

Friday

March 12, 1999



Free Thoughts

Herstory, the campus publication for women's expression, is accepting submissions through March 27.

Daily Nexus

UC Santa Barbara

Volume 79, No. 93

Two Sections, 20 Pages

Feature

Overwhelmed?

Just in time for finals, experts offer advice on how to achieve stress management.

See p.4



Opinion

Life Imitating Art?

Is the trial regarding the copycatting of "Natural Born Killers" setting a dangerous precedent?

See p.6



Sports

Ms. Rogers' 'Hood

Sophomore Rachele Rogers prides herself on defense. She is our Athlete of the Week.

See p.12



Proposed Housing Could Harm Animal Habitats

BY SHARON HEILBRUNN
Reporter

The university is working on a plan to implement new housing for students and faculty, but it may come at the expense of the environment.

Considerations are underway by the administration to build new, affordable housing around the Ocean Meadows Golf Course in Goleta. The \$17 million plan, covering 82.1 acres of land on North and West Campus, allows for 369 faculty units and 144 student units of housing, if completed.

The proposal has generated concern from community, environmental and student groups because of the sensitive habitat south of the golf course. Chancellor Henry Yang appointed the North Campus Advisory Group, which consists of UCSB administrators and faculty in the environmental sciences, to make recommendations on how to continue with the project, according to NCAG Chair Scott Cooper.

"We have been studying the situation for about a year now and have mainly focused on three issues: the need for this project, alternative ways to meeting this need and the environmental and community impacts of this project," Cooper said.

More housing in the community is sorely needed and would attract more faculty to the campus, according to Cooper.

"Affordable housing is very important in recruiting the best faculty to UCSB," he said. "UCSB has agreements with the county and community groups that it must provide housing

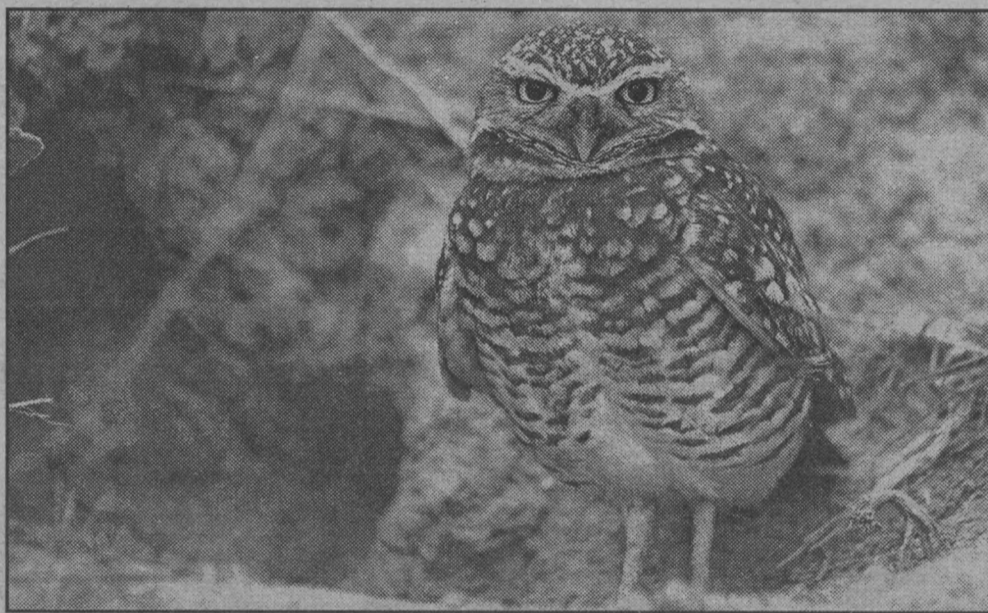


Photo Courtesy of MORGAN BALL / ENVIRONMENTAL AFFAIRS BOARD

This burrowing owl might lose its winter home if the UCSB administration carries out its plans to build new homes around the Ocean Meadows Golf Course, an area that is home to many animals. Chancellor Henry Yang has appointed an advisory group to look into the project.

for students, faculty and staff."

Though the project could help ease the local housing crunch, there are environmental implications regarding the south parcel of land on West Campus, according to Cooper.

"There is so much pollution buildup in the whole Goleta Valley that this would only contribute a fraction of pollutants into the Devereux Creek," he said. "Some bird species will be affected negatively, whereas others will be unaf-

ected. Some aspects of this project may actually reduce erosion and improve creek flow conditions."

Access to the building site and the impact on bird species that live south of the golf course need to be considered, according to Audubon Society Board member David Kissner.

"A bridge would have to be built in order to

See SLOUGH, p.5

Traffic Law Enforcement Will Become Stricter Soon

BY CURTIS BRAINARD
Staff Writer

In an effort to curb automobile-bicycle collisions in Isla Vista, local law enforcement will soon be enhancing its technological arsenal.

In cooperation with the Santa Barbara County Sheriff's Dept., the California Highway Patrol will soon implement a bicycle and radar traffic enforcement program for I.V. According to CHP officer Todd Johnson, bicyclists' violations of traffic laws and excessive speeds on the part of motorists have led to a number of collisions.

"The people are rolling stop signs, riding on the wrong side of the road, speeding — which creates a treacherous situation, especially when summer kicks in, and especially at night," he said.

The program will concentrate on stronger enforcement of laws already in place, Johnson said. For

See RADAR, p.8

Final Leg Council Meeting Addresses Fees, Computers

BY ERIC SIMONS
Staff Writer

In its last assembly for Winter Quarter, Associated Students Legislative Council coped with a mountain of 22 bills by tabling 14 of them in a six-and-a-half-hour meeting Wednesday night.

Discussion centered around two proposals to place an increase in the \$9.10 A.S. base fee on the spring ballot. Although both bills were tabled, many board members strongly objected to the original legislation, the A.S. Base Fee Proposal. This bill would bundle the base-fee increase with lock-ins for Community Affairs Board, Student Coalition on Racial Equality and the Santa Barbara Tenants Union.

According to Finance Board Chair Christina Costley, the bill was an attempt to pass the base fee by attaching more popular groups to the bill.

"This is logrolling. The Tenants Association is popular, you've got CAB behind CAB, SCORE behind SCORE. If you pass it, you pass the base increase as well," she said. "If you don't firmly stand behind all of these issues, don't put it on the ballot."

In response to the concerns, Rep-at-Large Olyvia Rodriguez authored a second bill in the last half hour of the meeting, seeking to increase the base fee by \$3 and not include lock-ins. The bill was tabled with little discussion.

After major revisions, Leg Council passed a bill to allocate \$24,850 from Capital Reserve funds for computer upgrades. Student groups who wanted computers were required to appear before Leg Council or e-mail a request, according to Off-Campus Rep Mariah Hoskins, the bill's author.

"My personal opinion is I'm tired of representing people who can't even come in and talk for themselves. We've cut the total amount [of money in the bill] in half," she said. "I don't see why I'm representing groups that

See LEG, p.9

Coffee Will Help Keep Charitable Marathon Wired Up

BY ROBERT DESMOND
Reporter

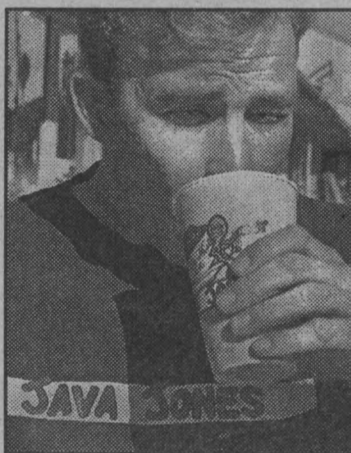
The power of caffeine and jumping jacks will be on display for Isla Vistas next week as Java Jones owner Brett Winslow works for 100 hours straight.

The third annual marathon, which aims to raise funds for the National Multiple Sclerosis Society, will begin Saturday, March 20, at 6 a.m., and continue until 10 a.m. on Wednesday, March 24. Five percent of all sales and tips during the 100 hours will be donated to the local chapter of NMSS, Winslow said.

"I'm also going to have donation jars, pledge sheets, corporate sponsors and vendors donating money," he said. "We're getting stuff from Debbie's Delights, Santa Barbara Roasting Company and Jordano's."

Winslow said that his goal is \$20,000, but the main focus of the event is getting the student community involved.

"It's not so much about the money as motivating the students. I want them to know it's easy to make a difference," he said.



Brett Winslow

Santa Barbara NMSS Public Relations Director Nicole Gardner said the principle is more important than the money.

"It's more to raise awareness than funds," she said. "We only expect about \$5,000, but it's very successful in terms of getting air time and print space."

"KTYD [99.9 FM] is going to have commercial spots where they give an update on my progress to their listeners and encourage people to come down and give their support," Winslow said. "That's the most important part — having the customers cheering me on is

awesome."

Winslow said he undergoes his 100-hour ordeal in the name of his sister, who has MS.

"It's not just for my sister anymore, though," he said. "I found out that there are a lot of people in I.V. and Goleta who have, or know someone who has, MS," he said.

Multiple sclerosis is a disease that affects the nervous system, Gardner said.

"The body basically attacks itself," she said. "The immune system breaks down the protective covering around the nerves so the brain can't get signals to the muscles."

Gardner said there is no cure for MS, and current research is focusing on what causes the disease. However, she said that most of the funds raised from this event will go toward local assistance.

"Only about 40 percent goes to the national office for research funding," she said.

Java Jones employee Timothy Wilder said he was surprised to hear about Winslow's marathon.

"You hear about people staying up 24 hours to study for a final, but you never realize how long 100 hours is," he said.



Top of the News

Dow Jones Reaches New Heights



NEW YORK (AP) — The Dow Jones industrial average hurtled toward 10,000 Thursday, falling just short amid a big gain in oil stocks and fresh evidence about the hardy U.S. economy.

The Dow broke through the 9,800 and 9,900 marks by noon, peaking at 9,935.46 before pulling back. A late rally failed to breach the five-digit milestone.

At the close, the Dow, a market bellwether which measures the value of 30 of America's corporate icons, was up 124.46 to 9,897.44, a new high for the second day in a row. The Dow is up nearly 8 percent on the year and has gained more than 200 points in the past two days.

Broader stock measures also were up. The Standard

& Poor's 500-stock index rose 11.29 to 1,298.13, just missing its first close by about 1,300. The technology-heavy Nasdaq composite index rose 6.24 at 2,412.24.

Traders feel it's inevitable that we will go to 10,000 and they are playing that dynamic to push the Dow higher.

— Richard Cripps
chief market strategist, Legg Mason

Oil stocks were sharply higher following reports that leading exporting nations are close to agreement on production cuts in a bid to shore up prices. Although crude oil's future prices fell Thursday, prices have been rising steadily for more than a week, recovering from 12-year lows and pushing oil stocks higher.

That helped the Dow, which includes Chevron,

which gained 1 13/16 to 85 1/16, and Exxon, which rose 1 7/16 to 74.

Investor interest in the 10,000 mark for the Dow also seemed to be feeding on itself.

"In the short term, at the margins, traders feel it's in-

evitable that we will go to 10,000 and they are playing that dynamic to push the Dow higher," said Richard Cripps, chief market strategist for Legg Mason of Baltimore.

The biggest Dow gainer was American Express, which rose 5 to 123 after Donaldson Lufkin & Jenrette Securities raised its investment opinion of the stock.

For the first time in years, the broad stock indicators were driven higher even without a surge in technology stocks.

"The more [business] sectors that participate in a market advance is a sign the market looks very good," Cripps said.

Since there are no signs that the economy is overheating, investors believe that the Federal Reserve Board will have little reason to boost interest rates in coming months. Higher interest rates increase the cost of borrowing for consumers and corporations and as a result can cool economic growth.

The Commerce Dept. reported that retail sales — which represent about a third of the nation's economic output — rose 0.9 percent gain last month to a seasonally adjusted \$236.5 billion.

FBI Finds UCLA Football Players Innocent of Mafia Ties



LOS ANGELES (AP) — An FBI investigation into an alleged mobster's ties to UCLA football players failed to uncover any evidence of wrongdoing, agents and school officials said Thursday.

"The FBI has told me we have nothing to be concerned about ...that it has no concerns regarding the conduct of UCLA or any of its student-athletes," UCLA director of athletics Peter Dalis said.

The FBI launched its sports-betting probe after the Bruins, with a 10-0 record and strong contenders for the national title, lost to Florida and Wisconsin to close out last season.

The Pacific-10 champs were ranked as high as No. 2 nationally and went to the Rose Bowl.

Timothy P. McNally, FBI assistant director in Los Angeles, said late Thursday that the investigation was complete and there was no evidence of any wrongdoing by any members of the football team.

The FBI investigation began after UCLA players were seen with Dominic Montemarano, a 60-year-old ex-convict also known as "Donny Shacks," who was sent to prison in 1987 on federal racketeering charges.

"It's my understanding he may have been under their regular surveillance," Dalis said.

The National Collegiate Athletic Association said the investigation had nothing to do with point shaving.

"We're comfortable that that is not the issue. The issue is more who they have associated with," said Bill Saum, the NCAA's director of gambling and agents.

"I think the key thing is there was nothing found, nothing illegal," UCLA football coach Bob Toledo said. "They associated with a guy the FBI's concerned with, but they did nothing wrong." The FBI has photographs of four or five UCLA players socializing with the target of the investigation.

"My understanding was they had attended some social events into his home for 'Monday Night Football' on several occasions. My understanding is they had no understanding of this guy's background," Dalis said.

AP WIRE SHORTS

WESTMINSTER, Calif. (AP) — Workers on Thursday dismantled the shop sign from a Little Saigon video store where the owner's poster of communist leader Ho Chi Minh set off angry protests by Vietnamese immigrants.

Owner Truong Van Tran, roughed up at least twice and once hit with an egg thrown by a demonstrator, has given up his free-speech fight to display the poster and the flag of communist Vietnam at the shop, said Jonathan Slipp, an attorney for Tran's landlord.

A week ago, police raided Tran's Hi Tek video shop, seizing 2,000 videotapes and a stack of copying equipment in a piracy investigation. Tran wasn't arrested, and his attorney said he had done nothing wrong. The raid took most of his stock, however.

A judge upheld Tran's constitutional right to display the flag and poster, but the landlord, Terra-Bushard Ltd., last month filed eviction notices citing overdue rent and insurance deficiencies.

The landlord on Wednesday dropped an unlawful detainer lawsuit against Tran, giving him 18 days to remove the rest of his property.

About two dozen demonstrators, standing in a drizzle, watched Thursday as workers unbolted the Hi Tek letters from above Tran's door.

SANTA ANA, Calif. (AP) — Scientists have found evidence of a hidden fault capable of churning up a

7.1-magnitude earthquake beneath a coastal section of Orange County surrounding Laguna Beach.

Preliminary research indicates the fault is 23 miles long. Its area is bounded on the north by John Wayne Airport in Irvine, on the northeast by the junction of interstate highways 5 and 405, one of the nation's busiest, and on the south and west by the coast.

It appears to be the same type of "blind thrust" system that caused the 1994 Northridge quake, which struck with a magnitude of 6.7, killed 72 people and caused an estimated \$40 billion in damage.

GONZALES, La. (AP) — Two men rushed into a church office and warned the pastor that an acquaintance was heading toward a prayer meeting with a gun. The warning came too late.

Shon Miller, a homeless former welder, had gunned down his mother-in-law, Mildred Vessel, 53, at home a few blocks away Wednesday night, police said.

Soon after, he walked into New St. John Fellowship Baptist Church. From the aisle he opened fire into the pews, killing his 25-year-old estranged wife, Carla; their 2-year-old son, Shon Jr.; and another church member.

Four others were wounded before Miller ran off. He later was shot in the back during a standoff with police at a shed, leaving him paralyzed from the waist down.

Police said Thursday that Miller will be charged with murder and attempted murder.

Daily Nexus

Editor in Chief	Kerri Webb
Managing Editor	Tennille Tracy
Layout/Design Editor	Carolyn Morrisroe
News Editor	Tony Biasotti
Training Editor	Alexis Filippini
Campus Editor	Jill St. John
Asst. Campus Editors	Ted Andersen, Lisa Butterworth
County Editor	Gretchen Macchiarella
Asst. County Editors	Curtis Brainard, David Downs
AP Wire Editor	Deirdre Kennedy
Features Editor	Elizabeth Werhane
Opinion Editor	Megan Herr
Asst. Opinion Editor	Nathan Woodside
Sports Editor	Matt Hurst
Asst. Sports Editors	Steve Wendt, Marvin Gapultos
Artsweek Editors	Robert Hanson, Jennifer Raub
Asst. Artsweek Editor	Tami Mnoian
Photo Editor	Jason Schock
Asst. Photo Editor	Tennille Tracy
Art Director	Kazuhiro Kibuiishi
Copy Editor	Renee Heyming
Asst. Copy Editors	Bryan Pon, Elizabeth Werhane
Copy Readers	Erin Coe, Amanda Green, Devon Harlan, Niilo Smeds, Guenivere Vinnedge
Chief Night Editor	Ashley Timiraos
Night Editors	Lauren Bensinger, Shannon Capanna, Jenny Chung, Sora Chung, Brad Goodwin, Devon Harlan, Cara Jennison, Sarah Kent, Amber Neff
Special Supplements/Weekend Connection Editors	Robert Hanson, Jennifer Raub
Asst. Editor	Tami Mnoian
Advertising Representatives	Kelly Appleby, Amanda Cameron, Crystal Cowan, Laurel House, Page Schindler, Eric Vanderwolf
Production	Erin Barta, Katy Edwards, Katherine Garcia, Nicole Goldberg, Brad Goodwin, Carlos Gudino, Scott Hennessee, Renee Heyming, Mike Ho, Mizue Ishii, Bryan Pon, Jason Schock, Marc Valles

The Iliad

Editorial Policy:

All letters to the editor and columns submitted for publication become property of the Daily Nexus upon being turned in.

Letters to the editor and columns must be limited to two pages, typed double-spaced (3,000 characters), and include the author's name and phone number.

Corrections Policy:

To call an error to the attention of the Editor in Chief, provide a written statement detailing the correct information. The Daily Nexus publishes all corrections of errors.

The Daily Nexus is published by the Press Council and partially funded through the Associated Students of the University of California, Santa Barbara on weekdays during the school year.

Editorial Matter — Opinions expressed on the Editorial pages and in the Weather Box are the individual contributor's. Opinions expressed in the Daily Nexus do not necessarily reflect those of UCSB, its faculty or student body.

Advertising Matter — Advertising matter printed herein is solely for informational purposes. Such printing is not to be construed as a written or implied sponsorship, endorsement or investigation of such commercial enterprises or ventures by the Daily Nexus.

The Daily Nexus subscribes to The Associated Press.

Phones:
 News Office (805)893-2691
 Fax (805)893-3905
 Editor in Chief (805)893-2695
 Advertising Office (805)893-3140, (805)893-3829
 Business Office Fax (805)893-2789

The Daily Nexus follows the University of California's anti-discrimination codes. Inquiries about these policies may be directed to: Raymond Huerta, Affirmative Action Coordinator, phone (805) 893-2089. Periodicals postage paid at Santa Barbara, CA Post Office. Publication No. USPS 775-300.

Mail subscriptions can be purchased for \$105.00 per year through the Daily Nexus, Storke Comm. Bldg., UCSB, Santa Barbara, CA 93106.

POSTMASTER: Send address changes to Daily Nexus, Storke Comm. Bldg., UCSB, Santa Barbara, CA, 93106.

Weather

Sorry, Cher, but the weatherhuman is dead. Fortunately, I'm taking over and I'm sure things will be a lot more enjoyable and even educational.

I'm going to start with "The Iliad" (not to be confused with "The Idiot" by Dostoevsky) by Homer. Now if this name sounds familiar, that's because you've no doubt heard about Homer as the author of "The Odyssey." Here we go:

The time is ancient Greece and the Achaeans, ruled by King Agamemnon, have been waging war against the Trojans in an effort to rescue Helen, who is a beautiful lady who was kidnapped by the Trojans.

Now like all epic poems, "The Iliad" starts with an invocation to the Muse. It turns out that the Achaeans have kidnapped a lady named Chryseis. Chryseis' father, Chryses, fails to convince Agamemnon to release his daughter, so he prays to the god Apollo to bring a curse to the Achaeans — which he does. Now Achilles accuses Agamemnon of causing the curse and they have a little fight. Achilles gets pretty pissed off and he decides to leave — which he does.

Well, we're halfway through Book 1 (there are 24 books), so we'll continue this epic tale later. See ya.

Local News Briefs

• Pesticide Watch Education Fund sponsored a press conference in front of the Lompoc City Hall on Thursday morning to criticize the results of a report released by the Dept. of Pesticide Regulation.

According to Pesticide Watch representative Eric Cardenas, the DPR falsely reported results of detected airborne pesticides, and consequently gave the wrong impression to the public.

"They have been mishandling information," he said. "They released the data, but they released it in a very misleading way."

Speakers included two community lead-

ers, a family practitioner and Pesticide Action Network staff scientist Susan Kegley. Kegley cited the report's procedures, saying that the DPR used insufficient planning and poor sampling techniques.

Although there has not been a response by the DPR, Cardenas said, "There were several people there from what you might call the opposing side."

• On Friday night, March 5, Santa Barbara County Sheriff's Dept. Narcotics Detectives went to the residence of Willie Glover to serve a search warrant on suspicion of selling cocaine from the home.

Upon approaching the residence, detectives encountered a man at the door with a large package under his arm, according to a Sheriff's Dept. release.

The suspect, later identified as Trayvon McLemore, ran from the officers and was apprehended after several blocks, according to the report. The package was found to contain two smaller packages.

"One of the packages contained half a kilo of rock cocaine and half a kilo of powder cocaine," the report states.

A female subject, later identified as Lisa Willis, fled the scene, and was later apprehended in Ventura County.

Glover, McLemore and Willis were all booked into County Jail, and later posted bail and were released. In addition to seiz-

ing an estimated \$85,000 to \$100,000 of cocaine, detectives confiscated \$7,000 in cash and a 1996 Ford Thunderbird.

• County Supervisors Susan Rose and Gail Marshall announced that they will hold a community meeting to address issues concerning Goleta residents.

According to Marshall, they would like to identify both specific neighborhood concerns and larger community issues. Rose said she would like to make sure that they focus on preserving the economic health of the Goleta Valley.

The meeting will be held on Thursday, March 25, at 6:30 p.m. at the San Marcos High School Auditorium.

— Gretchen Macchiarella

**SAVE TIME, SAVE MONEY
ORDER BY PHONE**

**Avoid the
Long Lines
Later**

Textbooks are arranged on the shelf by course number. Our full refund policy removes all risk of buying your books early.

**NEW & USED
books for your
UCSB classes**

**USED BOOKS
save you
25%**

**Quality
Notebooks &
School Supplies**

**UCSB Clothing
& Backpacks**

**Calculators
Art Supplies**



We Buy Used Textbooks All Year Long.
Bring your unwanted books in for an appraisal. We pay cash.

**ISLA VISTA
BOOKSTORE**

The off-campus college bookstore serving UCSB since 1965
6553 PARDALL ROAD, GOLETA, CA 93117 • (805) 968-3600

★ ★ ★ ★ ★ SILVER GREENS ★ ★ ★ ★ ★

Silver Greens

FOOD TO GO!

YOUR DAILY HOROSCOPE
BY LINDA C. BLACK

Check the day's rating: 10 is the easiest day, 0 the most challenging.

★ **Aries** (March 21-April 19)—Today is a 5—Somebody's been saying good things about you behind your back. Isn't it nice when that happens? It's because you're authentic, that's why. You do your best and keep your word. But today it looks like somebody's going to ask for what you said you'd have done by now. So if it isn't quite finished, better hurry.

★ **Taurus** (April 20-May 20)—Today is a 6—If you could go where you want to go and do what you want to do today, which does look possible, you may have to do without something else. Unfortunately, this is one of those either-or situations, so if a loved one gets left behind, promise to make up for it later.

★ **Gemini** (May 21-June 21)—Today is a 5—Ask a friend to help you get something you want today from far away. You could do this by yourself, but you might get a better price if you go through a friend of a friend. Meanwhile, be there for someone who's going through a rough time. This person doesn't like to show emotions, but you'll be able to tell that a kind word means a lot.

★ **Cancer** (June 22-July 22)—Today is a 6—Some of the others are still making a lot of noise, but you're probably on the inside track. Looks like you know what's going on behind the scenes, and they don't. That's why they have to holler and you get to sit there smiling. Don't forget to speak up if you need to, though. You're much more powerful than you probably realize.

★ **Leo** (July 23-Aug. 22)—Today is a 6—Continue to dig in and do whatever needs to be done, and them some. If you offer to do extra, you'll make a fabulous impression on one who's been watching you lately. Head off the rumors that you're a party animal by proving you can go beyond the call of duty.

★ **Virgo** (Aug. 23-Sept. 22)—Today is a 7—Don't mess up a good thing today with a silly quarrel. It looks like such a situation would most likely occur around money, specifically money you and somebody else share. That could be the household account, for example, and how to spend it. Don't get hung up on the details. You'll actually save money by being generous now.

★ **Libra** (Sept. 23-Oct. 23)—Today is a 5—It might be a good idea to postpone your date until tomorrow or the next day. Complications could arise, making it difficult for you and your friend to connect. If you really want to do it now, just allow extra time to reach your destination. Meanwhile, you may solve a work-related problem by using a trick you learned at home.

★ **Scorpio** (Oct. 24-Nov. 21)—Today is a 7—Sometimes you're pretty quiet. Other people might even think you're shy. Truth is, you're pretty strong, bold, even brassy sometimes. But you ought to keep that part of yourself hidden for a little while. Looks like you could scare away somebody you're trying to attract.

★ **Sagittarius** (Nov. 22-Dec. 21)—Today is a 5—You may have wondered where the money will come from, and today, odds are good you'll find out. Unfortunately, it's probably not from the lottery. Instead of waiting for your ship to come in, dust off old skills and get busy.

★ **Capricorn** (Dec. 22-Jan. 19)—Today is a 7—Be careful to explain all the little details in a financial transaction today. You don't want any misunderstandings here, and if you pay attention the first time through, there won't be. Romance is a little bit more difficult, unfortunately. The person you're trying to talk to may not be in the mood to listen. If so, try again tomorrow.

★ **Aquarius** (Jan. 20-Feb. 18)—Today is a 5—you may hear something today that's very interesting, even a little outrageous, but do yourself and everybody else a big favor. Don't pass it along. Let the gossip stop with you, especially if it's potentially harmful. Advise somebody else to do the same.

★ **Pisces** (Feb. 19-March 20)—Today is a 7—You should be able to express yourself pretty well today, so maybe you can finally clear up an old misunderstanding. You may not even remember how it started, but that's not important now. What matters is to clean up the old mess, so the two of you can get back into having fun and turning a profit together.

★ **Today's Birthday** (March 12). Don't let money get in the way of a friendship this year. Instead, have them work together, by backing a friend's schemes in April. This person should return the favor with interest by May, and you'll have more than enough by August. Let another friend lead you into unfamiliar territory in November, and by December you may have achieved more success than you ever thought possible. Thank your buddy again in January and he or she will supply the support you need in return. Clean up an old misunderstanding in February and love blossoms anew.

★ ★ ★ ★ ★ SILVER GREENS ★ ★ ★ ★ ★

★ ★ ★ ★ ★ FREE DELIVERY ★ ★ ★ ★ ★ 961-1700 ★ ★ ★ ★ ★

Feature



KAZUHIRO KIBUSHI / DAILY NEXUS

Stress Management: Taming the Tiger

By Elizabeth Werhane

Of all the vocations, that of a student consistently ranks in the top two for most stressful. Feeling anxious or overwhelmed, depressed or fatigued, is common. Even though stress may be something you share with your fellow students, it should not be something you disregard. Instead, recognize that it can be detrimental and that there are simple ways to manage it.

How Stress Works

Stress is more than just in your head. It is a physiological response. According to Health Educator Marsha Bloom, the value of the stress response is recognizable even back in the days of cavemen, when it served to produce the fight or flight response. When faced with danger, the body releases chemicals and hormones that produce adrenaline and allow the body to react — extremely, if necessary — to the situation. Whether confronting a butterfly or a tiger, the body's reaction gives it the capability to react.

Bloom explained that the "odd thing is, we interpret stress as a negative thing when often it's what allows us to crank out a little bit of extra effort to do something." That something can be anything requiring the body to increase its performance. The outpouring of chemicals and hormones caused by stress are what helps "when you step off a curb and a car comes zooming down at you and you can leap way out of the way.

"There's a continuum," Bloom said, "at one end we have distress, which is the kind people usually think of — the negative, uncomfortable — and there's eustress, the positive stress."

In either form, various things can cause the stress reaction. "In the '90s," Bloom said, "the body doesn't know the difference between a tiger and an exam." The most significant cause of stress, however, is "change," according to Bloom. Any change — involving location, relationships, money or routine — can cause stress.

When Stress Takes Over

Certainly, stress has positive benefits in that it allows the body to react. In fact, as Health Educator Michael Takahara

explained, "If you don't have any stress in your life, you're physically dead." But stress can also have harmful consequences.

It may be time to seek help when you experience "feeling overwhelmed," "crying," "body tension," "chronic illness," "depression," "anxiety," "irritable bowels" or "dizziness," according to Bloom.

Sophomore physiology major and stress peer Jessica Groat encourages people to pursue stress management techniques "when you feel like your life is kind of out of control," "when you're feeling anxiety" or when you often have "butterflies in your stomach." Another common sign is "if you're spread thin and you have a lot of commitments and you're not doing everything you're committed to," she said.

Not taking action when the warning signs appear can lead to long-term effects such as anxiety disorders, ulcers, addiction, high blood pressure and depression, according to Bloom.

Ways to Manage Stress

"The number one way is breathing," Bloom said. Breathing is more than meditative mumbo-jumbo, however — it has physical effects that help the body cope. "When we're not relaxed, we breathe very shallowly," she said. "When the oxygen hits our brain, it inarguably cuts the production of the stress chemicals and stress hormones ... and strengthens and encourages production of our endorphins" that serve as natural opiates.

Bloom recommends allowing three to five minutes twice a day to take five deep breaths in through the nose and out through the mouth. "If you can even do that twice a day, intervene on the stress of the next upcoming tiger, whatever it is in your day" she said.

Breathing serves to "let your body rest," which is Takahara's primary suggestion for managing stress. Rest in the form of sleep is also important, according to Takahara. Ten hours is the recommended nightly duration for the average person in the 18-to-25-year-old range, he said.

Other techniques include progressive relaxation, exercise, nutrition and laughter. "Laughter is like a full-body

massage" and delivers oxygen to the brain, Bloom explained. Any of these things can serve to take your focus off the stressor and let the body regenerate.

"After you finish doing the relaxation technique, the stress comes back, but you have given your body a break and that adds up. ... If something really big happens in your life, you'll be better able to cope with it," Takahara said.

Stress and Drugs

Bloom specializes in alcohol and drug as well as stress-related problems, and finds that the two often go hand in hand. "I see a lot of students for alcohol or drug-related issues ... but what it gets back to is an effort to medicate the effects of stress. ... It is used as something to unwind after the week."

Alcohol and drugs may "in the short term feel effective, but need to be reassessed as a long-term management technique because they can, in fact, add to stress — the money spent, time spent, things done under the influence, things done to you under the influence," Bloom said.

For this reason, Student Health Service's peer educators have combined their stress peer program with the Students Teaching Alcohol and Other Drug Responsibility program. STAR is available to talk with students or to present informational programs to groups that request its services.

Campus Resources

Peers are also available through Counseling and Career Services. The stress peers are available "if you feel like talking about your stress," Groat said.

Groat described some of the other resources available at CCS including "the egg chair — an egg-shaped chair that emits alpha waves and you listen to an audio tape or watch a video. ... It's soft, dark and comfortable." Students can walk in or make an appointment to use the egg chair, which sits in a private room.

Another private room is reserved for the massage chair. Here, too, students can listen to one of over 300 audio tapes. There are music tapes, counseling tapes — including everything from "Dating

Skills" to "Dealing With Alcoholic Parents" — and personal development resource tapes, including "Becoming a Happier Person," "When to Seek Sex Therapy," "Practical Aids to Control Smoking" and "Stop Procrastinating."

Many of these resources are underused. "It's not really busy in here," Groat said.

According to Groat, CCS has a specific program to counter anxiety over exams. "For test stress we have a program called Test Anxiety Program for if you're getting really bad grades on your tests or you're blanking out or not doing very well." The five-week program involves meeting with a peer once or twice a week for 45 minutes to an hour, in which the

pair goes through a small workshop. As with all stress peer services, it is confidential.

Confidentiality can also be counted on at Student Health Service. Bloom is available to talk to students. Along with dealing with issues of alcohol

and drug abuse, she explains that her job involves "refuting irrational ideas, notions that you have to be perfect — things that may be increasing the levels of stress just because you're sweating harder than you have to."

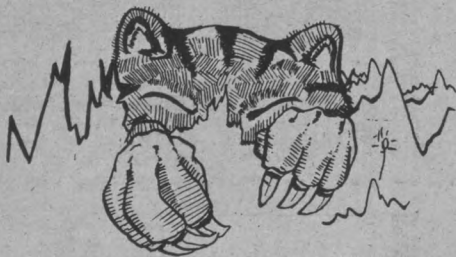
Something to Think About

"If we can start changing behaviors now, we can more effectively manage our stress and prevent problems in the future," Takahara said.

"Stress is biological in nature; it results from change," Bloom said. "There are things that you can easily incorporate into your routine in under five minutes a day" to manage stress. You cannot change the things around you, but you can change the way you react.

Who to Contact

- To make an appointment with Marsha Bloom, call 893-3371.
- To talk with a stress peer, stop by CCS or call 893-8296.
- STAR peers can be reached at 893-2630.



CATIA CHIEN / DAILY NEXUS

Opinion

Staff Editorials:

Editorials are the consensus opinion of the Nexus editorial board. All editors are invited to sit on the board by the editor in chief.

Columns and Letters:

We welcome all submissions, but the maximum length is three pages, and they are the property of the paper.

OSBORN
DAILY NEXUS 1999



CORY OSBORN / DAILY NEXUS

It Is Just a Movie!

The Court Ridiculously Ruled That a Case Against Natural Born Killers Must Be Heard

Picture it: A bunch of college kids, much like ourselves, watching a movie one afternoon. Let's say the movie is "Dazed and Confused." Upon completion of the movie, the kids decide they are going to smoke a lot of pot. The logical conclusion then is that the movie incited them to do so. Right? Wrong. That is ridiculous. Drug use is prevalent in the film, but it is probably not going to incite viewers to immediately run out and smoke a bunch of bowls.

The same principle holds true for a case recently brought to the Supreme Court's attention. On March 8, 1995, Patsy Byers was left a quadriplegic from a convenience-store robbery that was, according to the lawsuit, inspired by the movie "Natural Born Killers." The relatives of Patsy Byers have filed a civil suit against Oliver Stone, claiming his movie incited the suspects to shoot Byers in a copycat crime. The Supreme Court ruled that the case was valid and that it should indeed be heard by the lower courts. Their reasoning? Per a 1969 Supreme Court case, the First Amendment could be prohibited at certain times.

At this time the Supreme Court stipulated that the free speech guaranteed by the First Amendment can indeed be banned if the speech incites imminent action to break the law. By this, the Supreme Court meant that the speech is literally and specifically telling a person to kill people. However, such is not the case here.

In requiring the lower court to hear this case, the Supreme Court is setting a dangerous precedent. Basically, this is saying

that now anyone can sue another person for any reason. Furthermore, this is a case of artistic expression. A movie constitutes art. So how can one sue on the basis of something as subjective as art? The Louisiana state appeals court allowed the lawsuit to go forward by alleging that the movie was created to incite copycat crimes shortly after viewing the movie. How? That cannot be judged. It is equivalent to saying that J.D. Salinger should be held accountable for John Lennon's death since his killer had a copy of "Catcher in the Rye" in his back pocket.

The absurdity of the case becomes even more apparent when looking at the plaintiffs in the suit, who are the relatives of the victim — it seems as though they are just looking for something to blame, and for a little extra cash. A quick payoff of a lot of cash can be gained from Stone, and the relatives of the victim must be aware of that fact. Oliver Stone also serves as an easy scapegoat for the crime. But this suit will do no justice; it is a civil suit. The only thing to be gained is money.

Plainly, justice is not being served here. If the First Amendment does not hold up, it is worthless. This movie is not speech that advocates breaking the law — it is a *movie* (and a satire of situations like this, at that). The 1969 Supreme Court ruling was based on protests during a progressive era; it was not intended to be used to gain a little cash compensation from a robbery. Using it for such purposes is an abuse.

Why I Love the Po

Tickets Are Just One of the Many That Enforcement Agencies Are

TED ANDERSEN

It would be so much easier if we could all just have a car too. Pretty general statement, so I'll throw out some words for the officers.

Police officers are great people, much more so than I give them credit for. Through a primarily brutal and brutal portrayal of cops in action or mob flicks, the public gets a so realistic view of the life of crime and law. Sigh.

I often think to myself how tough you have to be to be a police officer; takin' out bad guys and makin' things right again. It's a great American hero idea. There's no way I could play that (maybe just the lines) and deal with the scum of the earth. Life, not knowing if I was going to live to see the next day, is unbearable; the torture ... unthinkable. I really commend them on their work.

Well, maybe all police officers except for the one who wrote me a punitive traffic ticket in 15 minutes on State Street last week. When my broken tail light, I just so happened to receive one. Though I do admit it was dangerous for me not to repair it. A good officer of the law — who I spotted before my car was another vehicle on State Street — also wrote me up for

Working All Over

Student Groups Took a Trip to No

CHRISTINE FAGAN

So what did you do this past weekend? While many of you were experiencing the Film Festival or other treats Santa Barbara has to offer, 10 of your classmates headed north to beautiful Cambria Pines, Calif., for a working weekend. You see, students from UCSB's award-winning Peer Health Education Program were invited to be guest presenters for the Bacchus and Gamma Area 2 Spring Conference.

Bacchus and Gamma is a nonprofit organization that focuses on alcohol abuse prevention as well as other student health and safety issues. The Bacchus and Gamma Peer Education Network, like our UCSB health educators, wholeheartedly supports peer health education programs and the many benefits they have

The Reader's Voice

HOW TO DRINK AND STILL SURVIVE SPRING BREAK

Editor, Daily Nexus:

Hey, your friendly STAR peers are here with some helpful hints on how to have a great Spring Break! Soon we will all be on vacation doing some much deserved relaxing and partying, and if we plan ahead, there is no reason why we can't do so safely.

If you're planning on drinking, try to grab a bite to eat before you head out. This will slow down the absorption of alcohol and reduce the chance of nausea, vomiting, hangovers, etc. You wouldn't want to waste a perfect morning for the beach stuck in bed sick from the night before.

Another good idea is to alternate between alcoholic and nonalcoholic drinks. Also, it is not a good idea to drink in the sun. Alcohol is a diuretic, and despite its thirst-quenching sensation, it actually dehydrates the body, so having some juice or water between alcohol would be an especially good idea in this situation.

Make alcohol part of the event, not the event itself. In general, you should know

your limits and try to drink moderately and responsibly. Drinking moderately to avoid problematic experiences is defined by limiting alcohol to 1-4 drinks per day. Obviously, a monster beer is not considered one drink. We're talking about your average 12 oz. can of beer. It is often difficult to drink moderately if your friends are all binge drinking, so try to surround yourself with responsible drinkers. Or join the other 23 percent of UCSB students who choose not to drink.

The problems that binge drinking can cause are not things you or your friends want to be dealing with over Spring Break. One possible result is alcohol poisoning. Signs include cold, clammy, pale or bluish skin, slow or irregular breaths, inability to be awakened, vomiting while passed out. Suspicion of alcohol poisoning is an emergency situation and requires immediate medical help. Call 911 and stand by your decision. You're being a good friend by using your best judgement.

Another negative consequence from binge drinking is blackouts. Blackouts are not normal or common, so you should be concerned if a friend suffers memory loss from drinking too much. Besides, the fun

memories from Spring Break are limited if we don't remember half of it.

Drinking alcohol depresses the nervous

system



LISA DOTY / DAILY NEXUS

system, which can lower inhibitions and increase desire for sex. However, the performance in the bedroom may be less than desirable since alcohol depresses sexual response in both men and women.

Roofies and GHB are other concerns to look out for. You should never accept open drinks from people or put your drink down. If you want another drink, get it for yourself. And keep an eye out for your friends. Let's take care of each other this and every Spring

Break.

Last, but most importantly, always make sure to decide ahead of time who will be the designated driver. Take turns so that the same person does not feel left out every time you go out. Fifty percent of traffic fatalities involve alcohol and it is the leading cause of death for ages 18-24, not to mention the risk of getting a DUI. For people 21 and over, a blood-alcohol level of .08 or above can get you jail time, a 90-day restricted driver license, traffic school, AA meetings, and about \$3,000 worth of fines.

Again, we hope you have a great Spring Break and come back with a lot of good memories. Be careful and watch over yourselves and each other. Have fun!

ARIANA CASTILLO
ENVIRONMENTALISTS

STAND UP TO LANDLORDS

Editor, Daily Nexus:

I just want to commend all those hardcore environmentalists out there who fought over the years to block the landlords on Del Playa from throwing up a big, ugly seawall that would have done further damage to what is

left of our beach

Over the past few years, you have tirelessly educated the public using videos and county hearings. You have shown apathy by turning up your nose literally in our own backyards.

Your hard work has paid off while the opposition has failed. We hope that those who were once in our corner will continue to support this victory.

LOCAL ACTION

OFF PROPOSALS

Editor, Daily Nexus:

The student body of UCSB students and members played a vital role in the formation of the Vista seawall. Thank you for bringing the Commission this week (Daily Nexus) and for your support. I am sure you will seem to have forgotten

ers:

missions, but please include your name and phone number. For columns, maximum length is 1000 words, typed and double-spaced; for letters, one page. All submissions become property of the *Daily Nexus* upon being turned in and are edited for length and clarity.

How to Reach Us:

Drop by the Nexus office under Storke Tower, call us at (805) 893-2691, call the Hot Line at (805) 893-2692 or fax us at (805) 893-3905.

Police Many Reasons Are Good

EVERYBODY CAN'T BE OUT THERE LIKE CLINT EASTWOOD ASKING THE BAD GUY IF HE THINKS THERE'S A BULLET LEFT IN HIS .44 MAGNUM — IT'S JUST REALITY THAT SOME COPS ARE GOING TO GIVE TICKETS, TOO.

But I still love cops, especially the ones who came to my apartment complex a few days ago. My neighbors were in the early stages of a Thursday pre-midnight get-together when I saw two nice, clean-cut officers come to my neighbor's door. Though only about three or four guests had arrived and the noise could not be heard from the street, these nice, young officers announced a call they received from an anonymous neighbor before the night's festivities were underway. Well, to make a long story short, these two officers of the law told my neighbor that if they had to come back again due to a complaint, then she would be served a \$700 noise violation ticket.

To be quite honest, I didn't know such a fine could be imposed for a minor noise violation, but it just goes to show you how much more superior these great policemen's grasp of our country's laws are than mine. I'm gonna do the right thing from now on and whisper in my room.

windshield.

Now, in my insolence I figured since my windshield had been cracked for two years it would be OK, but my knowledge proved to be futile. This peace officer told me it was also "dangerous." Oh well, my insurance deductible is only around a quarter of my monthly salary — fixing it by the end of March shouldn't be a problem. I waved to the nice officer as he remounted his motorcycle and proceeded to pull over the first car in his way with tinted windows. They probably deserved it, too.

EVERYBODY CAN'T BE OUT THERE LIKE CLINT EASTWOOD ASKING THE BAD GUY IF HE THINKS THERE'S A BULLET LEFT IN HIS .44 MAGNUM — IT'S JUST REALITY THAT SOME COPS ARE GOING TO GIVE TICKETS, TOO.

But I still love cops, especially the ones who came to my apartment complex a few days ago. My neighbors were in the early stages of a Thursday pre-midnight get-together when I saw two nice, clean-cut officers come to my neighbor's door. Though only about three or four guests had arrived and the noise could not be heard from the street, these nice, young officers announced a call they received from an anonymous neighbor before the night's festivities were underway. Well, to make a long story short, these two officers of the law told my neighbor that if they had to come back again due to a complaint, then she would be served a \$700 noise violation ticket.

To be quite honest, I didn't know such a fine could be imposed for a minor noise violation, but it just goes to show you how much more superior these great policemen's grasp of our country's laws are than mine. I'm gonna do the right thing from now on and whisper in my room.

But I still love cops. If I had their rugged style and authoritarian prowess, I could really clean up the streets — ya know? Well anyway, I think my love of our land's greatest people comes from my childhood. Yes, I remember it like yesterday ... walking around at night in my adolescence with my friends, just looking at the stars near the local golf course. Yup, it was great, but the best part about it was the police officers who always harassed my friends and I for being out past my town's liberal curfew of 10 p.m. But that was OK, they only caught us once and besides, we were young, and we probably deserved it. Thanks to the nice police officers, only now can I think back at the idea of taking a walk at night and understand its legal implications.

But — that's right — I still love cops. Though I do admit I've had some unfortunate luck with parking tickets also. One day last year (I'm sure all you Isla Vistas can all relate), I walked to my car to find a pink slip attached under my windshield wiper. I thought to myself, "I wonder what this could be?" Lo and behold it was a 30-something-dollar parking violation for having my car more than 18 inches from the curb. I was 21 away. Damn. But I play by the rules, so I paid the ticket. Honestly, I really believed whoever wrote that ticket was right on the money because, boy, did it teach me a lesson.

But aside from all of the present and past experiences I've had and observed with police officers, it is quite obvious that they are only trying to do their jobs. Everybody can't be out there like Clint Eastwood asking the bad guy if he thinks there's a bullet left in his .44 Magnum — it's just reality that some cops are going to give tickets, too. I mean, think about it ... if everybody had one tail light out, a cracked windshield, parked over 18 inches from the curb, had friends over for parties, and walked around after dark, what kind of world would this be? God, I love cops.

Ted Andersen is a Daily Nexus assistant campus editor and needs a hug.

Over for Students

to NorCal and Realized Their Potential

proven to provide.

So, this past weekend 10 of UCSB's peer health educators from various peer programs attended the 1999 regional conference. Even more exciting is that our peers were invited to present for other attendees such as Cal State Northridge, College of the Canyon, Loyola Marymount, St. Mary's, San Jose State, Sonoma State, University of Arizona, University of Redlands, UC Riverside and Santa Barbara City College. Our very own STAR peers (Students Teaching Alcohol and other drug Responsibilities) presented twice. One presentation focused on "Drug Jeopardy" while the other one addressed "Stress Busters." In addition, individuals from Reader's Theater, with help from the sexual health peers, presented a skit titled, "After the Party," followed by a facilitated discussion.

UCSB has many specialized programs. We have an in-

credible peer health program which includes Relationships, Sexual Health, Nutrition/Eating Disorders, STAR, Heart Care Peers, Cold Care Peers, Outreach Peers, RPEP (Rape Prevention Education Program), and Reader's Theater. Adriana Halford, senior STAR co-coordinator said, "The newer peer groups at the conference were looking to us because they recognized that we had a great program and that we were a good model to follow."

When asked what she thought of the conference, senior STAR Co-Coordinator Nicole Eterovich replied, "It was educational. The student area consultant who helped run the conference glorified our school programs in front of everyone. It was a good feeling." All in all, the conference was a success for UCSB.

This past weekend was not the first time that UCSB's Peer Health Education Program has been recognized and praised. Back in November, one of the top honors given by the National Bacchus and Gamma Peer Education Network was awarded and UCSB was named as a 1998 Outstanding Network Affiliate for our Peer Health Education Program. This was quite an honor considering UCSB was one

of three campuses in the nation with populations greater than 12,000 to win this award. This conference was held in Washington, D.C., where three of our UCSB peer health educators were present to anxiously and graciously accept such an honor on behalf of UCSB's Peer Health Education Program.

As outreach specialist for UCSB's Peer Health Education Programs, I realize the importance of peer health education and I am very proud of the many specialized programs our university has to offer. I am also convinced that our programs succeed because of all the peers who are enthusiastic and devoted to their individual programs. Wouldn't you like to get involved in this award-winning program? For information, contact Student Health at 893-2630. Or, to turn the peer health education experience into an academic internship, enroll in one of the training classes — Sociology 91A, Sociology 91B, Sociology 91F or Bio 91A.

Christine Fagan is a junior communication major and is the outreach specialist for the UCSB Peer Health Education Program.

Letters to the editor MUST include the author's FULL name, phone number, year and major.

our beach.

In the past few years, they have worked hard to educate the campus community about the seawall, attended numerous meetings and bands, attended numerous hearings, and challenged UCSB by turning our heads to a critical issue in our own back yard.

Hard work and persistence has paid off. The opposition continues to wait for "activists" to graduate and move on. I hope those who strive to make a difference in our community can be inspired by their example.

HARLEY AUGUSTINO

AL ACTIVISM WARDS

PROPOSED SEAWALL

Daily Nexus: The student body should know that students and Isla Vista community members played a crucial role in the California Coastal Commission's denial of the Isla Vista seawall. The author of the article covering the Commission's hearing in Carmel-by-the-Sea (Daily Nexus, "Coastal Commission Votes Against Seawall," March 10) forgot to mention who rallied and

organized for years against the property owners (i.e. absentee landlords) in opposition to the seawall, which would result in a taking of the public trust.

We convoyed to the Santa Barbara Board of Supervisors meetings, to Coastal Commission hearings in Long Beach and Carmel. We testified, protested, made signs and even created a documentary ("Behind the Wall") voicing the delirious effects a mammoth structure would incur on local biological resources and our own social welfare, once concrete was poured into our sands. To write an article about the victorious vote which killed the seawall without recognizing the public that cared enough to fight it is asinine.

Let's recognize I.V. Surfrider, and members of Environmental Affairs Board, along with representatives from S.B.'s Environmental Defense Center, the I.V. Rec and Park District, S.B. Surfrider Foundation and the Sierra Club for working together to ensure that public trust land and things like tidepools and natural processes would not be sacrificed for the financial gain of a handful of individuals. Without these dedicated and conscientious people, the Coastal Commis-

sion may not have even recognized just how important it was to nix the seawall! Cheers to all those that testified, and all who know that nature bats last.

Laura Brands

TRY THIS ON FOR SIZE:

UCSB GRAD PRODUCES

Editor, Daily Nexus:

This is a little message to all the people of the UCSB campus. Whether you are a student professor, teacher's assistant, employee, campus character or just a visitor, I want to let you in on a very special event going on this Friday night, March 12, at 8 in the Isla Vista Theater. At 7 p.m., the doors will open and tickets for only \$3 will be sold at the theater for admission of the premiere of .. *One Size Fits All*, a 16mm silent film made by a recent graduate of UCSB named Matthew Powers. In addition, there will be a jazz/funk band performing live at the show. The band is composed of a group of gents (L.A.G.), who are members of the hot local band Animal Liberation Orchestra, and who did a dazzling original soundtrack to the movie.

Matthew Powers, the filmmaker, is a bit

of a lunatic. He knew absolutely nothing about filmmaking until his junior year in college when he took an intro screenwriting class and wrote this short script about this kid getting this magic hat that enables you to read minds! His teacher, Paul Lazarus, strongly encouraged him to proceed with the script, and helped him along the way!

That summer, when he was 21, he got a job at Industrial Light and Magic, George Lucas' special effects company, and learned the ways of jedi filmmaking and got it down to a science. When he came back to finish his last year of school, he learned that his screenwriting teacher had passed away. Since then he has been working tirelessly on this project, while making short films on the side, including the campus hit *Recyclin'* about the UCSB campus recycling program. *One Size Fits All* was completely self-funded by Mr. Powers out of his own pocket. With a budget of \$12,000, he literally worked eight jobs during production to successfully complete the project.

Join in on the fun on Friday ... you won't regret it! A portion of the proceeds will go toward the Rainforest Action Network!

GREG MERVYNS

HOT LINE

Look at All the Lonely People

Like bird-watching, people-watching can be a relaxing and educational hobby. It doesn't cost money, and can be done anywhere in the world where people are found. Believe it or not, our campus is a great place to people-watch. Favorite people-watching spots include the UCen, the Arbor, and the bus stop by North Hall. To make things interesting, look for people without shoes, walking dogs or carrying baskets of fruit. There are so many people on campus, one doesn't even need a pair of binoculars to see them.

How About Some Zend?

"People have one thing in common: they are all different."

- Robert Zend

Honest Abe

"God must love the common man, he made so many of them."

- Abe Lincoln

Dead Weekend

This is the weekend before Dead Week. Students will now be faced with a major decision: Go out and get faded, or stay home and crack open the books. Considering many students haven't opened their textbooks yet this quarter, the latter seems the more viable choice. Either way, be happy with your decision.

How to Play:

Give us a ring at (805)-893-2692. Leave your idea or fact, full name and phone number (without which we won't let you appear in the Hot Line.) Thanks.

TRAFFIC SCHOOL
***** ON UCSB CAMPUS *****
Entertaining Classes
\$20 WITH THIS AD
805-582-0505
 DMV Licensed
 www.trafficschool.com
Pay-N-Less School / Main Office: 21757 Devonshire St., Ste. 6A, Chatsworth, CA 91311



SLOUGH

Continued from p.5
 a good job of looking at the big picture of this housing proposal.
 "The university has been very good about addressing environmental concerns," he said. "They have expressed a

great deal of sensitivity regarding environmental impact."
 Students who wish to tour the south parcel can stop by the EAB Office in the UCen for a list of dates and times, EAB Chair Meghan Conklin said.
 "We have a special group

at EAB that discusses North Campus," she said. "I feel that it's an area the university should value as a biological resource, as coastal open space and as a potential area for research."
 Kissner emphasized the importance of student input

on any decision.

"The issue should either be solved before the end of the year or when school reconvenes in the fall, but not over summer break," he said. "Students need to be heard because this affects them directly."

RADAR

Continued from p.1
 bikes, this means that they must obey stop signs. Motorists' speeds will be clocked by radar, something that has never been done in I.V. A monthlong conditioning period will precede full-blown enforcement of the program, according to Johnson, who said police "will begin with verbal warnings, unless something way out of hand happens."

According to sophomore political science major Jeff Granger, such a program will hopefully tame the often-reckless habits of people in I.V.

"The bicyclists rule this town. They just go wherever they want, whenever they want, and they don't really obey stop signs or anything like that," he said. "But the cars can also be pretty scary, they go really fast and like to see

how close they can get to a bicyclist without hitting him."

In a preparatory survey designed to ascertain the need for new traffic enforcement program, Johnson said the County Engineering Dept. examined such things as the relationship between the speed limit and the average speed of a control group of cars. The survey found a large need to reduce speeding in I.V. and an accident rate four times higher than the county average at the corner of Los Carneros and El Colegio roads, Johnson said.

Junior computer science major Alex Neth said that although it may be beneficial, the program is an example of Foot Patrol intrusion.

"In terms of bikes stopping at stop signs, that's a little ridiculous. I don't know of anywhere where they enforce a law like that," he said. "It certainly won't help the relationship between

the Foot Patrol and the students.

According to Johnson, although officers will begin to enforce bike laws more strictly and radar will assist in penalizing speeding, they certainly do not intend to issue a citation for every single violation.

"We are not going to be hardcore on the bikes, but we have to demonstrate that bikes are still required to follow the laws," he said. "The object isn't to write as many tickets as we can, it's to get people to slow down. We don't want to create an adversarial relationship, but we have to have compliance with traffic laws."

The new program should be in effect soon, with officers beginning to patrol on radar-equipped bicycles, Johnson said.

"You're not going to know where we are, so if you don't speed you won't have any problems," he said.

Superb Academic or Corporate Research and Support is now available in the Santa Barbara area:

Full Service
 Typing, Transcription, Proofreading, Copy Editing and Light Research
No project too large or too small

Please Call
A MOUSE AWAY • (805) 961-4601



ATTORNEY
DUI-MIP-DMV
ALL ARRESTS
 Absolute Privacy • 31 Years Criminal Law, Ex-Dep. D.A.
RONALD CARPOL
800 800-2397
 24 HRS., FREE CONSULTATION


OUT NOW **The Roots** **ON SALE**
Wilco
Harlem World Built To Spill
Sell Us Your Used CDs!
 Get up to \$4.50 in cash or \$6.00 in credit for each CD!

morninglory music

BEST 1998 WINNER **WINNER BEST 1999 UCSB**

Isla Vista
 Santa Barbara 1014 State St. 966-0266
 910 Emb. del Norte 968-4665
 Lompoc 1512 North H. St. 736-7676
 Across from the ATMs

DILBERT® by Scott Adams presented by **INTERNET 101**

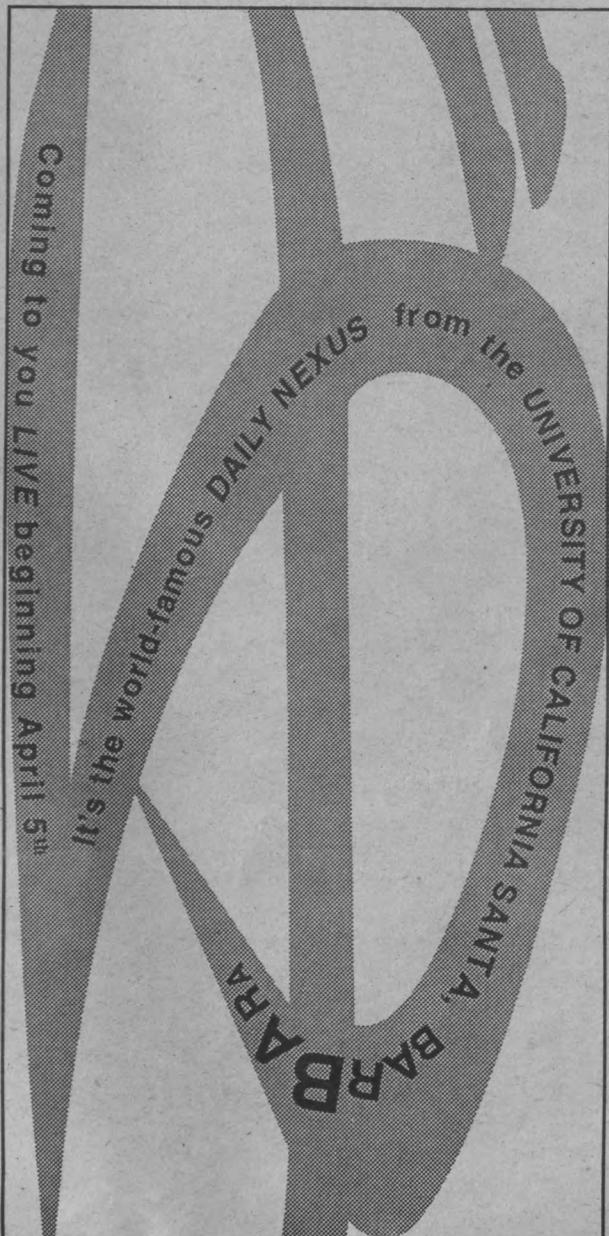


Special UCSB RATE
INTERNET 101
\$17.75 monthly
 +\$12.50 set-up
 101 freeway.net
 OR: Sign up & pick-up disk at UCSB Bookstore computer repair—downstairs.

*FREE On location setup *FREE local tech support
 *FREE High speed 56K *FREE software
 *FREE Home Page storage *FREE e-mail account
CALL NOW 565-2325

Coming to you LIVE beginning April 5th

It's the world-famous DAILY NEXUS from the UNIVERSITY OF CALIFORNIA SANTA BARBARA



"GET CASH FOR YOUR USED BOOKS!"

at the...

ISLA VISTA BOOKSTORE

Monday-Friday 9:00-5:30
 Saturday 11:00-5:00

Don't miss it!

LEG

Continued from p.1
 don't care ... If certain groups didn't come, maybe they didn't want a computer."

According to Costley, the revised bill represented significant give-and-take from both sides.

"I still don't love computers. If I was a one-woman dictatorship, we would have no new computers. But I'm not a one-woman dictatorship," she said. "Government is about compromise, and this is a major compromise. I think if you're going to do computers that this is a really good bill and a really good compromise."

Leg Council also heard a presentation from Budget and Planning Director Tye Simpson on the long-term situation for parking on campus. Student Advocate Rodney Clara questioned why students are forced to

pay for each space lost when a structure is built on a parking lot. Simpson responded, "Because they can be."

Off-Campus Rep Eric Morris authored a bill calling for a third-party audit of the UCen, which he claimed is losing money while the UCen directors increase their salaries. Although the bill died after On-Campus Rep Mel Fabi withdrew his second, Jennifer Costa of the UCen Governance Board addressed the issue during public forum.

"This bill is an insult to me and the entire Governing Board. We'd be more than happy to explain any discrepancies. According to [UCen Director] Alan Kirby, the numbers have been misconstrued," she said. "The bill's author has never been to one of our meetings. This is poorly written."

According to Garrick Louie of the UCen Budget

Subcommittee, the numbers in Morris' bill were correct.

"Eric Morris is absolutely correct. Dining services is not profitable as a business. They have done horribly all year. These issues are labor problems. A lot of these services are student-run," Louie said. "We need to make a choice. What is the aim of the UCen? Are we going to provide experience for students, or are we going to make it a business?"

Leg Council also approved a recommendation from Finance Board to appoint undeclared freshman Hagan Green as A.S. webmaster, allocating \$10,000 to the position from Capital Improvements. The project will continue over several years, according to Off-Campus Rep David Klein.

"This is an excellent cause. It's a great way for A.S. to show itself to the world and the community," he said.

**SPRING BREAK
Ski/Ride TAHOE**

4 Lift Tickets and 4 Nights Only \$240/1 Person or \$450/2 People

All packages include free continental breakfast, transportation to the slopes, use of indoor heated pool and hot tub, clean rooms and if you can't find a roommate we will help you. Coupons will be available for discounted rentals and meals. Learn-to-ski package available.

Lift tickets are for Sierra at Tahoe. Free transportation to SAT and Heavenly. For Heavenly passes, add \$15/day.

2 Lift Tickets & 2 Nights Only \$140/1 Person or \$250/2 people.

**530.544.4101
800.544.4095**

Use this GROUP DISCOUNT # to make reservations: 106
www.holidaylodge.com

Daily Nexus



**FAJITAS FOR 2
\$9.95**

Not good w/any other offers
 Expires March 31, 1999

5918 Hollister Ave. 683-2577

ONE COUPON

Daily Nexus

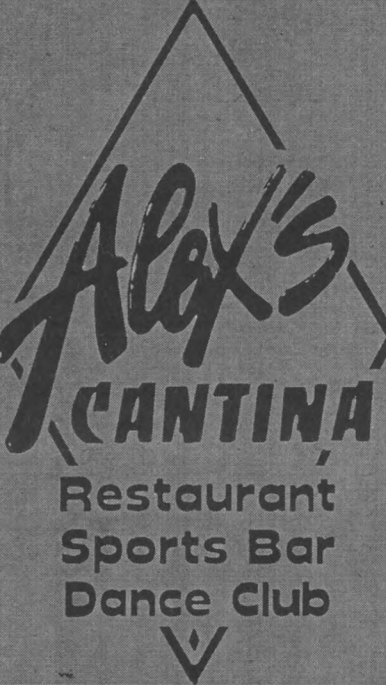


**Sunday Brunch Buffet
only \$7.99**

Limit 2 people per coupon
 Not good w/any other offers • Expires March 31, 1999

5918 Hollister Ave. 683-2577

ONE COUPON



**Speedy Lunch
and Dinner Buffets
for under \$6.95**

Don't Miss our
 Famous \$1.00 Drink
 Tuesday Nights

**Happy Hours Daily
w/FREE MUNCHIES**

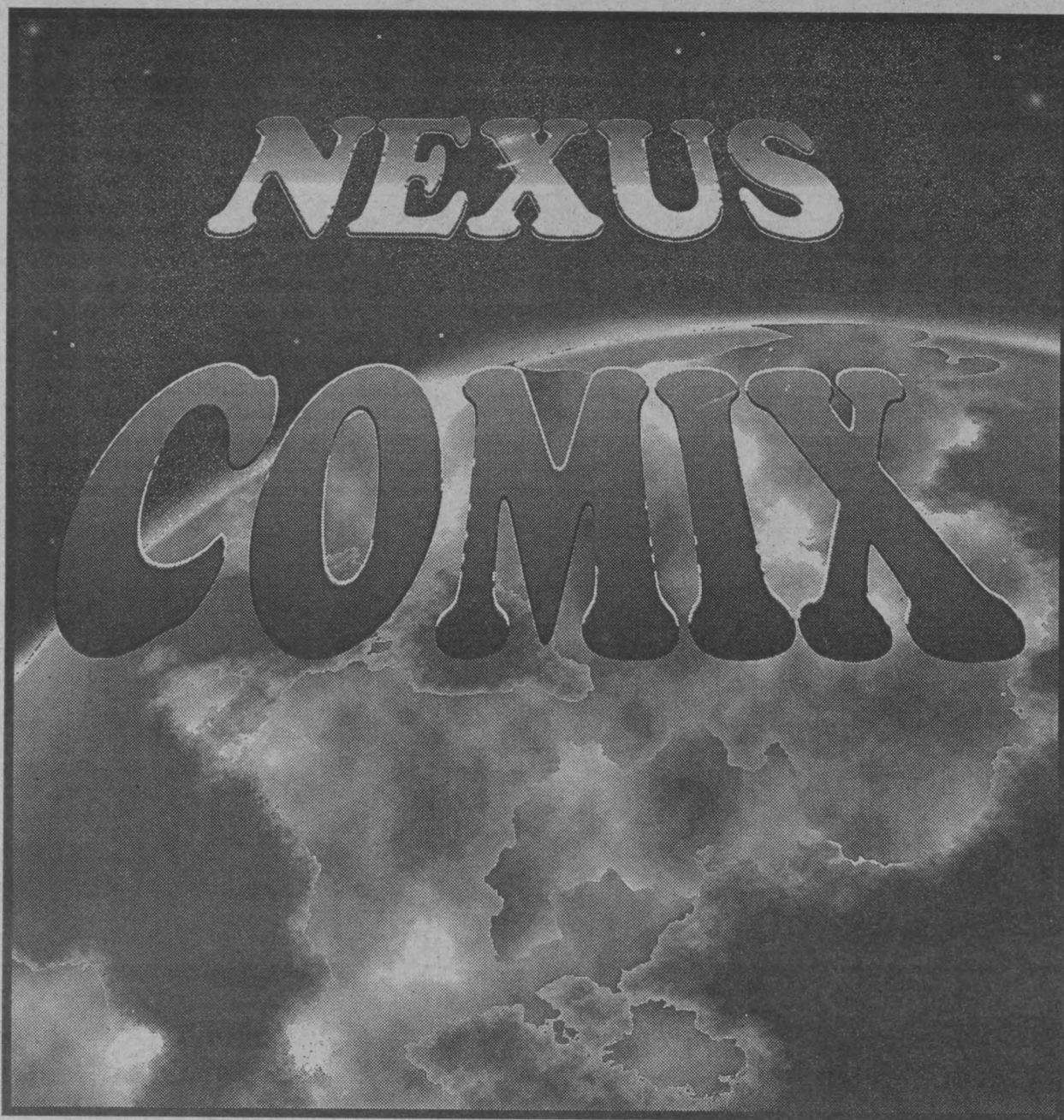
5918 hollister, 683.2577

Ten weeks of News, Sport, Opinion, Photography and design. Ten weeks of Real-Life Journalism, Wit, Intelligence and Sarcasm (obviously). Ten weeks, and now it is over. But,

One issue remains ...

The good ship Daily Nexus has reached port, the quarterly voyage is complete and it's time to go home for Spring Break. But, as our final gift to you, valued reader, we present our **LAST ISSUE OF THE QUARTER** coming **TUESDAY, MARCH 16th** with

**CARTOONS
CROSSWORDS**



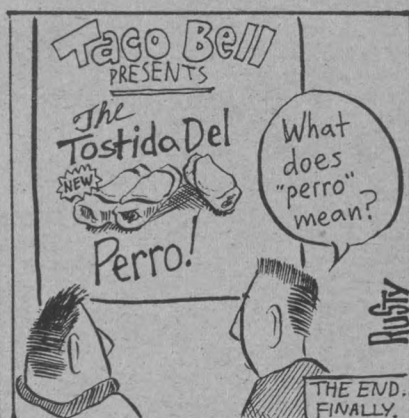
© The first day

by h...ry



Smudge Mutiny

By Yates



The Occasional Adventures of Stonerman by Robertson



SPECIAL NOTICES

ATTENTION!!!
 Absolut Bottom Offer for Winter Quarter \$30 for 1999 La Cumbre Yearbook 893-2386 for more info. or come by under Storke Tower to BAVRC the book.

EARN \$1,000-3,000/week
 not MLM
 805-692-8429

FREE!!
Money-Making Info
 quickcash42@hotmail.com

Pledge and didn't like it? Start your own Fraternity! Zeta Beta Tau is looking for men to start a new Chapter. If you are interested in academic success and an opportunity to make friends in a non-pledging brotherhood, e-mail: zbt@zbtational.org or call Mike Simon at (317) 334-1898

SAVE MONEY! Make Your Own Fishing Rigs. Free Details: Write/D.J. DANI 1210 Cacique #49 Santa Barbara, Ca 93103.

GREAT MANAGEMENT OPPORTUNITY

Fast-paced & growing local business is looking for a detail-oriented individual to oversee all aspects of administrative and client base contact. Full-time position for self-starter with an opportunity for advancement. Salary negotiable.
Fax resume: 805.899.2983

STUDENT WORK
 Scholarships & Internships avail. Flex hrs around classes **START AT \$12.25**
 Call M-TH 10-3 681-9983.

SUMMER CAMP COUNSELOR
 CO-ED, North of Lake Tahoe. Walton's Grizzly Lodge PO Box 519 Portola, CA 96122 www.grizzlylodge.com

TELEPHONE FOR GOOD CAUSES
Earn Up To \$10/Hr + Bonuses
Within 5 Days

Telefund, Inc., SG's progressive fundraising firm since 1989, seeks callers for modern, 1129 State St. office to raise funds for PBS, Save the Children, environmental groups and other good causes. \$7-\$10/HR BASE WAGE GUARANTEED. Alt/eve shifts, 12-37 hrs/wk. 564-1093

HELP WANTED

\$21+ HOUR!
 Easy Work Processing Mail or Email From Home or School For Details Email: Apply4now@smartbol.net 770-937-6764.

Bartender Trainees needed. \$100-200 per shift, P/T or F/T. Immediate placement assistance. 805-983-6649. International Bartender School.

CAMP WAYNE
 Sister half of brother/sister camp- Northeast Pennsylvania (6/20-8/18/99). We're back! We have recruited great staff from UCSB and want you to have the most memorable summer of your life. Directors for Fine Arts, Golf, Nature/Camping. Counselors to live in cabins and teach at specialty areas. If you love children and have a specialty to offer call 1.800.279.3019 or e-mail campwayne@aol.com On Campus Interviews April 17*

Street Sweeping Supervisor
 The Isla Vista Recreation and Park District is seeking a PT person to run the Adopt-A-Block Program, the District's manual trash pick-up program. Must enjoy working outdoors and with the public. Serve as liaison between the District and the Isla Vista community. Coordinate and organize community service workers. Experience with MS Word and Excel required. Must be able to lift at least 25 pounds. Fingerprint clearance and clean drivers' license required. Applications due by 5 PM on 03/12/99. 961 Embarcadero Del Mar, Isla Vista 93117. EOE.

Summer Day Camp Counselors needed Palo Alto, CA. 6/23-8/18. \$68-\$85/day. 9am-4pm. Decathlon Sports Club. 650-365-8638. Application Deadline: March 15

SWIM TEACHER- Responsible friendly person that loves working with children. 1yr commitment. Please call 565-4804 or 964-7818 lv. phone # and address.

Teacher Assistants Needed Preschool Program Days MWF or TR from 9:30-1:30 & 1:30-5:30. \$5.75 call 893-3665 asap

Female Photo Models Needed. \$200-\$1000 per shoot. Legitimate work-paid daily. Sterling Productions. 961-3919.

FT/PT positions; residential instructors needed. Flexible hours. Great for psych or soc majors! Edie 681-9557

Growing Local Company Needs Employee in software dept. Full/Part time. Competitive salary. FAX Resume to Matt Walker 805-898-3733

HELP WANTED
 Earn Extra Cash!!! Make your own Hours!! Responsible Students to Market/Manage Citibank Promotions on Campus. Free Giveaways! Earn \$400+/week. Call Rose at 1-800-950-8472.

Office Assistant. P/T pos. in busy upbeat office. Must be avail. afternoons till 5:30. Prev. office & comp. skills req'd. Min typing 35wpm. Salary DOE. Fax resume and cover letter to 962-2663.

FOR SALE

A-1 MATTRESS SETS...
 Twin sets-\$79, Full sets-\$99, Queen sets \$139, King sets \$159. Same day delivery 23 styles. 909-A De La Vina St. 962-9776. "ASK FOR STUDENT DISCOUNT".

Books and Videos March 13-14. 9am-3pm 5663 Encina Rd #201.

For Sale, 2 large studio monitor speakers with home theatre setup. \$699 for the whole set. Call 685-4094

Snobds: Silence 155 GNU 149 Bindings: Burton Freestyle Joyride Incredible Deals!!! Call Will @ 685-6991

AUTOS FOR SALE

96 Mitsubishi Mirage S Coup.
 Emerald Green, only 46000 HWY Miles. Looks and Drives like new. Only \$4650. Tel 971-5991.

SB YMCA seeks enthusiastic, caring camp counselors and directors for summer day camp. Apply at 36 Hitchcock Way 687-7720 x259 Katie Mulligan.

CLASSIFIEDS

Classifieds

Call 893-3829



Daily Nexus



Fax 893-2789

Happy Birthday!

Happy 19th Birthday
JANEL
Good Luck w/
Tri-Oelt.
Simmy O.

HAVE A GOOD ONE
Sarah
FROM ALL OF US:
Benny, Lisa, Karen
Catalina, Marco
P.S. PENIS!!
WE HAVE A PENIS!!

Happy 22nd
doll face!
Vegas? Hot Springs
Regardless
"Party"
Jigity

Happy 21st
Birthday
Monica!!
¡Que cumplas
muchos
mas!
from
Los Compañeros
e/s

VW Cabriolet 1986 Red/blk top. Good cond. New Tires, AM/FM cass. Very cute! Moving- must sell! 687-6067.

Skydive Taft
100% Adrenal rush
College and group rates.
(805) 765-JUMP

1F Roomate Needed for Spr. O/or Summer to share rm. \$287.50in 2B/1.5BA. Clean & spacious apt. Jamie 961-8036.

TRAVEL

Spend summer backpacking in Europe or skiing in Chile. Packages start \$999 including airfare. College credit is available. For info: 888-524-4408 or www.istours.com

Spring Break '99
Rosarito Beach Mexico w/ Long Beach Dub All-Stars, Cool Water Canyon, Skeletones & Mystic Roots! Packages from \$67.
1.888.PICANTI
www.picantetours.com

BICYCLES

USED BEACH CRUISERS, MOUNTAIN BIKES, AND BASIC BIKES FROM \$75.00 IV Bicycle Boutique. 880 Emb. Del Mar. www.ivbikes.com 968-3338

SERVICES OFFERED

Facials & Waxing by Jaymie
John Edwards
6529 Trigo Rd.
968.8952
•Dermalogica•

SPEEDY RESEARCH- REPORTS & PAPERS \$6.00 PER PAGE. MATERIALS FOR RESEARCH ASSISTANCE ONLY!!! VISA/MC/AMEX CALL TODAY! 1-800-356-9001 323-463-1257

FOR RENT

AVAILABLE NOW! Room for two in Goleta \$350/person. 968-2431

Avail. April 1 Large 1 Bed close to UCSB. 1 yr. Lease 700mo. + deposit 968-7250

BEAUTIFUL RM IN PRIVT HOUSE. LG BATH; LNDRY; UTIL INCL IN GOLETA 425/MO AVAIL NOW CALL MARIETTA 567-7469

Looking for a place to live
www.santabarbarahousing.com
apartments, houses, condos, duplexes, sublets, roommates

Spring Qtr. '99
Sunny, Charming, Quiet, 2BD Clean, Freshly Painted, Furn or Unfurn, Yard. \$1295/mo 682-8812

FLY LIKE AN EAGLE!
PARAGLIDE—TANDEM
Soar above the beautiful Santa Barbara Mountains! Student and group rates. 683-5547

ROOMMATES

1 Female Roomate Wanted for Spring Quarter. Sabado Apartment (\$345/month) Available next year too. Call Caroline 685-3515

1 F needed to share room in spacious apt @ 6736 Trigo. Laundry & parking. Call 968-1411 Needed ASAP.

1 F/Roomate wanted to live in House w/4 grs in Goleta. \$335/mo for own room. Move in ASAP call Marla 968-1240.

1 F to share room NEEDED ASAP Spring Qtr '99. \$303/mo. 6517 Trigo, across from IV Theater. Call Rita @ 685-8013

2F/RM needed 2 share room in 4p/ apt. 99-00 Close to campus, newly remodeled. \$395 a month call Toni 971-4609

2 males needed 6/99-6/00 Ocean-side DP \$375 Call Becky 685-2233 or Sarah 968-7515.

6657 El Colegio apt. 39 Need 1 M/F rmtt \$300 avail. now Call Danny or Chris at 685-7060 or 685-3073 ASAP!

Female Roommate Needed for Spring Quarter to share room in large apartment on Sabado Tarde. \$356/mo. Call Gretchen 961-9426.

Female Wanted to Share Room \$275 for Spring Q avail. Ap.1 3BD/2BA 6758 Sueno Call Jessi at 685-7187

F ROOMMATE WANTED to live in Sueno house w/3 girls. \$375/mo. for own room. Move in March 14. Call 968-9470

F roommate wanted to live w/3 girls in La Colina gardens. \$600/mo. for own room. Move in March 13. Call Liza 968-9470

One Friendly Female Needed To Sublease Incredible Oceanside D.P. Apt. For Summer '99- Single Room or Double. Call Karen Or Mandy At 968-1794

Preferred Roommates Looking for a Room? We will help you. Subletters: list your room free! Call Linda 965-8667

SUBLEASES

Summer Subleser Wanted GRT LCTN, Lg 2Br,2Ba, kitchen & LR. Sml yrd,close to beach & campus sml pets. H2O & trash incl. 6528 El Nido \$1400/mo neg. Amanda 968-0457.

COMPUTERS

Affordable consulting tutors-repairs-upgrades-new PC's-service. 685-0379 www.jptconsulting.com

Mac Performer 476. Style Writer1200. Fast Mac 33.6 modem. Iomega zip drive. Like new \$500 893-5446 or 687-6540

LEGAL SERVICES

Criminal Defense Personal Injury DUI
ATTORNEY
VICTORIA LINDENAUER
12 yrs. Trial Experience,
Aggressive, Understanding,
UCSB Alumnus
DOWNTOWN S.B. 730-1959

COUNSELING

Free/Low cost treatment for Drug Addiction & Depression Up to 20 therapy sessions. Patients will be paid for completing research forms. Call 893-8342 to sign up.

AD INFORMATION

CLASSIFIED ADS CAN BE PLACED UNDER STORKE TOWER Room 1041, 9 a.m.-5 p.m., Monday through Friday. PRICE IS \$6.00 for 4 lines (per day), 27 spaces per line, 50 cents each line thereafter.

Rates for UCSB students with reg. card is \$4.00 for 4 lines (per day) and the fifth day is \$1.00.

Phone in your ad with Visa or Mastercard to (805) 893-3829. BOLD FACE TYPE is 60 cents per line (or any part of a line).

14 POINT TYPE

is \$1.20 per line.

10 POINT TYPE

is \$.70 per line.

RUN THE AD 4 DAYS IN A ROW, GET THE 5th DAY FOR \$1.00 (same ad only).

DEADLINE 4 p.m., 2 working days prior to publication.

CLASSIFIED DISPLAY — Call (805) 893-3828 for prices. DEADLINE NOON, 2 working days prior to publication.

DAILY NEXUS Classifieds Storke Tower Room 1041 Open 4 Lunch

Advertise in the Daily Nexus B4 the end of the Quarter



only 1 (count 'em, one) Nexi left this quarter!

"You've tried the rest, now get the best!"

GIOVANNI'S WINNER BEST 1999 UCSB

\$3.00 OFF A LARGE 2 OR MORE TOPPING PIZZA
expires 3.31.99

FREE DELIVERY
DAILY 11AM-MIDNIGHT • 7 DAYS A WEEK
968-2254 6583 Pardall Rd., I.V.

- | | | |
|------------------------------|----------------------------|------------------------|
| ACROSS | 66 A drop in the ocean | 33 Kaboodle's partner |
| 1 Code word | | 36 Not Rep. or Dem. |
| 4 Con — | | 38 Squall |
| 10 Pool table top | DOWN | 39 Queen's county? |
| 14 Freudian topic | 1 Agassi's love | 41 — kebab |
| 15 Oregonian | 2 Frankenstein's assistant | 42 Mexico Mrs. |
| 16 Weltsian folk | 3 Michigan tribe | 44 Secret science |
| 17 Hoopy | 4 D.A.'s group | 45 Heavenly pair |
| 18 Taj Mahal crop? | 5 Capital of Saskatchewan | 48 Tough |
| 20 Word of mouth | 6 Fell pool | 49 Pro tag |
| 22 Stopover | 7 Boesky | 50 Opened a crack show |
| 23 Ship from Kuwait | 8 "Just a —!" | 51 Rub against |
| 24 Overworked | 9 1990 one-man show | 52 Mountain climber? |
| 26 Repeated | 10 Foot "thing" | 54 Sea hermit |
| Vatican name | 11 Jewish month | 55 Flavoring |
| 28 Rani's apology? | 12 Wisdom | 57 Glass circle |
| 33 Boosted (a check) | 13 Loge or balcony | 58 Turkish bigwig |
| 34 County Clare seat | 19 Dunderheads | 59 It's an imposition! |
| 35 Key letter | 21 Roman beauty | |
| 37 Daly's club | 25 Clear | |
| 38 Foundation | 26 Put in a corner | |
| 39 DC damage control | 27 "Yes —!" | |
| 40 Pro tag | Beates | |
| 41 Collects | 28 Patriarchs | |
| 42 Bit | 29 Butt-head's partner | |
| 43 Sad Hindu? | 30 Beginning | |
| 46 "What — you?" | 31 Learner | |
| 47 Take in | 32 "Stop —!" | |
| 48 Snatches | | |
| 51 S&L | | |
| convenience | | |
| 53 Emulate | | |
| Whistler | | |
| 56 Indian prince's top toon? | | |
| 60 Pique | | |
| experience | | |
| 61 Short Roman? | | |
| 62 Spiny lizard | | |
| 63 Mercury or Saturn | | |
| 64 Hall of Famer Wellington | | |
| 65 Spreadsheet display | | |

ANSWER TO PREVIOUS PUZZLE:

B	A	T	S	W	H	O	L	E	T	R	A	M
A	B	E	T	H	O	O	E	Y	H	O	P	I
B	U	M	P	K	I	N	P	I	E	E	A	S
E	S	P	O	R	E	S	L	E	S	E	E	
L	E	O	P	A	R	D	D	I	G	I	T	
				E	L	S	W	I	N	G	S	P
M	E	C	C	A	P	A	V	E	S	U	M	A
O	U	R	S	D	A	K	A	R	S	C	A	B
A	R	A	N	I	V	E	N	S	I	K	H	S
B	O	B	B	Y	P	I	N	L	A	D		
				W	I	E	L	D	L	E	V	E
B	E	A	T	T	O	G	O	G	O	E	A	U
E	L	K	E	M	E	N	U	E	R	O	R	S
C	H	E	R	A	G	A	I	N	A	N	T	E
K	I	S	S	T	O	T	E	D	N	A	H	S

3/12/99

1	2	3	4	5	6	7	8	9	10	11	12	13
14			15						16			
17			18					19				
20		21		22				23				
		24		25		26	27					
		28			29	30			31	32		
33					34				35	36		
37				38					39			
40				41				42				
		43		44			45					
				46			47					
48	49	50			51	52		53		54	55	
56				57	58			59		60		
61				62						63		
64				65						66		

Get on **newspress.com**

local news
entertainment
classified ads

Sports

Pure Madness

BY MATT HURST
Staff Writer

It happens every year at this time — I begin to feel sorry for my couch.

That's right, my trusty old couch sitting in my living room. At this point, the second week of March, my poor couch becomes my home for a couple weeks, as I sit and watch college basketball for the NCAA Tournament. I throw away my remote for these weeks, so I won't be tempted to change the channel either. When March Madness is over, there is a perfect indent left in my couch of me.

It has the memories of upsets; it has the championship game in it, and it even has nail-biting, close games that go down to the wire. I don't follow these teams throughout the year — I'm a Gaucho follower for life — but at this time I can recite stats, name players on the teams that have only played one minute all year, and root for teams that I have no ties to, like Weber State. Unfortunately, I think I start to enjoy Dickie V's face on my TV screen at this time of year.

I sit there on my old couch, caked in potato chip crumbs from the previous game, and then wait until the next battle comes on. I can't get enough hoops. When there is no basketball being played, I watch ESPN for the updates and highlights I had just watched live. I get more information than I know what to do with for these weeks. I miss class (like today, sorry professors for not showing), but I don't care, I need college hoops.

I'm more of a baseball fan than anything, but spring training takes a backseat to the 64-team, two-and-a-half-week, do-or-die, 63-game setup that has one team cutting down the nets at the tail-end of March.

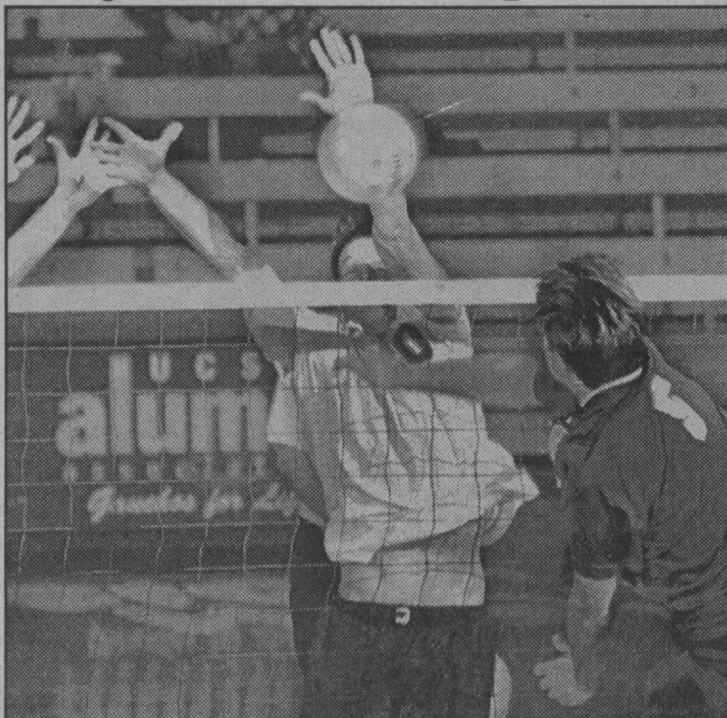
I know teams like Florida A&M (a 16-seed unfortunate enough to face Duke in the first round) have no chance of making it to the final game March 29 in St. Petersburg, but you never know. I will root for them since they are underdogs.

I remember when I was still prepping, I would sneak home during lunchtime and sit and watch the games and deliberate if I should go back for two more periods. Most times I wouldn't. I would sit and watch the games, loving every moment of it.

March Madness is in my blood and I can't fight it; I just give in and watch. I stock up on snack foods and just sit, like the TV is a god and I watch, and watch, and watch, and watch. The bad thing about the tourney is that it coincides with Finals Week, so I have to pick — study or basketball? Well, judging from my grades, I think it's easy to tell.

— Matt Hurst is the Daily Nexus sports editor, and if you need to get a hold of him, he is on his couch watching the games right now.

Trojans Too Tough for Gauchos to Bring Down



BLOCK PARTY: Junior Kevin Collins attempts to block USC's Brook Billings' spike. The Gauchos lost in four games.

BY JUSTIN MAUCH
Staff Writer

The UCSB men's volleyball team is still searching for that elusive win.

Last night, the Gauchos were skewered by the #10 USC Trojans in four games 9-15, 15-8, 10-15 and 6-15 in the Thunderdome. The loss dropped Santa Barbara's record to 4-11 overall, 3-11 in the Mountain Pacific Sports Federation. The Gauchos lost their sixth-straight match and their home record dipped to 3-4.

USC played aggressively in the first game, jumping out to a 4-1 lead before the Gauchos came back to tie the game at four. That was as close as Santa Barbara would get. The Trojans (9-7, 7-6 MPSF) took control behind junior middle blocker Omar Rawi's five kills to outscore the Gauchos 11-5 to close

out the frame. Freshman David Kohl led Santa Barbara in the first game with five kills and a .375 hitting percentage.

UCSB was able to turn the tables in the second game, despite hitting .138 as a team. After the score was tied at four, Santa Barbara caught fire and went ahead 8-4 due to good blocking and tough serving. USC closed the gap to 10-7, but the Gauchos stifled the Trojan attack and reeled off five of the next six points to tie the match at one game apiece.

The Gauchos' momentum carried in to third game, as they raced out to a 8-1 advantage. However, the lead didn't last. USC methodically chipped away and scored the next nine points to go ahead 10-8. UCSB could not regroup, and lost the heartbreaking match 10-15. Trojan freshman outside hitter Brook Billings supplied 12 kills in the comeback victory. Santa Barbara could not answer in the fourth game, and USC took a 12-3 lead that proved to be too much for the Gauchos to overcome. UCSB Head Coach Ken Preston was very displeased with the Gauchos' performance.

"We don't know how to compete," the 21-year coach said. "We come out and play for a game and a half and we stop. We just don't know how to win, we can't even hold an 8-1 lead. From that point on, we scored just eight points to their 29 on our floor."

UCSB senior setter Matt Riley, who had 54 assists, two kills and seven digs, lauded the play of the Trojans and noted that a lack of consistency led to Santa Barbara's demise.

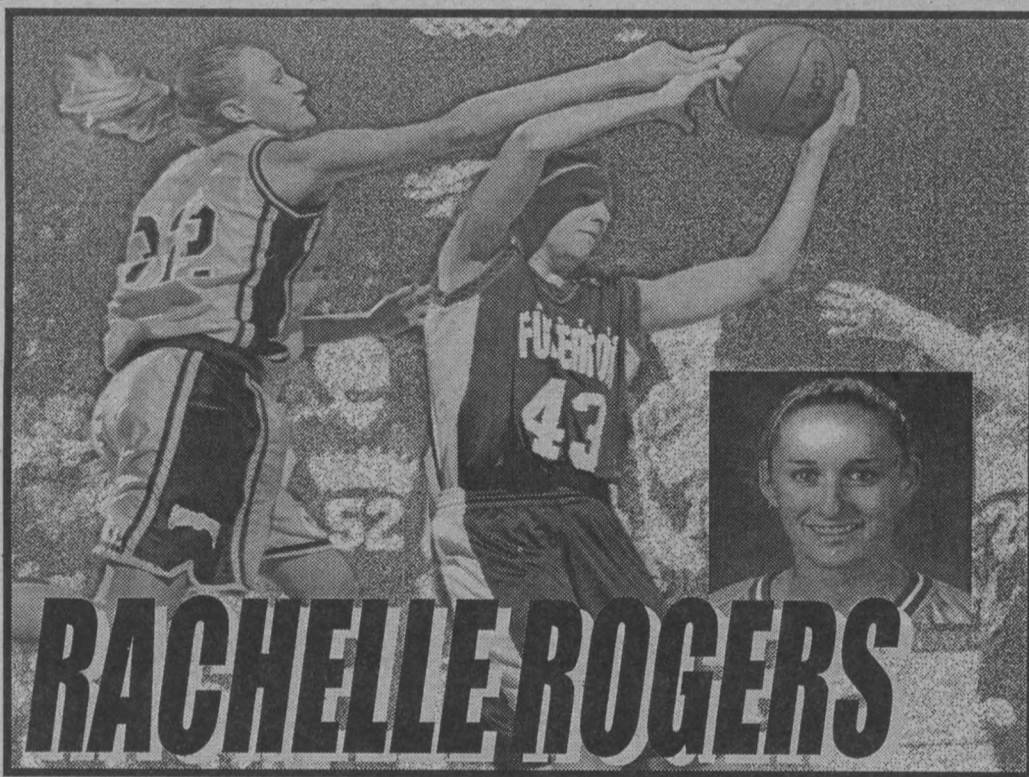
"We weren't focused," he said. "Brook Billings played really well and they made the plays that we were not able to make. We need to figure things out and win a match."

Billings, a graduate of San Marcos High School, torched the Gauchos with 32 kills behind a .553 hitting percentage to pace the Trojan attack. He added four digs and two blocks to aid in the defensive effort. USC sophomore outside hitter Eli Fairfield managed 19 kills, five digs and five assisted blocks. Rawi rounded out the USC attack with 11 kills and a .500 hitting percentage.

"I thought we played pretty well tonight," USC Head Coach Pat Powers said. [UCSB] is really close to us because they are a real young team. They need time to mature. I went through the same thing last year. We lost a lot of matches and it was frustrating. Everything tends to be magnified and it isn't easy. Ken Preston is a good coach and they will turn it around."

One bright spot in the match was the play of freshman outside hitter David Kohl. Kohl led the Gaucho attack with 23 kills and a .476 hitting percentage. He also had three service aces and 11 digs. Junior outside hitter Kevin Collins had an off night, hitting only .100, but still notched 18 kills. Sophomore middle blocker Wes Badorek added eight kills, .400 hitting percentage and a solo block.

Athlete of the Week



RACHELLE ROGERS

On a Team of Scorers, Rogers Is Defender

BY STEVE WENDT
Staff Writer

FORT COLLINS, Colo. — Despite the glitz and glamor of one of the flashiest offenses in America, the #17 UCSB women's basketball team relies on the meat and potatoes of tough defense in order to pull games out. Sophomore Rachelle Rogers is that dietary staple for the Gauchos, as they enter the NCAA Tournament tonight in the Moby Arena on the campus of Colorado State University.

In last week's Big West Conference Tournament in Reno, Nev., Rogers opened some eyes on both ends of the floor. She harassed tourney foes in typical Rogers fashion, but also averaged 13.0 points per game and was named to the All-Tournament team with her play.

"Rachelle has been very important to our program," said UCSB Head Coach Mark French, whose main coaching emphasis is defense, leaving the offense to his assistants. "First and foremost she is a defensive player, that's where she really gets a lot of pride and satisfaction out of her game."

Rogers, like fellow Gaucho defensive stalwart senior Sheila Frial, doesn't have a stat sheet that particularly jumps out and bites you, but tenacity and ferocity can be just as important to a team as a pure shooter or rebounder.

"Rachelle is very physical," said French, who is happy to have the redshirt sophomore transfer from the University of Washington suited up in this year's Big Dance. "As you get into the tournament, play gets a lot more physical and Rachelle likes to play that way."

"Coach French and I have worked really hard with our defense," Rogers said. "I have just taken that as a personal goal to be a great defender for this team."

Rogers is averaging a respectable 7.3 ppg and 3.6 rpg, and her offensive repertoire includes sinking all four of her three-point attempts in the first half of last week's championship game win over Long Beach State. Her role as a "3," or wing position, has been expanded since the loss of junior Tawnée Cooper for the rest of the season.

"[Tawnée] and I are so proud of the '3' spot," said Rogers, a Redding, Calif., native. "I think without her in there though, I've been getting a lot more minutes and good shots at the basket. I've got more confidence; I think I can be an offensive threat, but with all the other scorers on our team, that's not my job."

Rogers is one who subscribes to the theory of "defense never slumps."

"Playing hard on defense is one way to make sure you can't lose," Rogers said.