Preserving California’s Chin

Also: W.D. Hackney: Man or Myth
Del Playa: I.V.’s Champs d’Elysees
Self-Actualization on a College
I.V.’s Champs d’Elysees

By DAVE KIRBY

When Judy Smith was in high school, she came to visit her sister at her Isla Vista apartment. During the weekend, young Judy constantly overheard people talking about Del Playa — "where all the great parties happen."

It was not until Judy finished high school and came to live in I.V. herself that she realized Del Playa was a street and not some chic local club.

This degree of confusion may not occur every day, but many, many people do have misconceptions and prejudices about the street. Those who don’t live there see it in a different light than those who do.

Del Playa definitely has an image. Some have misconceptions and prejudices about the street. Those who don’t live there see it in a different light than those who do. Del Playa is where the action is. New York has Park Avenue and Los Angeles has Sunset Boulevard. Well, Isla Vista has Del Playa Drive. Young people from both I.V. and Goleta flock to the street on weekends to check out what’s happening. This Friday and Saturday ritual of "crusing D.P." is welcomed by some residents and loathed by others.

Living on the ocean has other advantages. The constant breeze keeps things cool and fresh. Every evening, the fiery, setting sun may be watched from the living room. Of course, the view, for which Isla Vista gets its name, is spectacular. Sun, sea and islands can really help soothe the haggled mind. Carl Bodeman agrees. "Besides," he said, "you can wake up in the morning and see if you want to surf or not."

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D.P.’s reputation as the partying nerve center of the community. Mike Solomon likes this aspect of Del Playa life. "The street is a lot like a playground of sorts. Last year, we would come here to cruise, now we just have to step out the door."

I.V.’s Apartment appeared in the Nexus at the beginning of Winter quarter, 1979 and continued sporadically into Fall quarter that year. Mike Gordon, creator of the series, said the idea grew out of an itch to do something antagonistic. Though six years old, Gordon’s comics still seem to capture the essence of today’s Del Playa mentality.
The Chumash Indians are the traditional "keepers" of the Western Gate, which has significant religious and cultural value. According to the Lakota, "We understand that Pt. Conception is an area where we practice our religion and conduct our sacred ceremonies. History has it that there have been sacred sites that have been passed down to us. The sacred work that is coming from the Midwest, that's where our religion is standing at the end of time, to be a place to pray and be by oneself," said Lame Deer.

Lame Deer explained the spirituality of the Indian people as having to do with "Mother Earth, the earth itself." He believes that the Indian people are the overseers of the place through which nourishment comes into the world for all living things.

SACRED LAND

purposes. Among the most important of these are vision quests and sweat lodge ceremonies.

Swearing is a ceremony of purification and renewal. Kote Latah, a spiritual leader who conducts "sweats" himself, has this to say about the Indians' beliefs: "In the point, way out on the point, that's the Indian's point of view. It's the heart of the Swants, everything has to be cleaned, one of the most sacred, things that were our culture, our existence, and it has to be clean, our energy. We use the Swants to purify.

According to Flynn, "All the way through the purpose is to make you think of what you're doing, what you're doing is creating nothing into this hole in the earth and you are going in and sitting in a circle communally with other people, and you are putting steaming rocks on the fire, using all the elements that make life. And you as a human being are a small part in the whole chain, craft in naked like you are supposed to be for the Mother Earth — you take care of your body and get all the poisons out, get all the things out of your mind. And when you come out it like being born again, you've been born with a clear mind."

Flynn and others believe that a terminal would impair the sweat and vision quests. The Indians would no longer do these.

"It (noise from a terminal) would destroy the spirit of the place. The way you sweat, feeling that you get when you sweat, you really couldn't go there. It's just so that you can sweat (with a terminal there)."

What is on the point is a quiet, ranching lifestyle as the Indians have been doing for centuries. People want to keep that. They say, it's natural, it's how they live.

What is there at the ranch is a quiet, ranching lifestyle where people are concerned with protecting the earth, according to resident Frank Ferry. "The Indians respect us because we take care of the land. I really like the birds and the animals. Our dog is one of our residents," he said, referring to the fact that the Chumash have areas where they have certain animals that are sacred to them.

"What there is at the ranch is a quiet, ranching lifestyle where people are concerned with protecting the land. It's still pretty much the way it was 100 years ago."
By CATHY KELLY

Men and women of the seventies have been described as the "Me Generation," a people in search of themselves, struggling in the eternal quest for "self-actualization." Everybody, it seems, is hell bent on self-improvement.

From the esoteric, trendy Erhard Seminar Training, to the ancient Eastern traditions of Transcendental Meditation and Kundalini Yoga, there are now hundreds of opportunities for self-actualization, which may be defined as the daily realization of one's full potential in the cosmic oneness of it all.

All offer the concerned individual the chance to dissolve stress and increase energy, to enhance willpower and happiness. Unfortunately, however, many of these programs are costly and time-consuming, making them impractical for the average UCSB student. It is becoming increasingly difficult to choose the right program. In response to this growing need, we offer you the Nexus Guide to Self-Improvement on a College Student's Budget.

Transcendental Meditation--introduced to America by Maharishi Mahesh Yogi during the height of the sixties, TM is a simple, effortless, natural mental technique to produce inner energy for developing one's full mental potential.

According to Paul Ehrlich, vice president of the Santa Barbara Transcendental Meditation Center, "Through meditation, the mind settles down and also the body settles down. The rest gained is twice as deep as deep sleep," said Ehrlich. This state, called "restful alertness," allows the body to rid of deep rooted stress and anxiety, and gives needed momentum for dynamic action during the day. Ehrlich said.

The program consists of seven steps, beginning with two free lectures which are followed by a brief interview with a meditation instructor. The student then receives four meditation lessons. The cost for the program is only $150 for students, as compared to $300 for non-students. "You only pay once for a lifetime. The follow-up lecture series, study classes, and meditation checks are all free," Ehrlich added.

"TM is really a unique mental technique. It involves no concentration, no manipulation of the mind. You just set up the initial rhythm in your mind and it just happens. It can help students by dissolving stress and increasing mental clarity, making it easier to get homework done. It helps on the social level, too. Even with a hectic student's life, one still finds time to meditate," Ehrlich said.

Kundalini Meditation--One of the better bargains available for students is the Kundalini Meditation class offered free through the Residence Hall Association. Although the class is in demand for dorm residents, anyone is welcomed, said Denise Diamond, course instructor. In addition to regular group situations, the program frequently featured a special session in group meditation, taught by Nanak Dev-Singh Khalsa. Nanak Dev, a former UCSB student, is one of the hundreds of people today who are able to play the gong correctly.

"Gong meditation works on a principle of sound and frequency. Will you believe that all things are frequencies of the mind and can be changed at will? Gong change attitude in a higher and more sophisticated frequency," said Nanak Dev during his appearance.

During the course of the meditation, Nanak Dev played the gong while students meditated. He amazed the students that although "there is a lot of sound, it won't hurt your ears because of its natural element. It is in harmony with your auditory system."

According to Nanak Dev, regular meditation allows one to "attune to the existing mind and body energy through strengthening and purification."


Coverboy Hackney

party you wanted. Every week I had to climb up on a box to reach the telephone and call up a maiden lady who knew everything about everybody's personal business. She would then be my information source, and I would be religiously going to get all the data.

"If your wish is to focus on one thing, go all the way to zero with it, he can. Therefore, you can do better on this. Therefore, you can do better on techniques will enhance your abilities," he said.

Miller concluded.

Anything you can say is only a verbal abstract of the experience." In spite of the data "starts a process of looking at

Laura Wells, a graduate volunteering as a 'bathroom break' trainer.

The practices of the Star might be far-fetched today, but many noted journalists have undergone its rigorous treatment. Woody joined the staff at the same time as a 17-year-old reporter named Ernest Hemingway. While Hemingway went on to future fame, Woody recalls the early trials. "We pulled a joke on Ernest one day. When I came in, the city editor told me to sit at a different desk than I usually did. I sat down, and, about 15 minutes later, Hemingway came in. He took one look, and his face turned a "red," Woody recalls. That same day, Hemingway left the newspaper, and the people who work there take the place. I came over to look around," and worked for a Westerfield.

The New Hobey Baker's

Food & Drink & Dancing

5918 Hollister Ave.

DAILY NEXUS

PAGE 55

CHRISTMAS . Already?

Yup! Not going to believe this till this week is over! Yesterday was the 4th of July, tomorrow it's Thanksgiving and Christmas is right around the corner! This year The New Hobey Baker's is giving all out for their Christmas and Thanksgiving banquet. With our newly renovated banquet facilities, Beside Hobey's great food, each room will be fully decorated with Christmas trees, table settings, table decorations, the works! Special banquet prices (which are even lower than last year) will be available only this week, so order right off the Menu.

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KMTS, Radio station for students and employees for UCSB's silver anniversary announcement. A WARREN MILLER FILM

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SANTA BARBARA NEXUS

office

KTMS, Radio Productions and students for UCSB's silver anniversary announcement. A WARREN MILLER FILM

"I don't have regular hours, I don't have to punch the time clock. I find it against efficiency. I've gotten to keep a broom around the corner and throw trash, bottles and junk on the floor. I can't stand clutter, especially that means Christmas is right around the corner! This year The New Hobey Baker's is giving all out for their Christmas and Thanksgiving banquet. With our newly renovated banquet facilities, Beside Hobey's great food, each room will be fully decorated with Christmas trees, table settings, table decorations, the works! Special banquet prices (which are even lower than last year) will be available only this week, so order right off the Menu."
If Los Angeles has heavy smog conditions during the 1984 Olympics, are the athletes likely to be affected?

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Research Funding

At Record Level

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The book describes

Radioactivity

as a separate science ran its course in the United States from 1900 to 1950. The story is described in a newly published book by Lawrence M. Badash, history of science at U.C. Santa Barbara, called "Radioactivity in America: Growth and Decay of a Science." Badash, whose specialty is the history of physical sciences, says the book deals with the chemical evolution of the chemical itself, not its scientific success, the chemical field developing itself by leaving no major questions unanswered, and the physical side evolving into a research field, instead, especially nuclear physics.

"The 327-page book, the first survey by radioactivity in the world, America has been published by the Johns Hopkins University Press, Baltimore and London. The book is a major contribution to the understanding of the chemistry and physics of radioactivity, there are chapters on the medical and commercial uses of radium. In a review for Science magazine, Roger R. Stuewer of the School of Physics and Astronomy, University of Minnesota, called the book "a first-rate achievement, ranking as one of the finest pieces of historical scholarship in recent years."

A recent discovery of radioactivity—the emission of particles or radiation from radioactive materials such as alpha, beta or gamma rays, as is the case with radium among others—was made in 1896 by Max von Hevesy, and Louis Henri

History of Radioactivity

While the level of research activity to continue to grow during the current year, Marcus said the degree of severity of the recession will play a key role.

Research at UCSB is conducted by members of academic teaching departments as well as by special research groups known as organized research units (ORUs). These research units are comprised of faculty members and graduate students who investigate areas from a number of viewpoints and disciplines. The ORUs provide facilities and support for faculty and students in basic and applied research.

Prof. Donald R. Cressey

the researchers to analyze the external conduct. Among the corporations studied were 34 of the nation's top 100 industrial firms, including five of the top ten banks, four of the top ten utilities, three of the top ten retailers and two of the top ten transportation companies. Though the codes offered the "safeguards insinuated in the scholars' insight into management's conception of itself, its attitudes toward employees, and in some cases its feeling of obligation toward the public, the internal direction that what Cressey and Moore are concerned are improved is immediate international business transactions.

In fact, the majority of codes showed more concern for protecting companies from actions of employees than for protecting the public from the actions of the firms. By and large, Cressey said, the codes are old-fashioned documents which don't reflect the ethical concerns indicated by many firms in their advertisements or expressed in speeches and expressions of support by their top administrators. He speculated that the explanation of better corporate behavior may lie in the external top corporation executives into a structure of their circulation, history. Having moved from en­

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Self-Actualization...

(Continued from p.A1)

The purpose of est training is to "transform your ability to experience living so that the situations you are trying to change or have been putting up with just clear up in the process of life itself," according to an est procedure.

"After I graduated, I felt like I was carrying around less weight. The training gives you some real choices for me," Wells said.

"I know one woman who was really afraid of sex. When she graduated, the first thing she did was get hold of a guy and film a porno movie and start selling it," said Westerfield.

Although est has been criticized for encouraging its graduates to make rash changes, its supporters disagree.

"If people are really ready to look at their lives when they go into the training, it helps them tell the truth. Rather than changing, they are getting back to themselves," Wells explained.

The initial training costs $350, although special student-discount sessions are occasionally offered. The student rate is a mere $200, providing "essentially a $150 scholarship. The reason for this is to make est available to college students, who generally don't have as much money," Wells said.

In addition to the standard training, est students are encouraged to go through a series of ten "graduate seminars." The cost of each seminar is $50.

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DAILY NEXUS
FRIDAY, NOVEMBER 16, 1979

Hollister...
(Continued from p.A3)
Western LNG, through sheriffs' deputies, police helicopters and a special enforcement team swarmin' onto and through ranch property to the Cojo Gate and beyond to the actual site. Protesting left gradually throughout the day, and one Indian leader, Cote Lotah, was arrested. "There were two police cars at the gate all day. At 11 a.m., ten of those cars ran through our gate and wouldn't stop. There were rode, telling the press to leave. All we're trying to do is protect our land," said Diane Baker, a property owner at the ranch.

"We had no forewarning from the Indians. I was upset with everything that happened that day," said Kruthers. "We've often caught in the middle. I wasn't too excited about the demonstration, though I respect their position. We'd much rather be left alone," Eckberg said.

He stressed that last month's occupation was the first problem the ranch has had with sheriffs. Since then, they've been having a lot of flying over hourly, though I can't identify whose they are. Aircraft is more prevalent, and there's been an increase in security guards at the LNG gate. We're going through a very uncomfortable situation right now.

Eckberg vowed, "We'll follow this action against LNG to the end in the courts. If the recent seismic findings (U.S. Geological Survey Report said an earthquake of 7.5 magnitude could occur near Pt. Conception) don't stop it, we hope the courts will.

"It's affecting our daily lives. The roads are experiencing more traffic, and we've had this increased surveillance. If LNG goes in, it'll be an end of one of the last stretches of undeveloped coast in Southern California.

Kruthers believes people's image of Hollister Ranch is of a rich-man's hideaway, and that this image "turns a lot of people off to what's happening to us. There's a lot of young people here who don't want to have an economic cross-section here.

SAT. NIGHT 8:00PM
A New Motion Picture
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DIRECTOR - RICHARD MARQUAND

Magic Lantern Theater

Chumash...
(Continued from p.A2)
That Chumash villages existed in the project area (LNG terminal site) is documented by journals of explorers and diarists, materials which are located at the Smithsonian Institution, The archive of the Santa Barbara Mission and the Bancroft Library.

When the Spanish came to California, they brought the Catholic religion and began a process of "Christianization" which led to the decline of Shisholop. Nearly all of the families of Shisholop moved to the Mission La Purisma between 1788 and 1834. Before and after 1788, there was a considerable reduction in population in the village due to epidemics of European disease. According to journals, around 1825, at least 100 Chumash were still residing on or adjacent to Mission lands while an unknown number had moved away to form small villages in the Santa Barbara and Ventura areas.

In Llama Doer's view, "Over the last couple hundred years, what has taken place is that the white people have come into this turtle back continent we call the United States, and they have brought with them a religion and an indoctrination scheme and tried their best to indoctrinate Indians in this area. They came here (the Spanish) and they taught them and they annihilated at least 90 percent of the Indians. What little was left has mixed with all different nationalities."

The Indians believe that an LNG terminal at Pt. Conception would "effectively destroy the religious character of the area, and irreparably damage a growing spiritual movement of a number of native California tribes."

Therman McCormick, second chief of the Mauo Clan, spoke of the growth of the Indian religion, "youngsters are taking it up and they are getting to where they want to learn more and more about what religion is. Now, since the're getting to understand what the religion meant, what being Indian meant to them, they are taking part in it."

If a terminal was built at Pt. Conception, McCormick said, "The kids would probably say, 'Well, we'd be dead anyway, so why go religious? They would not care.' The Indians would not have any religion ever again," he said.

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