

**TRAVEL**  
**'80**



This bridge is just one of the breath-taking views that awaits the traveler of California's Highway 1.

## Traveling the Scenic Route

By MITCH COHEN

With spring quarter quickly nearing its end, now is the time to decide how to reach one's appropriate summer home. Something to remember is how you feel after your finals are finished. Whether that feeling is one of

elation or depression, it takes time to recuperate. Now, if you consider that time to "unwind" and also consider your mode of transportation, you may come to some conclusions. My conclusion was to drive home slowly.

Driving slow may be difficult for

some, but I also determined a way to make the ride more enjoyable. Drive on Highway 1. Highway 1 has many things to offer everyone who must travel either north or south.

North of Santa Barbara are such fine cities as San Luis Obispo, Carmel, Monterey, Santa Cruz and San Francisco. There are numerous state parks and beaches, soome with facilities available for spending the night.

Many points of interest are worth checking out. Morro Bay is beautiful this time of year. A little farther north is Hearst Castle. Located in San Simeon on top of an enormous hill, Hearst Castle has to be one of the most elegantly furnished domiciles in the country. If you can afford the price of the tour, I would highly recommend playing the role of tourist and examining the fine art, antiques and ar-

chitecture located in the mansion.

Still farther north are the cities of Carmel, Monterey and Pacific Grove. The beauty of the Monterey Peninsula cannot be exaggerated by any of my loaded comments. This spot should not be avoided. Try taking the 17-Mile Drive which winds along an exclusive section of the coast including the Pebble Beach Country Club. Some of the houses along the drive may cause you to dream of future riches, elegant homes, expensive cars and high tax brackets. Besides the homes, the coast is full of seals and otters. The trees surround the road, and believe it or not there is even a real castle.

After spending some time on the 17-Mile Drive, you might want to window shop at some of the small shops in Carmel or have a nice seafood dinner in Monterey. If you do visit Fisherman's Wharf in Monterey, the famous Cannery Row of John Steinbeck's novel is nearby. After passing through Monterey, Highway 1 circles Monterey Bay, crossing the Salinas River and ending in Santa Cruz.

Santa Cruz has many things to offer besides nice beaches. If you have never seen a university hidden in a forest of redwoods then you might want to take a drive up the hill to see U.C. Santa Cruz. Besides, if you need a place to sleep you can always approach a fellow student for a roof, a bed, or better yet: both. Any student can also point you in the right direction for surfing or sunbathing. But, concerning the beaches, Natural Bridges in particular, it just isn't quite the same after this year's storms. It is still worth seeing, but weather and erosion have taken their toll on this masterpiece of

nature.

North of Santa Cruz on Highway 1 is absolutely the most spectacular drive in the state, if not the entire universe. Some stretches of highway are on the edge of a 300-foot cliff overlooking a brilliant emerald green Pacific Ocean. It should not be missed, so there are many turnouts where you can stop and gaze out at the horizon and admire the splendor. Try not to get too distracted while driving, most sections of the highway at this point are undivided and you wouldn't want to end a fantastic drive with a little fender bender.

If you want to spend some time off the road and away from people, there are two excellent places to go hiking or backpacking. The first which is located about 25 miles south of Carmel is Big Sur. This area is usually very crowded, so you may need reservations which you can make at the rangers' station.

Big Basin Redwood State Park is locted 25 miles north of Santa Cruz. This park is generally less crowded, although no less accessible. The experience of sleeping in a grove of huge redwood trees with moonbeams filtering through cannot be equaled.

If you are rushed and you have to get back to the lunatics in the streets of San Francisco, then just take the drive in a day or two and keep checking the view out the window. Drive with the window down. Not many trucks drive Highway 1, so you will probably be able to smell the cool sea breeze and not the pungent odor of diesel exhaust. Above all, take your time. Some of what may see may not be there for your children.



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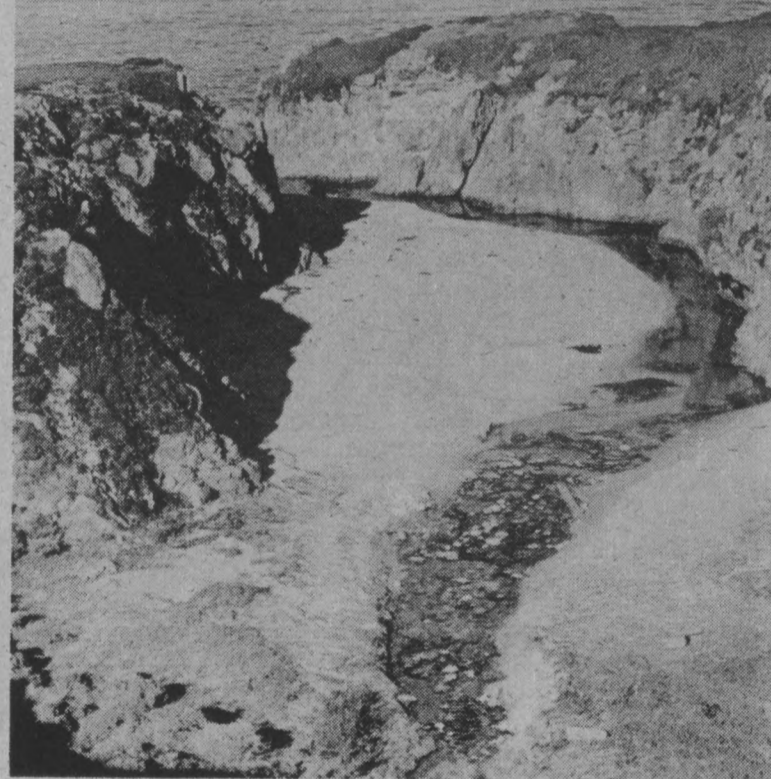
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# San Francisco: the City by the Bay

By DUSTIN DUNBAR

They call it "Everybody's Favorite City" and for good reason. San Francisco has something for everyone, whether they're 5 or 85, a classical music buff or a collector of t-shirts. For the mobile and interested UCSB student, there is a plethora of excitement in the Bay area.

In order to take in all the sights and sounds, you have to be able to get around in the city. One of the finest features of San Francisco is an efficient and inexpensive public transit system. Besides the cable cars that are the San Francisco trademark, a network of street cars and buses allow the traveller to get from point A to point B in no time flat.

Just about every outlying community is accessible from downtown by BART (Bay Area Rapid Transit), shuttle buses, and local trains. Colorful ferryboats take the visitor to Sausalito, Tiburon, or Angel Island, passing the historic Alcatraz Island, formerly America's best known penal institution.

Fisherman's Wharf, located between Hyde and Kearny Streets by way of the Embarcadero, is one of S.F.'s better known attractions. Famous for its pungent aromas and picturesque sights, the wharf used to be an unloading area for the shipping industries and fisheries. Loaves of sourdough bread and seafood so fresh it's practically still in the net, sit side-by-side, tempting the appetite. There are very few things finer, in my estimation, than sitting in one of the sidewalk restaurants having a crab-on-sourdough while quaffing a Guinness Stout. Even in the spring rain, it's a romantic and affordable

jacket to your wardrobe, or have an eggroll or two. Small cafes feature Peking Duck (better call them well in advance, the recipe takes a day to prepare), potstickers (the Chinese answer to pigs-in-a-blankets) and the absolute best in ribs and chow mein. Kwan's, of course, is the big name in Chinatown, but a good collection of restaurants with slightly smaller reputations, and waiting lists, exist.

If you happen to plan your San Francisco outing in the middle of February, you'll witness the Chinese New Year's Celebration. The air comes alive with the sound of firecrackers and ornate dragons, banners with Chinese characters, floats, and bands pack the streets. The Chinese Cultural Center gives an insight into the culture of our Far-Eastern neighbors.

On a strip of land that used to be nothing but sand dunes a century ago stands Golden Gate Park. The largest man-made park in the world, it was created through the genius and perseverance of two men: William Hammond Hall, engineer and surveyor, and John McLaren, a horticulturalist extraordinaire. Within the 1,000 acre park are bicycle paths, athletic fields, lakes and picnic grounds, beautiful gardens and several fine museums. The H.M. De Young Museum houses the galleries of American, European and Asian art, as well as special exhibitions. The California Academy of Sciences consists of the Steinhart Aquarium, the Morrison Planetarium, the Simson African Hall and the Halls of Science, as well as the North American Hall.

*There are few things finer, in my estimation, than sitting in one of the sidewalk restaurants having crab-on-sourdough while quaffing a Guinness Stout.*

lunch. A wax museum and the 19th century shipping vessel, the *Balclutha*, now a maritime museum, are of interest. Large and small curio, import and gift shops line the street.

Housed in the brick buildings of the old Del Monte fruit-packing plant are the shops, galleries, theatre and restaurants of The Cannery. Connected by arcades and landscaped bridges, it's a fine example of the architectural restoration/renovation being done in San Francisco. Another recently renovated area is Pier 39. A mall of maritime theme, Pier 39 houses some of the finest seafood restaurants in California. Through the leaded glass, the lucky diner can watch seacraft bobbing at their moorings in the gentle rhythms of the Bay waters. *Dante's Seacatch*, one of the restaurants I tried while visiting over spring break, added a flair to seafood by serving it in the Italian style. A fine crabmeat omelette can be found at the *Nautilus*, also on Pier 39.

Ghirardelli Square, a few blocks west of the wharf, is another noteworthy example of renovation. The original buildings of the old Ghirardelli Chocolate Factory have been transformed into a colorful shopping and activity center. *The Mandarin*, a restaurant of northern Chinese cuisine, is located on the first level. Specialty shops are the name of the game in Ghirardelli. In the Cocoa Building (all the spots in the square reflect its syrupy background) the Kilkenny Shop, a favorite of mine, sells items from the Emerald Isle. Downstairs, an ice cream and candy shop is the place to add a few inches to your waistline. A kite store, oriental import shops...the list goes on.

Catch the Hyde Street cable car and ride up the hill to catch the California Street cable to Grant Street and you'll find yourself in Chinatown. You can add a silk

Need to kill a few hundred hours? Golden Gate Park.

A note ought to be made here about the climate of San Francisco. It is usually called a spring climate, which translated, means that it rarely gets ungodly hot or incredibly cold...but you should take a sweater. Danskins worn so frequently by Santa Barbara women are seldom seen in S.F. Polar bears or overheated dancers, perhaps, but generally you can plan on wearing pants suits and sandals with socks. Guys: shorts will give you that chicken skin effect. Plan for breezy, cool, but reasonable weather.

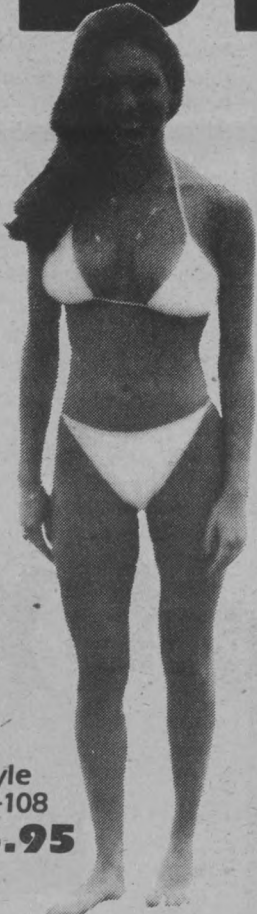
When the sun goes down, find a restaurant (if you're in a group, expect a fight over which ethnic cuisine to try tonight) and refuel. San Francisco's night life is just like its day life...busy and interesting. A couple of favorites are *Finocchio's*, a nightclub sporting female impersonators and a lively variety show, *Mabuhay Gardens*. The New Wave Palace in the Bay Area, a spot where bands prove themselves and the audience can get some more voltage in their system, offers a change of pace. For American music, the Great American Music Hall on O'Farrell Street offers everything from bluegrass to folk to cajun to singalong. Jazz junkies find satisfaction at *Keystone Corner*, a spot often frequented by such past jazz greats as John Coltrane and Miles Davis. San Francisco has its own symphony, ballet and opera, if you're oriented in that direction.

Have I left anything out? There's always the crookedest street in the world, Lombard Street, and a tour of the Victorian rowhouses along the streets near Union and Jackson Square. Now reknowned Haight-Ashbury, Fulton Street and Castro Street are all places to see architectural renovation in various stages of completion. The Exploratorium at the Palace of Fine Arts is another fun place to visit.



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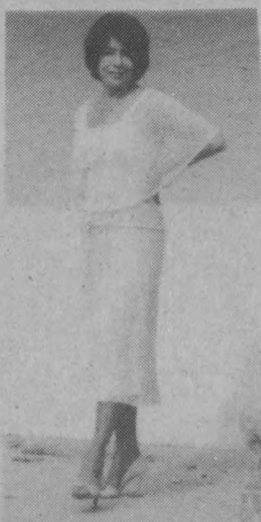
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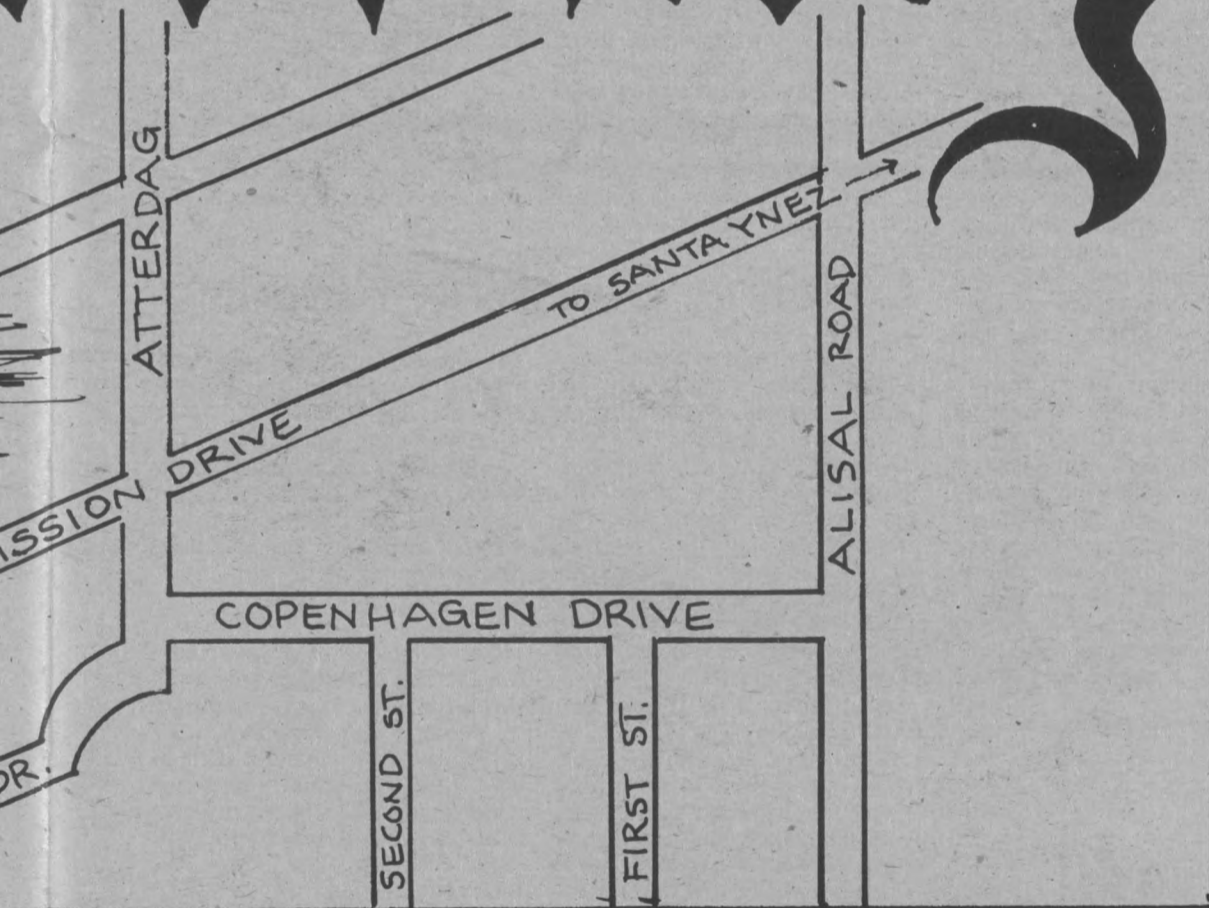
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# Danish Living in Southern California

By DUSTIN DUNBAR

Yah, Yah!! it's nearby Solvang!

Where else in California can you see a working windmill as part of the skyline? The finest Scandinavian tourist spot this side of the Atlantic is the community of Solvang, located just 45 minutes north of Santa Barbara.

A quaint tourist mecca since the 1920s, Solvang is noted for its Danish farm architecture and nationalistic flavor. Flags of red and white grace the brick and masonry walls. Wooden timbers criss-cross the masonry and beautiful leaded, stained glass windows catch the sunlight. Windmills, a few of them operational, and beer gardens are found in between the most spotless cafes in California. In the air, the smell of fresh-baked bread and the finest of Danish pastries lingers.

Past the cobblestone and brick sidewalks moves a streetcar, drawn by a matched pair of flaxen-colored draft horses clad with ornamental harness. Their bells ring out as the 45-minute tour, complete with narration begins. For only \$1 you can become an expert at the things to see and do in the Danish community.

Even the sculpture reflects the Sandinavian tradition. A duplicate of the "Little Mermaid," a storybook figure made famous by Han Christian Andersen's tale, is located along one sidewalk. A bust of the storyteller himself stands in the park.

Without a doubt, something a visitor should not pass up is a taste of aebleskivet. It is a round, ball-shaped pancake that is browned until crispy then dotted with powdered sugar. A definite treat. (Forget that waistline watching for a while!)

To remind you that, yes indeed, you are still in California, you can tour the Old Mission Sante Ines. For a small fee, you can take a self-guided tour of the restored mission, built in 1804 by the Spanish padres as a part of the California chain.

There are many, many fine places of accommodation in Solvang and the surrounding area. Restaurants of every size and shape, and shops with almost everything under the Scandinavian sun are ready to welcome you. For more information you can call (805) 688-3317. Guttendag!



Ashland, Oregon has been the home of the Oregon Shakespearean Festival since 1935. Some 250,000 attend the festival each year.

# Ashland Offers Culture, Play to Those Visiting Scenic Oregon

By SHARON COHEN

Life in this attractive southern Oregon community is something apart from the hustle and bustle of the sprawling metropolis.

Just 20 miles north of the California border, Ashland is an exciting place to be — all year round. From November to April, the Mt. Ashland ski area can accommodate skiers of varied abilities, from the beginner to the expert. There are five uncrowded lifts and 22 runs, the longest of which is one mile.

From February to November another attraction of Ashland is its repertory theater. The Oregon Shakespearean Festival began in 1935 and now draws close to 250,000 people each year.

This season Ashland is offering nine productions, made possible because the festival is held in three theaters. The intimate Black Swan which opened in 1977 seats 138 people; The Angus Bowner holds a comfortable 600, and during the summer the open air Elizabethan Theater can seat 1,200.

There are many other things to do in Ashland. Picnicking in lovely Lithis Park which has a jogging path along the creek, tennis courts, a playground is just one activity. Many nearby shops offer food-to-go just for this purpose. Free brown bag talks are held with actors, directors and theater technicians every Tuesday and Thursday at noon by the lower duck pond.

Having a bicycle in Ashland

compares to having one in Santa Barbara. A bike path runs through town and along the park. If biking in beautiful countryside appeals to you, take a path to State 66 and you are on your way to nearby Emigrant Lake.

Outdoor films and concerts are held July and August evenings. The theatre plays being held this summer include Shakespearean productions of "Coriolanus," "Merry Wives of Windsor," "Richard II," and "Love's Labour's Lost."

Other plays being performed are the charming "Philadelphia Story" by Philip Barry, John Steinback's "Of Mice and Men," the classic "Juno and the Paycock" by Sean O'Casey, Athol Fugard's successful production of "Sizwe Bansi is Dead," and the premier of festival veteran James McLure's "Lone Star." Tickets are still available by writing to:

Shakespeare Box Office, Ashland, Oregon, 97520.

If you enjoy white water rafting you're in luck. Nearby Ashland runs the Rogue River. The rapids run from fairly swift to warm and still (comfortable enough to swim in during the summer). Transportation from Ashland is available and prices are reasonable. For fishing and boating recreation Ashland boasts being central to seven nearby mountain lakes.

If you are interested in picking up units this summer, The Institute of Renaissance Studies in collaboration with Southern Oregon State College and UCSB, offers anywhere from four to 12 units, for two, four or six week sessions. The cost is the same as living in Isla Vista and going to summer school. You can see all the productions as many times as you wish.

# Catalina: Sunshine Paradise

BY STEVE GILLIS

The Avalon waterfront on Catalina Island offers the same sense of remoteness from mainland cares that the South Pacific's Papeete or Port Villa engender. Yet Catalina, once the private preserve of William Wrigley and his chewing-gum fortune, is scarcely a one-hour, 45-minute, 20-mile cruise from Long Beach Harbor. And you hardly have time to get settled into your seat if you make the hop on Catalina Airlines.

In addition to sunning, swimming, snorkeling and sailing around the shores of Catalina, golf, tennis and hiking and biking trails can also be part of a weekend. Free hiking permits are available at the Visitors Information Center and the Santa Catalina Island Conservancy office. Rangers from the County Parks Office guide cyclists in groups of 10 outside Avalon, and in the back country you're likely to encounter grazing buffalo.

There's a shortage of restaurants on the island, so reserve a table as early as possible

for popular spots such as the Flying Yachtsman, Scari's, Gullens, the Waikiki, Mr. Gee's and the Upstairs Place.

Lodging is also available on the island. Some of the more popular hotels include the Pavilion, Las Casitas, Atwater, Catalina and El Terado Terrace.

Catalina Cruises boats depart from Long Beach twice daily Monday through Thursday and three times on Friday, Saturday and Sunday, with a similar number of return trips. Round-trip fares are \$12.30 for adults, \$6.30 for children aged 5 through 11 and 80 cents for children under 5; call (213) 832-4521 for more information.

Catalina Airlines, now flying helicopters only, has five mainland departures daily. Round-trip fares from San Pedro are \$32 for adults, \$22 for children aged 2 through 11. Comparable fares from Long Beach are \$36 and \$24, and children under 2 are free; call (213) 548-1314.

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# Backpacking in the Technical Era

JEFF HIRSCH

With technology improving almost every aspect of our lives, backpacking is no exception. Equipment such as packs, frames, tents and sleeping bags have advanced in terms of design and efficiency.

Your backpack is important in this sport. In the past few years so many types of packs have flooded the market that it is difficult to choose the right one. One type of pack is the internal frame pack. About the best feature of this style pack is the independent suspension system. Due to the flexibility of the internal frame, your hips can move independently of your shoulders. So when you are planning on a trip where maximum mobility is essential, an internal frame is a good idea. The internal frame backpack also has the advantage of being less bulky and easier to store than its external counterpart.

An external frame pack has a higher center of gravity thus making it a better idea for carrying a large load over a long distance. The load is placed above your shoulders and is centered vertically down the spindle, through your hips, to the ground.

Sleeping bags also vary greatly. A good night's sleep is important, so choosing a bag means taking into account length, size and temperature rating. Goose down is probably the most efficient insulator around. It's structure is such that air trapped inside the bag is deadened and therefore retains heat. However, fiber-filled bags are also advantageous if you'll be hiking in a wet climate. Down can be a problem if allowed to get too damp.

The shape of the bag is also important. A contoured bag is better at retaining heat than rectangular one. It might also be a good idea to find one with some room at the bottom for stowing clothes and with a hood attachment for extra warmth.

Lastly, the temperature rating of a bag should be checked. Although an absolute measure of how warm a bag is does not really exist, manufacturers are relatively objective about their figures. You should choose a bag with a temperature rating relative to the

climate you will be hiking in.

Last on the checklist of major pieces of equipment is the tent. Again, there are two basic tent designs. The first of these is the geodesic dome which allows the largest volume with the least amount of material and the highest strength-to-weight ratio. Its design allows an equal distribution of stress, effective wind-shedding, heat retention and increased headroom. The second type of tent is the well-known A-Frame. The low profile presents a small surface to the wind which provides the ability to withstand high winds. It allows effective shedding of rain and snow and is a bit more compact.

Now that we have gone over some of the important aspects and characteristics to look for in backpacks, bags and tents you can begin to gather up the rest of your gear and hit the trails. There is no better way to enjoy the wilderness than to travel unaided by automation. Even with the technological changes in equipment, the human aspect of the backpacker remains as unspoiled as the wilderness itself.



These basic, A-frame tents help keep the adventurous backpacker warm when the winds blow and the snow falls.



Ah — the good life. These hikers rest in a sulfur pool after training for an intense expedition.



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## Disco Anyone?

# A Tourist's Guide to the Joys of Los Angeles Life

By JACKIE SOBLE

Where does one go to escape the quiet and serenity of Santa Barbara? Just two hours away, noise, confusion, and excitement await you in Los Angeles. The possibilities of how to spend your time there are limitless. Here are a few helpful suggestions.

For those who have never been there, Disneyland is a must! Located in Anaheim (not far from L.A.) with over 50 major attractions, Disneyland is sure to delight everyone. Spend an entire Saturday in this fantasy world. Closing isn't until midnight on Saturday. Along the same lines, don't miss Knott's Berry Farm (Buena Park), Lion Country Safari (Irvine), Marineland (Palos Verdes), Six Flags Magic Mountain (Valencia), or the Universal Studios Tour (Studio City).

If you're a roller skater or just enjoy watching people, spend an evening at Flipper's Roller Boogie Palace in North Hollywood. Yes, it's Disco Roller skating but you

won't be bored for a minute!

For the science oriented, Griffith Observatory's Hall of Science (Griffith Park) features displays and working exhibits. The planetarium features shows on astronomy. Don't miss "Laserium" while you're there. On Friday and Saturday nights the show is called "Light Years: 25 Years of Rock."

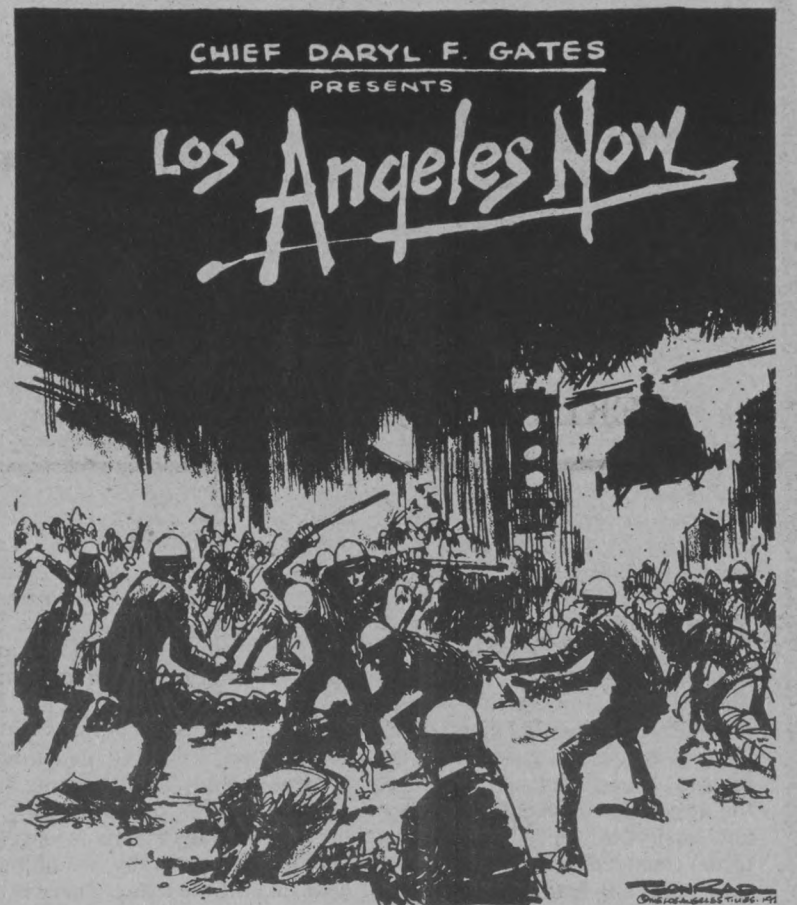
The Renaissance Pleasure Faire is now open through June 1. This Elizabethan country fair (located in Agoura) features foods, crafts, games, music and dance of the 16th century. Do go in costume.

Best bets on stage include "Evita" (limited engagement) at the Schubert, Mummen-Schanz, the acclaimed mime-masque theater at the Westwood Playhouse (through June), "Guys and Dolls" with Milton Berle at the Music Center (through June), and "The Elephant Man" also at the Music Center through May. For a more extensive list of what's on stage in Los Angeles, check Sunday's

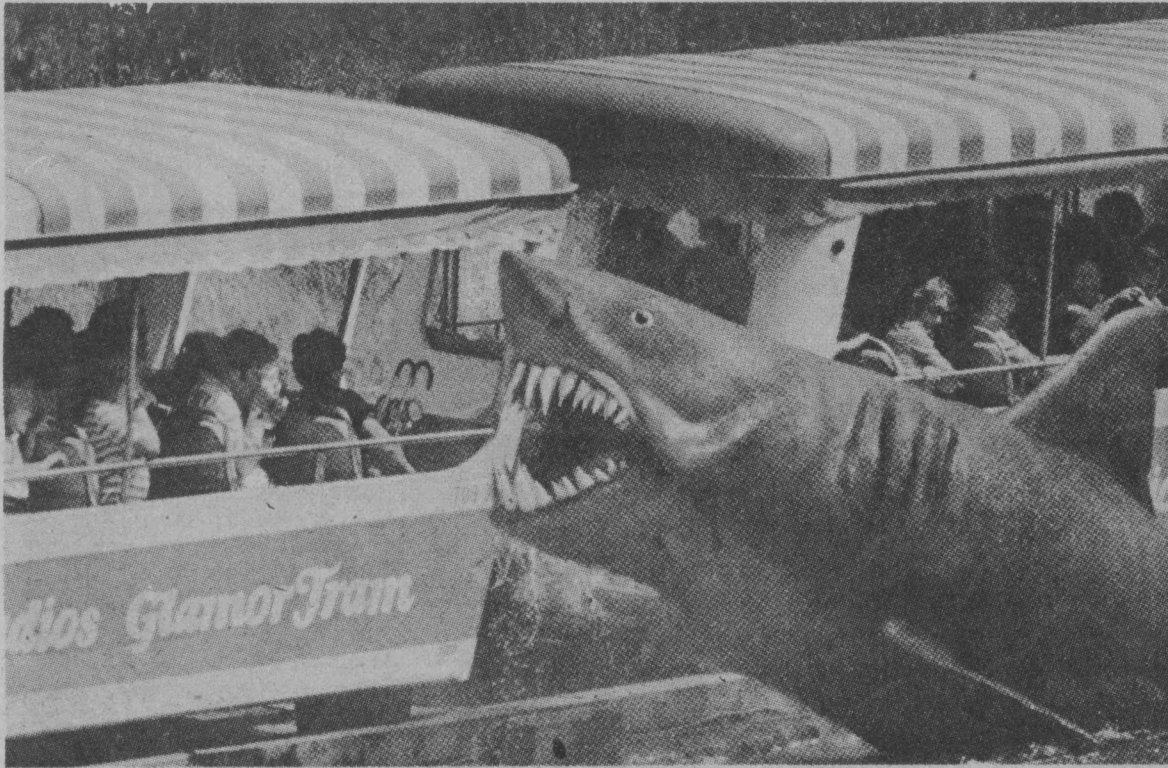
calendar in the Times.

Concert tickets are now available at the Greek Theatre and the Universal Amphitheatre. Kenny Loggins will be at the Amphitheatre on June 13, 14, and 15. For more information call or check the calendar. The Roxy on the Sunset strip offers a variety of concerts, ranging from jazz to new wave, in an elegant informal setting. Check out the Whiskey, also located on the Sunset strip, if your preference is rock 'n' roll. A variety of local groups play the club regularly. For jazz and fusion fans, The Baked Potato in Studio City is not to be missed. One can choose from a unique variety of potato entrees while enjoying the music and atmosphere.

For a touch of culture, don't miss the Southland museums. The County Museum of Art is located at 5905 Wilshire Blvd. Norton Simon Museum at Pasadena features a large collection of paintings, drawings, and sculpture by Picasso.



Obviously, the choices are many. Now that you are aware of what Los Angeles has to offer (besides smog), your most difficult problem will be deciding what to do while you're there.



More than just another pretty smile — Jaws is but one of the celebrities a tourist might see when visiting Universal Studios in Los Angeles.

## GOING SOMEWHERE?

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