

UCSB's Internship Opportunities

Internships are a proven method of acquiring a head start in your search for a fulfilling career position upon graduation. A recent survey of UCSB graduates indicated that students having a career related experience prior to graduation were twice as likely to obtain positions relating to their majors and requiring a college degree.

PROGRAMS and DEPARTMENTS OFFERING INTERNSHIPS:

The internship opportunities offered through programs at UCSB vary from year to year, so it is wise to plan early — one quarter in advance is minimal. To gain the most from any internship, the following are suggested:

- 1) Know what you want in terms of your overall academic and career goals.
- 2) Utilize the following academic and career planning services offered on campus.
- 3) Select your internship carefully, and consider the ratio of your time commitment to the benefits and/or units you expect to receive.

When planning for an internship, it is wise to know that there are several types available to you:

Academic Internship — A faculty supervised course offering unit credit usually on a P/NP basis for academic work which results from and is directly related to a field experience in your major or career area. Academic internship courses are normally open to juniors and seniors only. For specific information on academic internship opportunities at UCSB, see list provided within this publication.

Internship — A supervised learning experience that offers general career exposure and preprofessional training. An internship requires a time commitment of about 100 hours per

quarter (10 or more hours per week), and can be paid or not, depending upon the organization which offers the position.

Independent Study — Faculty directed research which you conduct independently for credit. The research topic depends on your academic interests which could be generated from a professional level experience, such as an internship.

Practicum — A supervised work activity required to fulfill a course of study in certain professional areas such as teaching, counseling, and so forth. Work sites for the practicum are usually pre-selected and must be approved in advance by the department of your major. A practicum at the undergraduate level is normally completed in the senior year.

Workstudy — A form of financial aid which is earned by working with a public agency (university, schools, government office, etc...) or non-profit organization. A workstudy position may be designated as an internship, and if the job duties are so designed will be regarded as a paid "internship" if enrollment in an academic internship course is being considered.

Volunteerism — A job or activity that provides service to an individual, group or agency without compensation to the volunteer. These positions can offer excellent pre-professional exposure and training, but do not demand the same time commitment required from an internship.

APPLIED LEARNING INTERNSHIP PROGRAM

The Applied Learning Program provides students with internships which offer career-related experience in the interns' chosen fields. Located in the new Counseling and Career Services building, the Applied Learning Program places approximately 150 student interns each quarter in a variety of internships including, but not limited to, counseling, all aspects of government, education, personnel administration, management, broadcasting, advertising, marketing, sales, computer programming, graphic arts, engineering and writing. A.L.P. staff also work with potential interns seeking strategies of developing their own internships. Interns represent every major on campus — from studio art and history to psychology and economics.

Research findings on the importance an internship can have in landing that first big job after graduation, are fairly consistent. The 1982 *Career Survey*, which polled June 1982 graduates, indicates that those students who had experienced internships were more likely to: find positions they believed had true career potential; make higher starting salaries; feel their positions related in some way to their majors; and find positions sooner than students who had not done internships.

Jane C. Kendall, executive director of the National Society for Internships and Experiential Education puts it this way, "An internship allows you to test out an interest, to deepen your skills, or to demonstrate what skills you already have, to get a foot in the door. And it allows an employer to take a look at you."

Regarding the career decision-making process and the value of an internship, Marvin Schiller, senior vice-president in New York with A.T. Kearney, Inc., a management consulting firm, states, "There is little question that college-level people today have more difficulty deciding where they want to go and what they want to do than ever before. An internship is a good first step in moving toward a decision. Maybe the internship will not help them find what they like, so much as it will help them recognize things they would not

like. That's valuable, too; part of the decision-making process is eliminating undesirable choices."

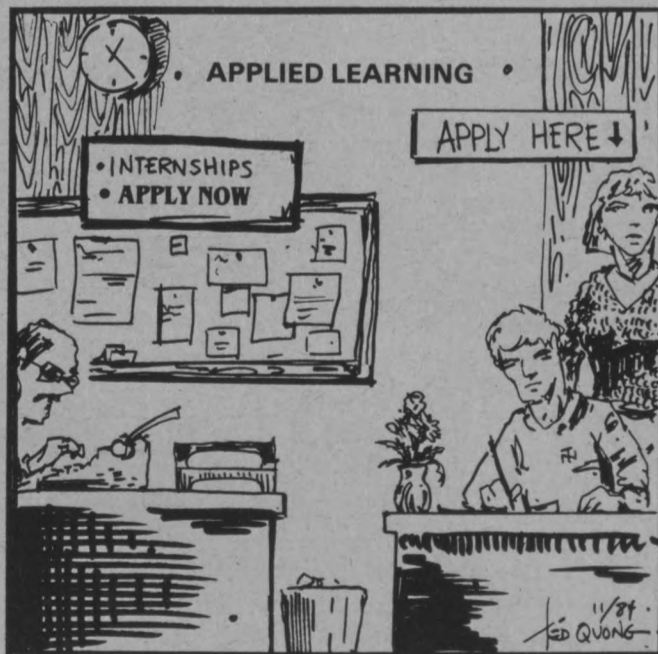
Students who have done internships echo these impressions. A UCSB Business Economics student who experienced an internship at a local stock brokerage said of his internship: "The thought of working in a stock brokerage firm can be a frightening experience, the mystique behind it all. I found the employees were just regular people and there was nothing mystical about it. I didn't see any reason why I couldn't fit in if I chose this field. Just the exposure to the office and the people was enough to make me see that this business wasn't for me. Not that I couldn't have been competent, but

rather I wanted to avoid the pressure and anxiety that comes with the business."

Geography student Vince Anthony, who participated in an internship at Santa Barbara Savings and was hired permanently upon graduation, said, "My internship caused me for the first time in my life to really set some career goals for myself."

UCSB interns have consistently reported that their internships were beneficial in more subtle ways, as well. Jennifer Hall, for example, who is a Communication Studies student, wrote, "Generally through the course of the internship — I learned that I needed to be more assertive. If I wanted to do something, I needed to ask. Fall quarter I waited for work to fall into my lap; winter and spring quarters I was more assertive and satisfied."

If you can relate to one or all of these situations or are motivated towards finding meaningful work in your life, obtain an internship or two before you graduate. The Applied Learning Program is one method of



doing so. In order to apply and to receive further information, attend an introductory workshop at Counseling and Career Services. There you will complete and submit an application. (It is suggested that you apply at least two quarters in advance.) See **Applied Learning Program; Counseling and Career Services. Bldg. 599.**



STEPS TO ARRANGING YOUR ACADEMIC INTERNSHIP

1. Get information on all requirements from the contact person identified. If the department of your major does not offer an internship course, check out other departments that offer internships related to your major or career area, since non-majors are often accepted if all their requirements are met.
2. Select and obtain an appropriate field work position. If the department offering the internship does not list the accepted job sites, utilize the Applied Learning Program, Capitol Hill, or other campus resources that can help you find the appropriate job, and will provide many other forms of services to make your internship experience beneficial.
3. Prepare your internship plan, outlining how both field and academic requirements will be met, and present it to an internship coordinator or faculty sponsor for approval.
4. Enroll in the appropriate internship course.

ANTHROPOLOGY

181. *Methods and Techniques of Field Archaeology* (4) (E1)

Prerequisites: Anthropology 3 and 100.

Introduction to archaeological research designs and field techniques of data collection; including lectures and demonstrations, excavation, and laboratory work on Saturdays.

183. *Field Training in Archaeology* (6) Staff (E1)

Prerequisites: Anthropology 2, 3 and 100, plus upper-division standing and consent of instructor.

Introduction to the planning and implementation of full-scale archaeological projects, with a strong emphasis on the formulation of hypotheses and the collection of data relevant to testing them. Instruction in various forms of data collection, including site reconnaissance, mapping, excavation of structural features.

194. *Field Training in Mesoamerican Archaeology* (1-8) Staff

Prerequisites: Anthropology 3, 100 and 133; consent of instructor.

Introduction to design of research projects and techniques of data collection in Mesoamerican archaeology. The number of units taken in one course will depend on the amount of training and experience received.

Contact person: undergraduate advisor.

Phone: 961-2257.

ART HISTORY

164C. *Museum Practices and Techniques* (4)

Prerequisites: Upper-division standing; consent of instructor. Limited enrollment.

Discussion of various aspects of museum work: management principles, the cataloging and care of art objects, exhibitions and acquisitions, administrative procedures, museum architecture. Specialist lecturers and visits of museums and their facilities.

199. *Independent Studies* (1-5) Staff

Prerequisites: Students must 1) have attained upper-division standing; 2) have a minimum 3.0 grade-point

ACADEMIC INTERNSHIP

A reference tool. Information derived from

average for the preceding three quarters; 3) have completed at least two upper-division courses in art history.

BIOLOGY

Aquatic Biology, Bio-Chemistry - Molecular Biology, Biological Sciences, Botany, Ecology and Evolution, Environmental Biology, Pharmacology, Physiology, Zoology.

191. *Introduction to Health Care Delivery* 2 units.

Enrollment prerequisites: Upper-division standing and consent of the instructor

Offered in conjunction with Santa Barbara Medical Clinic. Weekly class meetings plus three hours per week field observation with a medical or surgical specialist "on call" at the Clinic or a local hospital. Field assignments are arranged by instructor. Students getting work experience with community clinics or other health service agencies need to seek alternative academic opportunities, such as in Chicano Studies or Sociology.

193. *Internship in Biology*

Contact: Pam Harper, Undergraduate Advisor, 961-3052

BLACK STUDIES

197. *Field Research* 4 units

Offer opportunities for community and field work that is directly related to the Black experience. For more information about eligible projects and enrollment, contact the Chair of the Department of Black Studies, South Hall 3631, 961-3847

CHICANO STUDIES

170B. *Chicano Community Organizations* 4 units

Prerequisite: Upper-division standing or consent of instructor.

The theory of organizing within the Chicano community will be analyzed through field observations of currently operating Chicano community organizations.

192. *Internship in Chicano Studies* 4 to 12 units per quarter.

12 units maximum, 8 of which can be applied to the major. P/NP basis only.

Recommended prerequisites are 3.0 GPA, upper division standing, and completion of a lower division course from ethnic study area, sociology or anthropology. Consent of the instructor required prior to enrollment

Directed field research through observation, participation and relevant readings on contemporary problems and decision-making processes as they affect the Chicano population. Weekly seminars plus 10 to 40 hours per week field work. Student obtains own position (paid or volunteer) which would offer practical, decision-making experience in government, social service agencies, or community liaison organizations. Presence and active participation in seminars, completion of paper or project, and positive evaluation of work performance by field supervisor are required to pass the course. Application forms available in Department.

Contact: Chicano Studies, Bldg. 406, 961-4076

COMMUNICATION

191. *Practicum in Human Communication* 1 unit

Prerequisites: Open to junior/senior majors of proven scholastic ability by consent of instructor; two upper-division courses in the practicum topic area. Course may be repeated for a maximum of 3 units.

Provides faculty supervision for students participating in formal, practical work experiences. Written proposal required.

199. *Independent Studies in Communication* 1 to 5 units

Prerequisites: Open to seniors of proven scholastic ability by consent of department chair and instructor. Students must have 1) attained upper-division standing; 2) a minimum 3.0 grade-point average for the preceding three quarters; 3) have completed at least two upper-division courses in communications studies. Students are limited to five units per quarter and 30 units total in all 198/199 courses combined.

Written proposal required.

193. *Applying Communication Concepts to Internship Experience*

Prerequisites: Communication studies majors; senior standing; 3.0 G.P.A.

Integrate field work experience with communication theory and current literature. Weekly lecture to be concurrent with or succeeding 100 quarter hour internship in

the field of communication. Lectures on interpersonal communication, management and communication. Contact: Communication Studies, 2493

ECONOMICS

Business Economics, Economics, Mathematics

171. *Senior Accounting Internship* 4 units maximum.

P/NP basis. Requires senior standing or higher GPA, interview with instructor.

192. *Field Research in Economics* 4 units maximum.

12 units maximum. 4 of which can be applied to the major. Letter grade. Requires upper-division standing, 3.0 GPA, approval of Undergraduate Committee and faculty sponsor.

Student develops own internship proposal and submits to department for approval. Upon approval, student signs "contract" with faculty advisor for units and grading. Also internship is restricted to traditional field work. It is strongly recommended that student make no less than one quarter of field activity.

193. *Internship in Economics* 4 units maximum.

Student arranges own internship with faculty member. Prerequisites: upper-division standing and 3.0 for the preceding three quarters. At least two upper division courses must be applied toward major. P/NP or letter grade. Economics Contact: Undergraduate Advisor, 2121, 961-2981.

ENVIRONMENTAL STUDIES

192. *Internship in Environmental Studies* 4 units maximum.

12 units maximum, 4 of which can be applied to the major. P/P basis.

Declared E.S. major, 3.0 GPA and/or departmental approval.

The Environmental Studies program is an integral part of the Environmental Studies major. Opportunities are provided to gain practical experience through approaches to environmental planning under faculty direction as internships at federal agencies concerned with environmental protection, private business and research organizations. Positions are generated and coordinated by a coordinator who assists students in securing internships to meet their learning objectives. The multidisciplinary nature of the program is reflected in the available in a diverse number of areas: regional planning, energy and environmental technology, forest service, environmental law. Inquiries should be made to the Environmental Studies Office. Student generated and non-generated internships approved earlier. A written proposal and supervisor field work evaluation required. Environmental Studies Contact: Undergraduate Advisor, Phelps 3314, 961-3185.

GEOGRAPHY

193. *Internship in Geography* 4 units maximum, 4 of which can be applied to the major. P/NP basis. Requires upper-division standing, 3.0 GPA and/or departmental approval.

Practical experience and research problems under faculty direction at state, or federal agencies, or business organizations. Permission required. Positions (mostly volunteer) listed by the department, but student may generate own position (paid or volunteer) with advance approval. Geography Contact: Internship Coordinator, 961-3663.

GEOLOGICAL ENGINEERING

192. *Field Internship in Engineering* 4 units maximum.

INTERNSHIP DIRECTORY

Derived from UCSB 1984-85 Catalog.



n. Lecture topics include theories of communication, organizational structure, and communication styles.

Studies, 1832 Ellison Hall, 961-

ECONOMICS

Economics, Economics/-

Internship 1 to 4 units per quarter.

Upper division standing, declared major, 3.0 GPA with instructor.

Economics 4 to 12 units per

which can be applied to the major. Requires upper division standing, 3.0 GPA, and approval of internship plan by Undergraduate Advisor.

Internship project in economics is reviewed for review by Undergraduate Advisor. Student finalizes "internship proposal" with Undergraduate Advisor to determine requirements. Also highly competitive, this is a traditional project in economics. Initial application should be submitted prior to planned internship

Economics 4 units maximum through Economics faculty

Upper division standing, a minimum GPA of three quarters, completion of at least two courses in Economics. Does not require NP only. Not to be used for ac-

Undergraduate Advisor, North Hall

ENVIRONMENTAL STUDIES

Environmental Studies. 4 to 12 units per

which may be applied to the major.

3.0 GPA, upper division standing, and approval required.

Environmental Studies Internship Program is an integral part of the Environmental Studies curriculum.

Designed to gain experience in practical environmental problem-solving by working as interns with local, state, and federal agencies, or with environmental research organizations. Internship is listed by the department and students in selecting appropriate learning objectives. Due to the nature of the program, internships are offered in a number of fields, including city and county administration, appropriate environmental education, and made one quarter in advance.

Non-local internships must be approved in written report and intern and supervisor are required.

Contact: Internship Coordinator,

GEOGRAPHY

Geography 1 to 12 units per quarter. 12 units which can be applied to the major. Requires upper division standing, declared major, and departmental approval.

Field and research on geographical location as an intern with local, state, or with private firms and

Periodic and final reports (partly volunteer) are arranged and submitted but student may arrange for own supervisor which must be approved in

Internship Coordinator, Ellison 5704,

PHYSICAL SCIENCES

Engineering Geology. 1 to 4 units maximum which can be applied to the

major. Requires upper division standing, 3.0 GPA in major, completion of Geology 113A/B, and consent of the instructor.

Individualized, practical approaches to problems in engineering geology by working under faculty supervision as intern with local or state agencies or private firms. Student spends most effort in carrying out field work, but must prepare written reports. Early inquiries should be made and internship plan needs to be arranged with your departmental Undergraduate Advisor.

Geological Sciences Contact: Undergraduate Advisor (as assigned), Geo Sci Bldg., 961-3471.

HISTORY

196. *Internship in History*. 2 to 8 units maximum, cannot be repeated. P/NP basis. Must be taken concurrently and in conjunction with History 199.

Enables student to obtain credit for history-related work as intern with state or federal agency (the Capitol Hill and Sacramento Programs are recommended). A written report which meets the requirements of History 199 is required in order to receive the internship units. Student must obtain own internship position and submit internship proposal for approval prior to beginning of internship.

History Contact: Undergraduate Secretary, Ellison 4834, 961-2991.

LAW AND SOCIETY

192. *Field Research in Law and Society*. 1 to 8 units per quarter. 8 units maximum, 4 of which can be applied to the major. P/NP basis. Requires upper division standing with good academic record.

Students seeking greater understanding of the legal system participate as interns in law related agencies (law office, probation departments, etc.). A research paper related to the field work is required.

Law and Society Contact: Chairperson, Ellison 3724, 961-2114.

MATHEMATICS

Mathematics, Mathematical Sciences, Economics/-Mathematics

193. *Internship in Mathematics*. 1 to 4 units per quarter. 4 units maximum which count as an elective. Consent of the instructor required.

Faculty sponsored internship in industrial or research firm. Student obtains own position and prepares proposal for internship project. Academic requirements are arranged with the sponsoring faculty member.

Mathematics Contact: Undergraduate Affairs Advisor, South Hall 6607, 961-4079.

PHYSICAL ACTIVITIES AND RECREATION

PAA 180. *Athletic Coaching Certificate Program*. A 30 graded unit program culminating in an assistant coaching assignment at a neighboring high school or for a University team.

Contact Art Aldritt; Rob Gym 1011; X2146.

POLITICAL SCIENCE

192. *Field Research in Political Science*. 4 to 12 units per quarter. 12 units maximum, 4 of which can be applied to the major. P/NP basis. Requires upper division standing 3.0-3.2 GPA approval of internship plan prior to enrollment.

Faculty directed research on the political process through participation and observation in relevant field work. Paid or volunteer internship positions that allow examination of leading political roles in American politics at the local, state or federal levels. Emphasis can be on political science or public administration. Major written report and positive evaluation from field supervisor are required. Student obtains own position (research information available in department), which must be approved prior to enrollment.

Political Science Contact: Undergraduate Advisor, Ellison 3829, 961-4192.

PSYCHOLOGY

Developmental, Biopsychology and General.

135A-B-C. *Field Experience in Psychological Settings* 4 units per quarter each. (E1)

Prerequisites: Psychology 1, 5, 7 and either Psychology 103 or 114 or 129, major with senior standing, and consent of instructor. The student must take Psychology 135A and 135B in sequence, while continuation in Psychology 135C is optional. Since enrollment is limited, interested students are advised to contact the instructor at least several weeks in advance of the fall quarter. Supervised field experience

in settings providing psychological services with opportunities for observation and participation. Students will spend approximately six hours per week in psychological settings, attend weekly class meetings, read related material, and prepare written reports. (Fall, Winter, Spring)

142. *Practicum in Learning Disabilities*; 143. *Practicum in Developmental Socialization*; 147. *Practicum on Behavioral Concomitant of Adult Aging*. 8 units for each practicum period as appropriate and required for your major emphasis. Requires senior declared major, completion of related course prior to enrolling for the practicum, and departmental approval.

Supervised participation in community organizations that provide experience in the related study. Practicum sites are usually determined and arranged by the department. Participation for the practicum must be arranged prior to enrollment for units.

Psychology Contact: Aliza Golen, Psy Bldg. 1332, 961-2844

SOCIOLOGY

191A *Field Projects in Community Development and Social Services*. 1 to 4 units per quarter. 6 units maximum, 4 of which can be applied to the major. P/NP basis. Requires completion of Sociology 1, upper division standing, and permission of the instructor.

Faculty directed studies on the problems, dilemmas and potentialities of serving institutions whether established or alternative type agencies. Students obtain their own internship positions which must include direct participation in a specific community service project relevant to sociology, and involve the student in some opportunity to apply or test theoretical knowledge. Internship plan must be prepared in advance for presentation to sponsoring faculty member. Internship forms are available in the department and should be obtained at least one quarter prior to internship activity in order to get approval before enrollment.

Sociology Contact: Undergraduate Advisor, Ellison 2834, 961-3422.

191C, D, E. *Field Placement in the Helping Professions*. 1 unit per quarter each. Including 191A, 6 units maximum, 4 of which can be applied to the major. P/NP basis.

Offered in conjunction with the Student Health Center, these internship courses offer an opportunity to combine theory and communication skills with field placements. Active participation in lectures and written reports are required. All field activity is arranged by Student Health Center, and these courses must be taken in sequence.

For 191C/D/E, Contact: Health Education Office, BLDG 588, 961-2630.

SPEECH AND HEARING

179. *Practicum in Language and Developmental Disabilities* 2 to 4 units per quarter.

Prerequisites: Speech 166, Speech 195, and/or consent of instructor.

Students conduct and evaluate supervised research and training projects with developmentally disabled individuals in applied community settings. Course may be repeated for a maximum of 12 units.

191B. *Practicum in Speech and Hearing Sciences* 1 to 5 units per quarter. Staff

Prerequisites: open to junior/senior majors of proven scholastic ability by consent of instructor; two upper-division courses in the practicum topic area. Course may be repeated for a maximum of five units. Written proposal required. Provides faculty supervision for students participating in formal, practical research experiences.

199. *Independent Studies in Speech* 1 to 5 units per quarter. Staff

Prerequisites: students must 1) have attained upper-division standing; 2) have a minimum 3.0 grade-point average for the preceding three quarters; 3) have completed at least two upper-division courses in speech. Students are limited to five units per quarter and 30 units total in all 198/199 courses combined. Admission by consent of department chair and instructor. Written proposal required.

Contact: Speech and Hearing Department, Snidecor Hall 1674, 961-2493.

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Environmental Studies Internship Program

**Environmental Studies Internships Offer
Practical Experience, Faculty Support, Career Advancement**

The Environmental Studies Program is a multi-disciplinary major offering direction to students interested in the total environment and its management. It provides a knowledge of the characteristics of the environment and working approaches to the solution of environmental problems. Environmental Studies initiated its academic internship program in 1973 to provide students with practical experience in their field of interest and to tie knowledge obtained in the classroom to its "real world" applications.

Internships are an integral part of the Environmental Studies curriculum and are fully supported by the faculty. Positions are generated and listed by the Internship Coordinator who assists students in selecting appropriate internships to meet their learning objectives. Each quarter, at least 100 intern positions are offered locally, statewide, and in Washington, D.C. to students demonstrating high motivation and enthusiasm. The program also has expanded internships in environmental education, special group internship projects, and cooperative education contracts with the National Park Service.

Environmental Studies internships are open to upper division E.S. students with at least a 3.0 overall GPA. Most students in the department complete at least one internship and between 150-175 students participate each year. Students work under the direction of a faculty member who assists in integrating course work and field experiences. In addition to field work, students write a paper, attend an orientation and end-of-quarter seminar, and evaluations are completed by both the student and sponsoring agency.

Students continually comment that their field experiences enhance and complement their coursework and often lead to JOBS after graduation. Combined with the appropriate coursework in the department, internships often lead to jobs in urban and regional planning, environmental impact analysis, national resource management, environmental education, conservation administration, energy and appropriate technology, public interest lobbying, parks management, and many other career areas. Because Environmental Studies is multi-disciplinary, many students combine the degree with a second major and all students have a concentration in a related field. The Internship Program, therefore, offers a diverse number of opportunities in response to the diversity of career goals among our students.

The Environmental Studies Internship Program has been highly successful and results have been positive for both students and the community agencies they work with. Some comments...

"Our professional staff is made up exclusively of graduates from the UCSB Environmental Studies Program, all of whom completed internships. We consider ourselves very fortunate to be in a position to

train and employ people with such consistently good academic and professional skills." (Private research firm)

"My internship has been the most worthwhile practical work I have done in the environmental field. It was far more practical than all but the very best of classes I have taken." (Former intern)

"I feel that my internship brought out creativity, enthusiasm, and confidence that will make me more employable in the future." (Former intern)

Internship information meetings and gatherings are offered each quarter and a slideshow is available for interested groups. Contact Lisa Harrison, Internship Coordinator at 961-3185 or stop by Phelps Hall 3314 for more information.

CalPIRG Internships

California Public Interest Research Group

CalPIRG internships offer practical experience in research, administration, and advocacy. Our interns work along with a professional staff to rectify consumer, environmental, and governmental problems. While working in the public interest, CalPIRG interns receive the "hands-on" training which is often a qualifying factor when seeking career employment or applying to graduate school.

Since its founding in 1972, CalPIRG has become the largest and fastest growing consumer advocacy group in the state. It is both non-profit and non-partisan, and it is unique because it is directed by a statewide student board elected from each campus affiliated with CalPIRG.

This year, CalPIRG is offering internships in Washington D.C. as well as its local and statewide positions. Washington interns, like our local and state level interns, work with our professional staff of lawyers, researchers, lobbyists, and organizers on issues of public concern. Campaign finance reform, the establishment of a California Citizens Utility Board (CUB), and legislation requiring refundable deposits on cans and bottles are among the reforms advocated.

Students who are committed to public interest work and would like to earn course credit for social action should contact Sheryl Shirley, CalPIRG Campus Organizer, at 681-3907 or stop by the CalPIRG office in UCen room 3135.

This third annual supplement is a cooperative endeavor conceived by the UCSB Experiential Learning Consortium. Current members of the Consortium are Lisa Harrison, Environmental Studies; Marcy Magiera, Capitol Hill Program; Sheryl Shirley, CalPIRG, and Kate Silsbury, Applied Learning. Our hope is that others involved in experiential learning programs on campus will join us. Contact Kate, 961-4411 or Lisa, 961-3185.

Capitol Hill Internships

**The Capitol Hill Program Provides
Practical Experience In Washington D.C.
or Sacramento Internships**

Are you tired of living in Isla Vista? Are you stuck in the same old routine of mid-terms and finals? Would you rather spend an exciting quarter in Washington, D.C. or Sacramento working for a congressman, senator, private interest group, federal or state agency? You can be in the center of the action if you are accepted by the Capitol Hill Program and are placed in an internship in our state or national capitol.

The Capitol Hill Program is a non-profit, completely student run organization which screens students and assists in placing them in internships and securing housing. The Program has placed over 900 interns since 1973, and has an excellent reputation for sending quality interns.

Internships last approximately ten weeks during any quarter. The Program is open to all majors who meet eligibility requirements based on interest, maturity and academic achievement. Most participating interns are eligible for academic credit. If academic credit is needed, it must be arranged by the intern through individual departments. Be sure to check departmental credit and eligibility requirements before pursuing an internship.

WHAT WILL I DO? Tasks and duties of an intern vary greatly from office to office. Responsibilities may include monitoring the House and Senate floors, researching, composing legislation, working with lobbyists, answering mail, running sundry errands, and attending hearings. The quality of work assigned to the intern greatly depends on his/her display of initiative, interest, and hard work. An internship offers work on the professional level for practical and educational experience. The student gains a knowledge of the inner workings of our government and a different perspective of our nation.

WHAT ABOUT THE COSTS? In general, an internship is a nonpaid work experience. The cost of doing and internship in Washington, D.C. can range from \$1500 to \$2500 for a ten week period depending on individual budgeting. Living expenses in Sacramento tend to be inexpensive compared to Santa Barbara. A Sacramento internship is a viable alternative if the high costs of Washington, D.C. internship are prohibitive. Often, an internship in state government is a better work experience in terms of a person's own career goals.

HOW TO APPLY? Applications must be completed two quarters prior to the time of the desired internship. The application requires that the prospective intern write a personal essay, submit two recommendations and a transcript, have upper division standing and a minimum GPA of 3.0, and interview with the CHP directors.

The CHP Office is located on the third floor of the UCen in room 3135. The phone number is 961-2067. The Directors are six former interns: Lisa Ellerton, Andy Gould, Carol McDermott, Marcy Magiera, Doug Safford, and Susan Strachan. They hold daily office hours, so stop by for more information.