

A.S. Community Affairs Board

Learning Through Volunteer Service



The CAB gang is ready and waiting to serve the students and the community.

We Do It For Free

Dear Students:

Welcome back to UCSB! Now that the rush of the first weeks of school is over, we would like to introduce you to the Community Affairs Board.

As a volunteer action agency, we offer students the chance to gain valuable pre-professional and general interest work experience while helping the community through a volunteer position. CAB is a student-run A.S. board committed to helping both students and the community.

Although the passage of Proposition 13 seems like ages ago, its ef-

fects are still being felt, and the need for social action is as great as ever. There is less money to be spent on human and social services, yet the services are still greatly needed. Santa Barbara is our community and we must share in the responsibility for maintaining

and improving the quality of life. We offer a wide variety of placements. Please read on for more information about our programs.

Sincerely
Kim Griffith
CAB Co-Commissioner

Bob Curtis
CAB Co-Commissioner



Make the 'Most Wanted' List

The A.S. Community Affairs Board offers a variety of opportunities for students to gain practical experience while working with people of all ages. The challenge for the volunteer is to help promote the spirit of community and the quality of life it represents.



Jeanne Takaki and her adopted grandmother Louise enjoy themselves at Friendship Manor.

Come By and Chat...

The A.S. Community Affairs Board office is located in the UCen on the third floor. It is open every day from 8 a.m. to 5 p.m. We invite you to come by and talk with us or call 961-4296.

STUDENT PROJECTS HELP THE COMMUNITY



Everyone has a great time at the Valentine's Day Tea at Friendship Manor.

Senior Services

This cluster was developed in order to provide placements for volunteers interested in working with the senior members of the Santa Barbara/Goleta communities.

Senior Citizens

This year's Senior Citizen volunteers have a wide variety of options open to them. They may accompany seniors to UCSB Arts & Lectures events, participate in holiday celebrations, such as the Valentine's Day Tea Party and/or

be a part of the Adopt-A-Grandparent Program, where students visit weekly with seniors in their homes located in the Goleta or Santa Barbara areas.

Whatever your major, these programs will provide you with both practical experience and a whole lot of fun. Being a "Senior Citizens Volunteer" will help make your time spent as UCSB much more rewarding.

WANTED: VOLUNTEERS

CAB is a constantly growing organization of volunteers, with endless possibilities for new projects. CAB and the community need you and your ideas. If you don't see the project you want to volunteer for, but know there's a need... let us know, so we can help you and the community.



When you help with the special children, a special feeling of accomplishment will be your reward.

Youth Services Cluster

The projects which make up the Youth Cluster place volunteers in a variety of situations working with people ranging from pre-schoolers to adults.

Schools

Do you like to work with kids individually or in groups? Would you like experience tutoring, aiding teachers in the classroom, or leading special programs for youth?

Well then, the Schools Project is the place for you. Through the School Project, a volunteer has the opportunity to work with students ranging from preschool to high school in the Santa Barbara/Goleta area.

This project is very diverse; its placement ranges from being a teacher's aide in first grade class, to tutoring junior high school students, to leading an afterschool gymnastics class.

There are also several bilingual/bicultural programs open to volunteers. So if you are at all interested in working with children, this is the CAB project for you!

Special Olympics

"President Kennedy once said that a nation's greatness can be measured by the way it treats its weakest citizens. Many nations are now helping to make their weakest citizens strong and whole through Special Olympics."

Special Olympics has a special place in the community because it gives more than one million special children and adults the experience of enjoying play and the benefits of physical training. It gives them the opportunity to demonstrate to others how much they can accomplish. It is an opportunity to show what they CAN do, after being continuously told that they CAN'T because of their disability.

The Community Affairs Board aids in the quest of these special people to reach their goals by providing coaches and other volunteers to work with them on a regular basis. There is a big need for these volunteers because despite the amazing success that Special Olympics is achieving nationwide, there are still more

than two million special children and adults who have not been reached. The statistics are staggering.

"In America, Special Olympics is reaching only about 25 percent of the mentally retarded individuals who need the program. Twenty percent of the nation's counties have no Special Olympics organization or program. Sixty percent of the school systems are still to be reached."

Encouragingly, the number of people and organizations taking interest in the Special Olympics is on the rise and are adopting the program as a special group project.

You can make the difference for those who are still awaiting their chance to show what they're capable of. Donate your time, your interest and support, and you will be awarded with a feeling that no other activity can give you. You deserve a chance to show what you can do as well...so come on in to the Community Affairs Board and give it YOUR best shot!

Scouts

Scouting in the Santa Barbara community is bigger than ever now. Boys and girls are discovering new opportunities and activities available for them in their neighborhood. Camping, community service, and badge challenges are a few ways children grow through scouting.

There are many opportunities now available for UCSB students in the scouting world. Leadership openings exist at all troop age levels. There are also Special Education and bilingual troops. Volunteering in Scouts is a year of learning, sharing your talents, and gaining many wonderful memories.

Special Education

The Special Education Project has lots of different volunteer positions available, ranging from working with children in a classroom to an after school recreation program for physically handicapped, to social rehabilitation for physically and developmentally disabled adults. If you are planning a career in speech pathology, physical therapy, or special education, this pre-professional experience can be an excellent opportunity for you to decide if this is the right career for you. Also, a volunteer position often gives such benefits as recommendations and job offers, as employers will know that you are a responsible and experienced person.

Even if you are not planning a career in this area, don't hesitate to get involved and discover the potential you never thought you had. The possibilities are endless!

St. Vincent's

St. Vincent's is a private year-around residential school for

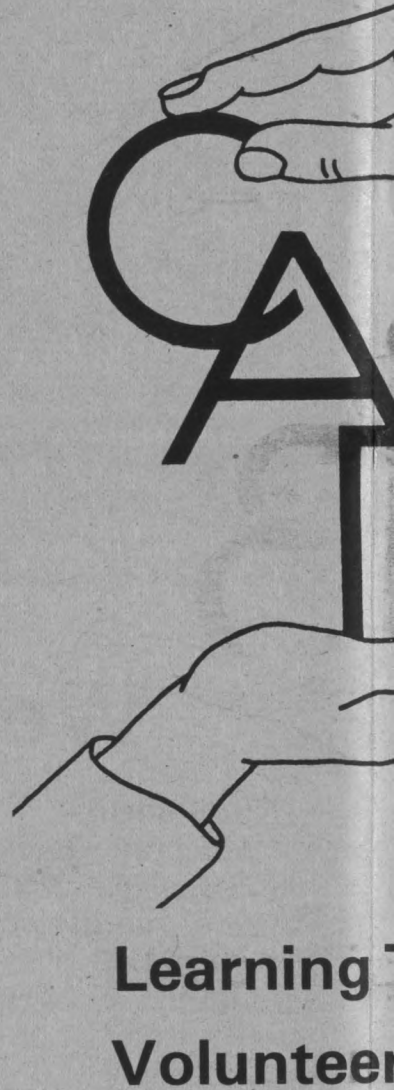
Buddies

The Best Buddies project is looking for responsible people interested in being a big brother or sister to a child in Isla Vista, Goleta, or Santa Barbara.

A volunteer in this project is matched up with a child on a one-to-one basis.

Upon placement, the volunteer usually spends a few hours each week with his or her little brother or sister.

The project is ideal for individuals who wish to share fun times and fulfilling experiences with a local child in need of a friend.



TY...YOU CAN HELP THE COMMUNITY TOO

Legal Services Cluster

The volunteers that work in this cluster are exposed to many different facets of our legal system.

Probation

Looking for an opportunity to gain valuable experience in our complex criminal justice system? The probation project offers students a chance to learn the inside workings of the Santa Barbara County Probation Department, Juvenile Hall, Los Prietos Boys Camp, Villa Esperanza, and the Santa Barbara County Jail to name but a few of the institutions which regularly seek out motivated volunteers.

The Santa Barbara Probation Department offers internships with both adult and juvenile probation officers. Volunteers gain

experience in all facets of the Probation system.

Juvenile Hall is in need of people to not only work with probation but also handle the processing of forms, reports, and letters.

Los Prietos, a juvenile detention camp off of San Marcos Pass, is looking for individuals to work in the areas of crafts, drama, music, social skills, and one-on-one rap sessions.

The Own Recognize (OR) Program of the Santa Barbara County Jail is a very popular program and one that demands careful, sensitive and insightful individuals to study the circumstances surrounding an arrest and to decide whether OR should be granted or denied to the offender.

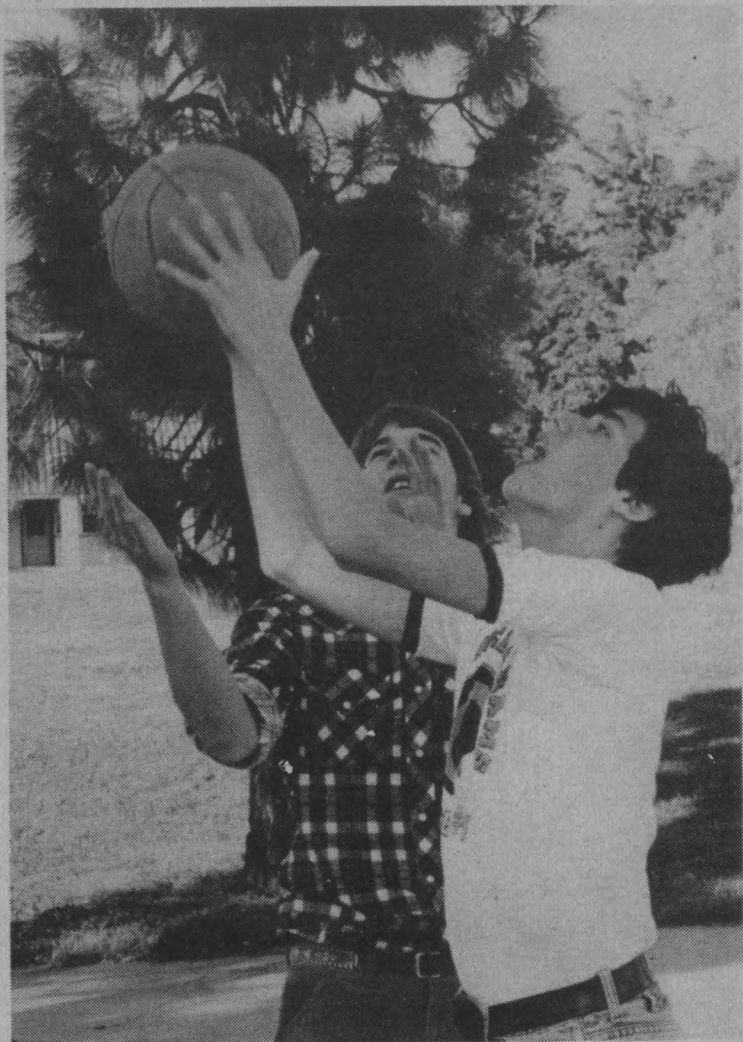
Come by and see what the Probation Project has to offer you.

Legal

The legal project offers the student a chance to gain pre-professional experience in the area of legal processes and institutions. This is done by placing volunteers in challenging positions with such agencies as: the Santa Barbara District Attorney's Office, the Lawyer Referral Service, the Legal Defense Center, and the Public Defender's Office.

A training and orientation session will be given at most agencies, so prior experience is not necessary.

Volunteering in the CAB legal project is a rewarding experience for all, especially for those students planning on pursuing a career in the legal field.



Sharing your time with a needy child can prove to be a very rewarding experience and you'll have a great time doing it.

Special Projects

CAB offers many opportunities to get involved with the surrounding Santa Barbara community with a variety of time commitments. Besides having weekly programs, we have special one-day events which need your help and assistance. Some of these one-day events are the AS Blood Drive, Valentine's Day Tea at Friendship Manor, and the Special Olympics.

There is a need for blood donors, but in addition we need volunteers to help run the drive. Also, in the spring we need volunteers to work with local children, training them to participate in the annual Special Olympics.

We also receive calls from the community for a variety of needs on a one-time basis: shopping for a senior citizen who is ill, taking a child to the doctor, giving tours of the campus to children from local schools or perhaps even teaching filmmaking to third graders.

As you can see, there are a variety of requests and needs from the community received every day at the CAB office which do not require a full quarter's commitment. Some may take a day or even only a few hours, but your help is needed and appreciated.

There is also another alternative: Group Participation. Perhaps you belong to a club or group that would like to sponsor a little brother, or adopt a grandparent, or even help out at the

Child's Estate. Group size doesn't matter...whether it's 3 or 300, there's usually a need that can be met. Have a heart...Volunteer.

Health Services Cluster

This cluster works with agencies dealing with many areas of the health field, including medical services, dental services, and mental health.

Medical Project

The Medical Project surprisingly enough serves to place UCSB students in hospitals, clinics, and other medically related facilities in Isla Vista, Goleta and Santa Barbara. The aim of this project is to give students practical experience as well as exposure to the general health field. This can range from taking vital signs in an emergency room to doing pregnancy counseling in a local clinic. Plans to enter the medical field is not a prerequisite to apply, but genuine interest and dedication are.

By placing students in health facilities, the Medical Project serves the community as well. The

Medical Project also coordinates two blood drives each school year, which make much-needed blood available to the Santa Barbara community as a whole.

Other services the Medical Project coordinates are free TaySachs testing during Winter quarter and CPR (Cardiac Pulmonary Resuscitation) classes twice each quarter.

If any of this interests you in any way, or if you have any creative ideas you would like to discuss, then you should come by and talk to us. And keep your eyes open for Nexus announcements for project news. Hope to see you soon.

Lorraine Stanco
Duncan Wells
Karen Schmidt

Counseling

Are you interested in exploring a career in counseling or developing your interpersonal skills to assist others? If so, then the counseling project just may be the thing for you.

The counseling project offers a wide range of opportunities for volunteers such as yourself to assist others to gain experience through counseling. Some of the many opportunities available to you range from working in a one-to-one setting, to leading seminars or group discussions. A few of the agencies involved are Klein Bottle, Planned Parenthood, and the Shelter for Women.

For more information about counseling experiences through CAB, stop by the CAB office at the UCen third floor.



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NOVEMBER 17-18

Blood Bank Information

Because of the annual Blood Drive sponsored by CAB's Medical Project, Associated Students has an account of over 1,500 pints of blood that is available upon need for UCSB students and their families. For more information, drop by the CAB office or contact the A.S. Executive Director.



Give a pint and help those who are in need at the annual Fall CAB Blood Drive.



Project Leaders 1981-82

**Co-Commissioners: Bob Curtis
Kim Griffith**

Health Services Cluster

Counseling Tina Valdez
Annita Avila
Medical Lorraine Stanco
Duncan Wells
Karen Schmitt

Legal Services Cluster

Legal..... Karen Duffy
Nancee Murray
Probation..... Dave Engel
Angie Trah

Senior Citizens Service Center

Adopt-a-grandparent..... Barbara Omahen
Senior Escort..... Debra Lowell

Youth Services Cluster

Big Brother/Big Sister	Buck Monroe
	Spencer Guthrie
St. Vincent's.....	Vicky Shellman
	Sheri Nishime
Schools	Lori Cohen
Special Education	Janet Beatty
	Vivian Phillips
Special Olympics.....	Theresa Campat
	Debbie Citron
Scouts	Carol Cooper
A.S. Representative to CAB	Kathy Lelevier
Advisor	Richard Jenkins



CALENDAR OF EVENTS

Oct. 13 & 15	CPR Classes
Oct. 14	Peace Corps Film
	UCen 2253 2pm
Oct. 31	Trick or Treat for UNICEF
Nov. 3	Election Day
Nov. 9 & 11	CPR Classes
Nov. 17 & 18	A.S. CAB Blood Drive
Nov. 26 & 27	Thanksgiving Break

Bilingual/Bicultural

Are you bilingual? CAB has many bilingual volunteer opportunities in all of our projects. We receive requests for many different languages: Spanish, French, Laotian and American Sign Language. Settings range from educational and medical to legal. Share your talents with others. Come up to the CAB office.

This locator may be of assistance in determining the type of volunteer involvement which is right for you. Look down the left-hand side and find characteristics of each volunteer location. Look along the top and find the project which best suits your interests.

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A.S. Community Affairs Board Placement Locator		Animal	Best Buddies	Carpenteria	Consumer Counseling	Legal	Medical	Probation	Recreation	Schools	Scouts	Senior Citizens	Special Education
LOCATION													
UCSB			*				*					*	
Isla Vista			*		*	*	*				*	*	*
Goleta			*		*				*	*	*	*	*
Santa Barbara			*		*	*		*			*	*	*
other			*					*			*		
SETTING													
private home			*								*		
school/classroom					*				*	*		*	*
hospital					*	*	*				*	*	*
office					*	*					*	*	*
convalescent home											*	*	*
outdoors			*			*					*	*	*
swimming pool							*					*	*
AGE LEVEL													
preschool			*		*		*			*		*	
elementary			*	*	*		*		*	*	*	*	*
teen			*		*	*	*	*	*	*	*	*	*
adult					*	*	*	*				*	
senior citizen					*	*					*		
STRUCTURE													
one-to-one			*		*	*	*		*	*	*	*	*
group			*		*	*	*	*	*	*	*	*	*
supervised					*	*	*	*	*	*		*	*
independent			*		*	*	*	*	*	*	*	*	*
TRAINING PROVIDED					*	*	*	*	*	*			
TRAINING REQUIRED					*	*	*			*			