

Daily Nexus \$7500 **VALUE**

\$7500 **VALUE**

Initial Consultation and Spinal Examination

NO OBLIGATION FREELAND-BLUM CHIROPRACTIC
5973 Encina Rd. Suite 102 964-4800 With coupon • Expires Jan. 31, 1990

Daily Nexus

FREELAND-BLUM CHIROPRACTIC

5973 Encina Rd. Suite 102 964-4800 With coupon • Expires Jan. 31, 1990

Daily Nexus \$7500

VALUE

VALUE

Spinal Examination

NO OBLIGATION FREELAND-BLUM CHIROPRACTIC
5973 Encina Rd. Suite 102 964-4800 With coupon • Expires Jan. 31, 1990

ONE COUPON

50% OFF **Any Necessary X-Rays**

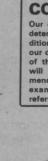
FREELAND-BLUM CHIROPRACTIC

5973 Encina Rd. Suite 102 964-4800 With coupon • Expires Jan. 31, 1990

ONE MONTH ONLY

FREE SPINAL SCREENING AND EXAMINATION

Freeland-Blum Chiropractic Offices is sponsoring a spinal check-up and Scoliosis Screening program as a public service. This service will include consultation, examination, nerve tests and a report of the findings.



CONSULTATION

will make appropriate recom-mendations regarding X-rays, examination, treatment or referral to another doctor.

EXAMINATION

diagnostic procedures in addition to specialized Chiropractic

REPORT OF FINDINGS

After the doctor has correlated his findings based upon your tests and examination, you will receive a complete report.

WARNING SIGNS OF SPINAL MISALIGNMENTS

- Recurring Headaches
- Painful Joints • Neck, Shoulder & Arm Pain
- Scoliosis
- Pain Between Shoulders • Loss of Sleep
- Numbness in Hands & Arms • Low Back & Leg Pain
- Numbness in Legs or Feet
- Ringing or Buzzing in Ears
- Dizziness, Blurred Vision
- Difficulty Breathing

If you suffer from any of these warning signs, call immediately to prevent possible advancing complications. This Free Spinal Check-up and Nerve Testing Program is available as a public service for the next two weeks...by appointment, please. Group Insurance • Auto Accidents • On The Job Injury •

Medicare For an appointment call 964-4800

5973 Encina Rd. Suite 102

Buy 2 pairs of Volley Shorts & Receive 1 FREE Side Out Cap



CLUB REDSAND BEGGE





808 State St. Downtown Santa Barbara 962-8828

Daily Nexus

Buy 2 pairs of Volley Shorts & Receive 1 FREE Side Out Cap



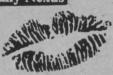
REDSAND MOSSAIND. EDGE





808 State St. Downtown Santa Barbara 962-8828

Daily Nexus



ULTRA

BEAUTY SUPPLY AND SALON

All Hair Care Products In Stock

- Paul Mitchell
- Nexxus

With this coupon . One coupon per customer **Expires Jan. 23, 1990**

5575 Hollister Ave. (Next to Sizzler)

Daily Nexus



ULTRA

BEAUTY SUPPLY AND SALON

Unlimited 30 Day Tanning! only 32

With this coupon . One coupon per customer

Expires Jan. 23, 1990

5575 Hollister Ave. (Next to Sizzler)

Daily Nexus

DOUBLE UP FOR AN EXTRA BUCK Buy One Foot Long Sub and Get the Second for a



- Offer good at both locations Not good with any other offer
 - Expires Jan. 23, 1990 e coupon per customer

Get \$100 OFF Any **Sub or Salad**



 Offer good at both locations Not good with any other offer

 Expires Jan. 23, 1990 One coupon per customer

ONE COUPON

Daily Nexus

Buy a Foot Long Sub & Get \$100 OFF plus 16 oz. Drink FREE

(Regular foot-long subs only)

SUBWA

Offer good at both locations

Not good with any other offer Expires Jan. 23, 1990

One coupon per customer

ONE COUPON

Daily Nexus

Buy a 6-Inch Sub & Get a Second One For Just 59¢

 Offer good at both locations Not good with any other offer • Expires Jan. 23, 1990

 One coupon per customer ONE COUPON **CLEARANCE SALE!** All Volley Shorts Only \$1850

The #1 Selection of **Volley Shorts in Santa Barbara**

808 State Street Downtown S.B.



ULTRA BEAUTY SUPPLY AND SALON



Always a 10% Student Discount

- - Tanning
- Manicurist

5575 Hollister ave (Next to Sizzler)





There's No Substitute

Open Sunday-Thursday 10:30-11, Friday-Saturday 10:30-12:30

888 Embarcadero del Norte, I.V. 685-8600 1225 State St., S.B. 965-4822

3 Month Membership

Fairview Center 147 N. Fairview, Goleta

683-2022

Daily Nexus

6 Month Membership

147 N. Fairview, Goleta Fairview Center

683-2022

Daily Nexus

Daily Nexus

Got a paper due... Come to the ALTERNATIVE and get

3° SELF SERVE COPIES



81/2"x 11" 20 lb. with coupon only

Expires Feb. 8, 1990

Receive 2° OFF Per Copy **On Any Copy Service**

(For large orders call first.)

Expires Feb. 8, 1990

the alternative

Stairmaster & Lifecycle **Membership for Winter Quarter** Only \$4500 with coupon

CLUB TAN

Expires Jan. 23, 1990

Daily Nexus

Stairmaster & Lifecycle Membership for Winter & Spring Quarters Only \$7900

CLUB TAN

Expires Jan. 23, 1990

6576 Trigo Rd., I.V.

ONE COUPON

Daily Nexus

Five 30 min. max. Sessions Only \$2000

Ten 30 min. max. Sessions Only \$3500

CLUB TAN

6576 Trigo Rd., I.V. ONE COUPON

Daily Nexus

1 Month Unlimited Stand-Up **Wolff System** 30 min. max. *4500

20 min. max. *2500

CLUB TAN

Expires Jan. 23, 1990

ONE COUPON

6576 Trigo Rd., I.V.



Try the Aerobic Specialists Who Care!

- Personalized attention
- Energetic Instructors
- Upbeat Music
- Affordable Memberships
- Multi-level Classes
- Free Weights
- Spring-loaded Floor

For Class Info Call: 683-2022

147 N. Fairview, Goleta

CELEBRATING 1 YEAR AT OUR NEW LOCATION

955 Emb. del Mar, I.V.

We offer a variety of products & services including:

Stationaries

Photo Mats (for frames)

Film

Film Developing

Self Serve Copies

Resume Copying

Thesis w/100% cotton paper

Binding

Got a special project? Come talk to Cory or Paul.



the alternative

copy shop OPEN 7 DAYS • 968-1055 955-F Emb. del Mar • ISLA VISTA

The Average Person gains 8 lbs. over the holidays . . .

Come Lose It at **CLUB TAN!**

Do you only use the STAIRMASTERS & LIFECYCLES at your gym, but still pay the same price as everybody else?



Then consider CLUB TAN before you spend all that money.



Hours: Mon-Thur. 8 am-Midnight Fri 8 am-9 pm Sat 9 am-9 pm Sun 10 am-Mid.

CLUB TAN

6576 Trigo Rd., I.V. 968-3384

Now Accepting Visa and Mastercard!

\$2.75 for Chicken Deluxe Sandwich

370 STORKE • GOLETA • 968-1091 Minutes from Francisco Torres!

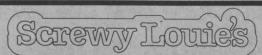


\$105.00

Regular \$130.00 Not valid with other offers With coupon

Expires Feb. 9, 1990

Daily Nexus



2 1/4-lb. Burgers and

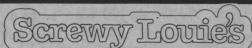
 Not valid with other special offers 1 coupon per customer • Expires Jan. 28, 1990

6396 Hollister Ave.

Goleta

968-2565

Daily Nexus



OFF Any Charbroiled Chicken Breast Sandwich

 Not valid with other special offers 1 coupon per customer • Expires Jan. 28, 1990

6396 Hollister Ave.

Goleta

968-2565



20% Off Products All 16 oz. or larger

10% Off Products

15 oz. or less With Ad

955 #C Embarcadero del Mar, Goleta, CA 93117

With Coupon Not valid with ofer offers • Expires Feb. 9, 1990

FREE POOL!

HAPPY HOUR 6-8 pm

• Import Drafts \$1.00

• Import Bottles \$1.25

(Space available for group parties) 6396 HOLLISTER AVE. GOLETA 968-2563

Daily Nexus

Shop Once at Member Prices

(Non-members save 15% on all purchases) With coupon only • Expires Jan. 20, 1990 **ISLA VISTA FOOD CO-OP** 6575 Seville Rd. 968-1401

Daily Nexus

Fresh-Ground **PEANUT BUTTER**

\$1²⁹ lb.

With coupon only • Expires Jan. 20, 1990

ISLA VISTA FOOD CO-OP 6575 Seville Rd. 968-1401

Daily Nexus

25° Off Per Pound **ANY ORGANIC PRODUCE**

With coupon only • Expires Jan. 20, 1990

ISLA VISTA FOOD CO-OP

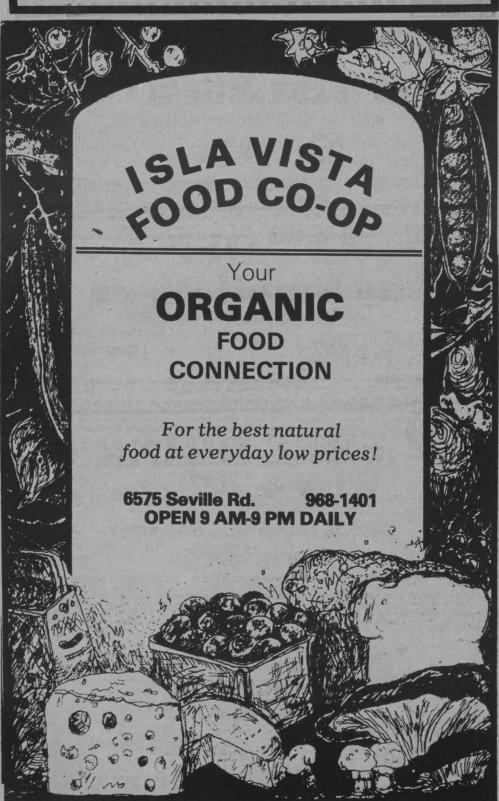
6575 Seville Rd. 968-1401

RICE DREAM

Non-Dairy Dessert

Pint Reg. \$1.99 pint With coupon only • Expires Jan. 20, 1990

ISLA VISTA FOOD CO-OP 6575 Seville Rd. 968-1401



\$200 OFF Any large 3-item Pizza

WOODSTOCK'S PIZZA PARLOR Expires Jan. 23, 1990 1 Coupon per pizza 968-6969

ONE COUPOR

8100 OFF Any Small Pizza

Except Plain Cheese

WOODSTOCK'S PIZZA PARLOR, Expires Jan. 23, 1990 1 Coupon per pizza 968-6969

ONE COUPO

2 FREE DRINKS With Any Pizza

WOODSTOCK'S PIZZA PARLOR Expires Jan. 23, 1990 1 Coupon per pizza 968-6969

ONE COUPON

81⁵⁰ OFF Any Large Pizza

(Except Plain Cheese)

WOODSTOCK'S PIZZA PARLOR Expires Jan. 23, 1990 1 Coupon per pizza 968-6969

ONE COUP

\$200 OFF Any large 3-item Pizza

WOODSTOCK'S PIZZA PARLOR, Expires Jan. 23, 1990 1 Coupon per pizza 968-6969

ONE COUPON

\$100 OFF Any Small Pizza

Fycent Plain Cheese

WOODSTOCK'S PIZZA PARLOR Expires Jan. 23, 1990 1 Coupon per pizza 968-6969

ONE COUPO

2 FREE DRINKS With Any Pizza

WOODSTOCK'S PIZZA PARLOR Expires Jan. 23, 1990 1 Coupon per pizza 968-6969

- ONE COUPO

Daily Nexus

\$1⁵⁰ OFF Any Large Pizza

(Except Plain Cheese)

WOODSTOCKS PIZZA PARLOR Expires Jan. 23, 1990 1 Coupon per pizza 968-6969

ONE COLIDO

WOODSTOCK'S PIZZA



Good Food Good Friends Good Fun...

Woodstocks!

968-6969

10 MIN. OIL CHANGE

Fast Lane Autolube

ONE COUPON

Daily Nexus



BRDD

Won Ton Soup, Egg Roll & **Paper Wrapped Chicken** with ANY SEAFOOD ENTREE

Ming Dynasty 290 G. Storke Rd. 968-1308

One coupon per customer Not valid with any other offer Not valid on To-Go Orders

With coupon

ONE COUPON

Daily Nexus



Ming Dynasty 290 G. Storke Rd. 968-1308

Includes Won Ton Soup, Egg Roll, Paper Wrapped Chicken & Choice of Entree

One coupon per customer Not valid with any other offer Not valid on To-Go Orders

With coupon Expires Jan. 22, 1990

Daily Nexus



Buy one dinner entree, get second entree of equal or lesser value 1/2 off

Ming Dynasty 290 G. Storke Rd.

Between 1:30 pm - 5 pm One coupon per customer

Expires Jan. 22, 1990



Spaghetti &

Garlic Bread With this coupon • Expires Jan. 22, 1990 Limit one coupon per person

6583 Pardall Rd., I.V.

968-2254



Any Large Pizza

With this coupon • Expires Jan. 22, 1990 Limit one coupon per person

6583 Pardall Rd., I.V.

ONE COUPON

Daily Nexus



Feed your friends!

\$1199

One item • Domestic/Soft Drink With this coupon • Expires Jan. 22, 1990

6583 Pardall Rd., I.V.

Limit one coupon per person 968-2254 ONE COUPON

Daily Nexus



Slice & Salad

(Cheese Only)

With this coupon • Expires Jan. 22, 1990 Limit one coupon per person

6583 Pardall Rd., I.V.

ONE COUPON

LUBE IT OR LOSE IT! 10 MIN. OIL CHANGE

Fast Lane Autolube 402 N. MILPAS

MANDARIN HUNAN



SZECHUAN CUISINE

DYNASTY

SIX GENERATIONS OF ORIGINAL RECIPES FOOD OF THE EMPERORS

> Full Service Bar Happy Hour 4-7 pm Free Hors D'Oeuvres 7 Days a Week

> > 968-1308

To Go Orders Gladly Accepted Reservations with Parties of 4 People or More **DELIVERY HOTLINE 685-3888** 290 G. STORKE RD.

"You've tried the rest, now get the best"



Winner of 12 Awards THE BEST PIZZA in Santa Barbara

FREE 968-2254

complete menu Salads • Slices • Sandwiches • Pizza

Pasta • Lasagne • Beverages

BIG SCREEN TV

Daily from 11:30 am

Nightly from

4:30 pm

\$8.00 min order Checks accepted w/Visa or MC

Check Guarantee Card

PATIO DINING

NEW

WHOLE WHEAT

CRUST



Quality Tanning at a Quality Price

\$1100 OFF

7127 Hollister Ave. 685-5578

Unlimited Tanning

ONE COUPON



4 tans

7 tans

7127 Hollister Ave. 685-5578

pastries

Choose from: Cinnamon Crispies, Turnovers, Creme Horns, Crossiants, Etc.

I.V. Bakery & Café

968-1928 Across from I.V. Bookstore

One coupon per purchase

Expires Jan. 23, 1990

Daily Nexus

Any muffin & gourmet coffee 60°!

Across from I.V. Bookstore

I.V. Bakery & Café



POT STICKER **EXPRESS**

FINE MANDARIN, SZECHWAN CUISINE

Not valid with other offers

Buy 2 Buffet Dinners Get \$2.00 OFF FREE Large Soda for

Lunch Buffet

6527 Madrid Rd. I.V. 968-5453 • 685-7088



POT STICKER

EXPRESS

Not valid with other offers Expires Jan. 22, 1990

4 FREE Pot Stickers (with min. order of \$10.00)

OR

4 FREE Egg Rolls (with min. order of \$8.00)

OR

Sweet & Sour Chicken (with min. order of \$12.00)

 \mathbf{TWO}

STUDENT DINNER

6527 Madrid Rd. I.V. 968-5453 • 685-7088

FINE MANDARIN, SZECHWAN CUISINE

ONE COUPON

Daily Nexus



POT STICKER

EXPRESS FINE MANDARIN, SZECHWAN CUISINE

Not valid with other offers **Expires Jan. 22, 1990**

SPECIALS for

6527 Madrid Rd. I.V. 968-5453 • 685-7088

ONE COUPON

Daily Nexus



Monday Special Chicken Chow Mein

POT STICKER **EXPRESS**

FINE MANDARIN, SZECHWAN CUISINE

6527 Madrid Rd. I.V. 968-5453 • 685-7088

\$4.55 Not valid with other offers Expires Jan. 22, 1990

2 for 1

only

Wednesday & **Friday Special** All you can drink

25¢ **Large Beers** w/purchase of Dinner Buffet

GET A TAN!!



685-5578

7127 Hollister Ave. Suite 20

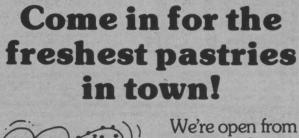
SCA WOLFF **SYSTEM**

Open 7 Days A Week

Thrifty's SUNDANCE -STUDIO

SAFE, FAST, EASY TANNING

I.V. Bakery & Café Come in for the



7 am to 8 pm

Come in TODAY!

968-1928

across from I.V. Bookstore

POT STICKER **EXPRESS**

FINE MANDARIN & SZECHWAN CUISINE

00000000000

YOU CAN EAT Chinese Buffet & Sushi **Lunch \$4.95 Dinner \$6.75** (11:30-3:00)(5:00-9:30)

Daily Lunch Special \$2.83!

We also have a menu

STUDENT SPECIAL! **LUNCH \$3.35**

with FREE SODA

Includes: Egg Roll, Soup Fried Won Ton Fried Rice & Cookies

Plus Your Choice of One of the Following

1. Sweet & Sour Chicken or Pork 2. Hunan Beef 3. Beef with Broccoli

4. Vegetable Delight 5. Pork Szechwan Style 6. Twice Cooked Pork

DINNER \$5.95 (4:00-10:00)

Includes: Soup, Eggroll Paper Wrapped Chicken Fried Rice & Cookies

* 7. Curry Chicken 8. Chow Mein (Chicken or Pork)

9. Almond Chicken *10. King Pao Chicken

11. Moo Goo Gai Pan 12. Pork Chop Suey

*Denotes Spicy Dish

HAPPY HOUR 3:00-6:00 pm Pitcher of Beer on Tap Only \$1.50

DINE IN - TAKE OUT & FREE DELIVERY with \$6.00 minimum from 4:30 pm to 9:30 pm Open 7 Days 11:30 am-10:00 pm

6527 Madrid Rd., Isla Vista 968-5453 • 685-7088



Get Two Medium Pizzas with One Topping for only

*10.95 (Tax not included) FAST, FREE DELIVERY 968-1057-955 Emb. del Mar I.V. Expires Jan. 23, 1990

Tax not included in prices. Good at participating locations only. Not valid withany other coupon or offer. One coupon per customer. Our drivers carry less than \$20.00 Limited delivery areas.

ONE COUPO

Daily Nexus



Get Two Pan Pizzas For \$14.50

(Tax not included)

Get two medium Pan Pizzas with one topping for \$14.50 plus tax.

Additional toppings \$1.42 each

covers both pizzas FAST, FREE DELIVERY 968-1057 955 Emb. del Mar I.V. Expires Jan. 23. 1990

Tax not included in prices. Good at participating locations only. Not valid withany other coupon or offer. One coupon per customer Our drivers carry less than \$20.00 Limited delivery areas.

ONE COUPO

Daily Nexus



LUNCH SPECIAL

Weekdays M-F 11 am-2 pm Get a Medium Pizza with One Topping & Cokes

for only \$6,60 (Tax not included) Additional toppings \$1 each 955 Emb. del Mar 1.V. 968-1057 Expires Jan. 23, 1990

Tax not included in prices. Good at participating locations only. Not valid withany other coupon or offer. One coupon per customer Our drivers carry less than \$20.00 Limited delivery areas.

ONE COUPO

Daily Nexus



\$1.00 OFF!

Pelivers Bettersm

\$1.00 off any Original custom-made Domino's Pizza FAST FREE DELIVERY 968-1057 955 Emb. del Mar I.V.

Expires Jan. 23, 1990

Tax not included in prices. Good at participating locations only. Not valid withany other coupon or offer. One coupon per customer. Our drivers carry less than \$20.00 Limited delivery areas.

ONE COUP

Daily Nexus



\$2.00 OFF

110body
Delivers BettersM

\$2.00 off any Large Original 2-item or more pizza FAST FREE DELIVERY 968-1057 955 Emb. del Mar I.V. Expires Jan. 23, 1990

Tax not included in prices. Good at participating locations only. Not valid withany other coupon or offer. One coupon per custome Our drivers carry less than \$20.00 Limited delivery areas.

ONE COUPO

Daily Nexus



\$1.00 OFF

Nobody Deliver Betters \$1.00 off any Original custom-made Domino's Pizza FAST FREE DELIVERY 968-1057 955 Emb. del Mar I.V.

Tax not included in prices. Good at participating locations only. Not valid withany other coupon or offer. One coupon per customer Our drivers carry less than \$20.00 Limited delivery areas.

ONE COUPO

Daily Nexus



94¢ 6-PACK

1 lobordy Better.

Order a 16" ExtravaganZZa pizza and get a 6-Pack of Coca-Cola

for only 94¢
955 Emb. del Mar I.V. 968-1057
Expires Jan. 23, 1990

Tax not included in prices. Good at participating locations only. Not valid withany other coupon or offer. One coupon per customer Our drivers carry less than \$20.00 Limited delivery areas.

Daily Nexus ONE COUPON



\$1.00 OFF

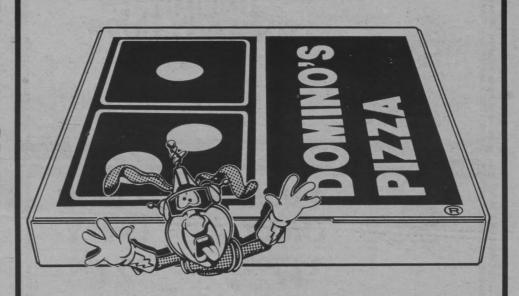
Motody Better Better Better

\$1.00 off any Original custom-made Domino's Pizza FAST FREE DELIVERY 968-1057

Expires Jan. 23, 1990
Tax not included in prices. Good at participating locations only.
Not valid withany other coupon or offer. One coupon per customer.
Our drivers carry less than \$20.00 Limited delivery areas.

ONE COUPON

PARTERIAL - - - -



THE NOID CAN'T BEAT THE BEST.

NOW YOU CAN'T BEAT THE PRICE.

Right now, you can discover how the best just got a little better. You'll see why more people call Domino's Pizza® for pizza delivery than all the rest combined.

DOMINO'S PIZZA DELIVERS" FREE.

Domino's Pizza
Welcomes Students
Back For A New
And Exciting Year

Hours:
Sun-Thurs 11 am til 1 am
Fri and Sat
11 am til 2 am

955 Embarcadero del Mar, Isla Vista

968-1057



5726 Calle Real 967-2022

UNLIMITED **TURBO TANNING**

Introductory Special · One Month

expires Jan. 20, 1990

Daily Nexus

INTRODUCTORY STUDENT SPECIALS!



5726 Calle Real 967-2022

Month Unlimited Toning ONLY \$59.95

Beneficial Body Wrap ONLY \$49.95 (Includes \$40 in Products & Services)

expires Jan. 20, 1990

ONE COUPON

Daily Nexus



SUNMINIO Sun Tanning Center

> One Month Unlimited **Tanning \$39.00**

967-8983

Not valid with any other offer

5838 Hollister Ave.



SUN TIME Sun Tanning Center

> 5 (30-min.) Sessions \$19.00

967-8983

Not valid with any other offer 5838 Hollister Ave.

Daily Nexus



Newest Releases From

Grateful Dead Terence Trent D'Arby Paula Abdul Richard Marx

Fine Young Cannibals Bobby Brown Tom Petty Joe Satriani

CD's ONLY \$9.99

Valid at Goleta location only

The Call

Daily Nexus

COMPACT & TAPE STORE Sugarcubes

Newest Releases From

Cinderella Gloria Estefan & Miami Sound Machine

Tesla Pete Townsend Anderson, Bruford, Wakeman & Howe Georgia Satellites

683-2272

CASSETTES ONLY \$4.99

Valid at Goleta location only with coupon expires 1/14/90

ONE COUPON

Daily Nexus



\$2.00 OFF ANY CD

683-2272

Excludes Sale Items Valid at Goleta location only with coupon expires 1/14/90

Daily Nexus



\$1.00 OFF ANY CASSETTE

> Excludes Sale Items Valid at Goleta location only with coupon expires 1/14/90

683-2272

ONE COUPON



YOU DESERVE THE BEST!

Women achieve immediate and permanent results with our personalized WEIGHT LOSS programs, BODY WRAPS, AEROBIC

EQUIPMENT, and unique TONING TABLES. We have it all and so can you!

CALL NOW FOR YOUR FREE GIFT AND TONING SESSION

Reverly oncepts





Goleta 967-2022 5726 Calle Real



Sun Tanning Center

All This! ... and ... Best service and prices

No Waiting — 15 Tanning Rooms!
Varying Strengths for Different Skin Types.
Stereo in Each Room — Walkmans Available also. Stereo in Each Room — Walkmans Available also.
FREE TAN on Birthday (members only).
Fresh Towel in Each Sanitized Room.
Moisturizing Lotion & Sunscreens Provided.
Spray Water for Misting — Face Tanners Available.
Sugar Free Candy, Heart Sun Stickers.
Over 10 Years Professional Experience.

Consistent New Bulb Changes — You Will Tan! Choice of Bed — or Booths for Allover Tan.

Relaxing Environment, Salt Water Fish.

8 oz. Tanning Accelerator... Only \$5.00 Lowest Prices. Guaranteed!

SUN TIME - A FULL SERVICE SALON

Recommended for control of ACNE, PSORIASIS and ECZEMA

5858 HOLLISTER AVENUE

OPEN TIL 9 PM

967-8983

LOWEST PRICES **GUARANTEED!**

Cash Paid For Your Used CD's, Tapes & LP's

TOP 100 & NEW RELEASES

CD's

TAPES

TOP 100 & NEW RELEASES

Bring Us Any Competitors Ad & We Will

BEAT THEIR PRICE!

HOURS:

Mon-Thurs 10 am - 9 pm

Fri & Sat 10 am - 10 pm

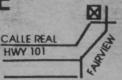
Sunday 11 am - 9 pm

COMPACT THE

& TAPE STORE

683-2272

189 N. Fairview (In Fairview Center)



75¢ OFF Any **Omelette or Lunch**

(10:00 am-1:30 pm M-F only) 1 coupon per customer • Expires Jan. 23, 1990 900 Emb. del Mar 968-1993





CHANGE

Five quart oil and filter lube Not valid with other offers

968-0200

ONE COUPON





900 Emb. del Mar

Goleta Unocal

get FREE oil change when you get a tune-up at the regular price

Please call for appointment 968-0200 6930 Hollister



Woosh Up To

The Egghead!

Open: 7:00 am - 1:30 pm M-F

7:30 am - 2:00 pm Sat & Sun

968-1993





Comedy Shows
 Live Entertainment

Something for Everyone Every Night! —

Daily Nexus PRESENT THIS COUPON ANY WEEKEND FOR ONE FREE COVER A \$3.00 VALUE Not valid Wednesdays or special events Proper I.D. drequired

Daily Nexus

Santa Barbara CA 564-3100

Offer expires Jan. 31, 1990

PRESENT THIS COUPON ANY WEEKEND FOR ONE FREE COVER

A \$3.00 VALUE

Not valid Wednesdays or special events Proper I.D. drequired Offer expires Jan. 31, 1990



968-0688

Santa Barbara CA 564-3100

2 Items or more

\$5 OFF ANY Large 2-Item

Butler's Super Pizza at a Super Price Choose from any of these toppings:
• Pepperoni • Sausage • Canadian Bacon • Mushrooms •
• Olives • Bell Peppers • onions • Pineapple•

250 Storke Rd. Eat in or to go only

Not Valid With Other Offers Valid after 2 pm • w/coupon

With coupon Expires Jan. 22, 1990

Daily Nexus



250 Storke Rd.

968-0688

2 Items or more Large

Butler's Super Pizza at a Super Price

Choose from any of these toppings:

• Pepperoni • Sausage • Canadian Bacon • Mushrooms •

• Olives • Bell Peppers • onions • Pineapple•

Valid on Delivery Not Valid With Other Offers Valid after 2 pm • w/coupon

With coupon Expires Jan. 22, 1990

2 Items or more



\$2 OFF ANY Medium PIZZA

RESTAURANT Take Advantage of This Discount Today!

250 Storke Rd. 968-0688 In the K-Mart Center

Valid on Delivery

 Pepperoni • Sausage • Canadian Bacon • Mushroon
 Olives • Bell Peppers • onions • Pineapple• Not Valid With Other Offers

With coupon Expires Jan. 22, 1990

ONE COUPON



HALF PRICE SANDWICH
Buy any Butler's sandwich, and get a second one of equal or lesser value at half price!

RESTAURANT

in the K-Mart Center

250 Storke Rd.

968-0688

HALF PRICE SPAGHETTI DINNER Buy any Butler's spaghetti dinner, and get second one of equal or lesser value at half price!

Not valid with other offers

Expires Jan. 22, 1990 ONE COUPON

Voted the BEST PIZZA in the Santa Barbara Pizza Bake-off!!

ANNOUNCING OUR NEW

ALL YOU CAN EAT

SPAGHETTI DINNER

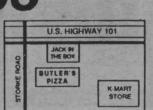
SUN & TUES 6-10 PM

WE DELIVER

250 Storke Road In the K-Mart Center, behind Jack-in-the-Box

968-0688

Hours: Mon-Sat 11:00-10:00 Sun 12:00-9:00



DIZZA, TOO!

ONLY

\$4.95

per

person



Daily Nexus WELCOME BACK! \$1.00 Off Any Full Haircut John Edwands Not valid with other offers 6551 Trigo, I.V. 968-8952

LOOK GOOD

EAT GOOD

Any Medium Frozen Yogurt

Coupon also good on delivery One per order

Expires Jan. 24, 1990

968-1774

ONE COUPON

Daily Nexus **LOOK GOOD**



EAT GOOD

Any Large Frozen Yogurt

Coupon also good on delivery

968-1774

Daily Nexus

MAGNOLIA PHARMACY

In the Magnolia Shopping Center

Film Processing for one trial roll 35mm-110 only

964-2334

5182 HOLLISTER, GOLETA

Not valid with any other coupon Offer expires Feb. 1, 1990

Daily Nexus

MAGNOLIA PHARMACY

In the Magnolia Shopping Center

Process one set of prints, get the second set FREE

964-2334

5182 HOLLISTER, GOLETA

Not valid with any other coupon Offer expires Feb. 1, 1990







A. Take these coupons to

LICKTY SPLIT

B. and help yourself

Freeze

C. to a real cool bargain

D. and to a real

E. good taste

F. experience

7:30 pm - 11:30 pm (\$4.50 min.)

968-1774

888 Emb. del Norte, I.V.

968-1894

In The Magnolia Shopping Center **KODAK ONE HOUR PHOTO COLOR LAB**









Delivery Service Call 964-2334

5182 HOLLISTER AVE., GOLETA • 964-2334

HOURS: Pharmacy Mon-Sat 9-6 Store Mon-Fri 9-8 Sat 9-6 Sun 10-6

Daily Nexus

SAM'S TO GO K-Mart Shopping Center

any small 1/2 foot sandwich

Not valid with other offers Expires Jan. 23, 1990

685-3022 250 Storke Rd.

Daily Nexus ONE COUPON

SAM'S TO GO **K-Mart Shopping Center**

\$1.00 OFF any medium 3/4 foot sandwich

One per person Not valid with other offers Expires Jan. 23, 1990

250 Storke Rd. ONE COUPON

Daily Nexus

SAM'S TO GO **K-Mart Shopping Center**

\$1.50 OFF any family size 2-foot sandwich

One per person

Not valid with other offers Expires Jan. 23, 1990

685-3022 250 Storke Rd.

ONE COUPON

K-Mart Shopping Center 250 Storke Rd. M-Sat 10-9 pm Sun 11-8 pm

FRESH BREAD **BAKED DAILY**

- SOUP
- SALAD
- SANDWICHES
- FOREIGN & DOMESTIC BEERS
- EAT IN OR TAKE OUT

685-3022

\$3900 VALUE Been in a Car Accident? FREE

VALUE

Full Spinal Examination
No Obligation • Nothing to Pay • Call for Details With coupon • Expires Jan. 31, 1990

DUELL CHIROPRACTIC CLINIC

5350 Hollister Ave • 967-3409

ONE COUPON

Daily Nexus \$3900

VALUE

LOWER BACK PAIN? FREE

\$3900 VALUE

Full Spinal Examination

No Obligation • Nothing to Pay • Call for Details
With coupon • Expires Jan. 31, 1990 DUELL CHIROPRACTIC CLINIC

5350 Hollister Ave • 967-3409

ONE COUPON

Daily Nexus

\$3900 VALUE

HEADACHES? FREE

\$3900 VALUE

Full Spinal Examination

No Obligation • Nothing to Pay • Call for Details
With coupon • Expires Jan. 31, 1990 **DUELL CHIROPRACTIC CLINIC**

5350 Hollister Ave • 967-3409

Daily Nexus

\$3900 VALUE

NECK PAIN? FREE

\$3900 VALUE

Full Spinal Examination

No Obligation • Nothing to Pay • Call for Details With coupon • Expires Jan. 31, 1990 **DUELL CHIROPRACTIC CLINIC** 5350 Hollister Ave • 967-3409

Daily Nexus

\$3900 VALUE

WORK INJURY? FREE

\$3900 VALUE

Full Spinal Examination

No Obligation • Nothing to Pay • Call for Details With coupon • Expires Jan. 31, 1990

DUELL CHIROPRACTIC CLINIC

5350 Hollister Ave • 967-3409

ONE COUPON

Daily Nexus

VALUE

Been in a Bike Accident?

\$3900 VALUE

Full Spinal Examination No Obligation • Nothing to Pay • Call for Details
With coupon • Expires Jan. 31, 1990

DUELL CHIROPRACTIC CLINIC 5350 Hollister Ave • 967-3409

Daily Nexus \$3900

VALUE

HIP PAIN? FREE

\$3900 VALUE

Full Spinal Examination

No Obligation • Nothing to Pay • Call for Details
With coupon • Expires Jan. 31, 1990 DUELL CHIROPRACTIC CLINIC

5350 Hollister Ave • 967-3409

ONE COUPON

Daily Nexus E

\$3900 VALUE STRESSED OUT? FREE

\$3900 VALUE

Full Spinal Examination

No Obligation • Nothing to Pay • Call for Details With coupon • Expires Jan. 31, 1990

DUELL CHIROPRACTIC CLINIC 5350 Hollister Ave • 967-3409

Have YOU been in an Neck Pain
Headaches
Dissinger

Neck Pain

Headaches

Neck Pain

Headaches

Insurance companies pressuring you to settle? Medical Doctors say you're not injured? Think you haven't been injured because you're not in pain?

SEE DR. MARK DUELL **BEFORE YOU SETTLE!**

■ Nausea

You could have suffered whiplash, an injury which insurance covers, but may go undetected.

A CHIROPRACTOR CAN DIAGNOSE AND TREAT WHIPLASH EFFECTIVELY, AND, CHIROPRACTORS ARE RECOGNIZED AS "EXPERT WITNESSES" IN A COURT OF LAW. FACTS:

- A whiplash injury can take weeks or even months to cause pain.
- 2. A chiropractor has been trained to detect a whiplash before it causes pain and discomfort.
- 3. It is not necessary to be in a major accident to sustain a whiplash injury.
- 4. A whiplash injury is not something to be dismissed lightly, often agonizing pain develops, severe headaches and decreased mobility of the neck.

WHIPLASH IS A SERIOUS, PAINFUL INJURY. BEFORE YOU SETTLE, RULE IT OUT THE ONLY LOGICAL WAY — SEE A CHIROPRACTOR.



If you are taking pain killers, you are covering up the pain, and the pain will usually return. If you have been unable to find long-lasting relief from pain, I urge you to try chiropractic.

This examination will include an orthopedic test, a neurological test, a spinal alignment check, and a private consultation with your doctor. If X-rays or other tests are needed to arrive at a diagnosis, you will be advised of any costs before proceeding.

> WORKERS' COMPENSATION AND MOST INSURANCE COMPANIES COVER CHIROPRACTIC CARE TO POLICY LIMITS.

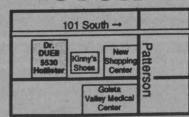


Hi, I'm Dr. Mark L. Duell. Sr., Doctor of Chiropractic. Perhaps gentleness chiropractic is a new concept to you. It was to me before I began the six years of college training necessary for my doctorate degree. During those years I learned the precise locations where ligh pressure can chiropractic relief to pain.

In addition to my doctorate, I have a bachelor's degree in Humi Biology. Since college I have completed courses in Activary Nutrition and X-Ray. Even now I devote three days every mor attending a nationwide seminar on chiropractic.

DR. MARK L. DUELL, SR., CHIROPRACTOR

CALL 967-3409



5350 Hollister Ave. Across from Goleta Valley Hospital Next to Kinney Shoes

Hours: 9:00 am - 6:00 pm Monday - Friday In case of accident or personal injury after hours call 967-9454