

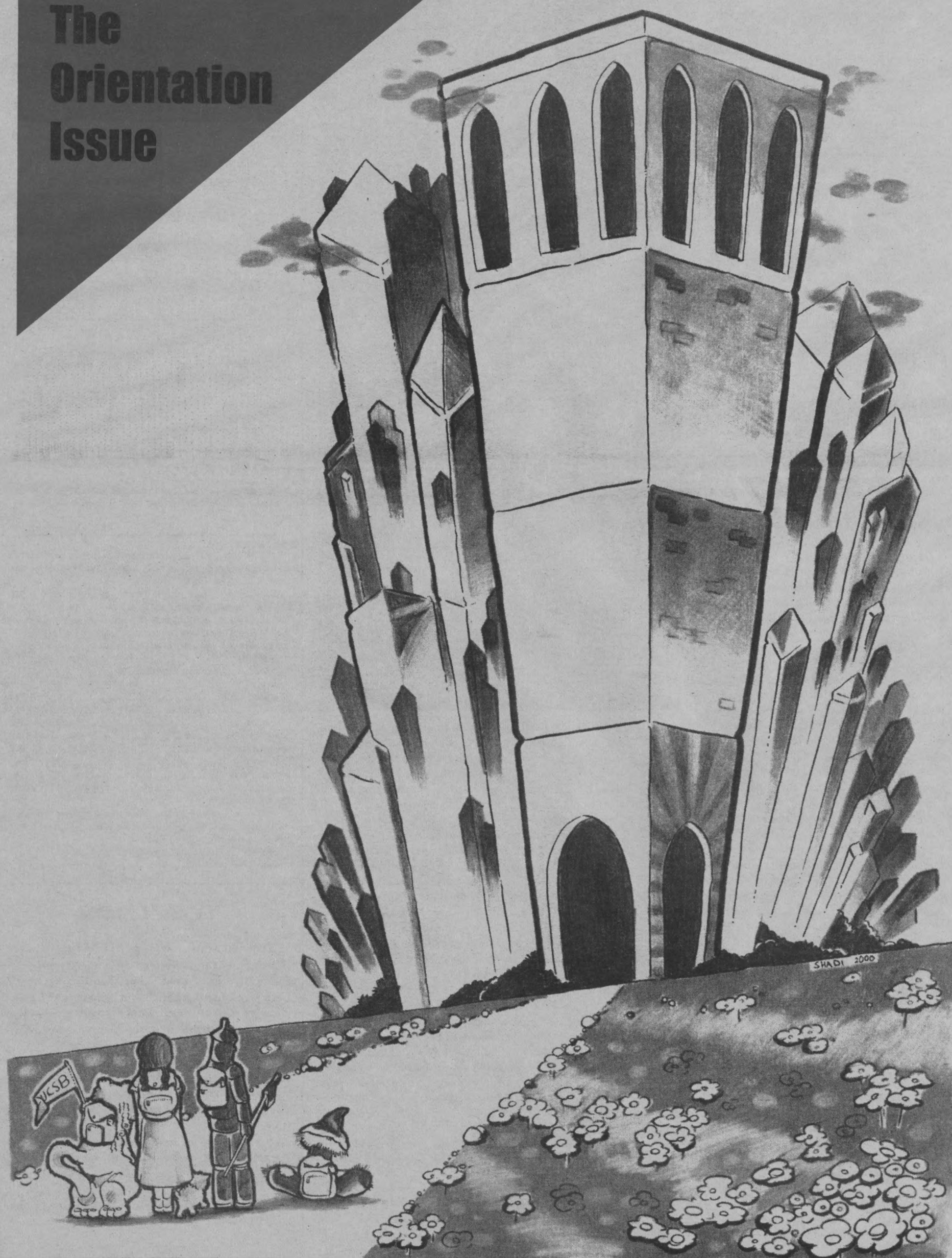
# Daily Nexus

UC Santa Barbara

Volume 81, No.1

Two Sections, 32 Pages

**The  
Orientation  
Issue**





# Letter From the Editor

"Welcome to your life,  
There's no turning back ..."  
Tears for Fears

*Everybody Wants to Rule the World*

Congratulations. If you're reading this it means you've gotten past the first formidable trial in route to "success": getting into college. It's becoming consistently tougher for a young person in California to get accepted to a top-notch University of California school. If academic research rankings and the number of applicants turned away have anything to do with top-notch, UCSB has become this type of institution. But regardless of who didn't make it, you are here and probably earned it.

Everyone has seen the college movies embedded in our cultural psyche — *National Lampoon's Animal House*, *PCU*, *Revenge of the Nerds* — and for the most part, there's truth to them. Most high school graduates *do* go crazy when they first escape from home and arrive at college. This is just a natural process of self learning for some, a chance to blow it out of their systems for others, and unfortunately, the start of degenerate lifestyle for a few.

But these movies also present a number of falsehoods. If you break the law in Isla Vista, whether it's being caught by the I.V. Foot Patrol with a beer, or finding yourself in a street fight you wanted no part of, the result is usually as harsh as a stiff fine or a night in the drunk tank. The real world doesn't play around.

The point is, though, that it is a matter of choice. Isla Vista will cater to every philandering urge a rebellious or curious student could have. It's now your responsibility to decide for yourself what path is best for you.

But in the meantime, here are some thoughts to kick around:

**Your Degree** — The reason many of you even decided to go to college (besides parents pushing you into it) was to make money; to separate yourself from the person who decided against it. But what's going to separate you from Joe Schmoe Gaucho sitting on his I.V. couch munching Cheetos and flipping between MTV and E! all day? Chances are it's not going to be your diploma. This is of course a crucial part of your college experience (obtaining it, that is), but I would venture to say that it is less than half of the experience. What is more important that obtaining your degree? The friends and enemies you establish, the habits you build, the organizations you join and the late-night conversations that make you question what you thought you knew.

**Conversations** — The most important thing you can do while in college is communicate. Once most Americans hit 13, they automatically think they know everything. It isn't until college, for most, that this mind set comes apart at the seams. The reality is that no one knows everything. Not you, me, your parents or your professors. The only way to fully understand this is to talk with others — friends, classmates, roommates or even disagreeable acquaintances. When you open yourself up to immediate criticism, it forces you to take a look at what you believe and why. Cut through your own dogma and open your mind to thoughts and possibilities. Realize that your opinions are important, but they may change over time, and may go full circle in your lifetime.

**Arguments** — Face it, they're going to happen. But it's the little things that kill. Something as simple as a roommate leaving the toilet seat up, or forgetting to do their dishes shouldn't have to result in a stand-off. Life is too short to let trivial problems destroy relationships.

**Relationships** — As the saying goes, "It's not what you know, but who you know." It may sound twisted and cruel, but it's true in college and in the real world. Get to know your TAs, professors and administrators. Besides having the potential to write you a solid letter of recommendation, you might actually learn something interesting or practical from them you wouldn't have learned from a book. That, or just catch 'em outside their office/class and strike up a random conversation for shits and giggles.



**Get Outside** — Most of you will never live this close to the ocean again. Bottom line: enjoy it! Run, bike, walk, surf, swim or just sit outside and smile as the cool ocean breeze tickles your face any month of the year. Life is too short to spend hibernating in front of a computer screen (trust me, I know). Don't wait, do it now.

**Procrastination** — I must say, I'd be a hypocrite to tell you not to do this. So I'll tell you from the point of view of a professional self-proclaimed procrastinator, that it's no beauty. To get by, caffeine and sleepless nights are a must. This makes you near worthless to talk to and ages you twice as fast. Trust me, I know.

**Procreation** — Some will fornicate, some won't. A random night hookup might not kill you but if continued it may start to work on your personality and chip away at your and ideals. And don't forget that student parents who receive childcare give up their night lives and ability to slack.

But through all your maladjustment and elation don't lose sight of the people who work late hours every school night to put out a product for *you*. *Nexus* editors stay late because they care what you read. So read and learn or read and criticize, and if you want to do more, come check out our office. These are the requirements to gain employment with us: 1.) an access card; 2.) a pulse.

Good luck and I hope to meet some of you,

Ted Andersen  
Editor in Chief

## Daily Nexus

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### Wind of Change

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All letters to the editor and columns admitted for publication become property of the *Daily Nexus* upon submission.

Letters to the editor are limited to one page, typed double-spaced (1,000 characters), and columns must be limited to three pages, typed double-spaced (3,000 characters), and include the author's name and phone number.

#### Corrections Policy:

To call an error to the attention of the editor in chief, provide a written statement detailing the correct information. The *Daily Nexus* publishes all corrections of errors.

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## Weather

Allow me to introduce myself: I'm the *Daily Nexus* Weatherhuman, a free floating, non-corpreal personification-like Father Time, Mother Nature or Dick Clark. Except I bitch more and my pay blows. Usually I don't say much about the weather — by the time you've stepped out to get the paper you already know or you're still drunk.

As for you kiddies, I can't even complain to you about the weather, let alone tell you about it, because you haven't moved to UCSB. Not yet. So make your own forecast. It's good practice for having to make your own life.

Step outside your front door, gaze at edge of the sky and take a tentative sniff of the breeze.

**Today's Forecast:** New roads, new horizons and a faint wiff of Natty Ice.



## BUI, MIP, IVFP, UCPD—Are You Ready for UCSB, Freshman?

By **MARISA LAGOS**  
Staff Writer

Many students may enter UCSB with visions of kegs and burning couches dancing in their heads. However, while Isla Vista is far from parties at mom and dad's, there are still a few basic guidelines to follow in order to avoid a confrontation with I.V.'s police force, the Isla Vista Foot Patrol.

Public intoxication, minor in possession, urinating in public and disturbing the peace were the most common citations given last year by IVFP officers. "Trying to light a couch on fire will only get you a night at the county jail," I.V. resident Dane Marin, a Santa Barbara City College student, said.

"The community of I.V. accounts for almost 57 percent of all alcohol-related crimes in all of the county of Santa Barbara," according to IVFP's Lt. Butch Arnoldi. Last year, between Sept. 1, 1999, and June 30, 2000, the IVFP made 741 public intoxication arrests and wrote 971 tickets for disturbing the peace.

Arnoldi said the IVFP would enforce a zero-tolerance policy during the first few months of school, beginning Sept. 8, as they have in years past. "Last year we had about 22 officers per shift each night. This year during the fall education, we'd like to increase it to about 27 or 28," he said. "You have to understand that we don't see people who are intoxi-

cated as suspects, we view them as potential victims."

According to Lt. Arnoldi, students should be aware of the diversity within I.V.'s 20,000 residents. "This is a community not solely made up of students, it's only 50 percent students," he said. "We have to look out for the well being of the entire community. I caution new students when they're inviting buddies from home ... if they know they



NEXUS FILE PHOTO

Stay composed when encountering I.V. law enforcement to avoid a ticket. Officers don't do "high-fives."

have a propensity towards violence, don't invite them here."

While the list of I.V. dos and don'ts is mostly common sense, a few are unique to the town, such as a citation for biking under the influence, or a BUI.

"Have fun, but be careful, hold your cup upside down, don't ever drive down [Del Playa Drive] at night," three-year I.V. resident Amaya Wilcox said. "And be careful as women. There's a lot of dumb shits out there."

According to Arnoldi, the Foot Patrol is happy to give warnings if the suspects are cooperative. "Treat us with respect and we'll treat you with respect," he said.

### The History of the IVFP

Forged in the fire of protest, the Isla Vista Foot Patrol has weathered the test of time to become an I.V. institution.

The Isla Vista Foot Patrol was founded 30 years ago, after riots left the Bank of America smoldering and one student dead. Prior to 1970, police presence was limited to one beat from the Santa Barbara Sheriff's Dept. Carmen Lodise, author of *Isla Vista: A Citizen's History* said, protests stemmed from "students' unhappiness with everything — landlords, the rigidity of the university, ... the war in Vietnam."

When the bank burned Gov. Ronald Reagan called in the Los Angeles County Sheriff's Dept. SWAT team and the National Guard. Violence between police and protesters resulted in the death of UCSB student Kevin Moran, and hundreds of police misconduct and brutality charges.

Founded in the winter after the unrest, the IVFP hoped to create an amiable police force in a town hostile to law enforcement. "They wanted to come up with more community-orientated policing," IVFP Lt. Butch Arnoldi said.

The station opened with a staff of one sheriff's sergeant, two deputies, and two UC Police officers. Currently, the IVFP station staffs 25. Arnoldi said the Sheriff's Dept. provides 16 officers, the UCPD supplies six officers and an office manager and the Highway Patrol.

— Marisa Lagos



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# Feature

## Resident Alien:

### Going Bipedal in SoCal's Obsessive Car Culture

By DAVID DOWNS  
Staff Writer

Southern California has an almost pathological fetish for the automobile. Two-thirds of L.A. is covered in streets, freeways, parking lots — and the disease is spreading.

Two hours north at UCSB, the air is cleaner and Highway 101 is less congested, but symptoms of the disease are on the rise.

Years of poor zoning enforcement in nearby Isla Vista have left residents' autos parked three-deep in some driveways. Many students don't have off-street parking, and cars line up bumper to bumper along the curbs during the school year.

UCSB Transportation Alternative Program (TAP) Coordinator James Wagner helps victims of the car culture get out of their cars and into carpool, rideshare and other less traffic-intensive modes of transportation.

Wagner and TAP's latest efforts include a voucher good for six free days of parking on campus, as well as other benefits for drivers using alternative transportation like

buses, carpools and bicycles. Wagner encourages drivers to be "multi-modal."

"Use the bus when you can, use your bike

when you can, take advantage of other ways to commute. It's better for your health, and better for the environment."

UCSB's Parking Services actively discourages driving for on-campus and nearby residents. Those living within a two-mile radius of campus (I.V., Tropicana, Francisco

Torres) are not allowed to purchase yearly parking permits. Also, drivers living on-campus must enter a lottery for parking spots.

According to UCSB Parking Services data, there have been no freshmen losers in past lotteries, but yearly permits range from \$252-\$315. The permits are also restricted to the lots furthest away from most dorms.

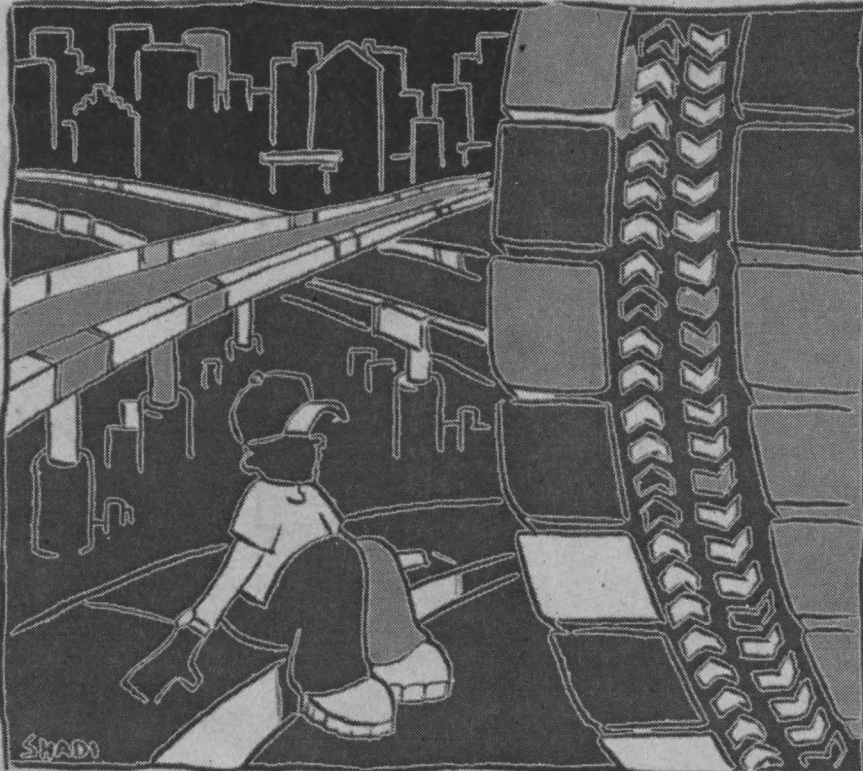
Wagner said the price of owning and maintaining an auto, in addition to permit costs and high local gas prices, can dissuade most new students from bringing their cars. A national survey, compiled yearly by the Automotive Association of America, puts the cost of owning a vehicle at 48 cents per mile — including registration, insurance, maintenance, gas, etc ...

But the AAA study also averaged the yearly price of gas at \$1.26 per gallon. Gas prices in Santa Barbara hover around \$1.80, and have been known to shoot past \$2.00 per gallon during shortages.

UCSB's 6,000-plus supply of parking spaces will be unable to meet projected demands in the 2000-2001 year, and the trend of more cars than space is not expected to stop in the coming years. Fees are also expected to rise with the smaller supply.

Despite an increasingly bleak future of traffic and congestion, over 73 percent of people answering a recent traffic survey said they drive alone to work. The survey was conducted by the Santa Barbara County Association of Governments, in cooperation with employers throughout the South Coast. In contrast, only 10 percent of the 12,000 respondents said they biked, walked or took a bus.

Help fight the disease, read on for alternative cures.



SHADI MUKLASHY / DAILY NEXUS

## The Rundown:

### Pros and Cons of Alternative Transportation in S.B.

UCSB, I.V., and Goleta by:

#### Bike

##### PROS

UCSB is a bicyclist's paradise. The proximity of UCSB to roughly 10,000 students living in Isla Vista means the streets look more like Beijing than SoCal on busy school days. Over 7 miles of bike paths cut through campus and most of Santa Barbara is as biker friendly.

A bike is cheap, healthy, and won't stink up the sky. Associated Students provides a bike shop with free use of tools and other equipment. Bikes rule here. Pedestrians fear you, cars mind you.

##### CONS

Every now and then you take a spill in one of UCSB's Roundabouts of Death, shaming yourself and others. It rarely rains, but when it does, skipping class becomes much easier than biking wet. Cops will give you BUT's and suspend your license if they catch you drunk and riding. Bike theft is major problem — bunch of savages in this town.

#### Foot

Walking around UCSB is absolutely gorgeous 90 percent of the time and beautiful the other ten. The scale of I.V. is human, everyone walks in the street. Walking counts as exercise. Walking while drunk is semi-legal, just don't fall down.

For the lazy, walking seems like so much the chore. There's a limited distance to walking, depending on your patience.

#### Skateboard

The average pedestrian fears and loathes the skateboarder, giving him much right of way. Of all ways to deal with pre-class traffic, a roaring skateboard insures the sidewalks will be clear.

Most of I.V.'s roads feel like cobblestone to the boarder, although a few were paved this summer. Some sidewalks are OK, others are deadly. Experience is the key.

Santa Barbara by:

#### MTD Bus

Over 300 MTD buses arrive daily at UCSB. Students get to ride anywhere for free. Most buses have special racks on the front for bikes. The second cheapest and safest way to get downtown, get drunk, and get back. You get to meet wierd people.

For a child raised with a car, waiting for the bus can feel like purgatory. You have to think ahead if you want to go somewhere on the bus. Sometimes there's no bus for an hour, and then 3 in a row. You have to meet wierd people.

#### Cab

For a more expensive night of drinking downtown, a cab provides the convenience of a car, without the DUI.

A cab ride back to I.V. from S.B. costs a whopping \$30 which could have gone to alcohol. Wasteful, shame.

#### Bill's Bus

Bill's single route "I.V.-to-the-bars" is favoured among the heavy drinkers. Bill's Bus runs late at night and is the number one way to get downtown, get drunk, and get back without dying.

The festive ride home has been known to include projectile vomiting, fistfights, and the occasional orgy. Pro or Con? You decide.

California by:

#### Train

Your choices are Amtrak, and ... Amtrak. Enjoy beautiful coastline scenery instead of cursing at traffic. The Goleta train station is within 5 miles of campus and trains run until around 7 p.m.

Delays! Amtrak is so riddled with delays the average European would go into shock at the sight of our inefficiency. The fares aren't too competitive because there's no competition.

#### Greyhound

A relatively cheap, albeit slow way to get long distances. Plenty of time to study or read. Ultra-wierd people.

Later buses leave from a downtown station which looks like every other creepy bus station. So slow you can feel your facial features sag with age. Ultra-wierd people.

#### Plane

Flying is, of course, fast. Santa Barbara has a very active airport with over 100 daily arrivals. Non-stop to L.A., Phoenix, Denver, Las Vegas, San Francisco and others.

Price limits most plane trips to emergencies, or Mommy and Daddy's credit card.



JASON SCHOCK / DAILY NEXUS



## UCSB Attracts a Few Good Freshmen

By ERIC SIMONS  
Staff Writer

The record number of applicants that swamped UCSB's admissions office last fall has been pared down to the 3,598 students who agreed to attend, making this group one of the smallest entering classes in years — and also one of the most qualified.

UCSB granted Fall 2000 admission to 14,692 of the 31,232 students who applied last November. While the number of students accepted was higher than the number in 1998 (14,452) or 1999 (14,384), the number of students returning Statements of Intent to Register dropped from 4,038 last year. The number of freshmen who actually enroll will

be about 3,350, former Admissions Director Bill Villa said in June.

The average number of campuses applied to by UCSB applicants jumped from 3.8 last year to 4.1 this year, which may explain the decrease in SIRs, Chancellor Henry Yang said.

Although their numbers are smaller than in the past two years, the entering class continued a six-year trend of increased GPA and test scores. The mean high school GPA is a 3.72 this year, up from 3.69 in 1999 and 3.67 in 1998. The average SAT increased to 1187, from 1179 in 1999 and 1163 in 1998.

"Due to the rapid rise in the national and international recognition of UCSB as a premier research university, we are

See FRESHMEN, p.15

Incoming Freshman Statistics		
	Fall 1999	Fall 2000
Average SAT Score	1179	1187
Avg. Verbal	578	578
Avg. Math	601	608
Average GPA	3.69	3.72
Male	45%	43%
Female	55%	57%
NorCal	37%	34%
SoCal	46%	49%
Central Cal	10%	9%
Other State	6%	7%
Foreign Address	1%	1%

JASON SCHOCK / DAILY NEXUS



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Working to improve the quality of student life  
and the campus community

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Assistance in Emergency Situations  
Filing Petitions for Incompletes and  
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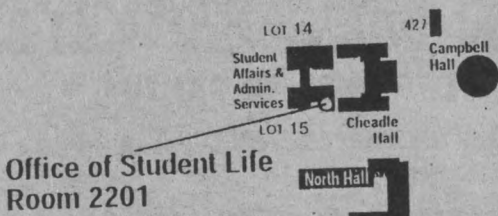
#### Community Standards Promoted

Uphold Scholastic Integrity and the Prevention  
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Respond to Hate Incidents/Crimes  
Provide Enforcement of  
General Campus Regulations  
(Available at OSL, Vice Chancellor Student Affairs  
and Associated Students)

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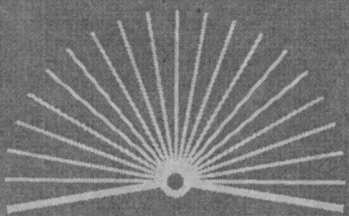
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# Back To School & Grand Re-Opening

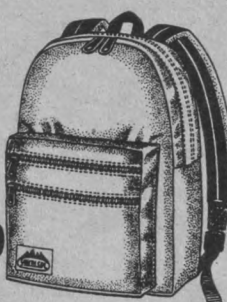
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## CSO

The Community Service Organization serves as a liaison between the student community and the Police Department.

Services available include:

### ESCORTS

CSO escorts are provided to and from any location on campus or in the Isla Vista area, on foot or on bike, 365 days a year.

### BIKE REGISTRATION

Bike registration will be available at the following locations and times:

#### Santa Rosa

Sunday, September 17: 10am - 4pm

Monday, September 18 - Wednesday, September 20: 10am - 2pm

#### Storke Tower

Monday, September 18 - Friday, September 22: 10am - 2pm

#### Francisco Torres

Sunday, September 17: 10am - 3pm

Monday, September 18 & Tuesday, September 19: 10am - 2pm

Bring: bike, valid ID and \$6 (exact cash or check)

### BIKE AUCTION

- Saturday, October 7
- Lot 32, behind the Public Safety Building
- Viewing begins at 9am
- Bidding begins at 10am
- Hundreds of bikes at low prices

Escorts: 893-2000

CSO Office: 893-2433

Lost & Found: 893-3843

Police: 893-3446

**UCSB**

**RECREATIONAL**

**SPORTS**

FALL '00

#### INTRAMURALS

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BASKETBALL  
BOWLING  
FLAG FOOTBALL  
FLOOR HOCKEY  
GOLF  
INDOOR SOCCER  
IN LINE HOCKEY  
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BOWLING- COED  
CYCLING- COED  
EQUESTRIAN POLO- COED  
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# Involvement With A.S. Provides Opportunitites for New Gauchos

By **BRENDAN BUHLER**  
Staff Writer

How much government are you buying for 47 bucks a quarter?

Roughly 17,000 undergraduates pay Associated Students \$46.75 every quarter and the organization works with a budget of over \$2,700,000. A.S. monies pay for a range of services, such as coastal cleanup, concerts and childcare. A.S. also provides partial funding for student organizations like Habitat for Humanity and the National Association for the Advancement of Colored People.

Although every UCSB student is a member of A.S., only about 200 are actively involved in student government. These students occupy A.S.'s four executive posts and 23 internal committees, and in the course of the school year, collectively receive \$66,000 in honoraria (payment for services rendered).

The A.S. president, internal vice president, external VP for local affairs and EVP for statewide affairs all receive free tuition to UCSB while in office. Executive

officers have discretionary budgets of \$1,000-\$17,000. Within A.S. the most powerful committee is the 21-member Legislative Council, which has final say over all non-judicial matters.

A.S. Acting Executive Director Paige Anderson said the organization exists for students to protect and serve themselves.

"It is student government and student services. Student government helps protect student interests at the university. Through the system of government, students have a voice in how UCSB functions and affects their lives," Anderson said. "Student services directly give back to the students through things like the bike shop, lecture notes and the Community Affairs Board."

President Mahader Tesfai said A.S. is a way for students to reach out to the world around them.

"It's a great way to get involved. There are a lot of organizations, cultural and social, you can get into," Tesfai said. "Like this fall, you could help people register to vote."

EVPLA Alejandro Juarez said what A.S. accomplishes depends on

campus involvement.

"What A.S. does depends on what students do. We have a say in all student matters at the university and in Isla Vista," he said. "We're the students' voice."

Anderson said A.S. is also a place for students to grow.

"What is really important about A.S. is that it provides opportunities — leadership opportunities, growth opportunities and learning opportunities. It is an opportunity to be a part of something special and unlike anything else on this campus. It's an opportunity for incredible diversity. People here have a wide range of backgrounds and views," he said. "When you leave A.S. you can look back and know you were a part of something larger than yourself."

Tesfai said students interested in A.S. should visit the office, which is located on the east wing of the UCen.

"The best way to get involved is to come to the A.S. office and talk to me or anyone else," he said.

Juarez said students can put as much time as they

See A.S., p.16

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## No Speedos Here: Only Algae Swims in the Campus Lagoon

**BY ERIC SIMONS**  
*Staff Writer*

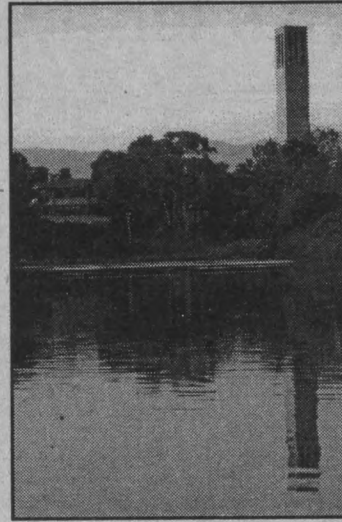
Call it the most distinguishable smell in the University of California system.

Call it, as an Associated Students presidential candidate once did, the "Bog of Eternal Stench."

Call it what you will. Despite the natural beauty of the UCSB campus, its most identifiable characteristic may be the Campus Lagoon — with frequently foul fumes familiar to any freshman who fought their way to the dorms after a Friday night in Isla Vista.

Until World War II, when the campus became a Marine base, the

lagoon was a large tidal marsh, similar to Devereux Slough of West Campus. The Marines allowed the lagoon to evaporate, and it became a salt flat. When UCSB took over from the military in the 1950s, administrators filled the pool for aesthetic reasons and closed the inlets



JASON SCHOCK / DAILY NEXUS

*While scenic, the lagoon may offend the noses of students.*

and outlets to the ocean.

The Marine Science Institute, built in 1966, keeps the lagoon full by pumping seawater into the pond. The area also collects rainwater and runoff, so the water becomes fresher in the winter rainy season. One drain services the area, dumping overflow into the ocean at Depressions Beach.

The characteristic odor, particularly bad in the summer and fall, is the smell of death and

See POND SCUM, p.22

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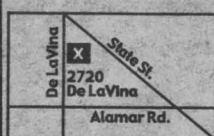
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Try Not To Believe Everything You Hear, Read

By Shaun P. McGrady  
Staff Writer

Every flock of sheep needs a shepherd to direct them, and likewise, every UCSB freshman needs the *Daily Nexus* to point out the bumps and falsehoods in the collegiate road.

When beginning the four- to six-year college experience, most waste their first year trying to acclimate to the culture and beliefs of their new home. So, as a sign of good faith, the *Daily Nexus* has produced a partial list of what should be known to have a successful college career.

UCSB is a world-renowned university and the research department is among the best in the nation, but perhaps more importantly, each year our small college town swallows up 1 percent of the alcohol produced annually in the United States. This almost unquenchable thirst has helped place UCSB second on another coveted list: UCSB has the second-highest HIV and sexually transmitted diseases rate in the nation behind Florida State.

However, beyond the STD rates and the town's insatiable appetite for the fermented, the history of the square mile we call I.V. is just as surprising. In 1968 the Archaeology Dept. discovered fossils in the lagoon believed to have belonged to an ancient Native American civilization. Further study proved that the university grounds and the 6500 blocks of Sabado Tarde and Del Playa were once considered a Holy Land to a pre-colonial civilization that flourished from 1000 BCE until the time of the Spanish conquistadors.

The discovery of this ancient civilization sparked a two-year-long feud between a group claiming to be descendants of the ancient society and the

California State Gaming Commission. The supposed descendants demanded compensation for the demise of their people and the right to build a Native American casino.

The conflict came to a head in 1970 with the burning of the Bank of America building in Isla Vista by student protesters rallying for the Native American cause. The bank burning was the last straw and the right to build a casino was granted. But due to a strong environmental presence in Santa Barbara County, the California Coastal Commission set a new precedent — an offshore casino. Permitted to build five miles offshore on sites previously used as oil rigs, California became the first state in the U.S. to approve offshore gaming. The casinos are still present today, can be seen from the cliffs of Del Playa and are highly popular among the 18- to 20-year-old college crowd.

Yet, despite the unique culture and rich history that our small seaside hamlet possesses, it is the gullibility of each class of incoming freshmen that best defines I.V.'s student population. And for the truly naïve, the *Nexus* shall spell it out for you — The above information is only a compilation of I.V. folklore, part of a rich tradition of snowing each incoming class.

Now that the slate has been wiped clean, the *Daily Nexus* would like to offer the newly incoming class good luck and the following list of truths in order to combat the folklore that many are ready to spring on you.

The dorms do not spray their salads with starch for whatever reason. Isla Vista is a densely populated area, but it is not necessarily the most densely populated area west of the Mississippi. Britney

See RUMORS, p.17

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## New Convocation Ceremony Planned to Greet Freshmen

By BEN EBYAM  
Reporter

Before the first day of class begins, new Gauchos will have a chance to meet their professors at the first-ever UCSB convocation, a ceremony to welcome incoming freshmen and transfer students.

The afternoon ceremony will be held Monday, Sept. 18, from 4 p.m. to 5:30 p.m. on the Faculty Club Green. Convocation will also include faculty/student meetings from 7-8 p.m. in all the on- and off-campus residence halls.

According to Vice Chancellor of Student Affairs Michael Young, convocation "is not a new idea." Many campuses already have an official welcoming ceremony for the incoming students. Office of Student Life Special Project Coordinator Barbra Ortiz said she felt the event is "long overdue."

The event will have about 80 staff members in full academic garb as well as a speech by author and motivational speaker Dr. Bertice Barry. According to Debbie Fleming, the Associate Dean of Students and one of convocation's founders, the event is meant to officially welcome new students to UCSB as a campus and a community.

Fleming said she hopes convocation will "help faculty and staff make a personal connection with students."

Young strongly urged new students to attend the ceremony and the following meetings.

"Students have a myriad of obligations to the faculty [and] to each other," he said. Young added that the administration has an obligation "to share with the students what those responsibilities and expectations are."

Ortiz also spoke of significance in the ceremonial aspect of the convocation.

"[Students] need to develop a sense of being a part of something, to find out what UCSB is all about — to find out what being a Gaucho is all about," she said.

Although the event is aimed at incoming freshmen, all students, faculty and members of the community are welcome to attend.

Transfer students living in the residence halls will be able to attend a meeting in the State Street Room of the University Center, or in the Jameson Center at Santa Ynez Apartments. The ceremony will also be broadcast online at [www.bookstore.ucsb.edu](http://www.bookstore.ucsb.edu).

## Fraternities and Sororities Set to Rush in Fall Quarter 2000

JENNIFER B. SIVERTS  
Staff Writer

With earlier sunsets and the onset of fall, the greek community is poised to distribute handshakes and free food.

During UCSB's first two weeks of Fall Quarter, the university's 37 greek chapters will sponsor rush week, beginning Sept. 19 for the sororities and Oct. 2 for fraternities.

According to Lauren Creecy, a UCSB senior and the president of Panhellenic, an organization which regulates 11 of UCSB's sororities, the weeks allow students to get to know members of the different chapters before they are offered bids from different houses.

"A sorority really provides a home away from home. Have fun with the whole week and be yourself," she said. "We're really looking forward to a great rush."

Stephan Franklin, director of greek affairs, said part of the goal is to promote fellowship within the greek system to potential pledges during rush week.

"We're trying to focus on the positive side of greek life and establish a

feeling of community," he said. "[The girls pledging] learn about sisterhood, philanthropy, the history of each sorority, and they meet friends that will last a lifetime."

Loren Nelson, UCSB senior and president of the Inter-Fraternity Chapter, said he encourages students to look into the greek system.

"You learn leadership skills, social skills, campus involvement," he said. "You can participate in tournaments, and networking is a huge benefit."

According to Nelson, this year will mark the first time fraternity rushers are led on a tour to each house rather than choosing where they want to go, giving them a better feel for their options.

"My advice would be to find a place where you fit in," he said. "Because once you're a brother, you're a brother for life, so choose wisely."

Sorority rush week is scheduled to begin with an informational meeting about greek life on Tuesday, Sept. 19, at 9:30 a.m. in Isla Vista Theater. Fraternity rush week will begin on Oct. 2 at Greek Park, located on the corner of Segovia Rd. and Embarcadero Del Norte.

### Gauche Aptitude Test (also an eye exam)

You've just come to the most sunny and sinful place west of Miami. You're a freshman — fresh meat. To find your place on the food chain, take the *Daily Nexus* Gaucho Aptitude Test. Five points for right answers (answers at bottom), utter humiliation for wrong answers.

1) Strolling Del Playa, you hear the meathead war cry of "Hey freshie, suck it!" from a nearby drunkard. You:

- a) Stop and ask the gents the way to the nearest ice cream parlor, avoiding the Natty Ice can thrown with fastball velocity.
- b) Keep walking. They can smell fear.
- c) Amble into the party, swallow as much of their keg as you can, leave their tap alone and walk back to the street with your newfound cup upside-down.

2) You return to your dorm room and find your RA standing by a row of booze bottles on your desk. You:

- a) Muster your best *Dynasty* impression and begin frantically ranting about the demon rum the guy at the end of the hall "planted" in your room to "destroy" you.
- b) Lie and beg before finally facing punishment.
- c) Make sure the RA gives you your bottle change. You never know when you might need a nickels to buy a can of Coke to mix with the booze the RA didn't find.

3) Someone stops you to talk about saving old-growth forests from

Home Depot bulldozers. You:

- a) Stop and listen; you could learn. If incited, argue.
- b) Sign the petition and mumble something about being late for class when they ask you to go to a rally.
- c) Get up close and exhale that bong rip you've been holding for three minutes. Remember the Golden Rule?
- 4) You're in your room studying for a midterm when your roommate, who finished his last tests that day, busts out the champagne, bumps the music and begins ushering friends into the room. You:
- a) Throw the books down and join them. You can lose more information cramming than Ronald Reagan after his presidency.
- b) Clench your ass cheeks together and kick everyone out for "invading your personal space."
- c) Relocate to the dorm study lounge, the library, the UCen or an I.V. coffee shop. If you were in their shoes, you'd be doing the same.

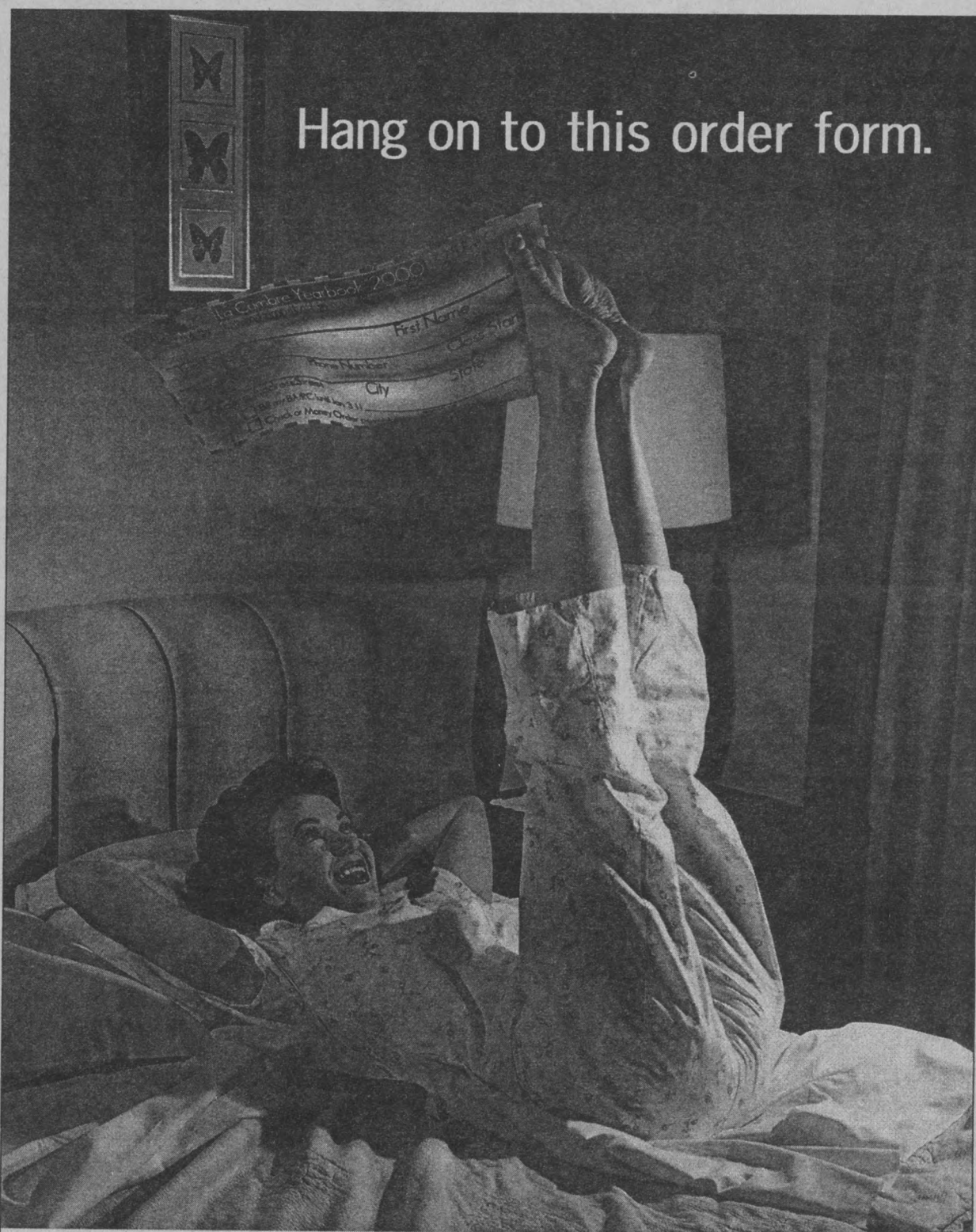
Answers: c,b,a,c

Scoring Chart:

0-5: You should have gone to a nice religious school like Westmont.

5-15: You're wet behind the ears and may have to learn the hard way. Within time your I.V. etiquette will become as routine as pissing behind a dumpster.

15-20: Kid, you're a natural. Like a mountain lion in a kindergarten, you're hungry for action. Try and stretch this out for five or six years, and lease a pad with an oceanside view.



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# Opinion

## Staff Editorials:

Editorials are the consensus opinion of the Nexus editorial board. All editors are invited to sit on the board by the editor in chief.

## Columns and Letters:

We welcome all submissions. The length is three pages, typed and double-spaced. The property of the *Daily Nexus* is retained.

## The Nexus Mission

### A Brief Word From Our Sponsor

#### Nexus Editorial Code:

The *Daily Nexus* is the student-run press of the University of California, Santa Barbara campus. We, the editors, believe our mission is to prioritize the interests and needs of the campus communities, and seek to provide meaningful and essential news, editorial and feature coverage to our readers.

We will seek out all injustices within our purview, and present them before our readers with fairness and accuracy, whether they are the views of the many or those of the few.

We will correct all errors, once committed, to maintain our credibility and the respect and good faith of our readers.

We will stand strongly behind all our editorial decisions and base such decisions only on substantiated facts. Our views will

be made clear only in the Staff Editorial. Realizing the need for diverse viewpoints, we open our editorial pages to all opinions.

We are not a representative of the university or of the students, but are editorially free and independent under the rights granted us by the first and fourteenth amendments to the United States Constitution — a freedom we will defend with unceasing vigor.

We feel that it is more than just a privilege to publish a student newspaper, but a duty demanded by a democratic society. Knowing this, we will carry out our duty to the best of our abilities, following always the high standards of professionalism as outlined in the American Society of Newspaper Editors' Canons of Journalism and Statement of Principles.



## Opinion Policy

### Everything You Will Ever Want to Know About the Editorial Pages, and More!

The *Daily Nexus* Opinion section is an arena of thought for the UCSB community. Students, local residents and any interested parties may submit letters or columns for inclusion in the editorial pages. It is our aim to present a diverse array of viewpoints, and, as such, provide a forum for open and free debate.

The Staff Editorial reflects the views and ideas of the *Daily Nexus* editorial board. The editorial board, comprised of all desk and assistant editors, meets daily to discuss current issues, culminating in an editorial written by the Opinion editor. The views expressed are those of the board majority.

Columns may be submitted by anyone with an issue to discuss. All columns should not exceed three pages, typed and

double-spaced.

The Reader's Voice allows space for those wishing to respond to or comment on any material printed in the *Nexus*. It also reflects readers' agreement or disagreement with Staff Editorials or columns. Reader's Voice material must not exceed one page double-spaced.

All submissions for publication must include the author's name, year, major and phone number for verification purposes. This is very important — submissions without this information will not be printed.

All material can be left at the *Nexus* office under Storke Tower, faxed to us at (805) 893-3905 or e-mailed to <opinions@ucsbdailynews.com>

## It's Showtime!

### BRENDAN BUHLER

Elvis is leaving the building.

That's you, junior Presley. You're about to quit the cushy lounge gig of being your parents kid and take the low-paying job of being yourself.

Downbeat: the room is smaller, the food is worse and the applause non-existent.

Upbeat: you only perform when you want to, sex isn't frowned on and the drugs are better.

You're coming to UCSB/Isla Vista. Viva Las Vegas.

All you need to know about the dorms is they're small and a lousy substitute for the rest of the world. Isla Vista is more interesting.

I.V. isn't a substitute for the rest of the world either, but it has more free beer. In the real world you have restaurants. I.V. has places to eat, some of which have chairs, tables and maybe a menu. Real-world restaurants have, God help you, wine lists. The only wine lists in I.V. are on the side of the box and tell you that, in addition to red, you can have white or pink wine.

This is not la vie en rose. This is rolling down the street drinking gin and juice.

About the booze: alcohol is one of the

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## Frog Legs and I

### CURTIS BRAINARD

August 9 and the good ol' U.S. of A. — 1 year, 13 days, and 13 countries after I left it. Yes, I spent the last year studying in Bordeaux, France, and am now a veteran of UCSB's Education Abroad Program. So what's the deal? Approximately 500 words, do I have to say now?

That it would be the most difficult year of your life, and yet one of the best? Still not interested? Well, in France wine is cheaper than water, so keep reading.

Looking back, the obvious question is, "How am I different from when I left?" While in France, a friend of mine undertook an interesting project. This friend interviewed the 20 some Californians participating in the Bordeaux EAP program about their expectations and motivations for going to France. The answers varied — sexual awakening, self-discovery, discipline, etc. — but all carried the general desire for self-alteration.

I feel no different. Before my departure I had the impression that I would be a completely different, more refined and "worldly" person. The problem was that I wasn't even sure what this last term meant. Maybe



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## Letters:

submissions, but please include your name and phone number. For columns, maximum pages, typed and double-spaced; for letters, one page. All submissions become the property of the Nexus upon being turned in and are edited for length and clarity.

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juice, screwdrivers or anything advertised with "wow, you can hardly taste the alcohol."

These drinks only seem like a bright idea until you wake up with a suffocating headache and your pants on somebody else's head.

Which reminds me — if you're in a relationship now, accept the fact that it is about to capsize and sink. At age 18 the vow reads "until distance do you part." Beyond that, you're going to a place full of people at least equally confused, lonely and drunk. And so is whoever you're exclusively boffing.

Either you or they will be sitting on a step one night, nursing a

beer too bad for a name, and you will meet someone new. You will gaze deep into their eyes and experience a deep, spiritual longing to smack that ass.

Or perhaps not. Perhaps your love is true. Perhaps you think your two souls have met and tangled into one shining thing that the rest of the world can't possibly see. Perhaps you are an idiot. By Thanksgiving, all you will have will be tears and recriminations. And you'll live.

You're young and life is long — unless a month into college you're thinking of them and not where you're going, stroll in front of a speeding ambulance and die in the rain, alone and ironic.

Your last thought, in that final red asphalt moment, will be that it was

already over and you spent the last month of your life thinking about vacuuming a house you didn't live in anymore.

So get out now, while you can still have peace with honor. Have a going-out-of-business night in the sack and part as friends before you join us in Sodom by the sea.

No one here cares if you have whisky for dinner and, for dessert, and balance a Romanian hermaphrodite on your genitals. No one cares if you fail all your classes and forget to vote. No one cares if you do nothing.

That's a lot of not caring, so I suggest you find something here to care about and maybe even fight for.

Care about how you treat others and about how the government treats us all. Care about the ugly oil rigs off our coasts and care about the poor immigrants down the street, struggling to get by.

And then do something, for chrissakes. Hug someone, pick up litter, run for office, or, God help you and your liver, write for a newspaper.

Hell, if you do that we might not write smart-ass headlines when an ambulance makes road cream out of you.

Brendan Buhler is an assistant campus editor and can already see "Lifesavers Mow-Down, Kill Pedestrian" on the front page.

# The Tao of College

## Education Beyond Books, Classes

DAVID DOWNS

### The Low Down

I never imagined it would be my job to write an orientation column for you, the newly hatched, the half-born, the still slippery and pink with misconceptions and borrowed ideals. My only basis for your mindset is my own as I packed my bags for school and I'm trying to remember, "How did I think back then? What would I tell my past self if I could?"

Of course, even if I met my old self I couldn't possibly tell him anything useful. Every day you change a little bit, and the summation of all those days adds up to a much greater shift in perspective. It is the story of life — the whole becomes infinitely more than the sum of its parts.

Many of you will leave college just as clueless about what you want to do with your life as the day you came in. This is OK. It means you have failed, but it is a correctable failure. You will be better off than those who have already defaulted into some contrived lifestyle out of fear of forging their own.

My message to you today is a simple one: Cultivate

**There are more secrets to be found in the sound of rain, in the kiss of a lover, in the terror of a fistfight, than in all the dead books man has written.**

your Self. You have been given a four-year hiatus from work to make yourself into whatever tyrant or saint you choose. Spend the time as though your future self depends on it, because it does.

Taking responsibility for the cultivation of one's self is the hardest thing you'll ever have to do in school. The whole idea of college enforces the easy path to fake knowledge. It lays out all these books and all these requirements and when you fulfill them you should be an educated human being. So many are not.

College can give you a world view, but it will give you no way to focus that view. It can give you all the knowledge and facts you can absorb, but the answers will remain elusive. College will help you realize just how lost most people are in this world, but it cannot point you in the right direction.

Cultivating the Self means being skeptical of your peers', professors' and parents' ability to teach you anything. Even the most fundamental GE course is still some guy's version of what he thinks you should know. In college and in life, the blind lead the blind and few dare to wander off into the darkness alone. Have the faith to reject useless pedagogy, to realize when it's contributing nothing to your life. Have the balls to walk out mid-lecture, go to the library or the beach and learn what you want to, not what someone says you should learn.

Cultivating your Self means you never get to leave the classroom. The world becomes your place of higher learning and the lessons can come suddenly. There are more secrets to be found in the sound of rain, in the kiss of a lover, in the terror of a fistfight, than in all the dead books man has written.

When you internalize the teacher, the learning never ends. Your whole life and how you manage it becomes the measure of that self-education. I challenge you to trust in your innate ability to make yourself out of nothing, and to not retreat from such a monumental and unending task.

There is no diploma for becoming a successful human being, but that abstract concept is a trillion times more important than the four years you spend here earning a degree. Cultivate your Self, whatever that may be, and the life you save will be your own. Good luck.

David Downs is a Nexus columnist and features editor. He does one moral column per year. Next issue, SATANISM!

# French Bread — How to Adapt Abroad

don't, but I think I've got a better idea. I can't make assumptions about whether or not the others fulfilled their dreams and are now the people they wanted to be. As for me, I am still the same person. The only difference is that I've seen a few more things and understand a couple of them. So, I'll tell you this, "worldly" is not a condition of being prepared, it's a condition of being ready to accept, process and deal with.

Self-definition is not as simple as walking into a new place with intentions of making these friends, living that life or undergoing those changes. The trick is being able to acclimate to any given variable in the way you see fit. To hell with what you knew or what you thought you knew; life will always throw you a curve and that's half the fun.

I boarded the plane to France with straight A's in French and what I thought was a very decent understanding of French politics and culture — multi-party system, socialist government, affinity for wine and cheese, the

I suppose "live and learn" ought to me my new motto. It was truly bizarre living in a place that was so superficially similar to the United States, yet so different under the skin. I often think that France was more difficult than some other more radically different place would have been. At least if you're headed for the Sudan it's easier to see that you're not in Kansas anymore. The French wore Levi's and Gap, ate McDonald's and listened to Ben Harper. But when I arrived, I stuck out like a sore thumb, tripped over myself, and every corner and couldn't get anything accomplished.

I found it wasn't how you looked, it was the way you moved, talked and interacted. This was much more complicated than it seemed, and although I am still an

**I'll tell you this, "worldly" is not a condition of being prepared, it's a condition of being ready to accept, process and deal with.**

easily spotted American, I've learned to maneuver in French society with much more fluidity. The point is that a simple moving exercise is not going to make you a different person, but stepping out of town for awhile can make adaptability and understanding part of who you are.

So, yes, do it, leave, get outta here! Life's not all what you learn in books you actually have to go do it. Philosophizing about socialism is not the same as dealing with the inadequacy of a socialist school system, reading the Illiad is not the same as watching the sunset on Santorini, and studying the Cold War is not the same as fingering a bullet hole in the Berlin Wall.

Curtis Brainard is a Daily Nexus Opinion Editor and has now made his anticipated return after a year-long "educational" experience abroad.



DAVE LINDSAY / DAILY NEXUS

eral desire for language of love, the whole nine yards. It turns out I didn't understand one lecture until late December and didn't make a single friend until shortly thereafter. So where did I go wrong? The answer is that I didn't go wrong, I just didn't understand and there is no reason I should have.



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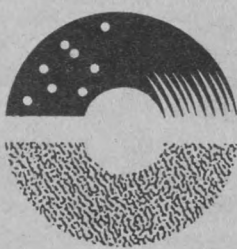
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## MUSIC CLASSES

## Open to Non-Music Majors

- **FUNDAMENTALS OF MUSIC** - Music 11  
MWF 1-1:50 p.m., Mus. 1145, Inst - S. Kim
- **MUSIC APPRECIATION** - Music 15  
TR 11-12:15 p.m., Lotte Lehmann Concert Hall, Inst - W. Prizer
- **WORLD MUSIC** - Music 17  
MWF 10-10:50 a.m., Mus. 1145, Inst - Marcus
- **MUSIC & POPULAR CULTURE** - Music 114  
MWF 12-12:50 p.m., Lotte Lehmann Concert Hall, Habib
- **CAPELLA CORDINA** - Music A48/A148/A248  
TR 4-5:50 p.m., Geiringer Hall, Inst - A. Planchart
- **CHAMBER CHOIR** - Music A36A/A136A/A236A  
MW 5-7 p.m., Mus. 1145, Inst - M. Gervais
- **GOSPEL CHOIR** - Music A70V/A170V/A270V  
T 7-9:30 p.m., Music 1145, Inst - V. Bell
- **UNIVERSITY SINGERS** - Music A37A/A137A/A237A  
MW 7:30-9 p.m., Mus. 1145, Inst - M. Gervais
- **CHAMBER MUSIC** - Music A44/A144/A244  
TBA, see C. Asche, in Music 0309
- **UNIVERSITY JAZZ ENSEMBLE** - Music A47S/A147S/A247S  
TR 4-5:50 p.m., Mus. 1145, Inst - J. Nathan
- **UNIVERSITY SYMPHONY** - Music A42/A142/A242  
MW 7-9:30 p.m., LLCH, Inst - J. Schindler
- **UNIVERSITY WIND ENSEMBLE** - Music A34/A134/A234  
T 6-6:50 p.m., R 6-7:30 p.m., Geiringer Hall, Inst - P. Bambach
- **HORN ENSEMBLE** - Music A45H/A145H/A245H  
TBA, see Steve Gross in Mus. 2319
- **PERCUSSION ENSEMBLE** - Music A49/A149/A249  
T 2-3:50 p.m., Geiringer Hall, Inst - J. Nathan
- **GUITAR ENSEMBLE** - Music A39/A139/A239  
M 5-6:50 p.m., Mus 2236, Inst - B. Head
- **MIDDLE EAST ENSEMBLE** - A70M/A170M/A270M  
T 7-9:50 p.m., Geiringer Hall, Inst - S. Marcus
- **BEGINNING GAYELAN ENSEMBLE** - A70J/A170J/A270J  
TR 4-5:50 p.m., Mus. 1231, Inst - M. Pievac
- **ADVANCED GAYELAN ENSEMBLE** - A70K/A170K/A270K  
TR 5-6:50 p.m., Music 1231, Inst - M. Pievac
- **FLUTE CHOIR** - A43/A143/A243  
M 5-6:30 p.m., Mus. 2314, Inst - J. Felber
- **CLARINET CHOIR** - A46/A146/A246  
TBA, Inst - P. Bambach, Rm. 2312

For a complete listing of all classes open to non-majors,  
please refer to the Fall Schedule of Classes



## FRESHMEN

Continued from p.5

increasingly becoming a campus of choice," Yang said. "Consequently, the measures of quality of each successive freshman class have been increasing and are expected to continue to increase."

The numbers place UCSB fourth among University of California schools in average GPA and SAT score, behind Berkeley, Los Angeles and San Diego, according to Villa.

"More and more people are putting Santa Barbara down as a place they want to consider coming to," he said. "When you have that kind of demand, you obviously are going to get a better class."

"We were able to admit only 45 percent of the applicant pool," he added. "When you're in an environment like that, the quality tends to go up."

The incoming class is also slightly

more diverse than that of 1999. Thirty-eight percent of the applicants who returned SIRS are minorities, up three percent from last year. The class is 62 percent Caucasian, 14 percent Asian, Pacific Islander, East Indian and Pakistani, 12 percent Chicano, 5 percent Latino, 3 percent African-American, 3 percent Filipino and 1 percent American Indian.

"UCSB has made an institutional effort to the recruitment and retention of minority students," Yang said. "We have also increased our programmatic activities in the school-centered and student-centered outreach efforts."

The percentage of minority students enrolled has increased every year since 1994, climbing from 15.2 percent (2,497 students) in 1994 to 18.2 percent (3,244 students) in 1999. The numbers for 2000 will not be available until the final enrollment numbers are recorded.

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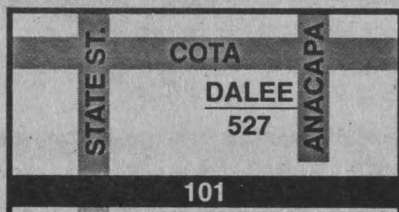
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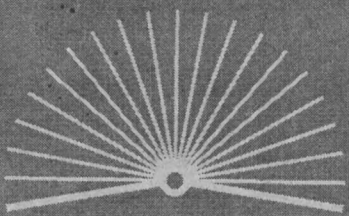
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**A.S.**

Continued from p.7  
want into the organiza-  
tion.

"The time commitment  
for A.S. isn't that you have  
to devote your entire life,  
though some of us do," he  
said. "Some committees  
are less demanding than  
others."

Students not involved

in A.S. can still bring mat-  
ters to their representa-  
tives, Tesfai said.

"There's a bunch of  
great students, like the stu-  
dent advocate, and the  
members of Legislative  
Council and Finance  
Board, whose job it is to  
take care of issues for stu-  
dents not directly  
involved," he said.

"They're more than happy

to help if you talk to  
them."

Anderson, a staff mem-  
ber at A.S. for 21 years,  
said he does not regret a  
day he has worked for the  
student government.

"By the end of the day,  
you're not sure if you  
learned more or taught  
more," he said. "I feel like  
I'm the luckiest person in  
the world to do this job."



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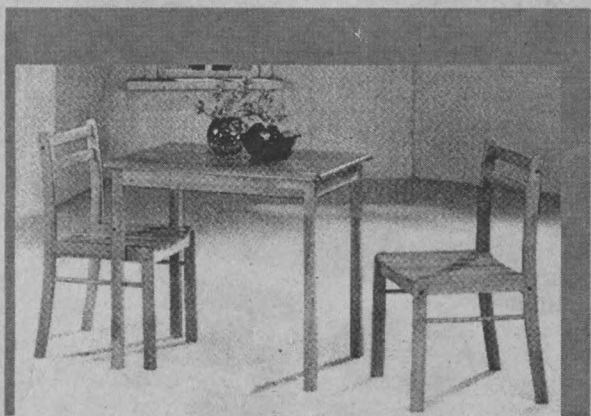


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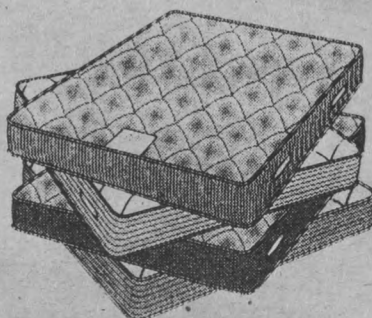
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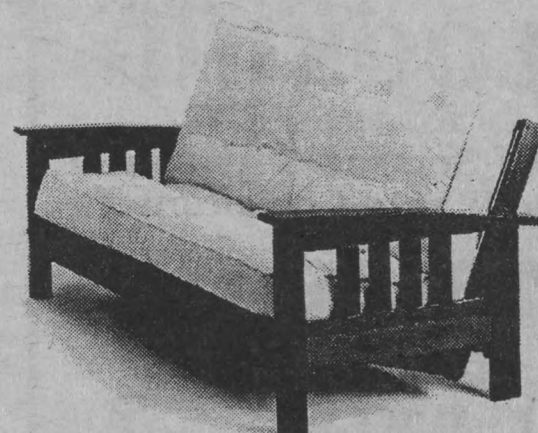


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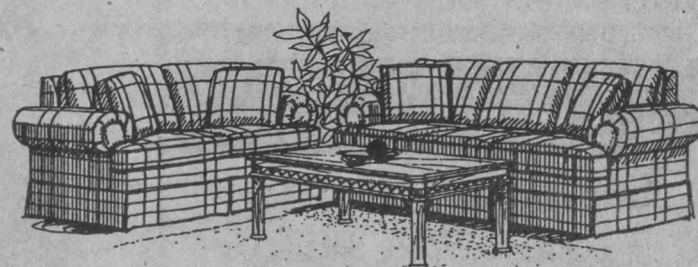


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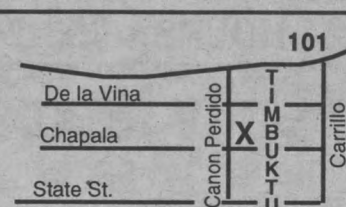
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## RUMORS

Continued from p. 9

Spears has never and will never attend UCSB. The Freshman 15 — the 15 pounds that most freshmen gain their first quarter — is not due mostly to the use of birth control. An MIP, or minor in possession of alcohol ticket, can and will be given to those over 18 and under 21.

Tennis shoes hanging from the power lines in front of a residence do not mean a dealer lives inside. The Foot Patrol can and will enter private property if an illegal act is being performed in their line of sight, including drug use and underage drinking. Finally, and most importantly, U Can Study Buzzed works as our school's acronym, but only works with practice.

**If Kafka went to UCSB, he totally would have worked here.**

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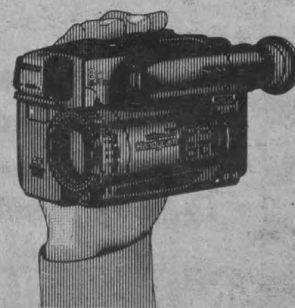
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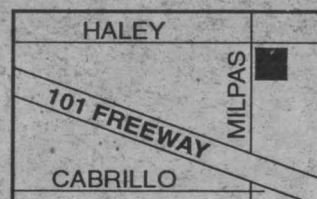
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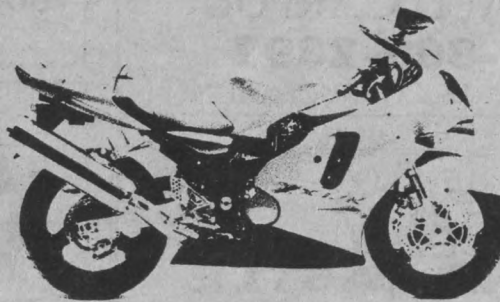


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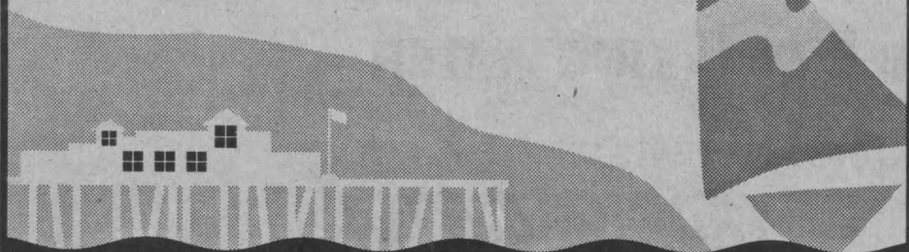
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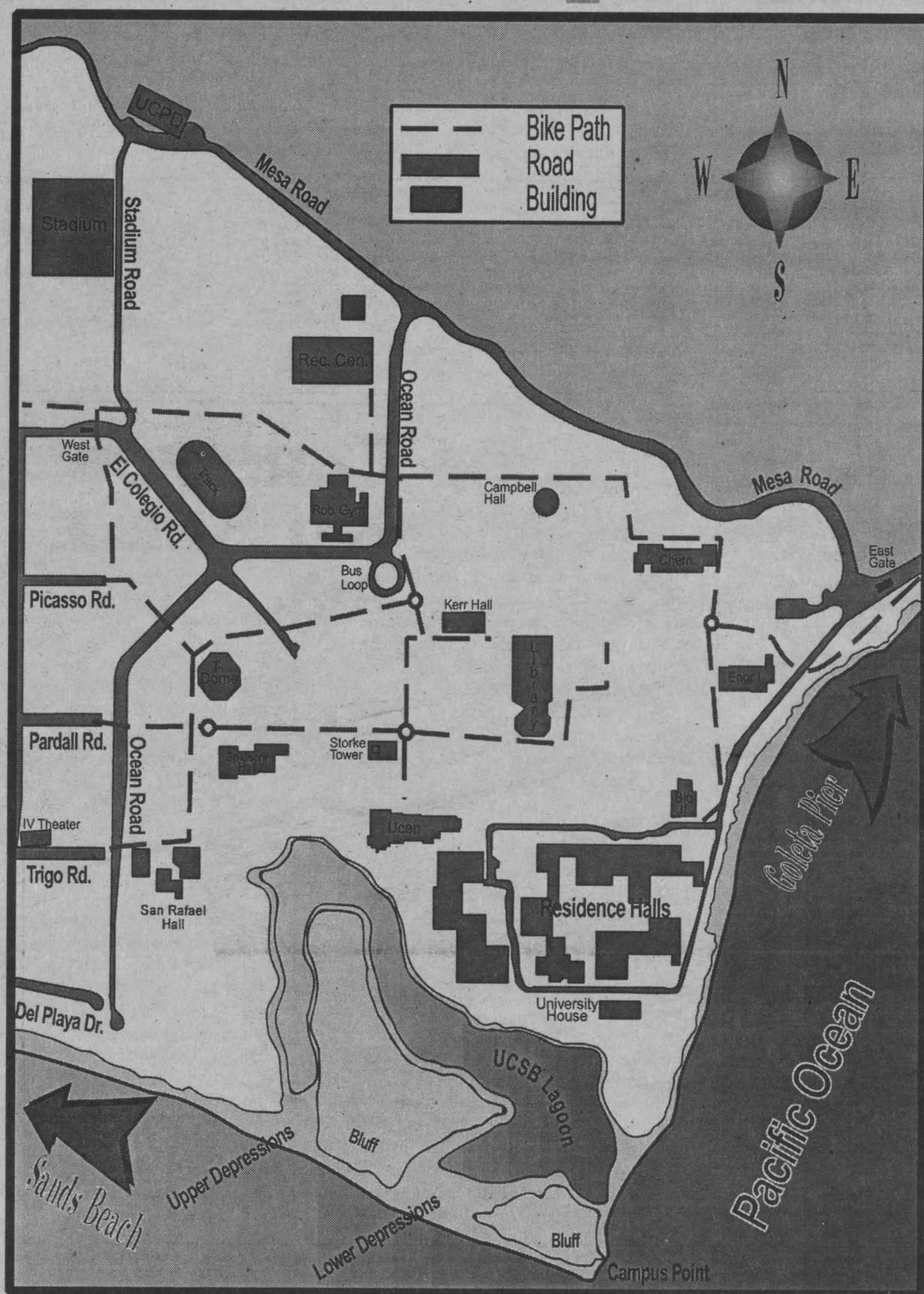
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# Sports



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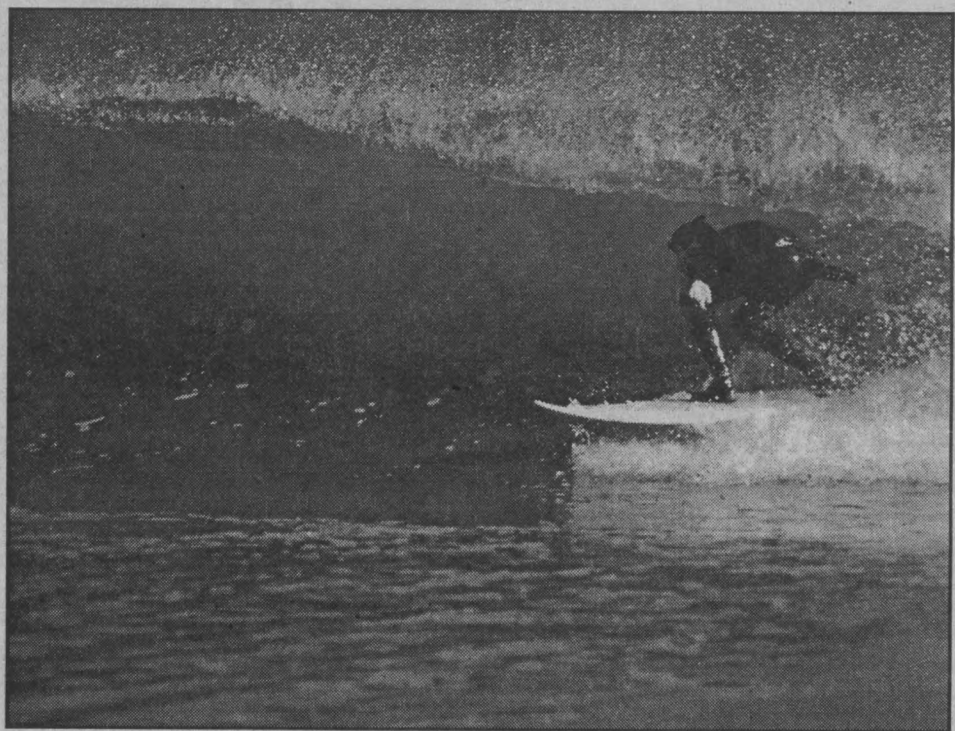
## Hepatitis, Small Waves, Tar Define I. V. Surfing

TED ANDERSEN

By the time I first arrived at UCSB as a freshman in 1997, I had surfed once in my life ... and never stood up. But that didn't stop me. I bought a used Hobie for \$250 in downtown Santa Barbara my first week in Isla Vista and took to the sea without hesitation.

That was the year of El Niño, and I'd be a liar to say surfing was easy to pick up. I vividly remember what seemed like 10-foot winter waves crashing me into the rocks at Sands Beach. I thought for sure that would be the day that I died, but persistence can do much for one's fortune. And now, over three years later, I.V. swells seem tame.

Four I.V. beaches — Sands, Devereux, Depressions and Campus Point — usually have surfable waves every season except summer, but of minimal sizes. Small waves



JASON SCHOCK / DAILY NEXUS

This surfer braves the barrel of a quick-toppling, overhead wave miles north of I.V. up the Gaviota coast. Vary rarely do I.V. surf spots get big enough to feature a tube.

are not unique to I.V., but certain natural phenomena are. The rocky terrain, lush kelp and sea life separate I.V.

See SURFING, p.22

## Maintain an Active Lifestyle at UCSB

■ Exercise Made Easy With a Variety of Activities, Good Campus Facilities

LIZ WERHANE

Legend has it that in a college student's first year, they will gain 15 pounds. Welcome to UCSB; here's your schedule, perm number, books, independence and love handles. You can blame it on over-consuming dorm food, alcohol and decreased physical activity, or you can quit pointing the finger and do something about it.

A healthy exercise program generally consists of three to five workouts per week at 65 to 85 percent of your potential for a duration of at least 20 minutes (at least that's what I've repeatedly read and what my sports psychology instructor taught). Another tidbit I learned in sports psychology is that at each level of athletic competition, only 1 percent of athletes advance. That means from high school, only about 1 percent of athletes go on to play in college, and from college, only 1 percent make it to the professional level. The 99 percent of high school athletes that no longer have team workouts need to find a substitute for the motivation of a coach. Fortunately, there are plenty of opportunities to exercise locally.

Consider taking a physical activities class. Knowing you'll receive a grade may help ensure that you'll work out. Whether your preferred sport is traditional like basketball, volleyball, soccer or swimming, or a little less common like badminton, synchronized swimming or squash, it is probably offered through the physical activities department for credit. You can even take advantage of courses that few colleges in the nation can offer — like boating and sailing.

The Recreation Center also offers classes. These classes, listed in the quarterly *Leisure Review* catalogue (available at the RecCen), are usually offered for a fee and won't end up on your transcript.

If you want to get your exercise away from campus, pick up a copy of *The City of Santa Barbara's Parks & Recreation Guide*. Like the RecCen, the city offers numerous classes to help you stay active. They offer tennis, aquatics, softball, golf, and many dance and fitness classes for a fee.

Each of these options will keep you fit, create an exercise routine, and allow you to meet new people. Studies show that people who work out with a partner or group are more likely to maintain an exercise program. However, if you're more of a solitary athlete, your options are still numerous.

The UCSB campus is an ideal location for runners. Take a jog around the lagoon and out toward Isla Vista and the Devereux slough, or head down to the Goleta Pier. For a longer run or bike workout you can follow the bike path past Goleta Beach and out to Hollister, which you can take to Fairview before looping back toward campus by way of the airport.

If you're going to be working out after dark it may be safer to stay indoors. The RecCen facilities include treadmills, stationary bikes, stair steppers and other cardiovascular machines that allow you to get an aerobic workout while staying in one place, and possibly squeezing in some reading for class. A couple of the on-campus residence halls have their own small gyms. Ask your RA about using these facilities if you want to eliminate the travel time to the RecCen from your workout.

With so many options for exercise, the hard part isn't finding a way to work out — it's sticking to it. Research shows that 50 percent of people who begin an exercise program drop out within the first six months. Here are some tips to help create an exercise program that will last.

1.) Exercise in the morning. Afternoon or evening exercise plans are much more likely to be interrupted by other activities. If you exercise in the morning you won't be tired out from the day, yet, you get it out of the way and you start the day feeling alive.

2.) Write down your goals. You can even sign a contract with yourself. Make it a commitment.

3.) Create goals that have to do with time, not distance. Studies show this works better. Who am I to argue with science?

See EXERCISE, p.22



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**EXERCISE**

Continued from p.21

4.) Have variety in your workout. If you're too strict on yourself, with an inflexible routine, exercise may feel like work instead of play. Allow yourself multiple options for working out. A hike in the hills, surfing or a game of ultimate Frisbee is still exercise, even if disguised as fun.

5.) Reward yourself. When you reach small goals or just have a good workout, treat yourself to something. Be your own

positive reinforcement.

6.) Have visual reminders. Leave your workout clothes where you'll see them. Get a poster of your favorite sport. Put a motivational quote or two on your wall. Make it part of your lifestyle.

For information regarding RecCen activities call the front desk at 893-7619. For information about city activities and courses call 564-5418.

*Elizabeth Werhane is the Daily Nexus Managing Editor and regrets not having taken the synchronized swimming class.*

**SURFING**

Continued from p.21

beaches from many of Southern California's other beaches, but what truly makes local beaches special is a far less appreciated trait: the tar. Devereux and Sands beaches are located on either side of what is known as Coal Oil Point — a natural oil reserve. While the oil-leaks from underwater pipelines have been known to blacken the water, natural seepage occurs regardless. Any seasoned I.V. surfer keeps a bottle of baby oil at home.

Campus Point and Devereux are recommended for those eager to paddle out for the first time, since both usually have relatively small waves and slower-breaking waves, which give a novice more time to stand up. Both spots are point-break rights and typically have a lower tar content than their beach-break alternatives.

Fall and spring waves usually range from one to four feet tall. The Channel Islands are the reason for this — Santa Cruz Island in particular — since they shield I.V. and Santa Barbara beaches from ocean swells.

Although the islands block many swells, winter waves can often surge overhead. Winter runoff from streams and the



NEXUS FILE PHOTO

Campus Lagoon can also affect local surfing by contaminating the water and even leading to sporadic cases of hepatitis.

For incomers with an extensive surfing background, local beaches may not supply enough of a boarder's daily dose of thrills. Santa Barbara City College student Mitch Boydston, a 10-year surfing veteran, said the islands are a main reason he and friends venture an hour north to Jalama looking for waves.

"People who are trying to learn how, go to Campus Point or Devereux because there is a safety net since they are point breaks," he said. "If you're a lazy pothead like me, then you'll be surfing Depressions ... that could also mean you just don't have a car."

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**POND SCUM**

Continued from p.8

decay.

During those seasons, the Lagoon's algae multiply forth, using up much of the oxygen in the water and causing the death of other material. The algae, called enteromorpha — "what most people call pond scum," University of California Natural Reserve System Co-Director Kevin Lafferty said — blankets the surface of the lagoon. This other material decomposes and sinks, until wind — common in the late afternoon — blows through and turns over the water column, exposing the decaying material to the surface.

"[The smell] is not a sign of anything bad ecologically," Lafferty said.

Deeper than six feet in some parts, the bottom of the lagoon is a mixture of mud and chunks of rock. Lafferty, who works out of the Marine Science

Institute, claimed to have stood in the water up to his neck — both for research purposes and to retrieve errant Frisbees.

While Lafferty has braved the waters, the lagoon is not the place to try out new water wings. "It's not appropriate for swimming," he said. "You don't want to ingest a lot of lagoon water. It's not fatal, but it's a rich system, so it's got a lot of bacteria."

Lafferty also cautioned against swimming in the ocean near the drain, due to the bacteria in the lagoon water. "Surfing over at Depressions in the winter, when the runoff is high, might pose a health risk," he said.

The bacteria are part of a diverse ecological habitat, which helps the lagoon serve a purpose as a testing ground for researchers and a classroom for biology students.

There are four common fish in the lagoon, none of which are longer than five

inches, Lafferty said. These include: top smelt, killi fish, mosquito fish and mudsuckers. In the past, leopard sharks and striped bass have made a home in the pool, but such occurrences are too rare to encourage prospective anglers.

"There's no prohibition on sport fishing," Lafferty added. "But, there's no sport fish."

In addition to fish, the lagoon is home to a variety of marine invertebrates such as horn snails, which patrol the outer edges.

The lagoon also hosts an assortment of birds. "It's an incredibly rich habitat for ducks, gulls, terns, pelicans and shorebirds, and also herons and egrets," Lafferty said. "Most people who try to search for some sort of ecological value find it very easily in the number and diversity of bird species that use the habitat."

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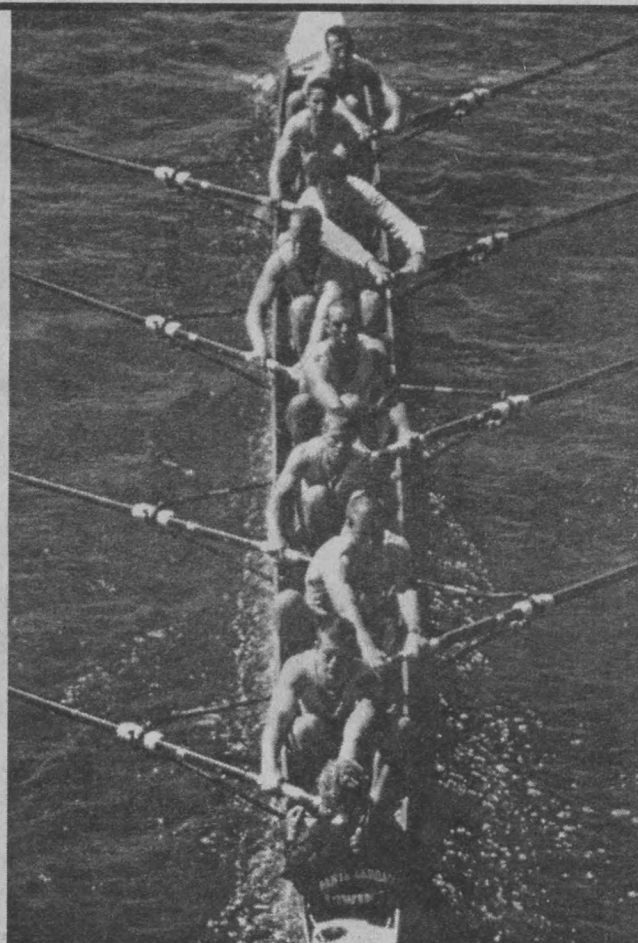
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