. 434, 961-3235

Geography Internship Program ..................................................... Kris Ellison, Internship Coordinator, 961-4519
  5704 Ellison Hall

Student Health Service, Peer Health Education and
  Volunteer Programs ........................................................................ Contact Student Health Service, Rm. 1308, 961-2630

“I have a wonderful job, I’m doing exactly what I wanted to do and am getting well paid for it... I cannot stress enough the importance of internships.”

UCSB Graduate
A Special Thanks
To The Following
Employer Sponsors
for making this
supplement possible:

ABC-CLIO

Environmental and
Land Planning Services

POST OFFICE BOX 788
GOLETA, CALIFORNIA 93117
TELEPHONE 805/964-7671

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Santa Barbara Research Center

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Electromagnetic Systems Division

Applied Learning
Internship Program

The Applied Learning Program offers students part-time, para-
professional work experiences in both the public and private Santa
Barbara, Goleta, and Ventura employer communities. It is the largest
campus internship program, serving over 500 students annually. It offers
opportunities of interest to most majors across campus including
business, economics, communication studies, psychology and political science
to name a few.

What Areas Offer Internships?

★ Arts and Graphics
★ Education
★ Media (TV, Radio, Print)
★ Law and Planning
★ Business and Personnel

What Are The Hours and Requirements Involved?
Although most ALP internships are volunteer, it is possible to receive
some type of compensation, either an hourly wage or stipend (a lump sum
usually ranging from $100-$300 per quarter). Academic credit can be
arranged through most departments. Usually some type of research paper
or documentation is required. Most students, however, are most interested
in the experience they will receive versus the pay or credit.

Students must have junior or senior standing at the time they begin their
first experience and be willing to work a minimum of ten hours a week or
100 hours per quarter. (Note: Occasional exceptions made for sophomore.)

Are Internships Only Offered in the Santa Barbara Area?
Although the majority of internships are in this area, consider the
following resources and services:
★ Information binders and directories about other state, national, and
international programs.
★ An International Resource Directory with contacts for developing
work opportunities in such countries as Australia, England, Japan and
Canada.

Types of Internship Positions
★ Graphic Artist
★ Arts & Tourism Conference Coordinator
★ Technical Writer
★ Field Research Amt.
★ Recreational Counselor
★ Laboratory Technician
★ Systems Analyst & Design
★ Tax Auditor Trainee
★ Investment Advisor Asst.
★ Legal Analyst
★ Legislative Research
★ Feldon Interviewee
★ Media Buyer Trainee
★ Market Research Asst.

How Do I Apply?
Attend a one-hour internship workshop offered weekly at the Coun­
seling & Career Services Building (PinkCon). Stop by the lobby desk at the
PinkCon for exact dates and times.

If you are an engineering
sophomore or junior with a better
than average GPA, you may wish to
consider applying to one of several
campus internship programs. To find out
more about these opportunities, plan on attending a winter quarter
workshop on January 27 and 28,
Wednesday or Thursday from 4-6
p.m. at Engineering II Conference
Center. These internships provide
you with field, career related experience which could turn into a paid,
permanent position upon graduation.

Electrical and Computer
Engineering (ECE) students should
Accounting and Finance
Marketing, Sales, Travel
Engineering and Computer Science
Public Relations and Advertising
Health and Human Services

CalPIRG (the California Public
Interest Research Group) is a
nonprofit, nonpartisan, student-
directed organization working on
behalf of consumers and the en-
vironment in California.

Through research, education, and
advocacy, CalPIRG provides the
tools to transform student idealism into practical policy
change while teaching the skills necessary to be effective citizens.

CalPIRG's Public Service In-
ternship Program is designed to
enhance the intern's understanding of a variety of public policy issues
and to provide "hands on" ex-
perience in research and advocacy,
organizing, lobbying, media
relations, and other skills necessary
effective citizen action. The
internship features:

Professional Supervision: Each
internship, whether it involves a
quarter's academic credit, or is
purely extra-curricular will be
directly supervised and challenged
by a member of CalPIRG's
professional staff.

Structured Supervision: Each intern
will design a work learning plan in
coordination with the staff. Such a
plan will enhance the student's perspective on a specified academic
discipline, provide a deeper un-
derstanding of a public policy issue,
and assist in developing practical
skills relevant to effective
citizenship.

Citizenship Training Seminars:
Seminars are offered three to four
times per quarter.

Getting Academic Credit for an
Internship:
1. Check with the Undergraduate Admis-
sion Office to determine if this is an option and if so,
the procedures are.
2. Approximately 14 departments
usually listed under a 192 or 193
quarter's academic credit, or is
extra-curricular will be
directly supervised and challenged
by a member of CalPIRG's
professional staff.
3. Other departments sometimes allow
the number to be used in developing
an internship or field experience.
4. As a general rule, students must be
close to it, and have a willing faculty

Applied Learning Peer Advisors: Dennis Graser, Leni Herman, Martin dela
Serna, Sherri Geeser, and Kim Lopez.

Engineering Summer Internships

Christmas Break to be considered
for potential summer employment
opportunities with some of the top
computer and electronics companies.
This experience is also provided by
Oscar Perez, Minority Affairs, College
Engineering, for minority
engineering students. The ECE
Mechanical Engineering department
also offers a 192 Internship in Industry.
For more information, contact these departments direct
or Lynne Altizer of you are an ECE
major.
Internships

CalPIRG Internships
California Public Interest Research Group

CalPIRG's Internships allow the Independent Study course ence, Psychology, and Sociology, Intents have established internship courses and if so, what the specific requirements and evaluate Advisor within your department to find out.

Leadership Development: Interns have the opportunity to participate in all aspects of CalPIRG decision-making, including chapter meetings, informal planning sessions, midterm retreats, and stimulating discussion groups.

This training in practical experience has helped many students sharpen skills and find jobs or prepare to enter graduate school in business, government, environmental science, public health, journalism, law, and more. Internships approved through the department and Applied Learning Program. The course is taught by Professor Denise Bybee, and involves reading assignments relevant to the internship setting, a journal and research paper.

Psychology 135A, B, C — Field Experience in Psychological Science

This four unit course is restricted to students with senior status who have taken Psychology 135 and either Psychology 103 or 114 or 129. Enrollment is limited to approximately 15-20 students per year and is designed for students interested in psychology, legal, and educational psychology doctorals. Interested students need to contact Professor Bob Sherman at least several weeks in advance of fall quarter.

Internships are an integral part of the development of the Environmental Studies Program, an academic major which integrates many related subjects to provide a broad analysis of environmental issues. Over 1,300 students have earned academic credit for internships over the past ten years through a departmental Internship Program which is fully supported by the faculty, students, faculty, and community professionals. Students intern in a wide variety of positions including governmental, non-profit, corporate, and non-profit agencies. The major advantage of the departmental Internship Program is that students are able to apply the knowledge and skills gained in their other courses to the workplace. The majority of the students who participate in the Internship Program are upper division E.S. majors. Many of them are not hired by their actual internship employers, but rather by their own experience. The Internship Program is a viable alternative if the high cost of a Washington, D.C. Internship is a barrier to students from a wide variety of academic backgrounds. The Internship Program offers a diverse number of opportunities in response to the diversity of career goals among its students. In addition to local positions, a smaller number of students are placed in positions statewide and in Washington, D.C.

Environmental Studies Internships are open to upper division E.S. students with at least a 3.0 GPA. For more information, or to apply, contact Lisa Harrison, Internship Coordinator, at 961-3185.

-capabilities, needed, and interested in internships locally and nationally that apply geographical analysis skills to both urban and natural resource management.

-142 — Practicum in Learning Disabilities, 143 — Practicum in Developmental Socialization, and 147 — Practicums on Behavioral Consequences of Adult Aging. All three practicum courses offer 8 units of credit through the psychology department.

Environmental Studies Internships offer Practical Experience, Faculty Support, Career Advancement.

How to apply? Applications must be completed two weeks before the beginning of the quarter. The Internship Program is a viable alternative if the high cost of a Washington, D.C. Internship is a barrier to students from a wide variety of academic backgrounds. The Internship Program offers a diverse number of opportunities in response to the diversity of career goals among its students. In addition to local positions, a smaller number of students are placed in positions statewide and in Washington, D.C.

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A.S. Community Affairs Board
—the largest student volunteer organization on campus

Volunteers for Special Olympics
ENL Tutoring
Fundraising
Hunger/Homelessness
I-JA Viets
Pre-Law
Public Relations
Senior Escort
Special Education
Special Olympics
Volunteer Reserve Corps
You can become involved by visiting the CAB office on the 3rd floor of the UCen or by calling CAB at 961-4296 Monday through Friday from 8 a.m. to 5 p.m. Get involved — Do it today!

Athletic Coaching Certification Program

Do you enjoy team sports and working with high school students or perhaps you would like to serve as a "walk on coach" at some point? If so, don't overlook the unique Athletic Coaching Certification Program offered through the Department of Physical Activities and Recreation. This program was actually the forerunner of similar programs now offered through other educational institutions.

The program is not just for students considering a teaching career at the secondary level. It is also designed for individuals interested in coaching community programs such as youth sports, TMCAS, YWCA's, girls' and boy's clubs, etc. and those considering service in the Peace Corps.

At the present time the Athletic Coaching Program provides preparation and training in 15 different sports. The curriculum includes courses in Athletic Administration, Psychology of Coaching, Medical Aspects of Athletics, First Aid and CPR, Composite Sciences for Athletic Coaching and Methods of Conditioning in Athletics. Candidates also gain valuable experiences in coaching athletic teams under direct supervision of experienced coaches at the University or secondary levels.

Do you have an enthusiasm about learning and living which you would like to share with others? Would you like to spend time with young people or old people with young hearts? Are you considering a career in medicine, law, education, government, or counseling and would like some "real world" experience to broaden your perspective of the field? Does the idea of helping an individual in need create a warm sense of personal satisfaction within you? If you answer yes to any of these questions, you owe it to yourself to check out the A.S. Community Affairs Board (CAB).

CAB, a student run organization, is open to all UCSB students and is committed to helping both students and the community. Acting as a full scale volunteer placement bureau, CAB creates opportunities for students to learn valuable organizational skills, to explore career paths, to gain personal satisfaction and to acquire a greater perspective of today's important social issues.

Today, CAB places student volunteers with over 200 local businesses, non-profit organizations and social service agencies in the greater Santa Barbara area through the following 15 different projects:

Best Buddies
Counseling
Education

Relationships and Sexuality Program: Friendship, romance and intimacy are things many students seek within college relationships. This program helps students get what they want out of relationships, both emotionally and physically, without hurting themselves or others. As Peer Health Educators, students lead discussion groups about different aspects of relationships, including safe sex. The training course is Sociology 91A.

Stress Management Program: This program gives students opportunities to help their peers manage the stresses of college life. Stress Peer Advisors provide individual consultations and stress management classes. Peer Health Educators lead group discussions. In the training class, Sociology 91D, students learn a variety of stress management techniques as well as the skills necessary to effectively communicate the concepts of coping with stress to others.

Alcohol and Other Drugs Awareness Program: This program focuses on encouraging responsibility and moderation in the use of alcohol and other drugs. Through Sociology 91B, students learn about the many different aspects of misuse including psychosocial issues and how to effectively educate others.

Eating Disorders Program: The purpose of this program is to prevent the development and/or worsening of eating disorders among UCSB students. After training through Sociology 91A (Spring quarter only), Peer Health Educators lead presentations on topics such as eating disorders, body image and sociocultural pressures.

Nutrition Program: By taking Sociology 91C, students can become either Nutrition Peer Health Educators or DataDiet Peer Patient Educators. Peer Health educators lead a variety of group discussions covering topics from general nutrition to more specific issues like weight management, vegetarian meal planning and nutrition. DataDiet Peer Patient Educators provide individual consultations with students concerned about the nutritional value of what they eat. The Patient Educator also interprets for the student a computerized analysis of his/her diet. Additionally, information is available in the Student Health Services Health Education office or call 961-2830.

A.S. Community Affairs Board—the largest student volunteer organization on campus