



# CAREER SUPPLEMENT

## CHOOSING A MAJOR

## CAREER PLANNING

*Winter Quarter*  
*1998*

### Simple Advice Makes Choosing a Major and Selecting a Graduate School Much Easier

By David Parker  
UCSB Career Advisor

Are you one of those students who is having trouble choosing a major, or selecting a graduate school, or determining the right courses to take, or deciding if graduate school is even necessary for your career? If so, you are not alone. Many students have a difficult time making such decisions.

For many students, decision-making paralysis develops from a fear of making the wrong decision. Students are afraid that a wrong choice of major or an inappropriate course selection might not prepare them properly for getting into a graduate school of their choice or being hired into a desirable career position. And, upon seeking advice, they often hear one thing from career advisors, another thing from family members, and still something different from friends.

If this sounds familiar, don't panic. Believe it or not, you are on the right path. You just have not completed the entire journey. You have probably received some good advice from knowledgeable people. Career advisors, family members, and friends all have excellent experiences, training and knowledge that you can learn from. You should

take their advice, reflect on it, research it further, and selectively implement it. However, to reduce your confusion and fear of making the wrong decision, you must go one step further and access your most treasured resource: employers — the people who do the hiring. Instead of entirely relying on what others think employers want, you should go right to the source. This simple advice has helped many students I have talked with make quicker and more comfortable and rewarding career-related decisions.

If you want to know what employers think of a major you are considering, ask them. Is Business Economics, Communications, Art Studio or Psychology the best major at UCSB for a career in advertising? Well, it might be a good time to see what people in the advertising field think. If a career advisor tells you that it doesn't make a difference what you major in for entering most fields and you don't feel comfortable with this statement, call various employers and ask them what they think. And, while you're at it, ask them other questions as well, such as "If my major is not that important, what is important for this type of job — what will make me stand out?" Use your family,

friends and career advisor to help you locate at least three to five people to talk to in your field of interest.

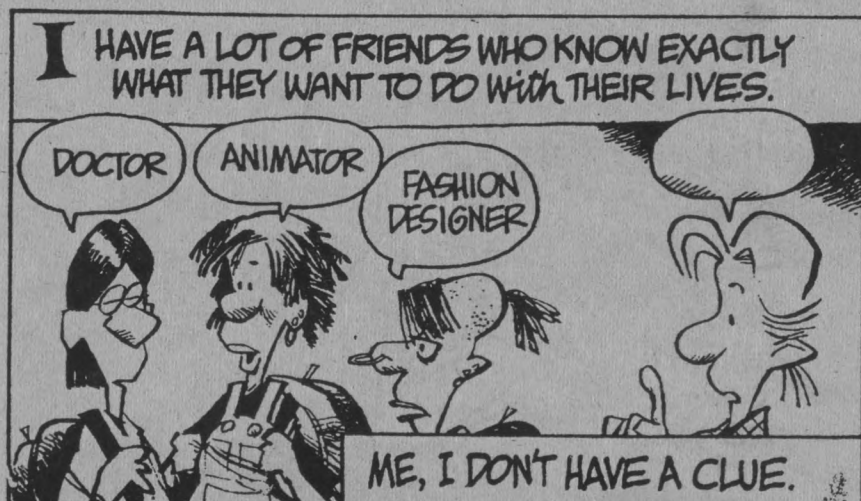
Recently a student came to me and said "I don't know what to do. I would like to pursue a career in fashion design, but I'm not sure if I should finish my four years at UCSB and then enter a fashion design program or transfer now into a specialized program." After having the student do some basic research on the requirements for entering the fashion design field, I then had her contact several people in the fashion design industry to see what they would suggest. The feedback she received was excellent and very different from what she had read and heard about from others. This new information she collected was the key ingredient that allowed her to make a confident decision and feel comfortable moving forward toward her chosen career.

This approach also works for those who are having a hard time selecting a graduate school. If there is a concern about whether employers will see you as a competitive candidate coming out of a particular graduate program, ask employers what they think. Calling employers can often ease your con-

cerns. It will also allow you to ask employers if a graduate degree is even necessary for your chosen career. More can be gained by talking with employers than reading placement statistics and books. Statistics can't elaborate on a topic or answer questions or refer you to others or even eventually hire you. The people you contact can and hopefully will do all these things. I have also found this approach useful in finding out what graduate school admissions officers look for in their applicants. If in doubt, pick up the phone and call an admissions advisor and ask them.

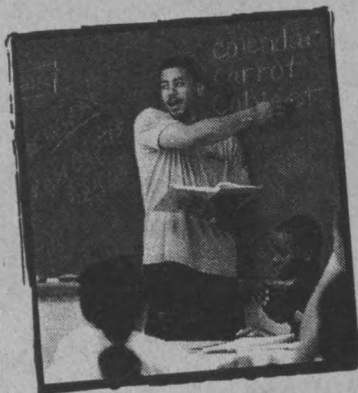
So, if you can't make up your mind or if you have doubts about what you hear, take the next step and go right to the front-line, to the people who do the hiring and the people who have already advanced through your field of interest. Talking to these people will help you feel more confident and comfortable with your decisions. The contacts you make along the way may also become valuable life-long resources. This simple advice has helped hundreds of students and it can help you. If you need help getting started, come see a Career Advisor at Career Services. We would be happy to help you. Good luck and I hope to see you on the front-line.

#### Zits





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See us at the Career Fair on Feb. 10 near the Arbor from 10-2:30

For more info visit office hours every Thursday 9-11am at South Hall 6432x or e-mail: 6500mel2@ucsbuxa.ucsb.edu <http://www.cns.gov>

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## Dying for a Cigarette?

You're not kidding!

Dear Readers

I am pleased as punch to have been the "cog in the wheel" of this career supplement. I proof read it Friday afternoon by the pool at a Palm Springs resort hotel in eighty degree weather, so I will be the first to admit it could have had a little help from Mother Nature, but as I read it, and yes, I read every line, so any editorial blunders are my own, I was aware that every article was well written, insightful, entertaining and meant to provide the reader with pearls of wisdom and tons of encouragement. I felt my job as editor was done, so to the readers I say enjoy and to the contributors I say, you did a good job. If you want to give feedback on this issue please write c/o Nexus Career Supplement, or find us somewhere on the internet. C&CS has its own web page. WELL DONE EVERYONE!

Sincerely,

*Lily*  
'yer editor

### Career Supplement Winter '98

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This Career Supplement is produced through the collaborative efforts of the staff of Counseling & Career Services. It is brought to you through the generous contributions of the businesses that advertised in this insert.

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# Career Opportunity

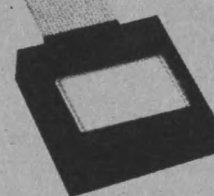
**Micron Display**, a division of Micron Technology, Inc. will be **recruiting on campus** at UCSB. Interviews will be conducted for **engineering positions** for interested applicants for the following majors:

- Electrical Engineering
- Chemical Engineering
- Materials Science
- Physics & Chemistry

Interviews will be held on Thursday, Jan. 29th 1998. Sign up for your time at the Placement Office.

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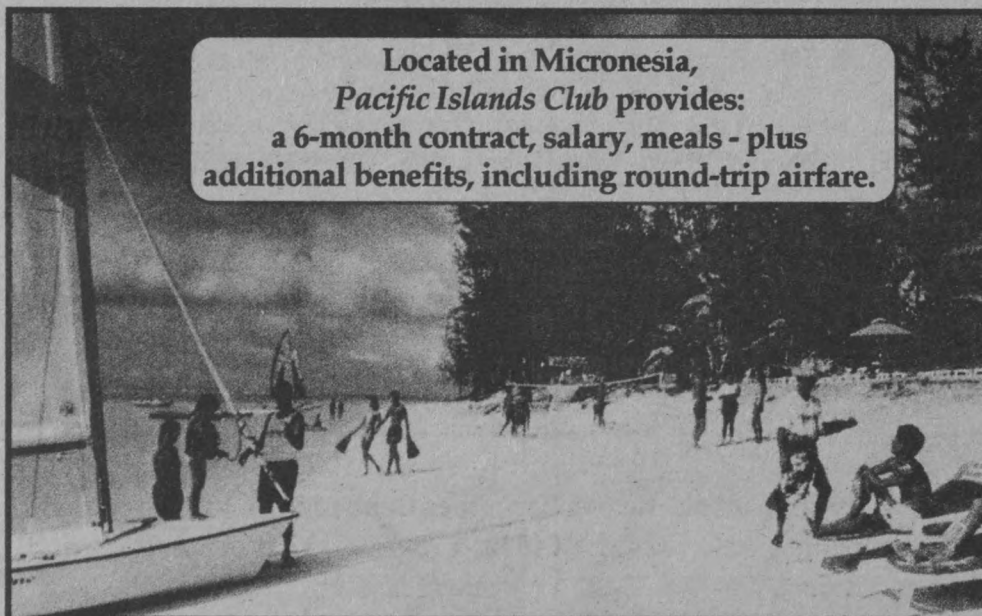
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For more information stop-by and watch a short video about our Sports, Entertainment and Activities Staff and the *world-class* resorts they support. After the video we will answer questions about this exciting opportunity.

.....  
We will be on the UCSB campus at Counseling & Career Services signing up interviews this

- Thursday, January 29th at 9am in Room 1109
- Thursday, January 29th at 1pm in Room 1416
- Friday, January 30th at 9am in Room 1109



## For Graduate Students Only

By Micael Kemp  
Coordinator, Employment Services

There seems to be a myth that because you have an advanced degree, you don't need any help getting a job. For a fortunate few, this may be the case. But most graduate students face the same challenges the rest of us face in finding employment after graduation. Counseling and Career Services can help.

If you plan to find employment in a college or university setting, we have a file service that may be of use. You can set up a file for your letters of recommendation and have those letters sent out to each position in education for which you apply. This streamlines the process of submitting letters. Instead of asking each faculty member who agreed to write for you to write and mail a letter for each position, you only need to ask them to write one letter. Your letters are centralized in one file and can be more

want to attend a general resume writing workshop if you are seeking employment outside of an educational institution. This will provide you with the basics of doing a rough draft resume. If you have written resumes before and are confident of the basics, you might attend "Hot Resumes That Get Results," an advanced workshop on the finer points of resume writing. For help writing a curriculum vitae, check in the Career Resources Room. We have a number of books on effective vitas that will improve your approach for jobs in education.

The other is "Interview Skills for Graduate Students." This workshop will focus on interview skills for graduate students seeking employment in business, industry, social service or government. That workshop is today, Jan. 28, 2-3 p.m. Also consider the advanced workshop "Interviewing Like A Pro... In The 90s," which explains the new trend in behavioral interview-

### DOONESBURY



easily activated for each position application.

If you are seeking employment outside of the academy, we can help you there as well. The Campus Interview Program has employers who come to campus every quarter seeking new hires. Many of these employers are open to interviewing Ph.D., MA and BA candidates for positions in their companies. For more information about the Campus Interview Program, you can attend an Orientation To Campus Interviews. The remaining sessions are Thursday, Jan. 29, from 4-5 p.m. and Tuesday, Feb. 3, 11 a.m.-12 p.m.

This quarter we offered a couple of specialty workshops for graduate students. One was "Resume Writing for Graduate Students," which reviewed the curriculum vitae and the resume, their structures, uses, similarities, differences and how to use each in an effect job search. If you missed that workshop, you may

ing and gives you tips for making your answers stand out. All workshops mentioned will be repeated in Spring Quarter.

For many people who have been in school for the better part of their lives, the idea of leaving is daunting, to say the least. If you would like to spend time with other students wrestling with similar circumstances, you might want to consider attending the Graduate/Older Student Support Group, which meets Fridays from 11 a.m.-12:30 p.m. If you are interested in joining this group, call 893-4411 and ask to make an appointment with the counselor who is leading the group.

All of these services are offered to you free of charge in the Counseling and Career Services building, and are available on a walk-in basis unless otherwise noted. We hope to see you soon.

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If unable to attend, or for immediate consideration, please fax/send your resume including salary requirements to: **Southern California Edison, Dept. NX-1/98, P.O. Box 128, San Clemente, CA 92674. FAX: (714) 368-9711. Visit our website at: [www.edisonx.com](http://www.edisonx.com).** Equal Opportunity Employer Supporting Diversity in the Workplace.



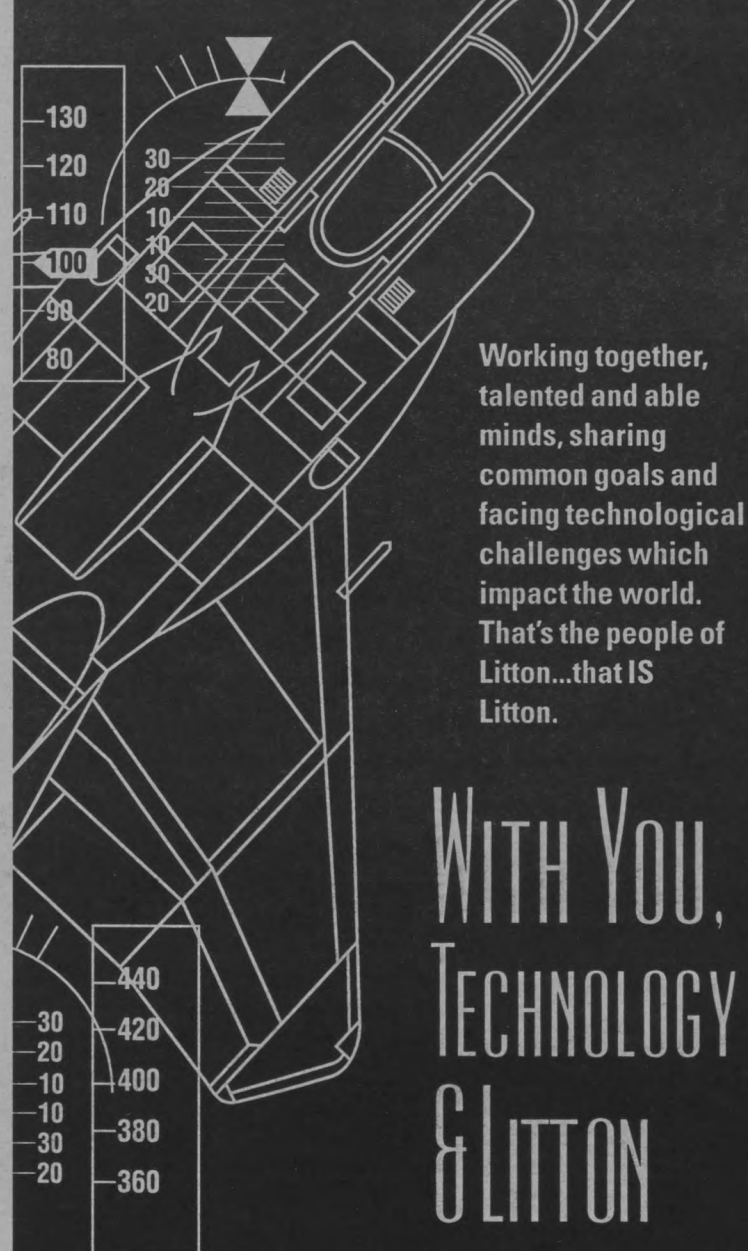
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## TELESIS MANAGEMENT, INC.

Telesis Management is interviewing science and engineering students graduating no later than August 98 for a programmer/analyst position. Telesis Management is a Santa Barbara based financial trading company with over \$225 Million under management. If you would like the opportunity to work in a small, innovative company in an exciting industry sign-up at Counseling and Career Services by February 2 for pre-selection and February 9 for open sign-ups.

# DECIPHERING



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Airborne computers, control and display systems, IFF and radar products comprise the majority of the work we do in our expansive Northridge facility. In Woodland Hills, our talented minds are known for producing extraordinary inertial navigation, guidance and control systems. Assignments could include:

- Assisting in the development of a family of low cost, modular, miniature GPS-based guidance systems that can be configured to support a broad spectrum of DoD platforms as the new standard of inertial navigation systems.
- Providing systems design of a new cockpit display system, combining a powerful mission computer, color graphic processor and color display.
- Developing specialized algorithm for rendering polygon and raster-based images, anti-aliased symbol generation and real time operating systems.
- Performing advanced electronic circuit design on high-speed digital processing equipment for displays and control systems for land, airborne and seaborne navigation.

**Litton Guidance and Control Systems will be on campus February 2. For information about meeting with us, contact UCSB Counseling and Career Services.**

If you are graduating with a BS/MS in EE, CS or Physics, please fax/send resume to: **Litton Guidance & Control Systems, Human Resources Dept. DM-SB, 19601 Nordhoff Street, Northridge, CA 91324. FAX (818) 678-7509.** Visit our website at: [www.littongcs.com](http://www.littongcs.com). We are an equal opportunity employer.

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Guidance & Control Systems



## 10 Excellent Reasons To Join the UCSB Alumni Association

By Susan Goodale  
Director of  
Alumni Career Resources

We are a society that places a great emphasis on lists. We make lists to remember what to purchase at the store. WE create lists to help us stay organized at work. In a study published in 1997 by Johns Hopkins University Press, UCSB was ranked as number two on the list of top American public research universities. In 1995 UCSB was admitted to the list universities who are a part of the prestigious Association of American Universities. Lists are everywhere, yet there is one more list also worth reading and keeping. That list is the top ten career-related reasons why you should join the UCSB Alumni Association when you graduate.

10. Kaplan Educational Services discounts. By summer of 1998, members of the UCSB Alumni Association will receive a \$75 credit on Kaplan courses.

9. Health benefits. Whether you are searching for that first job, are changing jobs or seeking supplemental health insurance, the Association offers its members a full range of temporary and permanent health insurance plans that also include vision and dental options.

8. Access to UC Libraries. members of the UCSB Alumni Association may request a library card that allows free borrowing privileges at libraries at all UC campuses.

7. *Coastlines* Magazine. *Coastlines*, published quarterly, is the magazine for members of the UCSB Alumni Association. Each edition features a career column written by UCSB career counselor Lily Maestas, information on upcoming career-related activities, opportunities for alumni employers to post job openings, and networking contacts through information provided in the "Milestones" section.

6. Referrals and Discounts on career Counseling. Professional career counseling can be expensive, and finding a good, reputable career counselor can be difficult. As students, take advantage now of the free services available to you through UCSB Career and Counseling Services. These services will

remain available to you at no cost for three months following graduation. The UCSB Alumni Association has filled the void after those three months by providing a list of highly qualified career counselors to assist you through all steps of your career path. Currently, there are 25 counselors located throughout California that have completed a critical review process to be part of this select list. These counselors also offer members of the UCSB Alumni Association a discount rate on their services. The Association is currently expanding this program to include other states and is one of two Alumni Associations in California to offer such a program to its alumni.

5. Regional and Topical Career Seminars and Workshops. These workshops and seminars have been offered to Association members in cities of dense alumni population and have included topics such as mid career transition, alternative ways to use a law degree, mapping your career, and the hidden job market. The presenters are all highly respected career consultants, typically University of California graduates, who understand the prestige of a UC degree and the high caliber of the graduate with which they are working.

4. JobTrak and Emplawynet subscription discounts. JobTrak is the nation's largest online job posting service and can be found at [www.jobtrak.com](http://www.jobtrak.com). The UCSB Alumni Association was the first alumni association in the nation to be affiliated with JobTrak, which had previously only worked with university career centers. Employers specifically looking for UCSB graduates will post their opportunities with our campus site. As a student you have currently have free and unrestricted to these listings. Emplawynet is an on-line job search service for professionals in the field of law and is located at [www.emplawynet.com](http://www.emplawynet.com). The company also offers continuing legal education courses and a chat room. The Association offers subscriptions to both programs by members of the UCSB Alumni Association at a reduced rate.

3. Invitations to and Discounts for the

Annual UC Alumni Career Conference and Job Fair. This one-day program, consisting of a keynote presentation, career-related workshops, a networking luncheon, and a job fair with over 100 recruiters, occurs every September in Southern California and March in Northern California. Approximately 1,000 alumni from all University of California campuses gather for this conference, a collaborative event sponsored by the UC Alumni Associations. Keynote speakers from past years include Jack Canfield, author of the *Chicken Soup* books, Richard Bolles, author of *What Color is Your Parachute?*, Graham Steadman, motivational speaker and CEO, and authors/career counselors Joyce Lain Kennedy and Adele Scheele. The registration cost for this comprehensive event is less than \$100.00 and is again discounted for members of the UCSB Alumni Association. Comparable programs offered to the public, such as the *Los Angeles Times* Job Fair, can cost twice this and do not specifically cater to the caliber of job opportunities as being sought by a University of California graduate.

2. Networking Opportunities. Networking has become more and more important in today's new job market in which less than 80 percent of the jobs are found in classifieds. Who more likely to provide you assistance and understand your collegiate experience than other graduates from your alma mater? The UCSB Alumni Association offers its members three networking opportunities. Career Connections is an informational networking program. A data base of approximately 1,000 alumni who have volunteered to answer questions about their career is maintained by the Association. As a student you have unrestricted access to this data base located on line at [www-instadv.ucsb.edu/InstAdv/AlumniAssociation/CareerServicesPages/CareerNetworkingPages/CareerConnections](http://www-instadv.ucsb.edu/InstAdv/AlumniAssociation/CareerServicesPages/CareerNetworkingPages/CareerConnections). Not only is this data base used by current students and recent graduates who are interested in finding out the challenges, rewards and economic outlook on their first career, but it also used by

alumni making mid-career changes. Regional alumni programs also allow Association members to network for professional and social reasons. There are 13 regional programs with chapters located throughout the United States. There is usually a group of alumni located near you to call upon to assist in becoming established in a new geographical area, maintaining your UCSB connection and serving as a career resource. Constituent alumni programs which are specifically focused provide Association members professional networking opportunities based on similar interests. These organizations typically offer symposiums and continued learning opportunities for its members as well as coordinate mixers, informational programs and scholarships for students in that area of interest.

1. Participation in a Nationally Recognized Program. UCSB Alumni Career Services is one of the top five programs of its type in the country, the other programs being sponsored by the alumni associations at the University of Illinois, Georgia Tech, Chapel Hill at North Carolina and UCLA. The mission of the UCSB Alumni Association's program is to offer high quality yet affordable career services to alumni at all stages of their career. Since 1994, the UCSB Alumni Association has received from the Council of Advancement and Support of Education not only its top honor, a Gold Medal, but three Awards of Distinction and an Award of Excellence for its use of resources and creativity in meeting its mission.

Whether you are a freshman or a senior, one of the reasons you are attending college is to receive an education that will help excel you in your career. However, career enhancement doesn't end with a diploma at graduation; it is a life long process which can involve resources that are not always readily available to you. So, whether it be three years from now or one quarter, don't forget to join the UCSB Alumni Association when you graduate. It has created a nationally recognized program to assist you in utilizing the degree for which you worked.

# ON CAMPUS INTERVIEWS

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## Ready... Set... Summer Job!

By Deb Artz  
ALP Coordinator

Tired of the same old summer job? Maybe this is your summer to break out of your shell and try something new. CoolWorks is a wonderful website to visit for access to national parks, cruise ships, resort, ski and ranch jobs. One Small Planet has a convenient global database that gives quick information and web links for traveling and/or working abroad. Both websites are linked through the C&CS website at <http://career.ucsb.edu> by clicking *students* and then *internships* and either choosing *national* or *international* options. You may also consider signing on to do tours for *Backroads* or *Sun Trek*, a huge outdoor bicycling, backpacking, hiking and/or rafting global travel tour outfits. For more ideas, see the directory of short-term work, learn and travel adventures around the world called *The BackDoor Guidebook* on reserve at Applied Learning, Counseling & Career Ser-

vices, Bldg. 599.

*Do you love the outdoors, kids, sports?* Share your passion by getting a summer camp counseling or sports instructor position at one of many day or residential camps across the nation and state. Many UCSB students have taken this pathway, and have gained the leadership and team work skills employers want on a resume while gaining lifelong friendships. Residential camps provide room and board (*except during days off*) plus stipends of \$1,000-1,200 to \$1,500-1,600 depending upon experience for a ten week commitment. Salaries typically run around \$200 per week for day camps.

Interested? Don't miss the annual Summer Job Fair, Wednesday, Feb. 11 from 10:30 a.m. to 2:30 p.m. at the Arbor Mall outside the library. More than 30 different camp, park or resort representatives will be on hand to answer questions regarding summer job opportunities, application requirements



Summer Job Fair coming soon — Wednesday, Feb. 11, Arbor Mall.

and deadlines. Several have interviews right afterwards or later that week. *These opportunities are for all majors!* Besides a variety of options at Disneyland Resort, we have Catalina Island Camp, Southwestern Publishing Company, Outdoor Online, Jameson Ranch Camp and many more. Carve out an hour in between class and stop by. Hope to see you then!

## Summer Camp Jobs Offer Serious Experience

By Deb Artz  
ALP Coordinator

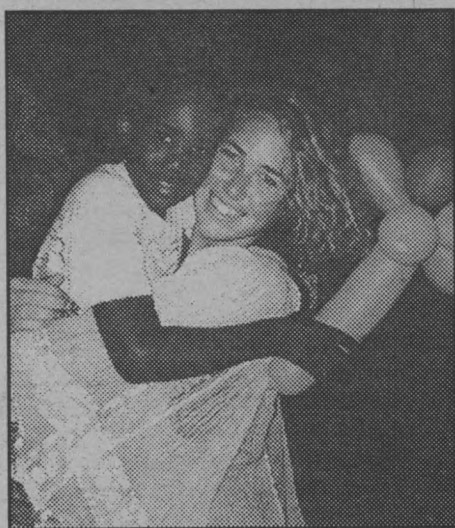
According to recent UCSB Communications graduate, Kim Dahlgren, "Camp counseling jobs are incredible for college students. Besides developing competence in such highly sought after transferable skills such as team building, problem solving and leadership, you impact children's lives while changing yours." Besides, she says, "the kids are fun and challenge you to be high energy and creative. You get to learn how to develop self-esteem and confidence in children through various programs and instructional strategies that foster growth and development that really makes a difference. On top of this, powerful bonds are formed with other staff members. Friendships that literally last a lifetime."

Kim has been working in summer camps since she was 15 years old for the past 11 years starting as a Counselor-In-Trainee at Riverway Camp/USCA Alumni Camp, in the foothills outside Fresno, teaching swim-

ming, dance, gymnastics and eventually advancing to water ski instructor. She is also completing a fifteenth year as a one-week volunteer with camp Ronald McDonald which serves children with cancer. This led into a six month, full-time seasonal position as its Assistant Camp Director following graduation. Now for the "real job" she says. Kim decides to get a job in advertising six months in account services and hates it. Fortunately, she knew the directors of Catalina Island Camp and gets hired. For about a year and a half, she becomes its Program Director/Assistant Camp Director handling much of the program development, recruitment, training and organizational logistics and marketing. Besides great experience and the chance to work on Catalina Island, she discovered her growing interest in working with special populations including children with special needs. "At camp, the greatest thing is that kids can just be kids and get away from medications and health routines while discovering that they are not alone." She has also been Program Director for one

session in winter for Camp Laurel based out of L.A. for families and children with HIV and AIDS and the list goes on.

This past September, Kim helped the doctor and nurse at Catalina Island Camp create a new camp on a site Catalina Island offered them called *Camp Del Corazon* that serves children with congenital heart disease. Kim is now enrolled at the Pepperdine University Graduate School of Education and Psychology MA program located in Culver City in Clinical Psychology with an emphasis on Marriage and Family Therapy. She hopes to complete her program soon, and eventually consider a Ph.D. in Health Psychology to achieve her long term interest in children with special needs. "It's interesting how everything builds upon each other. My career path stems directly from my camp experience. Even now, I am in high demand as a substitute teacher given my work with children all these years. My dream after this, is to eventually create my own camp that will serve children with health care needs."



Kim Dahlgren, UCSB Communications Graduate with her kid at camp.



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If you are unable to attend, send your resume, indicating position of interest, to:  
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Email: [apply@net.com](mailto:apply@net.com) Fax: (650) 780-5517.

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We'll take you there.



**New Career Workshops Winter '98**

Along with Counseling and Career Services standard line up of career and job search strategy workshops we are adding the following new topics to the list. Check the workshop schedule for workshop descriptions.

<b>Interview Skills for Graduate Students</b>	
Wed., Jan. 28 (today!)	2-3 pm
<b>Cover Letters That Grab Attention</b>	
Thurs., Jan. 29	3-4 pm
<b>Your Major Connection</b>	
Mon., Feb. 2	4-5:30 pm
Wed., Feb. 4	4-5:30 pm
Mon., Feb. 9	4-5:30 pm
<b>Successfully Handling Salary Issues During The Job Search Process</b>	
Thurs., Feb. 5	3-4 pm
<b>Career Options for Creative Types</b>	
Tues., Feb. 10	1-2 pm

All workshops are held in Room 1109 of Counseling & Career Services.

## Spring & Summer EMPLOYMENT



**Yosemite Concession Services Corp.** offers you the opportunity to live & work in one of the world's most beautiful sites. The "Yosemite Experience" is a tradition of exceptional guest service. If you have the ability to work hard and smile, now is your chance to join our team.

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## The GRE Isn't What It Used To Be

By David Elliott  
Kaplan Center

Do you remember your experience with the SAT? I do. I remember being jammed into a hot high school cafeteria with about a hundred other high school students. Sweat mingled with panic and fear as we hunkered over our tables, number 2 pencil in hand as we determined — at least in part — our individual futures. As I fast forward a few years I recall another test experience, the GRE this time. Another hundred students or so stuffed into chairs and desks that seemed sized to fit grade schoolers rather than full grown college students in a frigid lecture hall at UCLA. Again the tension was thick as we focused on our task of bubbling in (inside the lines, of course) choices "A" through "E" — again with our trusty number 2 pencils.

Those days of graphite and lead are coming to an end. While for some of you this may confirm an apocalyptic end to the millennium, the fact of the matter is that the Graduate Management Admission Test (GMAT) is now (as of October '97) solely offered on computer, and the Graduate Record Exam (GRE) is now only offered twice a year on paper and pencil. The rest of the time one must take it on the computer. Administrators of the Medical College Admission Test (MCAT) and the Law School Admission Test (LSAT) are watching the results carefully, though as of now there are no changes planned.

The new computer test is not just simply a paper and pencil test administered on a computer. It is a Computer Adaptive Test or CAT as it has come to be known. While this may conjure up images of your ordinary Tabby house cat for some or of some wild jungle tiger for others, the test should neither be taken lightly nor feared, but more on that in a moment. Here is how the test works and how it is different from the paper and pencil version.

First of all, the content matter is the same as it was on the paper and pencil versions of the GRE and GMAT, but the way it is presented is much different. You are allowed to see only one question at a time on the CAT, and you must answer the question in front of you before continuing on. What this means is that you cannot skip around searching for those easy points first. Remember that SAT test again. Do you recall how the first few questions were relatively easy? Well, that is not a luxury on the CAT. The CAT starts a student off at a question of medium difficulty. If you answer that question correctly, then you get a more difficult question and your score increases. If you answer that question incorrectly then you get an easier question and your score decreases.

This is why the test is called adaptive because the test is selecting questions for you based on how you are doing. If things go well and you answer the questions correctly your score will continue to increase; if things go poorly, you will get easier questions until you begin to answer them correctly.

So what does this all mean? Well, the purpose of the CAT is to give you a score at which you answered questions correctly about half the time. In other words, the overall number you get right is not as important as the level at which you start half right and half wrong. While this fact may seem like a major difference, computer based scores are considered comparable to paper scores.

Who does well on the CAT? The CAT favors those students that are well prepared for the test both in terms of strategy and content. Since the questions vary in terms of not only difficulty but also in terms of how much they count, the better prepared individual or the better test taker is favored by the CAT. Whereas the less comfortable the test taker, the less likely he or she will do well on the CAT. While the above may seem self-evident and true for the paper version as well, the CAT seems to amplify things a bit. That is to say that those who typically score better on paper versions of standardized tests may score a bit better on the CAT, while the reverse is true for those who typically struggle on paper versions.

Here are some additional points to consider:

- The CAT is more convenient. You can take the test on most days during a given month and at hundreds of centers across the country. The closest center to Santa Barbara is in Westlake Village, about an hour south of here.
- Computer literacy is not a requirement for the CAT. A tutorial before the test explains all the functions that you will need during the test.
- The CAT actually allows you more time per question.
- The CAT gives you your score immediately, and scores will be reported to the school faster than the paper version.
- When you take the CAT, you are alone with the computer. This provides for a non-distractive environment. (Although a camera does monitor you to ensure that no cheating occurs.)

So the days of graphite and lead seem to be numbered, as do the days of crowded test centers. Some may be sorry to see those days pass, but the fact remains that computer testing is here to stay and is another indication of the growing influence of technology in everyone's lives. Here is an early welcome to the 21st century.



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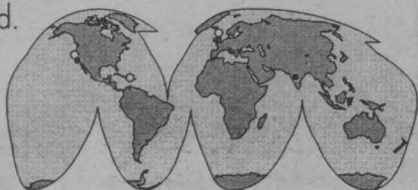
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## Shhh... Tell All Your Friends!

By Jennifer Casey

Career Peer Advisors agree that their job just may be the best kept secret on campus. With the time to recruit new staff members for the 1998-99 school year quickly approaching, Career Peers are eager to spread the word about the tremendous benefits of working for Counseling and Career Services.

Most Career Peers began their job excited at the prospect of being able to assist fellow students with career planning. Educating students is tremendously rewarding for junior Barbara Villafana who says, "I enjoy helping people both in our building and outside of C&CS. I find myself talking about my job and all that goes on outside of the workplace all the time."

What Career Peers didn't anticipate was the extent to which their job would benefit them personally. This shouldn't be surprising considering the wealth of information and opportunity Peers are constantly surrounded by. Junior Career Peer Brenda Rodriguez believes her daily activities in the Career Resource Room gave her an insight into her own university career that she might have otherwise missed. "This job helped me see that the Business Economics major I chose was not for me. I realized I wanted a job that had more to do with people. I am a Sociology major now and I am much happier," says Brenda.

Senior career Peer Kishla Lampley used her job as a stepping stone to another campus opportunity. "My job at C&CS helped me get a job at the Office of Relations with Schools," Kishla relates. "I had a lot of support from the counselors and my supervisor Bea Ando. Everyone was always asking me if I had my resume done, if I needed help with my interview skills and things like that. I wouldn't be as motivated as I am without them."

Thrilled with the helpful information she has uncovered

## Back From the Holidays ...

"Sick and Tired" of Hearing  
These Questions  
From Family and Friends?



When are you going to select a major?  
What are you going to major in?  
What on earth can you do with that major?  
What are you going to do once you graduate?  
Isn't it time to get serious about your life?

If so, then don't miss ...

Visiting with Peer Advisors  
January 28, 29, 30, and February 2  
11:30 to 1:30  
In front of the UCen and/or  
Counseling and Career Services

Attending one of the  
"Your Major Connection" talks  
February 2, 4, 9  
4:00 to 5:30  
Counseling and Career Services  
Room 1109

related to her own aspirations in the film industry, junior Julie Kuwabara says, "I have found a lot of valuable contacts for film internships as well as contacts within the professional field." Spending so much time in the Career Center as an employee, Julie can't help but to use the resources to her own advantage.

Anyone interested in joining the Career Peer Team can pick up an application in the Career Resource Room at Counseling and Career Services. Completed applications are due on February 18 at 4 p.m. Junior Career Peer Jenny Beckman urges students to take advantage of this golden job opportunity: "This is the best job there is for people who want to help others, and in the process, truly help themselves."

"Go for it," advises Peer Cynthia Huie, "it's better than StoveTop."

## RECRUITING SCHEDULE FOR 1998 WINTER QTR

### Campus Interview Program

Counseling & Career Services  
University of California  
Santa Barbara, CA 93106-7140  
(805) 893-4415

You must be a currently enrolled student to participate in the Campus Interview Program. Please be sure to come by our office to register and see the complete job descriptions. This list is subject to changes.

*ACC February 18	*Green Hills Software February 12, 13	Peace Corps February 3-5
*ADP February 13	Harris Corporation February 5	PeopleSoft February 5
*Andersen Consulting March 2	*Hewlett Packard February 9-11	Phase Metrics February 20
Aniritsu Company February 20	Hughes Aircraft February 3	Photobit January 26
Applied Magnetics Corporation February 26	IDV February 5	Plutus Enterprises February 2, 3
Applied Materials February 2	InfoGenesis February 25	*Procter & Gamble January 29
Applied Signal Technology February 27	Integrated Devices Technology February 20	Putnam Hayes & Bartlett February 4
*Arthur Andersen LLP February 2	John Hancock Financial Serv. February 26, 27	*Qualcomm, Inc. February 17
BT Office Products March 2, 5 & 6	KLA Tencor February 18	Raytheon E-Systems January 26
Bateman, Inc. January 26	*KPMG Peat Marwick LLP January 28	Republic Group March 5
Bay Network February 5	Lady Footlocker February 13	Rite-Hite Corporation March 4
Boeing Southern California February 24	Lawrence Livermore Labs February 24	Robinsons/May Company February 12, 13
3Com February 25	Lear Astronics February 18	*Rockwell International January 26; March 6
*Cadence Design Systems February 2	*Litton Guidance & Control February 2	Sav-On Drug Stores March 5
Cisco Systems February 25	Lockheed Martin February 4	Santa Barbara Research Ctr January 29
Comerica Bank February 9	March 4	SMART Modular February 19
CommQuest January 28	Lucent Technologies February 24	Southern California Edison February 25
*Coopers & Lybrand LLP January 27	Macy's/Bullocks February 19	Space & Naval Warfare Ctr February 4
Culver Personnel Services February 6	Mass Mutual February 9, 10	Sun Microsystems February 3
Dantz Development February 5, 6	Mentor Graphics March 5	*TRW February 6
*Deloitte & Touche LLP January 30	Mervyns California January 28; February 24	Tandem Computers January 27
Dolby Labs January 26	Micron Display January 29	*Tecalote Research February 4
EDS January 26; February 5	*Microsoft Corporation February 23, 24	*Tektronix, Inc. February 24
E & J Gallo Wine February 6	Montgomery Kone, Inc. February 12	Teledyne March 4
E.S.R.I. February 27	Mosel Vitelic February 18	Telesis Management February 19
*Enterprise Rent-a-car February 11	Motorola, Inc. February 18	Teradyne, Inc. February 19
*Ernst & Young LLP January 29	NCCOSC February 4	Triage Consulting February 20
Equis February 27	*NET February 18	Trust Company of the West March 4
Farmers Insurance February 2	National Semiconductor January 30	*Toyon Research February 2
Fortis Investors February 17	Naval Air Warfare Div January 29	TriQuint Semiconductor February 10
Franklin Templeton March 2	Northrop Grumman March 3	*V-Tel January 27
Fujitsu Micro Electronics February 9	*Northwestern Mutual Life February 9	VisiCom February 4
Fund for PIRG February 19	Norwest February 23	Vitesse Semiconductor February 11
The Gap Inc. January 28	PIRG February 25	Xilinx, Inc. February 10
	Pacific Island Club January 29, 30	

\*Check job descriptions for Summer Employment.

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We will be interviewing on campus in February.

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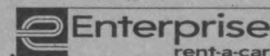
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### INFORMATION MEETING FOR GRADUATES AND SENIORS

Monday, February 2, 12 Noon, at UCSB, El Centro, Building 406

For more information call George Gonzalez at 1 (800) 822-2452 ext. 8580



## Coping with STRESS, & Other Events

Applications, deadlines, interviews? What are you going to do? What are you going to be "when you grow up?" Finding the resources available to you is easy, and dealing with the stress is even easier at Counseling and Career Services. Just come to the Personal Development Resources Room (PDR) and find out more about our Stress Management Program.

Stress Peers can assist you in finding resources that will help you to reduce and manage stress in your life. In the PDR there is a variety of articles and handouts on topics from stress management to relationships. They can be used for your own personal information, you can give them to friends, or you may be able to use the information for some of your classes.

If you just want to come in and relax, we have two relaxation rooms where you can watch or listen to one of the tapes we have. In one room you can sit in our new leather massage chair that helps you relax with a series of

rolling and tapping motions like a Shiatsu massage. The Alpha-Wave Chamber (i.e. the Egg Chair) is shaped like an egg, and when you sit in it you are encompassed with a relaxing feeling that helps you to wind down during your stressful day.

The Stress Peers also provide workshops quarterly on stress management and massage by request. Have you been doing poorly on tests or just want some extra help with test taking? Come in and ask about our test anxiety program. The Peers are there to help with any questions or concerns you might have. It's a rough world that you're looking forward to so take advantage of all the resources you have here! Come in to the PDR in the Counseling and Career Services Building to room 1325 or call 893-8296. Our hours are Monday through Thursday 10 a.m.-12 p.m. and 1-4 p.m., and on Friday from 10 a.m.-12 p.m. and 1-3 p.m. Hope to see you soon!

— Roxanne Brush, Stress Peer

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