FOCUS

Magazine

BAR

Fighting Ferns in Santa Barbara

By JONATHAN ALBURGER

and

JANE MUSSER

Two of the greatest pleasures in life are eating and drinking and, luckily, Santa Barbara is a drinking and eating kind of town. Unfortunately, this city is also extremely conservative, which means far too many spots slow down and shut up before the witching hour or, equally as annoying, they are lifesize terrariums, chocked-full o' overgrown ferns, mirrors and brass. The places to go for a roaring good time are few; however, the establishments perfect for a quiet evening of grub and ale with a friend are plentiful.

Proud to offer an international array of cuisines, Santa Barbara's restaurants are ambitious, if predictable. Face it, this little palm tree tourist trap is no Los Angeles or San Francisco, but for those with a little pocket money and a voracious appetite, a pleasing repetoire of five or six favorite spots can be developed.

Geographically and demographically, Santa Barbara is a comfortable, non-threatening little haven, an area always safe to stroll at night. Even the lower State Street winos dress well. Only a handful of places really swing and the notion of partying, in general, has taken on a negative connotation — something that is left to the Isla Vistans. Well, such a generalization is likely to have exceptions and certainly Isla Vista is no terror.

Does it all come down to what one is "into"? In Santa Barbara there is, overwhelmingly, only one game in town. Fast music, fast times, thrills and chills: No. Light, innocuous drinking and dancing after a clinical meal: Yes.

Compiled below is our brief, synoptic, yet fairly comprehensive survey of over 100 restaurants we've tried over the last (Continued on p.8, col. 4)



COCKTAILS



DRIVE-THRU



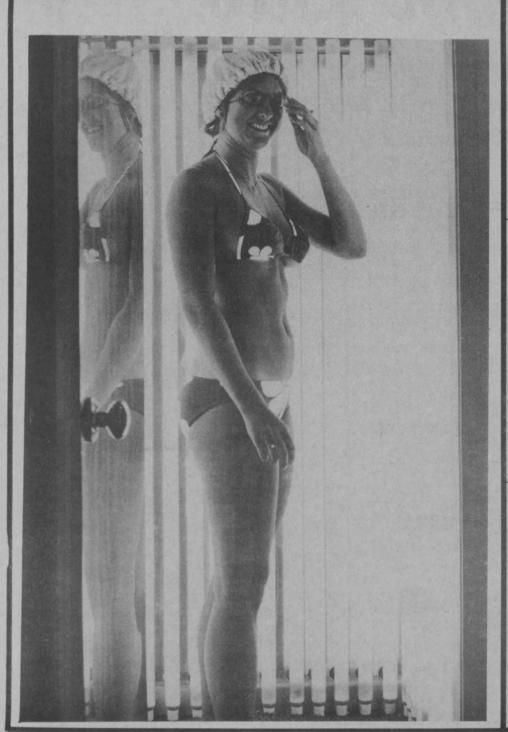


NEXUS/Greg Harris

Focus Editor Eve Dutton

Asst. Editor Greg Harris

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IN MY OPINION ...

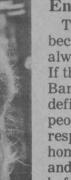
What do you think the drinking age should be?

Debbie Wagner, Sociology, Junior

Well I think it should stay 21 because I don't think high school kids should be able to drink legally. If they really want it, they'll get it anyway. But actually, maybe it should be lowered to 18 — if a person can vote and be drafted they should be allowed to buy alcohol. But... I don't know, I'm torn.



Lisa VonBieren, Engineering, Sophomore Twenty-one is the right



Twenty-one is the right age because there are people who will always help younger people get it. If they want it they'll always get it. Bars and liquor stores should definitely stay the same because people under 21 aren't always responsible drivers. For parties at home parents can help them buy it and then stop serving a few hours before everyone leaves.

Marianna VonBieren, Computer Science/German, Junior

Nineteen or 20 seems a good age. 18 is too young because they're not responsible enough to drink and drive. If they are drinking at home though, I think it's OK. I lived in Florida where the drinking age was 18 and 15 year olds got it easily. Beer and wine should be younger, but the age for bars should be older because people have to drive.



Kevin Farrenkopf, Business Economics, Senior



It should stay 21. There's no need for it to be younger. You hear so much about people getting hurt by alcohol we don't need to encourage the problem. No matter what, younger kids will get the alcohol if they want it. It doesn't matter if there are different ages for beer and hard liquor, people are getting drunk just the same.

Chris Schmidt, seven-year I.V. resident

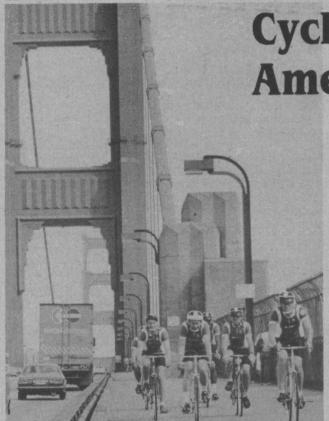
It should be lowered to 18 because most people under 21 drink now anyway. If anyone wants booze they can get just about any person around here to buy it for them. I know I do it all the time. Europe doesn't have an age restriction and they do all right. It wouldn't be a big problem here. I see more people smoking pot than drinking. It really depends on the area.



Noriko Mishima, Sociology, Junior I think it should be 20. You're too



I think it should be 20. You're too irresponsible at 16 or 17, but by 20 you've straightened up, become more responsible and gone out on your own. Young people still drink because people buy it for them, but the big difference is that they can't go bar hopping. I think I would have said the same thing when I was 19. I'm basically happy with the drinking age, though I never thought I'd ever be 21.



Crossing the Golden Gate

NEXUS/Greg Harris



Taking a minute out for a short break

THE WORLD IS YOUR CAMPUS Semester at Sea AROUND THE WORLD: sails Spring 1983 (January 26-May 6) Port Everglades, Florida Cadiz, Spain Piraeus, Greece • Alexandria, Egypt • Haifa, Israel • Bombay, India • Colombo, Sri Lanka • Manila, Philippines • Hong Kong Keelung, Taiwan • Kobe, Yokahama Japan

Cyclists Pedaling for **American Freedom**

Two small lights appear from around the bend just as their watches hit midnight, but this is only the beginning of the evening for these cyclists. By three in the morning they should be in Sioux Falls, South Dakota, greeted by hundreds of local farmers, townsmen, and politicians. Day, night, rain, shine, or desert temperatures, these men have an important mission. Almost sounds like something from the Pony Express, doesn't it? Although the year is 1982, the celebration and spirit are the same for the cyclists of the American Freedom Ride as they were for those brave young men on the Express.

Riding in pairs for three—hour shifts, 24 hours a day, the freedom riders have covered over 9,500 miles of the United States since August 2, all as part of America's com-

"It's very moving to see the letters offering their heart and soul to the federal government. A lot of people really love this country."

memoration of the Constitutional Bicentennial which will be officially celebrated in 1987. Beginning the trip in New York, Neil Vineberg and his associates rode across the northern half of the United States to San Francisco, and down across the southern states, touching all of the 50 states prior to reaching their final destination, Washington, D.C.,

The ride, however, is more than just a long distance bike ride designed to hit every state in the country. Passing through 73 principal cities and some 1,000 communities, America's Freedom Ride is a means to "demonstrate the freedom of our country and our faith in the spirit that makes it so great," said Neil Vineberg, executive director

and cyclist.

During their trip the riders will collect letters on "our constitutional heritage of freedom and the future of America" from state and local government officials for presentation to representatives of the three branches of the federal government

"It doesn't seem like a big thing to Washington, but if they could see the excitement and patriotism of some of these towns they'd realize just how important this ride is...It's very moving to see the letters offering their heart and soul to the federal government. A lot of people really love this country," Steve DeAngelo, baker and cyclist, said.

Although most of the bigger cities, such as San Francisco, did not have a giant welcoming parade or bring out the town, Vineberg and his companions said they were happy with the government participation everywhere. With only a handful of curious spectators, a Navy marching band and a stand-in mayor in San Francisco, the bikers still happily

(Please turn to p.6, col. 5)



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Tanning Salons: Unreal Look of the Future

By ANDREA WOODWARD

The notion of acquiring a healthy-looking body without ever setting foot out of doors is at once appealing and unsettling.

A tan, which is a sign of outdoorsiness, is readily available at tanning clinics like Sun Time Family Sun Tanning Center in Goleta. The fact that one can get a tan indoors is a boon to those with limited time and a desire

to be brown, but at the same time it is like something out of 1984, people artificially created, maintained and controlled.

According to Sun Time owner Jerry Freud, the clinic's method of tanning is perfectly safe and may be better than the natural method. Using ultra-violet "A" rays, the tanning pigment, melanin, is brought gradually to the surface so a

Protective Measures tan develops slowly without destroying layers of skin as the burning ultra-violet "B" rays do.

Freud said that natural sunlight is a combinaton of UV-A and UV-B rays, so clinic tanners are also exposed to UV-B rays for much shorter periods of time in order to condition their skin for sunlight.

"Otherwise, they'd have a beautiful tan, go out in the sun for a day and get sunburned," Freud said.

Freud himself sports a very bronzed glow and surprisingly few wrinkles for a man of 51, which may prove his contention that clinic tanning does not damage skin or cause premature aging as exposure to

sunlight can.

Physically, tanning centers may be better, but the emphasis on self that their existence implies is perhaps one attitudinal step toward Big Brother-type control. The other techonological elements for control are available. Now we have the ability to create life in a test tube. The life span of the race has been tremendously extended. It is possible in the forseeable future that

humans may not have to die at all. Processes for recreating the appearance of youth - face lifts, body lifts - have been developed and may be perfected. The media are capable of beaming the same message into homes from Bangkok to Peoria to form a global communications Oceania. All that is lacking is the mentality that would allow Doublethink.

It may be premature to toll the bell of doom simply because apartment dwellers who work in mammoth buildings and never visit Palm Springs or Bermuda can and do pay to have the same glow as full-time surfers in Hawaii. It may not be all that bad, but it is certainly unreal.

Judging from Freud's tan, (maintained with weekly half-hour dosages of UV-A

and five or six minutes of UV-B), the indoor tan is not exactly the same as the one from El Sol. It is a little more orange, and the skin doesn't have the same "weathered look."

But, maybe the indoor tan is better than the real one. After all, synthetic fabrics have a longer life span than natural ones, and don't have to be ironed. Natural sunlight has been proven to cause skin cancer, but Freud asserted that no laboratory testing has been able to prove that tanning with UV-A rays causes skin

"They've tried and tried with laboratory animals and they can't cause cancer with UV-A rays," Freud said.

Ugh! That sort of laboratory testing is very much something out of science fiction novels. Like the poor rats who were fed a diet of saccharine to prove that it causes cancer. For a human's body weight, he would have to drink so many diet sodas each day that he would probably explode from the bubbles before he caught cancer.

At least humans are not the guinea pigs. (Please turn to p.14, col. 3)

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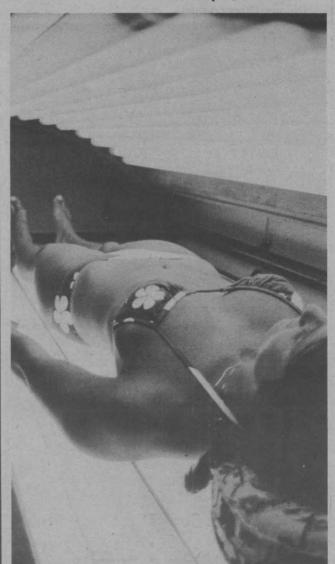
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Commemorative Ride



(Continued from pg.3)

received a letter of commendation for their long ride, and a document of support for the United States and its 200 year-old constitution from both State Assembly Leader Willie Brown and the city. It took almost 45 minutes to scrounge up a city representative to make the presentation, but never was a disappointed grumble or snicker heard from the freedom riders. It didn't matter how long it took a city to show its patriotism — they knew it was there and had plenty of time to wait. Just so long as they didn't get too far behind schedule.

As well as offering each state an opportunity to join in the bicentennial commemoration, the 14 member

team helped to encourage bicycle transportation throughout the country. As one press release stated, "America's Freedom Ride will contribute to improved bicycle transportation in America as a constitutional birthday gift to the Nation."

As well as demonstrating bicycle safeyty and care, the bicyclists are marketing a "Freedom Ride passport" which can be used by bikers anywhere to keep a record of their biking trips.

"It's really a lot of fun to go the post office or town hall in each city to get your passport stamped...everyone always wants to talk about your trip, so you make a lot of friends. It will also be nice to look at my book ten years from now and see all the places I've been," said Steve DeAngelo.

Although the bikers made it to San Francisco, using only 25 bike tires and six bikes, halfway through their trip they did have one slight casualty in Mendocino, California when a rider barely missed a lumber truck on the curving stretches of Highway 1. In his attempt to avoid the truck however, he did fall and have his arm run over. The break was not bad though, and the team was back on the road shortly thereafter. Luckily, this rider was one of the two scheduled to attend ceremonies in Hawaii the

Yet another slight problem developed during the first week of the trip when everyone began gaining (Please turn to p.15, col. 3)



(Top) Neil Vineberg receives San Francisco's commemorative plaque. (Below) Cyclists choose shortest route.

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Conquering the What-To-Do-Blues

It's here! Another school year and another nine months of cramming, partying and beaching. But for many of us, just the idea of spending one more Saturday afternoon sitting around drinking and shooting the breeze can send us straight to bed out of pure boredom; we need some excitement and adventure thrown into the routine college days.

"There's nothing else to do in Santa Barbara," you say? Well this town may not offer the wild women of San Francisco's Broadway or the crazy crowds of Los Angeles' clubs, but Santa Barbara does

Hwy. 101, the Andree Clark Bird Refuge offers nature lovers a beautiful lagoon and garden area filled with freshwater fowl to feed and watch. Although this is not the big event of the day, it is nice to take a quiet walk or bike ride along the path around the lagoon or stop for a lunch break with the

- Inboards, outboards and Boating sailboats are all available for rental at the Santa Barbara Marina. You don't even have to be a seasoned sailor; lessons are also

Botanic Garden - In this botanist's paradise are 60 acres of native trees,



offer a million other activities which will keep you entertained for at least the four years at UCSB. You definitely won't be thrilled with all of them, but with the multitude of fun frolics available, you can do anything from miniature golfing to tasting many of California's best wines. All you need is a little energy, pocket money and enough imagination in combining your favorite pastimes to have some of the best Saturday afternoons of your life. After all, isn't college supposed to be the best time of your life?

In addition to exhilarating endeavors, food is another important part of a successful day. However, the following guide does not include restaurants or quick stops for the munchies; for a thorough description of eating spots in the Santa Barbara area, refer to page one.

Art Galleries - Many students overlook the fine galleries of both contemporary and tradtional artwork on exhibit in the area. Go ahead, take that date to the latest gallery opening; she won't think you're a nerd, in fact she'll probably be impressed at all your

Art Show-on-the-Boulevard — In addition to all the art galleries, local artists show their arts and crafts in the park bordering East Beach every Sunday from 10 a.m. to sunset. Give your skin a rest and take a peek after a few hour of soaking up the sun.

shrubs, wildflowers and cacti all living in their natral setting. Visitors are welcome to roam the miles of nature walks and visit the historic dam built by Indians in 1806. Spring seems to be the best time of year to visit these spectacular gardens, as blossoms of all varieties open up afresh everyday.

Bowling - So you think bowling is only for the old men in clubs or the high school gangs? Well, you're wrong. Try it; you might be surprised at how much fun can be had simply challenging a few beer-bellied bowling freaks. If this doesn't appeal to you, then hit the bowling alley bar — it's assured to be dark so that fake I.D. is hard to read.

Camping — The Santa Barbara area is filled with little known hideaways to lay down your bag and gaze at the stars above. Forget areas like Red Rock or El Capitan everyone has come and gone, leaving most of their garbage behind. Instead, call the ranger station and ask for a private hideaway to get away from it all. A five mile hike will probably be required to get to your haven but it will be well worth it. Remember to inquire about campfires though, and if fires are prohibited don't light up, and stamp that cigarette, or whatever, out thoroughly. Smokey will be very proud of

Fishing - Fantastic deep sea and surf fishing are at hand year round. Most frequent catch of the days include bass,

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you now aren't I? That's news! Oh, very funny. Very funny. And how about that Nexus personal I was in? I cut that out and sent it to you didn't I? No, I don't know who wrote it. I don't! Stop calling me Chubsy-Ubsy!! OK Mom, you asked for it: I'm going to send you the most up to date, comprehensive, news coverage that UCSB has. That's right. You'll be bathing in data!

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HATE TO TELL YOU THIS, BUT IT LOOKS LIKE SUMMER'S GONE

To help you get though these long school days, I'll be delivering your DAILY NEXUS every morning to the locations mentioned in the ad on page 4 of this section. This will all start Next Thursday the 23rd. Oh, one more thing, if you want a Personal Ad in this issue of the NEXUS to say hi to all of your friends from last year, get to the NEXUS Office by Noon on Tuesday the 21st!

Belly Timbers

(Cont. from front page)
eight years in the general
Santa Barbara-Isla VistaGoleta-Carpinteria area.
Incredible as it may seem
for a populace of about
150,000 people, there are
over 200 places to ingest,
inbibe, and jig.

We've done our best:

Acapulco — 1114 State.

Boasting 21 kinds of margaritas, this typical tourist trap really isn't half bad, unless you don't like waitresses in skimpy outfits, lots of plants, and getting hassled about having an I.D.

Aloha Restaurant — 201 W. Carrillo & 370 Storke. As the name suggests, this

is upper class drive-in junk food. Good shakes. ** 1/2 The Bakery — 129 E. Anapamu.

The best croissants and pastries in town, superb soups, and their other stuff isn't too bad either. **** 1/2 Baskin-Robbins — 5749 Calle Real, 3611 State, 1253 Coast Village.

If you like ice cream, B-R is real typical. Enough flavors to satisfy the average white sugar junkie.

**1/2

Baudelaire's — 435 State.

A limited beer and wine selection and often very good dance concerts featuring some of Santa Barbara's latest and finest rock and new wave bands. ***

Bear's Picnic — 813 State (Picadilly).

Quick stop shakes, snacks and juices. **1/2
Big Yellow House — 108

Big Yellow House — 108 Pierpont. Big meals in a big, friendly

atmosphere, on the big oceanfront. ***1/2
Biltmore Hotel — 1260

Biltmore Hotel — 1260 Channel. Everything is stuffy and

polished, but the place is old and on the beach, with a great Sunday buffet, so it's a must at least once. ***

Bob's Big Boy — Avoid religiously.

Bonanza Sirloin Pit — 3614

State, 6030 Hollister.

Two in one city is quite enough. Sufficient and inexpensive. **

Borsodi's Coffeehouse — 938 Embarcadero del Norte.

If you liked the late 1960s, you love this coffeehouse. Slow service and a very mellow atmosphere, featuring some very good cappuccinos and espressos.

Boulevard Cafe — 1 State.

Great people-watching location and great salads. *
**1/2

Bray's 101 — 5955 Calle Real. Great pies, but the food stinks, and the bar is right out of Modesto. * 1/2

Breakwater — at the harbor.
Basic meals, including fish, in a tacky place but at a nice location. **

Budd's Eggception — 970 Linden, Carpinteria. Same as the one on State

Street, only less crowded. Good omelettes but terribly overpriced. **

Buena Tierra — 5979 Hollister.

Remember enchilida days back in your high school cafeteria? This place is almost as cheap and just as bad.

Burnardo'z — 956 Embarcadero del Norte.

Not only large scoops of great ice cream, but a very friendly I.V.ish atmosphere.

Carlitos & Co. — 1324 State.

Mediocre Mexican fare,

but a nice patio area. **1/2
Carl's Steak & Seafood
House — 3404 State.

Middle class Friday-nightout-with-the-family spot. Adequate and friendly. *** Carrow's — too many locations.

The kind of place you stop at when you first come to

Santa Barbara with Mom and Dad so as to ease the adjustment.*

Casa Blanca — 509 State.

Great south-of-the-border atmosphere and large portions make this an old Santa Barbara favorite. * * *1/2

Casa del Charro — 915 Linden.

Hit and miss Mexican cuisine. Appropriately tacky. ** 1/2
Casa Linda — 1070 Coast

Village.
Excellent coffee, sterile ambience, fair food. **1/2

GOLDEN

Casey Jones — Corner of State and La Cumbre.

Complete with a very used pool table and darts board, this tiny, easy-to-miss spot is suggestively mid-western rural, but kind of fun anyway when those "jungle of ferns" bars become too obtrusive.

Castagnola's Fish House – 3759 State.

Good for lunches. Decently priced and rarely crowded, but too sterile. **1/2

Cattlemen's Inn — 3744 State.

Recently revamped, now having a great salad bar and funky drinks. So-so entertainment. ***

Charlotte's — State St., lower district.

A sweet mark for pastries, but suffers due to mediocre entrees, rude service, and

E



general pretentiousness. ** Charthouse - 101 E. Cabrillo.

Good steaks, comfy, but the drinks leave a lot to be desired. **1/2

Char West - 3771 State. Outstanding junk food at reasonable prices. For what

it is: * * * 1/2 Chase Bar and Grill — 1012

Best jukebox, small but fun beer and wine bar, very good Italian entrees. **** Clementine's - 4631 Carpinteria.

Very good steaks and homemade desserts, but typically small town. *** Cold Springs Tavern — 5996 Stagecoach.



A great place to get away from I.V./S.B., high in the mountains. Good food and a warm atmosphere, once you get past the bikers who hang out at the bar next door. * * *

Copper Coffee Pot - 1029 State.

The Foster's of S.B., where all the older folks hang out. **

Crabby Lobster - 7127 Hollister.

Fresh seafood in a shopping center atmosphere. Nice. * * 1/2

Deano's - 1950 Cliff (and in Carp.).

Tasty pizza, beer, wine, loud, but no movies. *** Don The Beachcomber — 435 S. Milpas.

Gorgeous view, self-proclaimed "exotic" drinks, and overdone Polynesian surroundings. For tourists, or Aunt Betty. ** 1/2

Dutch Garden — 4203 State. Lovely setting and toothsome German bellytimber. ****

Elegant Farmer - 5555 Hollister

Elegant Sambo's might be a more accurate name. A highly mediocre place. * 1/2 El Encanto - Riviera, next to Brooks.

Where the waitress is really put out, except toward tip time. Really disappointing drinks, but a gorgeous, really gorgeous setting. * *

Eleven 29 — 1129 State. Very Santa Barbara: lots of ferns, very cruisy, but satisfying fodder. *** El Mexicano - 6529 Trigo.

If you have absolutely no choice but to spend an evening in I.V., this place is good for chips, salsa and pitchers of beer. * * 1/2 El Paseo — 814 State.

Nothing great; nothing awful. **

El Presidente — 2921 De La Vina.

Big, soapy margaritas and very American Mexican food. Good brunch. **1/2

Epicurean — 125 E. Carrillo. Posh decor and fantastic Continental food. Expensive but not at all overpriced. Bon appetite. ****1/2

Espana — 29 E. Cabrillo. Used to have the best margaritas in town, but has slipped horrendously. A real

Erik's Bakery — La Cumbre Plaza, Fairview Center, and

Solvang. Pit stop for coffee and sticky, gooey danish and pastries. * * * Esau's - 625 State (and in

Carp.). Generous breakfasts at a savings. * * * 1/2

Falafel Stand barcadero del Norte and Pardall corner.

Definitely an I.V. institution. Like black jelly beans, you either love falafels or you hate them. Worth a try. * * *

Farmer Boy — 3427 State. Only for cinnamon rolls! * Fifi's - State St.

Greeted with "Would you like to taste some, honey," this authentic Italian ice cream parlor is perfect after dinner on the strip. Pleasantly different. * * * 1/2 Fish Enterprise - Lower

Annoyingly crowded, but fun, fine food fare. * * * 1/2 Flapper Alley — 217 State.

Hardly the "ultra utopia" they claim, but the drinks are good and strong. Upstairs cover charge for disco. **1/2

Flying Pizza — 436 State. New York style delivered. Not bad. * * *

Four Winds — 3435 State.

Tacky nautical decor and tacky polyester-clad clientele, but good food and reasonable prices. Bring your visiting grandparents here, they'll feel real comfortable. ***1/2 Fred C. Dobbs — 1014 Coast

Village. Slow, but open 24 hours so there's no hurry for the homemade goodies. * * *

The Golden Cock - Upper State St.

Unpretentious and fernless, this is the kind of exquisitely tacky dive that local patrons keep alive and flowing. Perfect for just... drinking. * * *

Good Earth - 21 W. Canon Perdido.

Like the other G.E.'s: fabulous baked goods, solid entrees, a bit overpriced. Not quite what it used to be. ***1/2

Great Wall - 615 State.

Some of the most mouthwatering, awe-inspiring Chinese food in S.B. Quiet atmosphere, good service. *

The Habit — Isla Vista. Another I.V. institution. The combo of chili, onions burgers is not for the weak at heart, but if you're feeling brave, it's worth the after effects. ***

Haagen Dazs — 1213 State. Incredibly overpriced and

incredibly delicious ice cream. ** Harbor Restaurant - on

Stearns Wharf. Really fun. Piano with

Oma, great cheer, outdoor deck, and delicious abalone. Call in advance. ****

Harry Gorillas -Pardall.

An I.V. resturant trying hard to be anything but an I.V. resturant. Green wall paper lots of ferns, and worse than mediocre, and very overpiced food. * Harry's Plaza Cafe — 3313-B

State.

Lively atmosphere if you want to be loud. This place has a lot of heart, fairly home cooking at reasonable prices and the strongest drinks in town. * * *

Head of the Wolf - 633 State. Pleasing provisions, but after 10 p.m. turns into heavy meat market scene. Go for dinner and drinks. ** * (before 10).

Heidi's Cafe & Bakery -

5940 Calle Real. Along the same lines as Frimple's, but for some reason not as good and (Please turn to p.12, col. 1)

and grease on the ham-

2840

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One Step Beyond Grades

By GREG HARRIS

What should we all get out of college? All-encompassing knowledge in the major that we choose? A degree? Maturity? A husband or a wife?

Unlike most of our parents, I believe that there is more to college than just classes, books, exams and especially grades. I am confident of the fact that when I am finally graduated and get out into the real world, I will never find any occasion to use any of this information that I am spending so much time and energy trying to learn now. Yes, I know that you accounting majors and engineers are getting the most valuable training of your life. But I don't want to spend the rest of my life playing with numbers.

The classes that I have taken in my three years of college have taught me a great deal. I don't think, however, that the knowledge I have retained through the years is necessarily what the professors originally intended. Take the first class I ever took at UCSB, History 4A (Western Civilization), as an example. I signed up for this class primarily because my father said it would be the most important class in my entire college career

Well, it did prove to be the hardest, but what did I learn of any value? Lots of stuff, like the fact that I would have to

work a lot harder than I ever did in high school. On my first college midterm I got a big fat "C." So much for that sparkling GPA that we all take with us out of high school. Then came the phone call. "... Yes that's right Dad... 'C' ... I know, in your day that stood for crummy...sure I studied...I'm working on it." Then I was once again informed that this was going to be the most important class that I would ever take.

Well maybe, as I look back, it was one of the most important classes that I have taken. But I don't think for the same reasons as Dad had in mind. Now, as I think back, the main thing that I remember learning was that professors say words like "shit." Somehow to an incoming freshman "shit" is the funniest word we had ever heard coming out of a teacher's mouth. What a transition, from high school where you are just a kid, to college, where teachers say just like normal people. History 4A taught me another important aspect of college; how to kiss up to the T.A. and go through every college student's biggest fear...meeting with the T.A. during office hours.

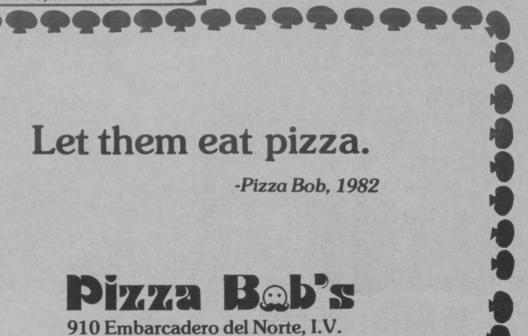
Office hours are the most important part in playing the college game and winning. When I went to office hours I tried to appear as if I understood the stupid readings, which I didn't - maybe if the Romans had used normal names, or if the print was bigger I might of been able to understand it a little better. Those short one-on-one sessions with the T.A. are the student's best opportunity to suck out as much information for the up-coming exam in the shortest possible

The single most important thing that History 4A taught me was that I was never going to be a history major! In fact my other two class in my first quarter, Biology 23 and Art 1, taught me the same thing; I was glad I took them but was sure that I wasn't going to be taking any more

I believe that some of the most important things college has to offer don't happen in the classroom. For most of us this is our first experience at living away from home, and our first step out into the real world. Though the material we study may not be of great future value, the experience we get from putting ourselves through the tortures of school builds character. It is not so much what we study but just that we do, in fact, study! It is a step towards the nine-tofive job, and college pushes you in areas that most of us haven't been pushed in before. I will be surprised if I ever again use any of the information that I have learned in many of my classes, but they taught me about the discipline of studying and how to approach new material. These experiences will hopefully help me in my future careers.

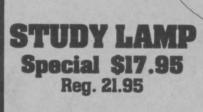
Beyond school and the work that goes along with it, there is a wide array of opportunities that our university can offer any student. For myself, I was inspired by the Nexus and journalism, but there is a lot more out there. Interested

(Please turn to p.14, col. 3)

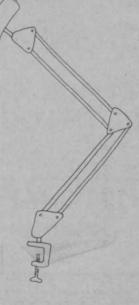




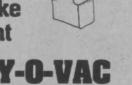
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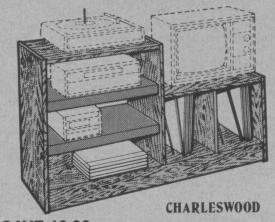
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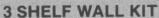
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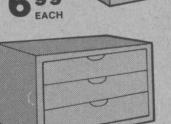
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Dining Out

(Cont. from p. 9)
certainly not as much fun.
Open all night. **1/2
Hen's Nest — 1218 Santa
Barbara St.

Little, small town milieu and good breakfasts. *** Hobey Baker's — 5918 Hollister.

Why this mediocre and overpriced restaurant (turned meat market at night) is so popular is beyond us. *1/2

Holiday Inn, La Mancha Room — 5650 Calle Real. A real polyester bar scene,

A real polyester bar scene, but fun if you like to peoplewatch and/or dance to live and wonderfully bad muzak. **1/2

Howard Johnson's — La Cumbre Center.

What can we say? 1/2
I.V. General Store — 955
Embarcadero del Norte.
Jasper's — Fairview Center.

A great college hang-out, featuring very eager servers and good food and drinks. But in the Fairview Shopping Center? * * *

J. K. Frimple's — 1701 State
The absolute best big
desserts in S.B. Open all
night.****

J. Michael's — State St.

One of the best happy hours in town: \$1 a drink. Yep. Worth a visit or two or...***1/2

Joe's Cafe — 512 State.

Enormous, knock-you-onyour-ass drinks. Often crowded.****

John Dory's — At breakwater/harbor.

Well-executed meals in romantic harbor surroundings. *** 1/2

Jolly Tiger — 900 Chapala Sambo's in disguise. * Kayser's — La Cumbre Center.

The best hi-pro shakes, frappes, and flips. Complete health food market. ****
Kelly's Corner — La Cumbre and State.

Salad bar, drinks, potato skins, and atmosphere top notch. ****

Maggie McFly's — 536 State. Another of the McFly's: good eating, so-so bar, lots of

scoping. ** 1/2

Mandarin Cuisine — 3514

State

Pleasing authentic Chinese consumables. * * * 1/2

Maya — 3955 State.

Run-of-the-mill Mexican sustenance. **

Mayitas — 6547 Trigo.

A good place to drink too much beer on sunny Friday afternoons. Nachos are a better bet than any of the mediocre main courses. * * 1/2

McConnell's Ice Cream - 2001 State.

Expensive but such good ice cream. And if you think the basic cones are good, try a banana split. ***1/2

Michael Anthony's Pizzeria

— 1020 State.

Savory Italian specialties,

beer. Nice people eager to please. ****

Miramar Hotel — 1555 S.

Jameson
The food's not too bad, but
why would you go there? **
Moby Dick — 20 Stearns
Wharf

Like the Harbor, only on a smaller scale. ***.

Mom's Italian Village — 421 Cota.

S.B. landmark. Still fine and fun. *** 1/2

Mongolian Barbeque — 1325 State.

A mish-mash of spicy Mongolian food is cooked before your eyes. Interesting style and very tasty. ***1/2 New York Bagel Factory— All over.

Go beyond the usual plain bagel with cream cheese, and you'll enjoy some of the best and least expensives taste treats found in I.V. or S.B. Whole wheat onion smothered in cream cheese with olives is a personal favorite.***

New York Hero House — 900 Embarcadero del Norte.

The atmosphere, right down to the greasy walls and obnoxious but very friendly counter help, is I.V.-style New York. The sandwiches are the perfect grab it and run meal. Very decent fast food. ***

Omelette Parlor — Summerland.

Old fashioned appeal and terrific omelettes for the discriminating. Now to hitch a ride there. ****

Omelettes Etc. — 119 State,

910 Embarcadero del Norte. Scrumptuous breakfasts — large, generous portions. They keep the coffee

The Palms — 701 Linden, Carp.

Cook your own steak. Fun, full bar, and entertainment.

Papa John's — 1046 Coast

Village.
Interesting variations on Italian themes, but not always successful. ** 1/2
Paula's — 2700 De La Vina.

Very bourgeios. **
Paul's Jade Terrace — 30
Los Patos.

Above par far Eastern cuisine. ***1/2
Pavlako's — 217 N. Milpas.

Growing in popularity, featuring old country Greek recipes. ***

Peabody's Bar & Grill — Coast Village Rd., Montecito.

Small and cozy, fun and delicious. ***1/2.

Penelope's — 50 Los Patos.
Pretentious, overpriced,
but a great cocktail
greenhouse. * * *

Pepe Delgados — 1201 State. Inferior Mexican cuisine. * Pepper's — 27 W. Canon Perdido

The ultimate meat market. Bad drinks, generally fun and danceable music, flashing lights and a crowded dance floor. A little too typical for our taste. **
Perry's Pizza — 6560 Pardall.

You can't live in I.V. for too long without spending a couple slow Saturdays at Perry's. The pizza is fairly good, and by the time you get it you'll probably have had too much beer to care anyway.***

Peter's Flying Machine — At the airport.

Where you have those last five drinks before saying goodbye to your loved one. *

Petrini's — 5711 Calle Real, 14 W. Calle Laurelles.

Delectable Lasagne with a sunny family tone. ***

Philadelphia House — 4422

Hollister.

Pino's Italian Pizzeria — 5863 Hollister. One of the very best. Warm, friendly, curtious, delicious ...****
Pizza Bob's — Isla Vista.

The atmosphere isn't usually quite as drunken as it is at Perry's. The pizza is average and they have a wide-screen t.v. always tuned to THE game. ** 1/2 Pizza Luau — 3132 State.

Weird transmogrification of the pizza. **
Playa Azul — 902 Santa Barbara.

A slow and easy place to eat, with inexpensive and way above average Mexican food. ***1/2

Plow & Angel — San Ysidro Ranch, Montecito.

One of the best brunches in the world. Country atmosphere and full bar. All around excellence. *****

Presidio Cafe — 812

Anacapa.
Superb quiche, delightful atmosphere — the kind of great place where the owner is there everyday helping. Beer and, of course, chocolate mousse. *****

Real Texas Chili Factory – 4223 State.

A fun place to get really happy during Happy Hour, but avoid the dinner crunch—the food and the prices make the wait thoroughly unworthwhile. **

Rocky Galenti's — 35 State.

Desparately trying to be so L.A., they fail. Drinks are expensive and the help absolutely obnoxious. The food, however, is their only saving grace. Who wants to wait an hour in a long line to get into a meat market? Only for the fettucine and lasagne (****). Bar: 1/2 Rudy's —6527 Madrid.

Just one more mediocre Mexican food place in I.V. However, beer, beer and more beer make any burrito decent. **1/2 Rusty's — Multi-locational.

Typically appetizing.
That's all. ***
Sambo's/Pleaser's — Too

many.

A Sambo's by any other name is still cheap, fast, and

really awful. 1/8/2 Say Cheese — 1112 State. Carefully prepared sandwhiches — lots of cheese! **

Schooner Inn Donuts — 3623 State, lower State.

Where the "night people" hang out after the liquor stores close. Eminently better than Winchell's. ***
Second Story — 1221 State.

Could be better. ** 1/2 Serranito's — 6565 Trigo.

The flautas are big and good — definitely worth a try. Otherwise, very average. **1/2

Sonny's Pizza — 324 W. Cabrillo.

Once you get past the Val Gals, the pizza is quite tasty. Next to the beach. **** Straw Hat Pizza — 5687 Calle

Real.
A lot like Shakey's, or

Taffy's. **
Suishin Sukiyaki — 511 State.
Superbly traditional
Japanese food and atmosphere. ****

Swensen's — All over.

Another place to get ooeygooey, sticky ice cream. Who needs it? Well, if a hot fudge sundae made with peanut butter and chocolate ice cream sounds as good to you as it does to us, you do. *

Taffy's Pizza — All over.

Basic cardboard and red sauce product. **

Timbers Lodge — 10 Winchester Canyon.

Why go out of your way for

very typical and typically overpriced food? * 1/2. Wimbledon Tavern — 2611 De la Vina.

Great selection of beers, hospitable atmosphere. ***.

The Wine Cask — 813

Anacapa.

Light, imaginative dishes served in a cozy, unpretentious setting. * * * 1/-2—*

What-To-Do

(Cont. from p. 7)

halibut, barracuda and rock cod. Sportfishing boats leave the breakwater daily. For freshwater fishing take a short drive up to Cachuma Lake for a relaxing day full of bass

and lots of hot, hot sun.

Golfing — This sport is available to both the big time "real" golfers and those of us who enjoy puttering through the mini golf courses full of twirling windmills and screaming 10 year olds. If you're one of us who enjoy dodging spots of sun-melted gum be sure you also bring enough money to play arcade games and eat a little wonderful refined sugar from the snack bar. Also at hand at the local golfing hot spot are batting cages and a skateboard park. If, however, you prefer the long fairways and a few beers after the game, stick to the larger courses with real grass. Be sure to check green fees first though, as prices range from \$4-10.

Historical Society Museum — Here treasures from Santa Barbara's colorful past can be examined by all for free. Displays include historic momentos from four eras: Indian, Spanish, Mexican and American. Even the most educated history buffs will be intrigued by these exhibits. If you hate history though, forget it. There are very few places to sit and rest.

Horseback Riding - Horse lovers need not cry that they left home and their beloved horse for everyone else to ride. Santa Barbara offers riding facilities for all level riders. If riding smoothly behind 18 other beginners after eating a home style country breakfast is what you'd like, then call Rancho Oso Stables for reservations. But if you'd much rather take off on open trails with a horse chosen for your ability, then one of the many other local stables will be more to your liking. One word of caution however - don't go to any of these stables if you will worry about the horses' health. They are not in good condition and could probably use a five year vacation. But, they're not going to get it so either enjoy yourself and be extra sweet to your temporary friend (a few carrots and an apple are always appreciated) or forget your riding plans and watch the horseraces on TV. Ice Skating — Even if the temperature is 85 degrees outside and all your friends are going to the beach, change your pace and head off to the invigorating and cool ice rink. It's great exercise and a good way to get away from the typical sun and surf crowds. If you really want to impress your friends, take a few lessons (fairly cheap) and then plan a night out at the rink. They'll think you're so talented they may even pick up the tab for a hot chocolate by the blazing fire. If lacing up those skates and fighting those collapsing ankles still does not appeal to you, perhaps a few games of broom ball will. All you need is a broom and a pair of tennis shoes to go sliding across the rink to victory. It can get you pretty wet but the game is a lot of fun - try it!

Lawn Bowling — Unlike the hot and noisy atmosphere of the local bowling alley, lawn bowling provides sportsmen the fun of competition with the fresh sea breeze. The game is not quite the same and the usual competition tends to be much older, but nevertheless it's lots of fun and worth at least a try, especially if you never score over 60 no matter how hard you throw that bowling ball.

Moreton Bay Fig Tree — Although this is not an activity per se, it is worth a short trip to visit the largest tree of its kind in the nation. Planted in 1877 at what is now Chapala and Montecito Streets, the tree is believed to span such a distance as to cover 10,000 people in its shade at noon. Don't just drive by the tree either; to really appreciate its



enormity, walk around it and maybe even try to climb it.

Mission Santa Barbara — This is one of those activities that everyone has to do at least once during his college career here. As famous and typical as a trip to the mission may seem, an amazing number of students never go, passing it off as just another boring old church. Well, it may be an old church but it's not boring. Called "Queen of the Missions" for its graceful beauty, this historic monument is one of the most beautiful missions in California. Visitors are welcome every day, but try to avoid service times as it is still in use as a parish church.

Museum of Natural History — Anyone even slightly interested in any type of natural history will enjoy a trip to this museum. In addition to the regularly exhibited displays, check museum schedueles for special shows. They're even better than the regular museum. As well as exhibits of mammals, reptiles, plantlife and the rest, the museum has an excellent planetarium. Don't get stoned during the show though, or you'll find yourself out on the street very fast. They seem to have a keen sense of smell when the lights go down.

Photography Hall of Fame — Photo fans can admire over 300 outstanding works by famous photographers from around the world at this hall of fame. Though it may not be on par with the nation's Baseball Hall of Fame, this exhibit is an inspiring way to spend the afternoon. Be sure to bring your camera with you because you'll undoubtedly want to rush off and shoot a few frames before you forget all those great ideas you came up with inside the exhibit.

Polo — Tired of basketball and waterpolo? Then the trophy polo matches every Sunday are for you. This is where you'll find only the most elite in Santa Barbara, so be sure you wear that alligator or polo player on your shirt. If you look like some trouble maker wandering in off the streets you'll be nosed right out of the stands. Games begin at 2:30 p.m. at the Polo Grounds just off Hwy.101 near Carpinteria, so leave a little early and stop on the way for a scenic lunch on the beach. If you can't afford the \$1.50 admission fee or you just can't face the local snobs, then stop by for polo practice any Saturday afternoon after 2:30 p.m.

Rollerskating — As rollerskating hit all over the country, skate rentals in Santa Barbara boomed and it's still going strong. Skating buffs can choose from any number of beachfront rental shops to get any style wheels the want. After that it's time to hit the waterfront paths especially designed for those rolling wheels. But take along a few band aids and a few beers; the sand on the paths is slippery and if these don't mess you up, then pedistrians, who by the way aren't supposed to be there, will.

Shoreline Cruises West Beach Marina — For a small \$10 fee you can tour the harbor for 90 minutes with all of Santa Barbara's other tourists. This is one activity I bet you never knew you could do.

Shuffleboard — Daily games of shuffleboard are available for you and your competitive spirit in Spencer Adams Park. Be sure to bring your own competitor though, as the crowds can be very low at times. As well as a few games of shuffleboard you may even get in a few games of checkers with the local gamesters.

Whale Watching — A Santa Barbara tradition, this venture takes you through the channel on an 88-foot boat in search of migrating whales. A quick eye and fast neck will capture a glance of their water spout.

Wine Tasting — This is your big chance to sip your way into the classy crowd. Local vintners host short tours through some of California's top wineries. After, socialize with Santa Barbara's upper crust as well as fellow tourists, while drinking premium wines from the local grapes and fruits. If you are really rich and intrigued by one of the wines you have tasted, gift shops are open for purchases.

Now that you've been given a few more alternatives to choose from for those slow Saturday afternoons, quit complaining and try a few. You'll have a great time and really be able to amaze your friends when they ask you what you did over the weekend. Suddenly they'll invite you and your good ideas everywhere and you'll find little time anymore to just sit around and shoot the breeze.

VISIONS

Nico

When I was 13 there was this skinny guy in my shop class. His name was Nico, Nico Pelegrino. He had long hair and a long nose and he wore these T-shirts that came down to his knees. He was a whole head taller than I was but that still didn't make him tall.

I first noticed Nico Pelegrino in gym because he was the only one behind me when we ran around the field. I didn't like him, not because he was weird — which he was — but because he seemed to go out of his way just to bug me. Nico never missed a chance to call me names or laugh at me for something. Sometimes he would hit me and then laugh at me when I didn't try to hit him back.

None of this made Nico Pelegrino unique. Lots of kids will choose the littlest guy to pick on. Tim Casey was the biggest kid in school and he chose me too. Casey was a preacher's son and pretty mean in general to everybody. One day while Casey was punching me I bashed him with a dictionary. After that we got along pretty well.

Anyway, one day in wood shop Nico Pelegrino came up to me while I was working on a pen set and said he wanted to be friends. I said no and he went away. Two weeks later, we all moved to horticulture. Nico took the seat next to me. He asked me to be friends with him again and this time he said please and even apologized for some of the times he'd been mean to me.

I still said no.

That afternoon Nico Pelegrino and his friend Danny Smalls stopped me beside the bus. Danny Smalls was a senior. He asked me to be Nico's friend. He said that Nico was a nice guy and that I should be his friend.

I said I didn't like him and didn't want to be his friend. Danny Smalls hit me in the face so hard my nose started to bleed so I said no again and got on the bus.

When we moved to metal shop Nico Pelegrino wasn't there. I never saw him at lunch or at the bus stop either. The last day of school came around and I took my unfinished tin planter and sat down on the bus to read my yearbook. There was a page in it about Nico Pelegrino.

It had a picture of Nico wearing a tie and a picture of him skiing and there was a poem he wrote about forests or something. It wasn't a very good poem. It said in the yearbook that Nico Pelegrino had gotten something called thyroid cancer and they had tried to cure it but that Nico had died a month ago.

I remember the way Nico used to look when he would finally come across the finish line. He had a way of running that made him look like a skinny duck. Seeing that page in the yearbook didn't make me like Nico any better but I guess Danny's alright.

Steve Barth

SPECIAL SERVICES PROGRAM (SSP)

If sometime during your first quarter at UCSB, you find yourself in need of:

ACADEMIC and/or PERSONAL COUNSELING;

TUTORING,

E

S

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SERVICE FOR PHYSICALLY DISABLED,

get in touch with SSP. You may qualify for these free services if you meet the following eligibility requirements:

FIRST GENERATION

COLLEGE STUDENT, FINANCIAL NEED IS DETERMINED, TEMPORARY OR

PERMANENTLY DISABLED.

If you anticipate even slight difficulty in a class you are advised to join SSP early in the quarter or as soon as the difficulty becomes evident. Early identification of class problems is essential in the ten week quarter system.

To determine if you may qualify as an SSP student, come into our office.

SSP is located in South Hall 1417 or call 961-2668.



Together

We walk on the beach
Together
There is a double trail of footprints
We leave behind
A wave comes in
And washes the sand
Together

We sit on a mountain Together Starlight reflected In our eyes A shooting star flashes And dies And takes us with it Together A storm brings us close Together The rain lashes Our faces And the wind Blows our words Together

We separate and wander, no longer Together We rarely speak To each other But in time The past will always see us Together

—Christine Cockey

Smiles

Be happy little one,
The world is at your
feet.
The flowers rise up to
greet you,
The stars bend down to
meet you.
for you

Be happy little one,
I will always be your friend.
Your dreams — they will come true,
Because I believe in you.
I'm here

Be happy little one,
The joys of living are yours.
The sadness could never be,
As long as you stay with me.
don't leave

Be happy little one,
The world will take
care of you.
Fly if you must —
from me,
Run if you must —
be free.
farewell

-Christine Cockey



Don't Cut Long Hair. PERM IT.

Does your long hair have the "limps?" Do you spend hours with rollers and curling irons to give it a little life, a little body, a little pizazz? Are you thinking of cutting it, just to end the long-hair blahs?

Well, don't cut it. Perm it at our salon. Give it the long-lasting

choose lots of curl, just waves, or only fullness and body.

And you'll love the perm... new Wave Lengths Conditioning Perm for long hair. It's new from Zotos, the world's leading maker of fine salon perms.

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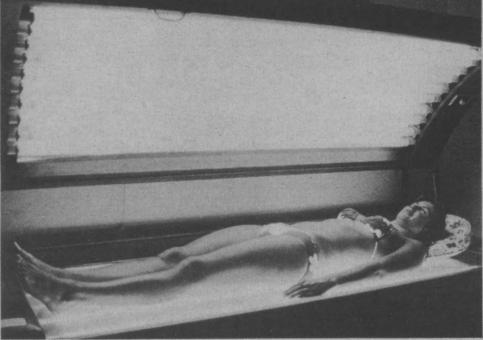
"Food for People, Not for Profit"

Troubleless Tans

Or, are we? It hasn't been proven that UV-A rays cause cancer, according to Freud, but who knows what mutations may come out of generations who stand in booths or lie in "the coffin" staring at soft lights emitting an ultra-violet ray?

The light is warm and has pleasant, phosphorescent glow. It is not uncomfortable to lie or stand in the booths, and Freud said that some tanners bring magazines to relax or dance in the booths to get some exercise while they tan.

And yet, lying there knowing that the one reason for being there is to improve one's physical appearance is disconcerting. It is somehow frightening that our culture places so much emphasis on looking good. The human Salon tanning keeps down the heat. body was not created to look forever "tanned and 20." Don't get me wrong. I'm not an organic type. I shave, use deodorant and even makeup a booth seems to disturb the order of the world. It should



NEXUS/Greg Harris

look like a tanned god. If one tennis or golf on the weekend radio ad goes, and you don't lives indoors, one should look like a ghost.

But Freud said that tanoccasionally, but tanning in ning clinics "do even better in a place like this where about burning while you people do all kinds of outside follow that if one spends time activities." They want to "the best thing to help me outdoors, then one should have a tan before they play lose weight," as Sun Time's

so they don't have to worry about getting burned while they play, Freud said.

So, if you are worried play, or think a tan will be

believe that ultra-violet rays cause cancer, then indoor tanning may be for you. If you worry that technology plus a narcissistic culture are a dangerous combination, then you may stay

students can explore any number of different possiblities including student government, KCSB, one of the many different clubs on campus or maybe just an intramural team. Anything that adds to our lives and detracts from classes will help us to do more enjoying & growing and less worrying.

One final note: Dads like mine may not always understand why we are not getting straight "A's", like they did, but I know that in

the "long run" (a term I picked up from economics classes), I will be happier and possibly more prepared for life by directing my energies to all aspects of life rather than just to the work. Come to think of it, Dad spends alot of time at the office - maybe I should take



Travelers' Tips

learned this summer, traveling across country be it by foot, bicycle, or automobile — is a complex and serious undertaking which requires substantial planning in order to have even the slightest of good times. Although their trip did not result as happily as planned, these two travelers did learn quite a bit during their adventures and felt it would be helpful to pass on a few tips which they learned the hard way.

By BRIAN FULLER MICHAEL LIPMAN

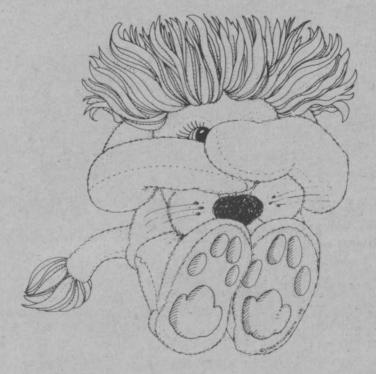
uncertainty, it's advisable to use an "economy" car large knives? rather than a larger, gas-

As two UCLA students guzzling "luxury" auto when taking a road trip. In other words, a VW Bug far outruns a 1920 Pierce Arrow. It may not be as comfortable a ride, but the money you save could be pumped into something far more enjoyable (i.e. food, drugs, good motel) thereby equaling out things.

Choose your traveling companions wisely. You'll be stuck with this person in cramped quarters for long periods of time, and personal habits can sometimes make or break a trip. Does he or she have lots of money? Does he or she shower less In these times of economic than once a week? Does he or she have an affinity for

(Please turn to p.15, col.1)

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Travel Tips

Choose your route carefully. If you get carsick after three miles on a mountain road, choose the straight route and forget those scenic mountaintop

On the road, watch for cops. If they nab you for speeding and discover you're from out of state, you'll be eating nuts and berries for the next month. Fortunately, contrary to what one might have thought, including us, there are no police of any kind in Illinois, Ohio, South Dakota, Wyoming, Pennsylvania and New York. This is very strange, but fortunately also

Observe driving etiquette them in the slightest way, cludes Texas.

convoy of Hell's Angels.

drunken driving laws bingo," "state capitals," beforehand, and behave and "scare the hitchhiker." accordingly. In California, jail. It Utah, emasculation. And in Illinois, the chair.

Statutory rape laws, as well as their penalties, also to try a few words yourself. vary from state to state. Again, acquaint yourself beforehand and be cautious. No need to fear Utah, though. There are no women in Utah.

Women: avoid all states wherever you are. Natives with a sizeable population of tend to get nasty if you irk men. This, of course, ex-

Passing the time is important to your trip. The success of this aspect like running them off the depends a lot on your road. And when passing companion. Road games are through biker territory, be a fun, though quickly ultra-careful. It is never cute tiresome, means of passing or funny to spit or yell such the time through Kansas things as "Hey, fags!" at a wheatfields. The miles will zip by as you're playing such Learn each state's things as "license plate

Reading is another big flunking a sobriety test gets help, although it tends to you an immediate 48 hours in alienate the driver. But if, for instance, your fraternity brother bring along his thirdgrade speller, don't hesitate

> Perhaps the most effective way of passing the miles, though, is conversation. Again, choose your companions well. It is as difficult to tackle moral and philosophical issues with a psych major as it is to discuss world affairs with an

Bicentennial

weight from the cook's good cooking. "We were all athletes in good shape and had been working out for months, but suddenly we started gaining weight when we were biking

didn't make any sense to us," said Malcolm Howard, student and cyclist. "Then we realized that we weren't used to all this good food three times a day. Now we get our own breakfast,

everyday. It

and have gotten in top-notch condition."

Living in one mobile home with eleven other people, while two fellow teammembers pedal rapidly outside may not sound like the best of fun to many, but to the

members of the American Freedom Ride it was a great summer full of love, patriotism, scenic sights and a lot of fun.

"We're already thinking of ways to take another trip even though we are still asking

> for donations to pay off the remaining \$10,000 in bills. A trip like this is a great opportunity to and see appreciate our country," Vineberg sa-

ASSIFIEDA

Special Notices

Credit Student Health Classes: Covers Health topics, communication and self-awareness skills up to 2 units credit. Call 961-4081 for more information.

SOCIOLOGY 152-Sociology of Human Sexuality with John and Janice Baldwin. 9/29- 12/1, Room 1930, Buchanan Hall. \$115 general, \$185 for couples, \$65 matriculated students. Call UCSB Extension at 961-4200 information and to preregister



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Oh Valley Girl: Come back to me, I'm so lonely, I'll buy you a eather Teddy! I'm sure!

> YOSEMITE! The Awahnee!

Business Personals

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Answer to quiz on p. 7 Sports Section: Bottled 5-6c/glass; Neolife 1/3 - 1 2/3c per glass. Action 5% plus or minus. TASTE IT!

Movies

Sat. Sept. 25 5:30, 8, 10:30 Campbell Hall General \$2.50 Students \$2.00 presented by gay people's union

-HOHOHOHOHOHOHOHO Woody Allen's

EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT SEX BUT WERE AFRAID TO ASK

Fri. Sept 24 Campbell Hall 6. 8. 10. 12-52.00 spons. by women's soccer

Help Wanted

Security Personnel needed to work evenings and weekends at the State Arcade, 1219 State Street. Must work well with people and be able to supervise crowds. Apply in person only WORK IN FRANCE, JAPAN, CHINA! Send long, stamped, self-addressed envelope for details. ESL-14A, P.O. Box 336, Centralia, Wa. 98531

Earn Extra \$\$\$ by Selling La Cumbre Yearbooks. Contact Lynda Home: 967-6992 Office: 961-2386 or Storke Plaza Rm. 1053.

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'75 Honda, 5 speed hatchback X'Int Condition, new clutch Great Stereo, Clean \$3,100 (obo) Call Jon at 961-3828. Moped for Sale! Motobecane Traveler exc condition 100 plus mpg! Linda 968-6112.

Marior 6647 El Colegio Rd. 6 ft electric bed w/ hand control. furniture, clothing, luggage, books & more. Good quality, Fair prices. Fri. 9-17 Sat. 9-18 from 10:00 a.m. to 3:00 pm. For more info. Call 968-7979.

SALE Cotton clothes-Blouses skirts-sundresses from \$7.95. KHAN'S IMPORTS Picadilly Sq. Upstairs 813 State Street

Typewriter Royal Portable \$75 Dollars. Sony AM/FM stereo receiver, \$125 dollars. Call Elizabeth 682-5312. Must Sell.

Value Your Life.. Stay off bike paths! 1981 Yamaha Moped deluxe, lock & new helmet xtra 965-2437 eves.

Rides

Need a ride to Church? A nondenominational group of Christians striving to restore New Testament Christianity to the modern age meets at the Turnpike Church of Christ, 677 Turnpike on Sundays at 9:30 am and 6 pm. For a ride, Call 968-4479, 685-6616, or 968-1965

Rmmt. Wanted

2 roommates needed to share a room-Fall qu. Only \$300 per month. Call 685-1390. Sept.

BONUS

Dorm room wanted by Freshman. Any girl who wants to sell contract will receive a \$50 bonus in addition to original investment. Call Hillary at (213) 789-6543.

We Need 1 bedroom for 2 people in I.V. or Goleta. Tim or John. 685-2223.

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CUTE '78 RABBIT. One owner new Stereo, cassette, sunroof, imported Germany. Impecc. 964-3833

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America's Freedom Ride began in New York city on Aug 2, passed through the northern states and looped down through each of the southern states assuring stops in each of the 50 states, including Alaska and Hawaii. Commemorations ended in Washington

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WATERBRED BARGAIN: QUEEN-SIZE waterbed frame, pedestal, & liner (no mattress) \$50. Good Condition; Will deliver to I.V. Donna- 682-

Wanted

Freshman Girl needs room Either single room or will share. CALL (714) 298-1771 anytime.

Miscellaneous

Special Notices

STUDENT? Come and enjoy some "enlightening refreshments" with faculty, staff and fellow transfer students. Tues., Sept 21 at 5 pm, on the ancellor's Lawn, Univ

REBYSONT VOLUNTEERS!! If you haven't yet heard from us, please call the Orientation Office for the time and place of the volunteer meeting during Reg Week. Thanks!

For Sale

MANUAL OLYMPIA TYPEWRITER w/case. Excelent condition. \$200 or best offer. 967-2503.

Travel Trailer 8x14' Open Rd. 1966 good condition. Stove, sink, icebox, more. Must sell \$650 cash. See at 6514 El Greco I.V., in back. Tom at 968-2843 eves, 961-3742 days.



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Be comfortable and look good too. Comfortable fit and only a maximum shrinkage of 3%. Available in a big choice of colors, #15 Fabric. Coupon expires Sept. 26, 1982

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that keeps getting better and better with age. Made tough with heavy-weight denim to last and last. #0217

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LEVI'S STA-PREST HOPSACK FLARES

Levi's Nuvo Flares are at home anywhere. Made of Sta-Prest hopsack so they stay crisp and neat . . .

FLARES

never need ironing. Coupon expires Sept. 26, 1982

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