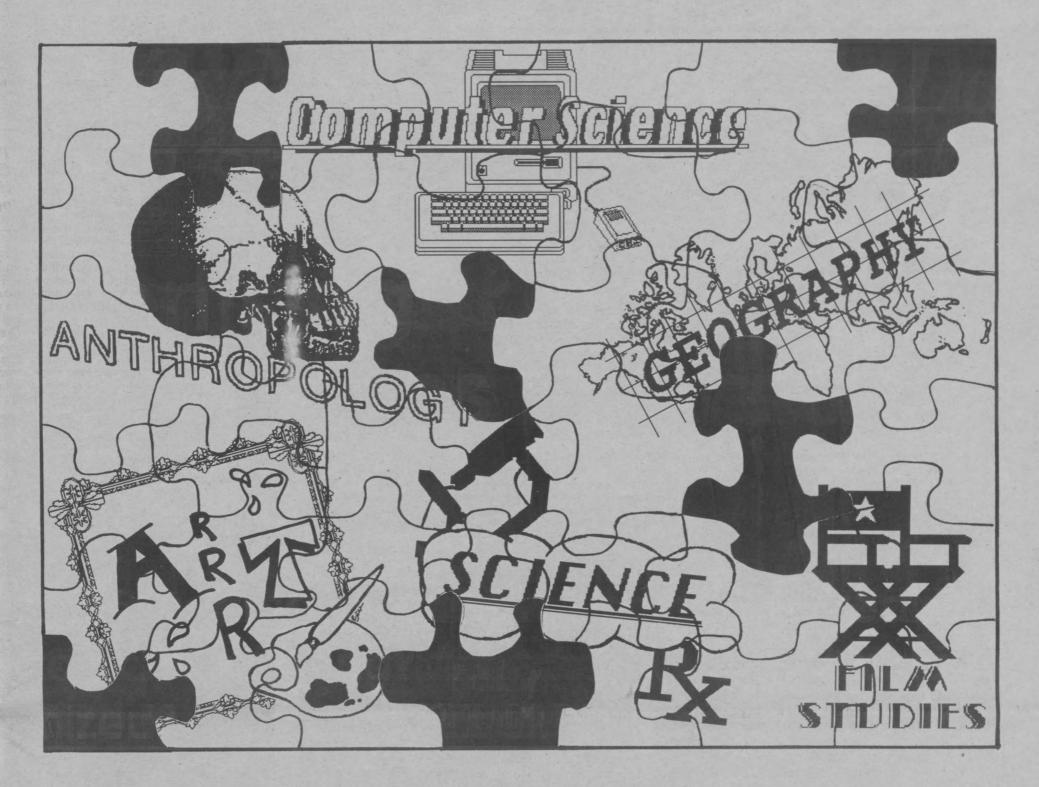
Trying to Piece Together a Major?



Peer Advising — Helping Others Helping Yourself

By Dennis Nord

There are currently 35 peer advisor positions at Counseling and Career Services. Peers on staff work in every facet of our program to help students find careers, cope with stress, land a position as an intern and help athletes make use of student services.

What do they get out of their experience? First, they get opportunities to play a major role in developing our programs. They are trying out ideas they have about what students need and what might work to get the services and information to other students like themselves. Most of them tell us this is the first job where they were valued for their ideas and creativity and not just a body to fill a slot and to do a highly defined task. They get challenged by students who ask for help, each with their unique set of circumstances.

Peers have developed video tapes, computer programs, done service evaluations, contacted speakers for programs, made presentations to student groups, formed career oriented clubs, served on committees, collected, written and disseminated huge amounts of information and created new workshops for UCSB students in addition to their daily tasks of meeting and helping students in groups of one to one.

Second, they have built new skills and gained a great deal of confidence by taking on projects they might not have believed they could do. The experience of doing something entirely new and succeeding is not common enough for college students. Peers with motivation have taken advantage of the possibilities. Sometimes, peers may have felt a project got "dumped" on

them, but in reality they were being tested to see what they would do, how they would handle it.

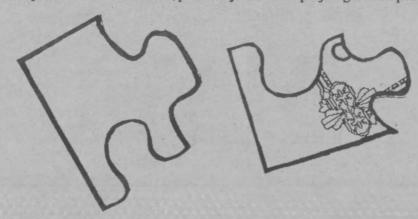
People also learn career development for themselves. Some of our peers had ideas of the future when they started with us, others were as clueless about career as anyone else. Some even left with some career in mind. All of them had their views challenged by their experiences and the information around them.

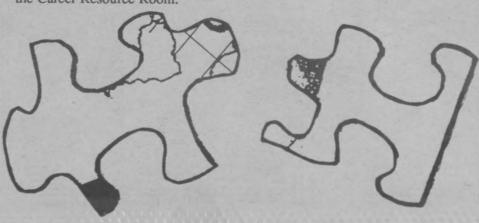
There is a mix of career experiences for graduating peers. Some have chosen to continue with counseling as their career, others have had completely different careers.

Maybe next year you would like to be a peer? There will be many positions available in each of our four peer groups: Sports Peers, ALP Peers, Career Peers and Stress Management Peers. We are interested in you if you have energy and enthusiasm for meeting and working with lots of new people. Your creativity will be put to work and you will be making a difference in the lives and careers of many of your UCSB fellow students.

If you will be returning for the entire 1992-93 academic year and are interested in a guaranteed 10 hour a week job, then look for orientation meetings scheduled this quarter and/or pick up an application in the Career Resource Room.

Application deadline is February 26, 1992. Turn in your application to the Career Resource Room.





Summer Job/Internship WORKSHOPS

Students with disabilities: please feel free to contact our office if there are any special requirements related to your attendance of Counseling & Career Services workshops. We can be reached at 893-4411.

Counseling & Career Services is open Monday through Friday, 8:30-11:45 a.m. and 1:00-4:30 p.m.

INTERNATIONAL WORK ABROAD PROGRAM

For students interested in learning about specific summer and year-round internship programs. Special handouts and information will be distributed and discussed.

Wed Jan 22

ENGINEERING/COMPUTER SCIENCES

For sophomores, juniors and senior engineering or computer science majors not graduating this June. This workshop will provide a partial listing of Santa Barbara employers who are planning on hiring for the summer, plus useful tips and handouts for clarifying and applying to other potential statewide or national summer internship employers,

HOW TO DEVELOP A SUMMER INTERNSHIP IN YOUR HOMETOWN

Don't procrastinate! Beat the summer rush for jobs. Attend this workshop now. Learn specific short cuts for identifying and researching employers in your career or industrial field for the San Francisco or Los Angeles areas. Representative examples of internships available will be provided along with handouts and advice on what questions to ask for the information you need before applying. Geared to non-technical majors completing their sophomore or junior year.

WEd., Feb. 12	pm
San Francisco:	
Thur., Feb. 13	pm
	135

INTERNSHIP WORKSHOPS*
Explore careers through hands-on experience in part-time, preprofessional, community based internships. Find out what types of internships are available, when to apply and how to get involved with the program.

Wed., Jan. 84-5	pm
Thur., Jan. 9	pm
Tue., Jan. 14	am
Thur., Jan. 16	pm

Tue., Jan. 21	9:30-10:30	am
Thur., Jan. 23	4-5	pm
Tue., Jan. 28		
Thur., Jan. 30		
Mon., Feb. 3	4-5	pm
Tue., Feb. 4	9:30-10:30	am
Wed., Feb. 5	4-5	pm
Mon., Feb. 10	4-5	pm
Tue., Feb. 11	9:30-10:30	am
Wed., Feb. 19	4-5	pm
Thur., Feb. 20		
*Students are encouraged to emply at		

*Students are encouraged to apply at least a quarter in advance of when they wish to begin their first internship. 1992 Applied Learning Internship application deadlines:

Spring: Feb. 24, 1992 Summer: May 18, 1992

SUMMER INTERNSHIPS IN WASHINGTON D.C.

Learn more about the UCSB Washington Center (Capitol Hill Program). Learn how to apply, program costs and available internship options. All majors welcome. Preference given to students with GPA of 3.0 or better and upper division standing at the time internship begins.

BIOLOGICAL SCIENCES SUMMER JOBS

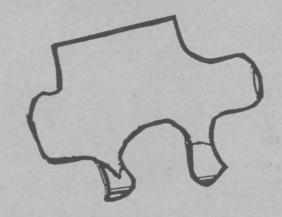
SUMMER CAMP JOB RECRUITMENT DAY

Representatives from over 30 day and residential camps will be recruiting for their summer staff positions. These summer jobs offer all majors a tremendous opportunity to develop leadership, training and programming skills while offering a chance to work in the beautiful outdoor settings. These positions are especially useful for students interested in human resources in management, human services or teaching careers.

Wed Mar 4

Job Clubs
This Spring

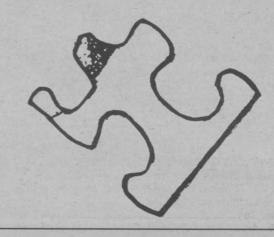
This Spring we are launching a special recession fighting armada of Job Clubs. This is the opportunity to get inspiration and motivation to pursue the career job of your choice. Check in with Counseling and Career Services early Spring Quarter to get started. If your group would like advance opportunities in starting a job club come by and see us early.



Sports Career Night!

Come learn about careers in sports beyond coaching and playing.

Tuesday, Jan. 28 • 7 pm Counseling & Career Services 1109



Freeman & Mills, Inc

is pleased to announce
that on
February 7, 1991
the firm will be
interviewing
Economic and
Business Economic majors
for the position of

Inquire at the Counseling and Career Services Building

STAFF CONSULTANT

EXECUTIVE • KNOW • HOW

THE MAY DEPARTMENT STORES COMPANY KNOWS HOW!

- Fortune 500 Company, ranked #81
- 16 consecutive years of record-breaking earnings
- Nationally recognized Executive Training Program ranked as one of the top ten across all industries by "Business Week" magazine
- Identified as one of the 20 best first jobs in terms of compensation, corporate culture, and quality of training by "Career Vision" magazine
- Career opportunities in Los Angeles with May Company and Robinson's

KNOW HOW TO DO IT!

- Please stop and visit us during our Open House on Tuesday, January 28th
- UCEN, room #3
- 9:30am-3:30pm
- Meet with recent alumni
- Casual attire
- For more information, please call our Executive Recruitment Office collect at (818)509-4551

THE BUSINESS OF RETAILING

All workshops meet in Counseling & Career Services Building, room 1109 and are approximately 50 minutes long.

Students with disabilities: please feel free to contact our office if there are any special requirements related to your attendance of Counseling & Career Services workshops. We can be reached at 803.4411

Counseling & Career Services is open Monday through Friday, 8:30-11:45 a.m. and 1:00-4:30 p.m.

RESUME WRITING

In this workshop you will learn how to write a resume that will help you make that crucial first impression. Also, learn how to write an effective cover letter.

Willo all offoothing opini for	~	
Thur., Jan. 16	2-3 p	m
Wed., Jan. 22	3-4 p	m
Thur., Jan. 23	10-11 a	m
Thur., Jan. 30	2-3 p	m
Wed., Feb. 5	3-4 p	m
Thur., Feb. 6	10-11 a	ım
Tue., Feb. 11	11 am-12 p	m
Tue., Feb. 18	2-3 p	m
Mon., Feb. 24	3-4 p	m
Thur., Feb. 27	10-11 a	m
Mon., Mar. 9	3-4 p	m
	2-3 p	

INTERVIEW SKILLS

This workshop covers the principles of effective interviewing which apply to gaining internships and professional positions

upon graduation.		
Tue., Jan. 21	2-3	pm
Thur., Jan. 23	2-3	pm
Thur., Jan. 30	10-11	am
Thur., Feb. 6	2-3	pm
Thur., Feb. 13	10-11	am
Tue., Feb. 1811	am-12	pm
Thur., Feb. 20	2-3	pm
Tue., Feb. 2511	am-12	pm
Thur., Feb. 27	2-3	pm
Thur., Mar. 5	10-11	am

CREATIVE JOB SEARCH STRATEGIES

(Alternatives to Campus Interviews)

Since on-campus interviews are only one of many ways in which graduating students find professional employment, expand your repertoire of job search strategies by attending this workshop.

*** ***	Dasops.			
Tue.,	Jan.	2111 an	1-12	pm
Tue.,	Feb.	4	2-3	pm
Wed.	, Feb.	19	3-4	pm
Tue.,	Feb.	25	2-3	pm

IDENTIFYING YOUR CAREER OBJECTIVE

The first step in doing a job search is figuring out what you're searching for. This workshop will outline the steps you go through to establish an objective.

Thur., Jan.	16	10-11	ar
Tue., Feb.	4	11 am-12	pr

CAREER WORKSHOPS

Winter Quarter 1992

READING BETWEEN THE LINES

Using the want Ads

HOW TO DO AN INFORMATION INTERVIEW

(The One-Hour Internship)

Get the inside story about a career of your choice (Accountant? Novelist? Rock Star?). Learn proven techniques for contacting and interviewing professionals in the world of work. If you are afraid to interview people about their careers, don't miss

uns w	OIKSII	op!	
Thur.,	Feb.	64-5	pm
		264-5	

SENIOR SEMINAR

APPLYING TO GRADUATE SCHOOL

This workshop will provide information on the graduate school application process including ways to research graduate schools, suggestions for letters of recommendation, and information on available campus resources to help you with the application process.

Fri., Jan.	3111	am-12	pm
Mon., Feb	. 10	3-4	pm
Thur., Feb	. 20	3-4	pm
Mon., Ma	: 2	3-4	pm

MBA WORKSHOP

EQUAL OPPORTUNITY EMPLOYER

This workshop will provide important criteria used in evaluating MBA Programs and general information on the admission process.

WHAT SHOULD I BE WHEN I GROW UP?

Some people are born knowing what they want to be. Most of us have to figure it out on our own. This workshop will help you clarify your values so you can easily see where your own path lies.

SO YOU WANT TO BE A PROFESSOR*

Topics include how to decide whether college teaching and research is an appropriate career option, how to identify the best departments, the changing (improved) academic labor market, and the differences associated with working at various types of colleges and universities.

CAREERS IN TEACHING

AFRAID TO HAVE A CAREER DREAM?

CAREERS IN PUBLIC HEALTH

Interested in a career in the Health Care industry? Do job titles like Biostatistician, Health Educator, health Care Administrator, Environmental Health or Epidemiology intrigue you?

CAREERS IN SOCIAL WORK

If you have always wanted to help people in a variety of meaningful ways, this workshop will give you a concrete, logical and highly marketable way to do that. This workshop will provide information on the diverse career options in Social Work including: Clinical Social Work, Administrative, Health care, School Social Work, Family Service, Gerontology, and Occupational Social Work.

CHOOSING A MAJOR

Find out how you can successfully choose a satisfying and fulfilling major which most matches your interests and needs by attending one of our workshops in February. Call 893-3201 to find out more and to sign up.

ATTENTION SENIORS

We need Sales Representatives

Sign up for on-campus interviews now for February 10

Astro Office Products Inc. is a rapidly growing sales subsidiary of CANON U.S.A. Strong customer demand has created exciting career opportunities in state-of-the-art electronic office equipment sales. We are looking for sales reps for our Copier, Facsimile, and Information Management product areas. Positions are available in Los Angeles, Orange, San Bernadino, and Riverside counties.

Backed by CANON'S large company strengths, you'll be responsible for setting strategies and pursuing direct sales opportunities. We offer an excellent training program, salary plus commission, auto allowances, medical, dental, and life insurance along with 401K profit sharing plans, and a company gym.

If you are a graduating senior or have a Bachelor's degree, sales or related experience, please sign up with us at the Career Center for on-campus interviews, or send a resume to:

Employment and Staffing Astro Office Products, Inc. 110 W. Walnut St., Gardena, CA 90248

Canon

PROFESSIONALS ON THE MOVE

Deloitte & Touche



Interviewing for Summer Internship and
Fall Full-time positions in accounting in the
Los Angeles and Orange County Offices
Thursday, January 23
Friday, January 24

Sign up in the CAREER CENTER

Winter Quarter

Engineering/Science

COMPANY NAME WEEK #1	MAJORS	DATE
Factory Mutual Engineering	All engr	1/13, 14
Vantage Analysis Systems, Inc.	CmpSc, EE	1/13
WEEK #2		
*Intel Corporation	EE	1/23, 24
Santa Barbara Research Ctr.	Chem, CmpSc, EE, ME, Phys	1/21, 22
Wiltron	CmpSc, EE	1/24
WEEK #3		
*C & D Interiors	ME	1/29
*Hewlett Packard	ChemE, CmpSc, EE, ME	1/28,2
Honeywell	ChemE, CmpSc, EE	1/30
Ransco Industries	EE, ME	1/29
VISA USA	CmpSc, Math	1/30
WEEK #4		
Advanced Micro Devices	ChemE, EE, Matrl	2/4, 5
Amdahl Corporation	CmpSc	2/4
Motorola/Gov't	CmpSc, EE	2/7
Motorola/SPS Div.	EE	2/7
NCR Corporation	CmpSc	2/6
Northrop/Aircraft	CmpSc, EE, ME	2/4
Northrop/B-2 Div.	CmpSc	2/4
Rockwell International	Matrl, ME, NucE, Phys	2/7
Trimble Navigation	CmpSc, EE	
WEEK #5		
*Applied Magnetics	EE, ME	2/13
Hughes Aircraft	CmpSc, EE, ME, Phys	
Los Alamos National Labs	Chem, ChemE, CmpSc, EE,	2/10
	Geol, Matrl, ME, NucE, Phys	
*Microsoft Corporation	CompSc, EE, Math, Phys	2/10
Microwave Modules & Devices	EE	2/10
Texaco, Inc.	ME	2/13
Vitesse Semiconductor	EE, Matrl	2/13, 14
WEEK #6		
Andersen Consulting	ChemE, CmpSc, EE, Math, ME	2/21
Flour Daniel, Inc.	ChemE	2/21
Loral	CmpSc, EE	2/20
National Semiconductor	CmpSc, EE, Matrl	2/21
Price Waterhouse/M.C.	All engr	2/20, 21
Tandem Computers	CmpSc, EE	2/21
WEEK #7		
Andersen Consulting	CmpSc, ChemE, EE, ME	2/28 .
GE Nuclear Energy	Matrl, ME, NucE	2/24
ITT Federal Services	CmpSc, ECE, Math, Phys	2/28
Process Instr. Diag. Inc.	ChemE, EE	2/28

	MA	NE FIE	AND THE PARTY	
Interested	in	Med	School?	

2/26

ChemE

Unocal 76

Take the first step and find out about:

- The MCAT exam
- What to expect in Med School
- The application process
- and Much, Much More!

Santa Barbara Area MCAT/Med School Seminar:

Stanley H. Kaplan Center Goleta - 6464 Hollister Ave. #7 Wednesday, January 15 6:30 PM

CALL 1-800-KAP-TEST for reservations and information

STANLEY H. KAPLAN Educational Center Ltd.

Economics

COMPANY NAME WEEK #1	MAJORS	DATE
*Coopers & Lyebrand	All majors**	1/17
WEEK #2		
*Deloitte & Touche	All majors**	1/23, 24
Hueblein, Inc.	All econ	1/23
MetLife Insurance	All majors	1/21
Santa Barbara Research Ctr.	BusEcon, Acctg	1/21, 22
Seiler & Company	Acctg	1/24
Surgidev Corp.	All econ	1/24
WEEK #3		^
Ernst & Young	All majors	1/30
New York Life Insurance	All majors	1/29
WEEK #4		
Cohn Handler & Co	Acctg	2/3
*Earth Capital	All majors	2/3
John Hancock Financial Services	All majors	2/4
Macy's California	All majors	2/3
Freeman & Mills	All econ	2/7
WEEK #5		1
*Applied Magnetics	Acctg	2/13
Canon Astro Office Supply Prod.	All majors	2/10
Deluxe Check Printers	All majors	2/11
E.J. Gallo Winery	All majors	2/11
Internal Revenue Service	All majors	2/10 {
MetLife Resources	All majors	2/11
Northwestern Mutual Insurance	All majors	2/12
Russ Berrie & Company	All majors	2/12
U.S. Peace Corps	All majors	2/11, 12
WEEK #6		
Andersen Consulting	All econ	2/21
Bullocks	All majors	2/18
Enterprise	All econ	2/19
Farmers Insurance	All majors	2/20
May Department Stores	All econ	2/21
Price Waterhouse/M.C.	All econ	2/20, 21
Sanwa Bank	All econ	2/20
WEEK #7		-
First Interstate Bank	All majors**	2/25
Home Depot U.S.A.	All majors	2/27, 28
Public Interest Research Group	All majors	2/25
Wallace Computer Services	All econ	2/25
State Farm Insurance	All econ	2/27

To sign up for one of these interviews you must register with the Campus Interview Program at Counseling & Career Services, Bldg. #599. Other organizations have scheduled but have not yet specified the majors they will interview. Check the Master Calendar for the names of those firms. These lists are subject to change.

*Check job description binders for possible summer/internship positions.

**Must have some accounting coursework. Check job description binder for specific

されている。 INTERESTED IN DOING A CAPITOL HILL INTERNSHIP THIS SUMMER 1992? (Recently merged with the UCSB Washington Center) GAIN VALUABLE WORK EXPERIENCE

EARN ACADEMIC CREDIT

HAVE FUN IN D.C.

LEARN MORE, ATTEND ONE OF THE FOLLOWING ORIENTATION MEETINGS:

Wednesday, January 15, from 4:00-5:00 PM at Counseling & Career Services, Room 1109

Thursday, January 16, from 4:00-5:00 PM at UCEN, Room 2

ALL MAJORS WELCOME! INTERNSHIPS ARE AVAILABLE IN

Arts/Culture Business/Commerce Civil Rights Communications Environment/Energy Foreign Policy/Defense Government/Public Administration **Human Services** International Affairs

Law/Justice Policy Research Public Interest/Special Interest Groups Public Service Science/Technology U.S. Congress Community/Urban Affairs

Women's Issues

IF YOU ARE UNABLE TO ATTEND, STOP BY THE CAPITOL HILL TRAILER 310E FOR AN APPLICATION OR CALL 893-3090 SUMMER INTERNSHIP APPLICATION DEADLINE: FRIDAY, JANUARY 31, 1992

nterview Schedule

Liberal Arts

	COMPANY NAME WEEK#1	MAJORS	DATE
	*Coopers & Lybrand	All majors**	1/17
	WEEK#2		
	*Deloitte & Touche	All majors**	1/22 24
	Heublein, Inc.	All lib arts	1/23,24 1/23
	MetLife Insurance	All majors	1/21
	Surgidev Corp.	All lib arts, Engl	1/24
	and only	Thi no arts, Engi	1/24
1	WEEK #3		
	Ernst & Young	All majors	1/30
	New York Life Insurance	All majors	1/29
	Travelers Companies	Engl, IntSt, Hist, Psy, Soc	1/29
	WEEK#4		
	*Earth Capital, Inc.	All majors	1/29
	John Hancock Financial Services	All majors	2/4
	WEEK#5		
	Canon Astro Office Products	All majors	2/10
	Deluxe Check Printers	All majors	2/11
	E.J. Gallo Winery	All majors	2/11
	Internal Revenue Service	All majors	2/10
X	MetLife Resources	All majors	2/11
1	Northwestern Mutual Life	All majors	2/12
	Russ Berrie & Company	All majors	2/12
	U.S. Peace Corps	All majors	2/11,12
	WEEK#6		
	Bullocks	All majors	2/18
	Enterprise	All lib arts	2/19
	Farmers Insurance	All majors	2/20
	May Department Stores	All lib arts	2/20
	WEEK#7		
	First Interstate Bank	All majors**	2/25
	Home Depot U.S.A.	All majors	2/27, 28
	Public Interest Research Group	All majors	2/25
	State Farm Insurance	All majors	2/27
	Wallace Computer Services	Comm,IntSt	2/25
		TO AND	
	10		

How to Obtain Campus Interviews

WHAT ARE CAMPUS INTERVIEWS?

Employers from large companies, government agencies, and school districts come to Counseling & Career Services to interview students for permanent professional positions upon graduation. These are entry level positions which do not require experience. The purpose of the campus interview is to screen applicants for further interviewing at the employers' locations.

WHO IS ELIGIBLE?

You must be a currently enrolled student for the full-time/permanent employment interviews, graduating no later than August 1992. A few employers interview sophomores and juniors for summer jobs, usually in the accounting or technical fields. You must complete both a Counseling & Career Services Registration Form and a Campus Interview Registration Form in order to be eligible to participate in campus interviews. You only need to do this once during the academic year unless there are changes in your address, phone number, GPA or expected graduation date. You may update such information at the Campus Interview Desk.

HOW TO OBTAIN INTERVIEWS —

Interview opportunities are distributed through a computerized bidding process. This system maximizes your chances of getting interviews with the employers you are most interested in without standing in line. At the begin-

ning of each quarter you will be assigned 1000 points. You decide how many points to bid on each employer of your choice. All bids are entered into a computer and students who meet the employers' requirements, with the highest bids will be the "Selected Bid Winners." The bids you file that are accepted will be automatically subtracted from your 1000 points. The only instances in which you will be given your bid points back are if you were not a "Selected Bid Winner" or if an employer cancels. (You are responsible for keeping track of your point balance).

There are two circumstances in which you may be able to obtain interviews through an open sign-up process. This may be used when a company's schedule does not fill through bidding or when a company schedules a recruiting date after the bidding period.

IF YOU DON'T GET AN INTERVIEW —

Cancellations may occur at any time, up until the day of the interview. Inquire at the Interview Desk in person or by phone for late cancellations.

Leave your resume in the Resume File Cabinet by the Interview Desk. Those resumes will be put in the employers' packets the day prior to their arrival.

Use the employers' business card file located by the Interview Desk to contact employers directly by sending your resume and a letter of application to their addresses.

Winter Quarter 1992

Week of	File Bids	Confirm Appt.	Open Sign-ups
Jan 27	Jan. 13-14	Jan. 16-17	Jan. 21
Feb. 3	Jan. 21-22*	Jan. 23-24	Jan. 28
Feb. 10	Jan. 27-28	Jan. 30-31	Feb. 4
Feb. 18	Feb. 3-4	Feb. 6-7	Feb. 11
Feb. 24	Feb. 10-11	Feb. 13-14	Feb. 18
*Adjustment mad	de due to Holidays or qua		





We will be on Campus February 11, 1992 and April 21, 1992 interviewing for a Management Trainee position. If you are interested in a career opportunity in management, we would appreciate the opportunity to talk with you on one of these dates.

Please contact the Counseling and Career Service office to schedule an appointment.

Sincerely,

Deluxe Check Printers

DIFFERENT DEGREES OF SUCCESS

I never knew hard work could be so much fun.

Keith Stapp BA, Communications UCSB 1988 Management Trainee, Goleta

At Enterprise, the average time it takes to reach a management level position is less than three years. But, like Keith Stapp, you have to "pay your dues" – work hard, learn fast, and have fun. No exceptions.

That's how we built one of America's fastest growing and largest privately held companies. But frankly, if you can meet the demands we place on entrepreneurial college graduates, there are no limits to how far you can go in a company that pays the highest wages overall in the industry.

Sales Management Trainees \$23,000

To share in our success throughout the Southern California area, you'll need:

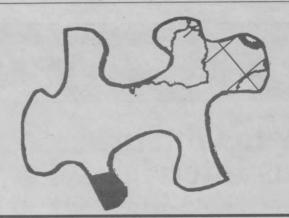
A BS/BA degree

· Strong communication skills, enthusiasm and drive

Retail/sales experience a plus

You'll learn all aspects of running a business including sales, marketing, personnel management and more — while enjoying full pay and benefits! Interested? We'll be on campus for interviews Wednesday, February 19th. If you are not able to meet with us please call Debbie Prescott at (818) 909-7952 or send a resume to Enterprise, 8230 N. Sepulveda Blvd., Van Nuys, CA 91402-4307. An Equal Opportunity Employer.





FREE

HAIRCUT AND STYLE



Products Company

82 Coromar Drive, Goleta, CA 93116

Model Call on Thurs. Jan. 16th and Fri. Jan. 17th 8:30am to 8pm

Models selected must be available for haircut and style on any or all of the following days:

> Monday, January 20 Tuesday, January 21 Friday, January 24

Styling sessions: noon to 7pm (approximately) For additional information call: 968-6900

Don't miss this wonderful opportunity to have your hair cut and styled by Internationally renowned Hair Stylists.



presents...

THE FAR SIDE

this By GARY LARSON ad

with



In the corridors of Clowngress

Let an Internship Help You with Your Future

"We are concerned with the self and how the self gets on. We leave out the society, the culture. We don't ask ourselves: "How is our family doing? How is our city doing? How is our world doing? This we don't ask." - Rollo May

Here's How:

EXPERIENCE — Internships provide important hands-on experience, the number one criteria employers look for

CONTACTS - Internships expose you to the professionals who have access to other professionals in your field who can be instrumental in helping you get a job later on.

COMMUNITY SERVICE - Internships can give you the chance to do something important for the community you live in while helping you develop the confidence and leadership skills you will need.

EXPLORATION — Internships help you sample different career fields before you invest more time and money in further education and training.

EDUCATION — Internships expand your education by allowing you to examine the theoretical concepts you've learned in the classroom within a context of "real world problems and situations.

Use the following Internship/Volunteer Opportunities Guide to help you find your internship connection:

Applied Learning Program

Counseling & Career Services, Ext. 4411.

Offers over 300 part-time community based internships in brokerage firms, hospitals, advertising agencies, government, non-profit agencies, and other types of small businesses. To apply, students attend an internship workshop offered every week at Counseling & Career Services a quarter before they wish to begin their first internship.

A.I.E.S.E.C.

Trailer Office across from pool.

A student-run business that trains and recruits student directors and volunteers to market the benefits of a world-wide interns exchange program for local businesses involving more than 40,000 students at 532 universities in over 64 countries worldwide.

Trailer 306, Ext. 8319.

Offers internships in consumer and environmental research and

advocacy (e.g., toxic wastes, off-shore oil processing).

Capitol Hill Program

Trailer 310E, Ext. 3090.

Offers academic internships for juniors and seniors in D.C. Senate, Congress, private interest groups, as well as other federal agencies. Places approximately 100 students from all majors annually.

CAB (A.S. Community Affairs Board)

UCen 3rd Floor, Ext. 4296.

A.S. Community Affairs Board. Places over 1,000 students annually with over 200 businesses, non-profit organizations and social services agencies in either one-time events such as: Blood Drives, Non-Profit Fundraising and Isla Vista Halloween Clean-Up or an on-going activity such as: Best Buddies, Hunger/ Homeless and Special Olympics.

Environmental Studies Internship Program

Places upper division environmental studies majors with a minimum of a 3.0 GPA in academic internships with local agencies and businesses dealing with urban and regional planning, natural resource management, energy, environmental education and environmental law. A small number of placements are with Washington, D.C. agencies.

Pre-Professional Program

Graduate School of Education, Ext. 3976.

provides students considering the teaching profession the chance to volunteer four to six hours per week in a classroom setting under a supervising teacher. Three quarters of the preprofessional program is recommended for entrance into credential

Student Health Services, Peer Health Education Program

Offers volunteers 4-6 hours per week opportunities to students who have successfully completed a series of two quarter training classes, each 2 units on health related topics of nutrition, relationships, sexuality, stress management, alcohol and other drugs, eating disorders, cold care and hypertension programs.

Summer Academic Research Internships

Graduate Division, Ext. 2322.

The summer program offers minority college juniors intensive research and academic skills through special projects.

Myths About Majors

By Camille DeBell

1. You can't do anything with a Liberal Arts

Wrong! In fact, just the opposite is true. There are so many different possibilities that we can't even list them all here. The confusion about liberal arts and jobs seems to happen because there is not a one-to-one correspondence between liberal arts major and jobs the way there seems to be in areas such as accounting or engineering. Rather, a liberal arts major allows you to develop transferable skills in several broad areas, including oral and written communication, analytical and flexible thinking, creativity, and interpersonal relations. A 1982 survey of 113 large American companies ranked these skills as the most important for advancement in their companies. If you take advantage of opportunities, any liberal arts major can help you develop these skills.

2. My major will determine my career.

Not necessarily. Even someone in a highly structured major like electrical engineering might end up doing a variety of things: marketing representative for an international computer firm; robotics designer for a high teen manufacturer; systems consultant for a govemment agency. Many employers seek college graduates without specifying any particular major. Over one half of all college graduates pursue careers that are not directly related to their major. In the liberal arts, the

Factors other than your major often play a more important part in determining your career direction. Work or internship experience in your field of interest can greatly increase your marketability. Your grades, skill level, and the use of effective job search strategies may also affect your ability to secure your first

3. The sooner I choose a major, the better.

Cut yourself some slack! Freshman and sophomore years are a time to learn more about yourself and explore options. Learn about majors by taking electives in various disciplines. Talk to upperclass students and faculty about majors that interest you. Do volunteer work or obtain internships to gain more exposure to areas of interest. Give yourself some time to make a choice that fits you.

A good reason for choosing a major is because you do well in it and enjoy the courses. Choosing a major because it seems "practical" or because someone else wants it may cause you a lot of problems later on. Remember, once you have made a decision about a major, you are not stuck with it for life! In fact, many students change their majors at least once before

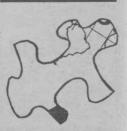
Finally, let go of the myth that your major determines your career. This will give you more flexibility

to make a good decision.

Counseling and Career Services can help you on the path to dispelling myths about majors. Our career library has an excellent selection of books and handouts with information about common career paths for most majors. Computerized career counseling, and career interest inventories are also available. Career advisors can provide guidance with decision making on either a drop-in or appointment basis.

"There is no such thing as a problem without a gift for you in its hands. You seek problems because you need their gifts."

- Bach, 1977 The Adventures of a Reluctant Messiah



CAREERS IN **COMMERCIAL BANKING** SANWA BANK CALIFORNIA

California's sixth largest bank, invites all interested juniors and seniors to attend a Pre-Interview Information Meeting

> UCEN, Room 1 January 29, 1992 2:00pm - 4:00pm

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On-Campus interviews scheduled for February 20, 1992.



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If I Knew Then What I Know Now: Advice from UCSB Alumni

By Lily Maestas, A.C.S.W. Career Advisor and Lorelei Snyder

The room bustled as thirty or so University of California at Santa Barbara graduates milled about the still familiar classroom chairs, at a recent workshop held in conjunction with Homecoming. Many had shared dorm rooms, class breaks and late night study sessions. The easy conversation soon turned to their new careers, and they laughed nostalgically remembering what they expected at the time vs. how things actually turned out.

"How many of you are still with the same firm you hired on with?" I asked. Only one hand went up. More than 75 percent were now in their third professional position but relatively happy where they were, and planning to stay and move up through its

They spoke in great detail about the disillusionment of their first job, primarily due to unreal expectations they held of the World of Work and their place in it.

"At least at school you had an idea of how you are performing," one alumni pointed out. "Every couple of weeks there's a test to reinforce your learning or to let you know you'd better get on the ball. On my first job I was not evaluated until the end of the year. When it finally happened, I nearly freaked out! My boss told me everything I was doing wrong. I asked why he hadn't said anything before? He just looked at me like I'd asked where the pencil sharpener was. I learned the hard way to ask 'How am I doing?' every once in a while.

"I tried that, and it didn't get me very far," volunteered another young man. "All they ever said to me was, 'You're a UC graduate. You mean to tell me you can't figure that out? What did they teach you on that fancy campus of yours anyway?"

Six months into the job, half were ready to leave. Most went through what they termed a "career crisis" and lamented they hadn't made use of the career services available. Several sought out career counselors, others requested testing through local community colleges and others simply bought a book on job search and toughed it out alone.

They joked about their embarrassment at feeling lost and undirected during this time. They did not want their families to know they were considering leaving that first job so soon after college. Many, for the first time, were facing the realities of rent, groceries, car loans, and credit card payments, not to mention the repayment of their student loans!

Some stayed as long as two years in that first job, but knew shortly after a year they had to move on. It was just a matter of timing.

Interestingly enough, the women left their jobs sooner, believing society gave them more latitude to explore and be less directed than men. Evidently everyone accepts the old saw, "A woman has a right to change her mind.'

The men agreed with this. They joked about making phone calls to each other and lying about how great their jobs were because they didn't want to sound like failures. They also admitted the reason they called in the first place was to find someone to talk with about the situation.

Both men and women spoke of how alone they felt during that

"If you could go back to graduation knowing what you do now, what would you do differently? What would be different about your approach to the job market?" I asked.

"I'd be more realistic the second time around," answered one woman. "I'd accept I had an entry level position. I'd learn from it

and move on." The rest nodded in agreement.
"I had to make some hard choices," summed up another. "Some of them were not good ones, but across the board I'm not unhappy with where I am today."

The afternoon confirmed five important points:

1. College graduates have unreal expectations of the work world that led them to be disappointed in their first job.

2. Employers expect competence in employee's problem solving and decision making abilities, and don't intend to teach it. Experience is the best teacher.

4. There seems to be a critical period of decision making shortly after entering the marketplace which results in redefining

career goals. 5. The first career change tends to set the stage for the next couple of job transitions. Positioning at this point is critical to the quality of future work life.

A series of events led to this successful positioning. By getting a more accurate picture of who they were as a working professional or maybe who they wanted to be at that point, they began to establish realistic, attainable, and satisfying goals.

You can start by defining your own personal interests, hobbies and passions, and looking at industries and occupations that include them. Learn to emphasize the skills important to those

Explore your personal work values. Begin to look at world events and the global economy as well as the national agenda, and identify where job opportunities are likely to expand and research individual firms and positions within those industries. As you review these different companies, develop individual criteria for the kinds of benefits, organizational values and goals

that are important to you. As you integrate your interests, skills, and work values, with your economic and employment research, you will create an image of how you want to interact with the working world. You will discover how you can impact and control decisions that affect the

quality of your working life. The development of this Professional Self is like a single tightly closed bud. Like the bud, as your Professional Self opens for you, you'll learn you have many options, any of which posi-

tion you for a more rewarding future. Based on What To Do When Your Dream Comes True and It's a Nightmare: A Guide to Successful Career Change," by Lily

Maestas and Lorelei Snyder.

Book Reviews

By Lily Maestas Career Advisor

The following books are available at the UCSB Bookstore in the Career Section of General Books.

The Perfect Cover Letter Author: Richard Beatty

Publisher: John Wiley & Sons, 1989

\$9.95, 173 pages, 10 chapters

Students will often labor for hours over the perfect resume making sure all of their skills are outlined, their qualifications are duly noted and the credentials impeccably presented, then skimp on the presentation of a Cover Letter. The issue of correspondence between potential employer and job seeker is an important one that often leaves the job seeker in what I call the "Information Void." It is the job seeker's version of the age old question, What do you say after you have said hello?

In his book The Perfect Cover Letter, Richard Beatty not only tackles the cover letter by many other forms of correspondence that job seekers should know is available to them during the job search. The book is peppered with examples of "What to do" and more "What not to do." Mr. Beatty deals not only with content but with the various formats that different industries prefer. The information in this book goes far beyond just the cover letter, it also addresses appropriate ways of setting the stage for the potential employer to review your credentials and resume.

Well written and informative, it is an easy read. The book is loaded with information that is easy to retain and quite helpful for new job seekers who have little experience with business correspondence.

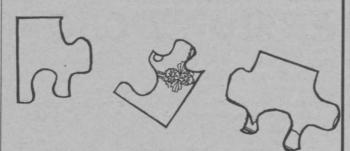
How You Really Get Hired — Straight Talk for College Students From a Corporate Recruiter Author: John L. Lafevre

Publisher: Prentice Hall Press, 1989 \$8.95, 215 pages, 15 chapters

If you are interested in beginning your career in the corporate or private sector this book will give you "inside" information on the process by someone who is there. The first part of the book, "What You Must Know About Personnel and the Birth of a Job," does a fine job of setting the stage and outlining for the reader the particulars of employment in corporate America. This section of the book stresses patience on the part of the job seeker and provides information on how business forecasts from year to year their employ-

The author provides the reader with criteria to evaluate the kind of industries and positions within those industries that would be of most interest to recent college graduates. The book gets a little bogged down in the second half with standard information on interviewing, resume writing and ways of preparing your credentials.

The strength of this book lies in Mr. Lafevre's insights into the corporate world. It is not often that job seekers are privy to how corporations hire. The author handles the subject matter with integrity but also with a bit of satire and leaves the reader with a refreshing sense of "Don't take the whole thing so seriously!"



Do Your Relationships Lack Quality?

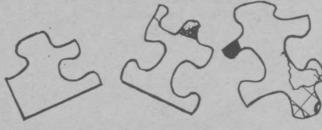
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Family Vacation Center.

The Family Vacation Center, sponsored by the UCSB Alumni Association, has positions available for Summer 1992. We're looking for enthusiastic, hardworking, funseeking individuals to work in the following areas:

kids' groups office pool tennis

front desk crafts golf entertainment

Applications available at the Office of News & Communications, room 1124 in Cheadle Hall or the UCSB Alumni Association, 6550 Hollister Ave. (corner of Hollister & Los Carneros) room

Applications are due by January 31, 1992. Call 893-3123 for more information.

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