

The ease and convenience associated with fast food restaurants, home appliances, jet planes, and automobiles pervades the spiritual sense of modern man...

## Trends in Psychology and Religion

By John Giovati

In recent years Americans have witnessed a boom in the field of psychological counseling associated with a suit-and-tie professional in an antiseptic office building. The ranks of "legitimate therapies" have broadened to the degree that virtually any technique is accepted as a potential remedy.

In the June, 1974 edition of *Psychology Today*, a columnist noted that "psychology is the leading major of American college students; the world's largest producer of scientific literature and the richest segment of the college textbook publishing industry." An effect of this popularity is the exodus of college graduates into all areas of the psychotherapeutic field. The number of those seeking help from these new professionals is also multiplying. In the January, 1976 edition of *Psychology Today*, it was reported that Sun Myung Moon's Unification Church claims a following of ten to thirty thousand. In the August, 1975 edition of that same magazine, thirty-five thousand people were said to have participated in Erhard Seminars Training (EST); and *Time*, in

its Oct. 13, 1975 edition estimated that six hundred thousand Americans practice Transcendental Meditation.

Although the psychotherapy phenomenon is difficult to explain, certain expressions are commonly used to answer the question, "Why turn to psychotherapy?" Phrases such as "opening up," "knowing yourself," or "coping with reality" are a few of the more popular. Clearly, psychotherapists are no longer physicians solely for the mentally ill. Psychological counseling is seen as more than just a cure, it is an avenue towards individual growth and self fulfillment.

The affluence of many Americans has afforded them an abundance of leisure time and has made many types of psychotherapy an elitest form of recreation.

The ease and convenience associated with fast food restaurants, home appliances, jet planes and automobiles pervades the spiritual sense of modern man. It is not surprising that the American populus seeks the simplest and quickest means to self-satisfaction and enlightenment.

People have become materially satisfied and are now searching for a spiritual affluence to compliment it. Apparently, certain psychotherapeutic groups are also aware of this connection, for it is not unusual to see participants charged two to three hundred dollars for a weekend of counseling.

That is not to say that psychotherapy serves no purpose. There is a question, however, as to what purpose. Do these therapies improve your mind, give you guidance, encourage you to do what they know you can do on your own, or manipulate your mind to make you believe what they tell you? If you answered affirmatively to any of the above questions you are probably correct.

The responsibility for success in psychotherapy is in the mind of each involved individual. It must therefore be assumed that every person is capable of handling their own problems. It is equally true that the energy needed to resolve these troubles is not always immediately accessible. In such instances, psychotherapy is an alternative to facilitate relief.

There is a great variety of

psychotherapeutic methods to choose from. EST, Gestalt, hypnosis, massage, psychedelic drugs, psychodrama, psychoreligions (Sun Myung Moon and Hare Krishna), Scientology, sex therapy, Transactional Analysis, Transcendental Meditation, and yoga are a sampling of available psychological aids.

The liberality with which these psychotherapies are accepted is not altogether positive. The June, 1974 edition of *Psychology Today* pointed out that "the criteria of technical respectability have broadened so that what constitutes 'good' psychotherapy has become a more open question... so that who is a legitimate therapist is a less legitimate question..." Consequently, an atmosphere conducive to fraud and money making schemes has been created. An organization wishing to take advantage of an obsequious individual can easily become the beneficiary of that person's finances. It is possible to be harmed by poor counseling, so it might be wise to do some research before committing yourself to any particular method.

## Primal Therapy: Return to Childhood

### Seeking the Essential Self By Delving into the Past

By Sean Murphy

Primal therapy is a relatively new and experimental theory of psychology. Discovered and developed by Arthur Janov, a Hollywood psychologist who now operates the Primal Institute in Los Angeles, Primal therapy has rapidly become the "in" form of modern psychotherapy, attracting such personalities as John Lennon and Yoko Ono.

Janov's basic theory is that all mental disorders, including psychosis, neurosis, and depression, result from repressed mental pain incurred during the childhood years. Feelings of insecurity or rejection, perhaps resulting from a few scattered but significant early incidents, contribute to an internal reservoir of pain hidden not only from the outside world, but from the consciousness of the afflicted individual as well.

According to Janov, these insecurities result from a failure on the parents' part to provide sufficient physical or emotional attention, or simply to care for the child in the manner he wishes. As a natural defense against real or imagined pain, the brain buries these feelings; the site of the burial of this "primal pain" is in the limbic system of the midbrain, a major center of feelings and emotions. In a mentally healthy individual, there is a constant flow of information between the "feeling" portion of the brain and the conscious center of brain activity, the frontal cerebral cortex.

Janov believes that in the neurotic or psychotic

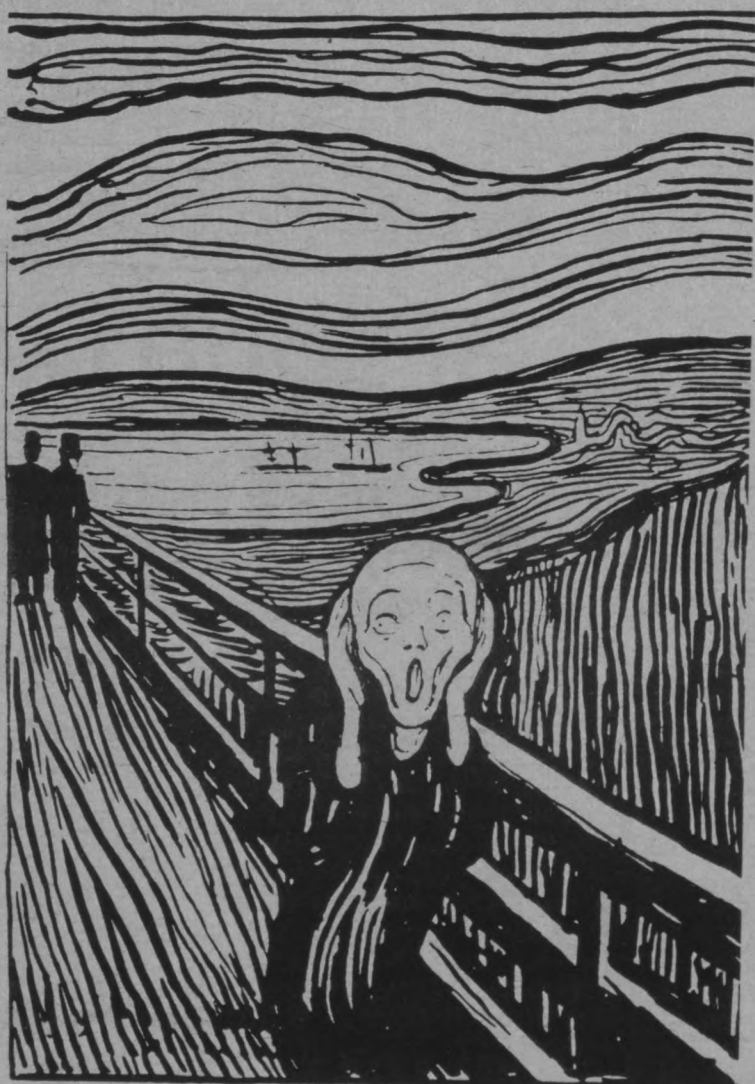
individual there exists an impaired communication between these two brain regions, resulting in a partially or totally "split" brain. Although blocked from the individual's conscious awareness, accumulated pain may "overflow" into other brain centers, manifesting itself in a number of ways, ranging from ulcers or hemorrhoids to chain-smoking, alcoholism, epileptic seizures or homosexuality.

Janov's cure for these ills consists of a traumatic re-opening of childhood wounds, by destroying the body's defenses against recollection of its original pain. Janov believes that the only way to eliminate neurosis is to "overthrow force and violence". The neurotic must re-experience his original emotional anguish in order to become healthy.

In initial "priming" sessions, the patient undergoes a temporary regression to early childhood. He may crawl or writhe upon the floor, crying out for "Mommy" or "Daddy", begging them to love or hold him. He may curl into fetal position or suck his thumb, or even re-enact his original birth trauma. The culmination of the Primal experience is the Primal Scream, an anguished, emotional, piercing shriek, signifying the release of the patient's long repressed emotional suffering.

Janov's Primal Institute hardly resembles a conventional institute of psychotherapy. The padded walls surround giant cribs and huge

(Please turn to p.9, col.1)



# Shine On, Shine On, Sun Myung Moon: Saving America to Tune of 15 Million

By Gordon Van Zak

The Reverend Sun Myung Moon wants you. If there is one fact to be eked out of the weighty controversy surrounding this Korean-born, self-proclaimed prophet and his "Holy Association for the Unification of World Christianity," that is it.

As for the Reverend's philosophies, his economic and political power here and abroad, the actions of his followers, known generally as "Moonies," and other issues basic to an understanding of the Moon experience, there is an abundance of contradictory information that has flooded the press for the past three or four years.

There are two major points around which controversy often arises: whether the Unification Church has the right to be called a legitimate religion, and therefore hold the tax-exempt status it now enjoys, and whether the indoctrination tactics used by the Unification Church leaders are a form of brainwashing.

Reverend Moon, himself, is the cause of questions regarding the legitimacy of his religion. Moon claims to have had a religious vision on Easter morning of his 16th year, while praying on a mountain. Jesus appeared to him and said Moon was chosen to complete the mission Jesus started 2,000 years ago.

According to Berkeley Rice, in his article, "The pull of Sun Moon," (New York Times Magazine, May 30, 1976) Moon founded the Unification Church in Korea in 1954. "He (Moon) was excommunicated by his own Presbyterian Church, and arrested various times by the police—for anti-Communist activities,

according to Moon, on moral charges, according to his Korean critics, involving 'purification' rites with female initiates."

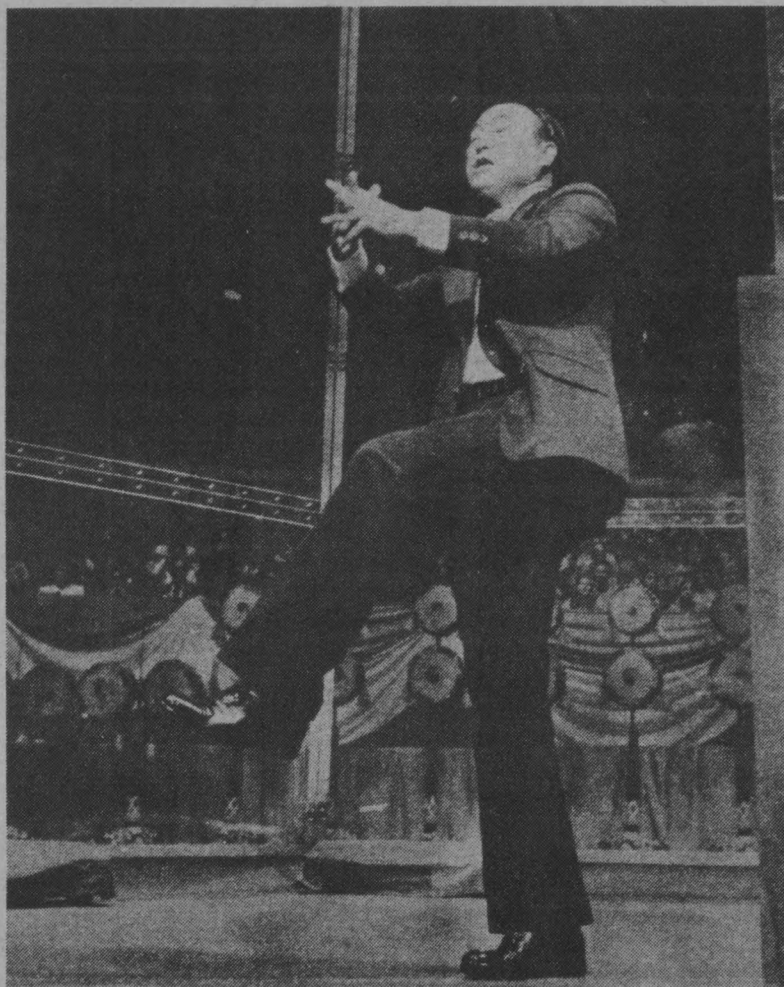
In 1972, Moon came to America, after receiving orders from God on New Year's Day, to save our country from Satan.

Moon lives in a \$620,000 estate in Tarrytown, N.Y. He is reportedly worth \$15 million. Parade Magazine says he is "the proprietor of two seagoing yachts and a Manhattan town house." He has business interests in Korean companies that produce, among other things, air rifles, and components for M-16 rifles. He has been associated with the South Korean leader Park Chung Hee, and the Korean CIA.

These facts are making people question the legitimacy of Moon as a religious leader in this country. However, an advanced training manual of Moon's church states, "Christians think that the Messiah was poor and miserable. He did not come for this. Messiah must be the richest. Only He is qualified to have dominion over things, and unless the Messiah can have dominion over things, neither God nor the Messiah can be happy."

Further questions are raised about the legitimacy of Moon's teachings as truly Christian. These teachings, as set forth in the Divine Principle, the church's primary document, are called "heresy" by Harry J. Jaeger, Jr., a Presbyterian minister writing in Christianity Today, and J. Isamu Yamamoto in his pamphlet, "The Moon Doctrine," published by the Inter-Varsity Christian Fellowship, calls some of Moon's doctrines "incredible myths."

Followers of Reverend Moon



REVEREND MOON IN ACTION at Madison Square Gardens, behind bullet-proof screen.

said the Divine Principle will bring people throughout the world together as God's Family.

Brainwashing is another major controversy surrounding the Unification Church. It is defined by Webster's Dictionary as "a forcible indoctrination to induce someone to give up basic beliefs and attitudes and accept contrasting regimented ideas."

Summing up the accusations that the church uses brainwashing, accusations which have gone to the courts on several occasions are the words of a man who lost his daughters to the church:

"They've been taught to...reject their parents and the world they used to know... They aren't the girls I brought up... They don't think for themselves any more. All they do is parrot Moon's sermons."

Members of the church, however, feel that Moon gives them all they need, and so they are willing to make sacrifices for him. Some of them work up to 16 hours a day for their "father," selling candy or dried flowers in Mobile Fund-raising Teams (MFT's). Members reportedly average a take of \$100 to \$200 a day.

According to a man who lives next door to the Unification Center in Santa Barbara, the members seem, "sort of cheerful, full of energy, buoyant." He says they do a lot of praying and singing not as punishment but to "generate spirit."

Keith Anderson, the church member quoted earlier, points out that his church doesn't use (Please turn to p.9, col.2)

believe that, "God is throwing Christianity away and establishing a new religion, and this religion is Unification

Church." Keith Anderson, a member of the church, speaking in an interview on Channel 9 this week,

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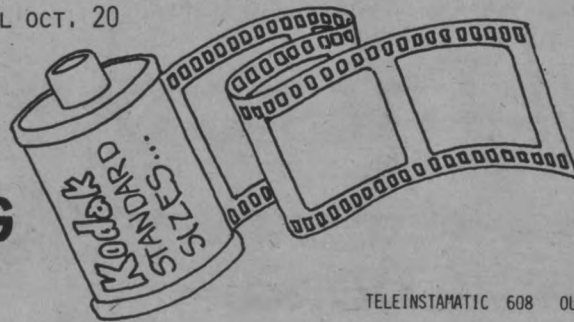
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# Erhard: From Encyclopedias to Enlightenment

By Laura Streimer

"Did you get it?" is the expression around which the entire EST (Erhard Seminar Training) program seems to revolve. Understanding the concept of "it," however, is not an easy task for the non-participant. Graduates of the EST program are vague in explaining this concept going only so far as to volunteer that, "getting it is a unique and personal happening."

EST was founded in 1971 by Werner Erhard, an ex-car and encyclopedia salesman. The inspiration behind the evolution of EST occurred to him one day as he was driving across the Golden Gate Bridge. Soon after,

## Still Quoting His ESTimate on the Expense of Attaining a Little Self-Satisfaction

an effort to gain insight and experience transformation, satisfaction and well-being.

To the outsider, this may be a heavy order for a two weekend (60 hours) course. Particularly in lieu of the fact that the seminar "transforms" 250 people per group. Many trainees, however, swear by it. One graduate described his getting "it" as a rebirth. "I experienced myself with no added attributes, and my body and mind became one."

Fundamentally, the EST method is such that the trainee is first made aware of his own

them.

Werner Erhard has said, "Sometimes people get the notion that the purpose of EST is to make you better. It is not. I happen to think you are perfect exactly the way you are... the problem is that people get stuck acting the way they were, instead of being the way they are."

Perhaps more easily understood are the actual mechanics of EST. The seminar takes place in a large auditorium such as the L.A. Convention Center. 15 percent of the training is divided between the first three days and 85 percent is given on the fourth and final day of the seminar.

The first part of the training is spent "experiencing" the data that the trainer presents. A second part is spent on "processes" — meditative and sensory exercises. The third portion termed "sharing" enables the trainee to relate his experience of "getting it" to the others.

There is no prerequisite required to join EST. In other words, a person need not be insecure, mentally unbalanced or otherwise. Instead, EST emphasizes that no one needs the training. It is only for those who want to enrich the persons they

already are.

Some skeptics of EST have suggested that the inability to describe the concept of "getting it" to a non-participant is a mere

substantial annual salary of Werner Erhard himself — \$43,200.

Is EST just another money-making psychological

"...sometimes people get the notion that the purpose of EST is to make you better. It is not. You are perfect exactly the way you are..."

"The purpose of EST Training is to transform your ability to experience living so the situations you have been trying to change clear up just in the process of life itself."

the first EST center sprang up in San Francisco.

Formally defined, "the purpose of the EST training is to transform your ability to experience living so that the situations you have been trying to change or have been putting up with clear up just in the process of life itself."

Informally, it could be said that EST is an intensive crash course in consciousness-raising,

inadequacies. Often he will relive specific events in his past which were responsible for these inadequacies. This is not essential, however, to the "transformation." EST places an emphasis on recognition of faults as opposed to understanding the reason for their existence. Once these faults have been faced the trainee can work not to change them, but to learn to cope with and take full responsibility for

curiosity provoking device used to recruit prospective participants. It can also be pointed out that no one really knows why or how EST works including Werner himself. Finally, \$300 to "get it" is rather an exorbitant price, provoking much curiosity as to who profits by it.

According to an EST financial report, all of the stock of EST, is owned by a non-profit, tax exempt, charitable trust called the Werner Charitable Settlement. All of EST's profits, after U.S. taxes, go back into this trust, except, of course, the trainer's fees as well as the

craze? Skeptics have claimed that they can receive individual counseling from a psychiatrist for the same fee. Graduates, however, have reported that the EST experience of their own nature has transformed their ability to experience life. On the other hand, "transformation" or "getting it" is not guaranteed and can prove to be an expensive endeavor.

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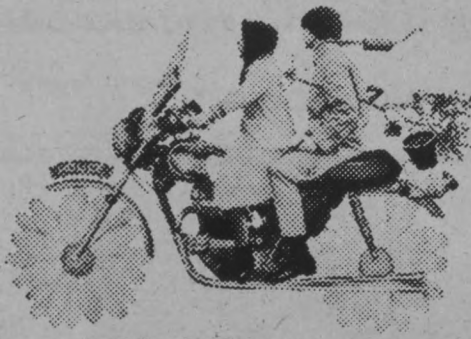
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# Transcendental Meditation: Religion, Philosophy or Fad

By Anne Reach

What is this infectious craze called TM? Is it a religion, a philosophy, or just a new fad that will be out of date next year? Transcendental Meditation, says Ebony Magazine, "is an effortless technique of relaxing brought to the United States 17 years ago by Maharishi Yogi, an Indian monk wearing long white garments and carrying flowers."

The Maharishi studied for 13 years in the Himalayas before bringing TM out into the open, attaining his wisdom from Guru Dev ("Divine Teacher") in western India. Maharishi Yogi projected that it would take him 200 years to bring TM to the entire world.

Today, TM claims a fast-growing following among virtually every walk of life. The number of active practitioners has jumped from about 250,000 four years ago, to well over a million at present.

How does one meditate? "The actual experience of TM is quite simple and does not involve devotion to any specific beliefs or lifestyle," says Saturday Review. Meditating consists of two daily practices, each for fifteen to twenty minutes. "The practitioner sits in a comfortable position with his eyes closed. By a systematic method, he perceives a mantra; a silent mental repetition of a word with no meaning, and allows his mind to

experience freely and his thinking rises to a finer and more creative level in an easy and natural manner."

"Meditators eventually reach a state of restful alertness — no mantra and no thought—known as the fourth state of consciousness, the other three being sleeping, dreaming and waking," according to Ebony Magazine. In a recent scientific study, it was found that this deep rest is more profound than sleep and rejuvenates the meditator for more productive activity.

"Long-time meditators claim TM to be so effective," said Ebony, "that psychological health improves, interpersonal relationships pick up, creativity and job satisfaction increases while such things as criminality and drug abuse decrease."

"TM can probably benefit a large number of Americans," said Dr. Leon Otis of Stanford Research Institute, "but for many others I think it will turn out to be a waste of time." Otis estimates a fifty percent drop-out rate among TM practitioners.

Otis himself dropped out—"it was nice to get a little rest, but that's all I got out of it—nothing dramatic." Most of the people who stop the use of TM do so because of boredom or of post-meditation distress, such as headaches.

Is TM a religion? The Coalition for Religious Integrity petitioned

a U.S. District Court last March to halt the teachings of TM and its related course, The Science of Creative Intelligence, in four northern New Jersey high schools on the grounds that "TM is a religious exercise that violates the First Amendment doctrine of separation of church and state."

"TM is religious," says Christian Century Magazine. "In the required initiation ritual, prospective meditators are often required to bring offerings of fruit, flowers and a white handkerchief. During the ceremony they receive their secret Sanskrit mantra to facilitate meditation."

"In reality, the ceremony chanted in Sanskrit by the teacher is a Hindu 'puja' rite which pays tribute to various Hindu deities in the Shankara tradition, the order to which Maharishi belongs."

The coalition provided a copy of a secret handbook for teachers and an affidavit from a former TM instructor. "The handbook explaining the ritual at one point says: Through this instruction the initiate's awareness is led to the absolute several times so that more and more of its abundance is incorporated into his (the meditator's) life." The former teacher submitted a copy of the required loyalty-oath employment contract which he signed in 1973. It said in part, "It is my fortune, Guru Dev, that I have been accepted to serve the Holy Tradition and spread the light of God to all those who need it."

Students usually have to pay \$65 to take the TM classes. "The fee that we charge," explains UCSB TM instructor John Staas, "is used to pay for the various TM centers across the United States." (Please turn to p. 7, col. 1)

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# A Very Serious Article

By John Giovati

Grimacio. A simple word yet very complex when viewed from the inside of a switched-on tumble dryer or while scuba diving. It is ironic that such a seemingly simple word can, in actuality, be so totally meaningless. What is Grimacio's significance? To limit a herculean term such as this with the overworked, pompous rhetoric of Daniel Webster would be like telling Babe Ruth he could no longer hit baseballs, like telling Ed Mackie he could no longer hang out at UCSB.

The process involved in Grimacio has been constantly reformed for thousands of years among the mountain peoples of San Bernardino. And it was only a short time ago that these rugged folk discovered the very essence of Grimacio. It was last Tuesday.

What is the Grimacian process? Luckily for us all, institutions of higher education are ideally suited as spawning grounds for Grimaciarans. Persons with blank, dumb looks on their faces are likely Grimacian targets. When you eye one of these dazed specimens walking in no particular direction towards no particular destination, you have found a potentially perfect Grimacian frimble (from the old English word meaning to frimp oneself) or match.

Approach this person and square yourself to their front side so as to prohibit them from advancing unless they choose to grind your body in cement. Such ill-fortune frequently visits

An error was contained in yesterday's "Personal Memo Cited in Attack on Dodson," story. It should have read, the "ingredients of the court processes were not efficient in 1972," instead of 1969.

## In Which an Obscure Author Succeeds in Going Nowhere

individuals newly acquainted with the Grimacian technique, a process which takes virtually an hour to perfect. Do not be discouraged, the bleeding will stop...eventually.

Now that you have renewed your search for a more willing Grimacian partner, ecstasy is once again tickling your knees. As last the moment is near. You are about to enter that exalted sphere of existence that you've always known you were meant for. Imagine, no longer being subjected to a host of human frailties. It's better than taking a good dump...maybe.

Once again you square yourself to your victim. Immediately you proceed to shape your face into the most grotesquely bizarre and unnatural contortions and gyrations the imagination is able to conceive of. If all goes well, your subject will sponge up all

the supernatural juices secreting from every hole on your body.

If, however, your subject replies firmly and a bit annoyedly, "Fuck this shit, zit-face!", it might behoove you to toss this person a piece of raw meat in order that they might be appeased. After implementing this diversion, turn and flee. Run until such time as you believe your ex-partner is completely engrossed in his meal, and then quietly grind to a halt. Pick up the nearest article capable of inflicting grievous damage on a refrigerator, and slowly creep back on the lusty neanderthal perspiring in his carnal passion. At the most propitious moment commence beating him senselessly.

This may sound a bit inhuman, but Grimacians have discovered it to be a far more successful method of conversion than the use of apostles or similar lackeys.

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Starring PETER O'TOOLE ALASTAIR SIM ARTHUR LOWE AND THE RULING CLASS

Letters

# CSO Clears Up Misleading Statements

Editor, Daily Nexus:

In the Nexus article "Revival Planned for Committee on Spying" on Oct. 5th, Skip Shands was reported as saying "the initial screening of student CSO officers on campus is made by police officers," and that "CSO jobs included attending social functions and making reports, occasionally on specific individuals." We, as CSO's, would like to clear up the misconceptions that these statements could foster.

Addressing the first point, in the CSO hiring process, a group of five individuals conduct the initial interview. This group consists of one police sergeant, two CSO's, a Head Resident from the dorms, and either a peer counselor or a counselor from the I.V. Human Relations Center. Each of these persons has equal say in the evaluation process.

The second statement is misleading in that it implies that CSO's act as spies against students. We want to make it clear that our only functions at social events are security, first aid, and emergency communications. We do not make reports on specific individuals unless they are involved in an accident, a crime, or serious disturbance. We have never involved ourselves in surveillance of events or individuals in any other way. We are not informants in the sense that Mr. Shands implies. In the future, we would appreciate the Nexus staff contacting our office to verify their information about CSO before it is printed. Hopefully this will clear up the confusion about CSO that was created by the Tuesday article.

Community Service Organization  
(Signatures on file)

# (S)he Doesn't Speak For All Women

Editor, Daily Nexus:

I think that D. Leonard owes all the women on campus an apology. In order to assume that we females were all offended by Greg Ross' "sexist" cartoon, one must presuppose that all women think alike— an assumption which no person truly dedicated to the eradication of sexism would ever make. And, although I do not care whether the cartoon was actually sexist or not, and think that the Nexus staff should never apologize for the material printed in the paper's pages, Ms. Leonard (I assume) would have been well advised to demand an apology for the people— not just women— offended by the cartoon in question. After all, it is possible for males to be offended by "sexist" slurs against females too.

Ellen Pasternack

# Questions Class Crowds

Editor, Daily Nexus:

Classes at UCSB are too big. More often than not the attendance precludes essential discussion — any kind of meaningful interaction between student and professor.

A large portion of the problem can be attributed to the simple lack of funds needed for the hiring of more faculty, in view of an increasing enrollment. But another significant factor that contributes to the overcrowded conditions here at school is one I unearthed after examining the current schedule of classes. Most professors teach only one undergraduate course per quarter. A small percentage teach two; three is unheard of.

Why is this? Certainly not laziness, I hope. Anybody care to respond?

Peter Gold



"I WANT YOU TO KNOW THAT PULLIN' THIS THORN OUT OF MY PAW AIN'T NECESSARILY GOIN' TO EARN YOU MY UNDYIN' GRATITUDE, BABY..."

# Politics Isn't Just Campaign Confetti

Editor, Daily Nexus:

With confetti, balloons, and smile the Democratic and Republican parties recently chose their candidates for the next campaign extravaganza. After months of nightly reports on the progress of the primary campaign battles, the press treated us to "gavel to gavel" coverage of the two supposedly key events in the workings of the U.S. political system. So the tortured decision of 80 year old Eliza Sprinkle whether to vote for Ford or Reagan was charted on an almost hourly basis.

The Democratic Convention — publicly billed as a 'love in' — was where Jimmy Carter received his party's almost unanimous coronation and all disputes within the Democratic party seemed to vanish like fog in the morning sunshine. Jimmy Carter used the ceremony to promise us everything from 'real' tax reform to peace, from health care to jobs, intermittently breaking his glued-on smile to condemn 'big business' influence in government.

Now Ford and Carter and the rest of the candidates are putting their shows on the road again — treating us to two more months of baloney.

"Need a job? Tired of high prices? Worried about crime, education? Vote for me and I'll set you free...I'm different..." so say scores of politicians all at once.

But no matter how much they dress-up their performance, these actors find a dwindling audience.

Madison Avenue with all their well-laid schemes of radio and TV exposure, plant-gate glad-handing, and full page newspaper spread just can't seem to sell the American people a president. This year it's said, for example, that 10 million Americans who voted in the last presidential elections won't vote this year. Two years earlier — in 1974 — only a third of all eligible voters showed-up at the polls.

Naturally the candidates and the media have their own response to this: They call it 'apathy'!

People care. But since when has voting for candidate A or B (or C through Z) really changed anything?

In 1928 Hoover campaigned "The outlook on the world today is for the greatest era of expansion in history..."

Four years later, "I am very confident of a solution to our present crisis," declared Roosevelt.

The "just around the corner" recovery didn't really turn the corner until 1940 when the American capitalists began making war preparations.

"...We don't want our American boys to do the fighting for Asian boys...So what are we going to do? We are staying there and supplying some of the things that we have (20,000 advisors) but we are not about to start another..." Johnson campaigned twelve years ago. Of course, U.S. participation in Vietnam ended two years ago.

"The Democrats have failed to bring the 'human element' into the government," Nixon remarked in 1968.

Now Carter, the peanut farmer who pays his workers the same stuff he grows (pays \$2.30 an hour), promises us the world if we only vote for him...

Of course, not all promises go unfulfilled. But gains — what little are made in this system — come out of our struggles for change. For the most part it seems that whatever gains are made through legislation, they are more or less a mirror-like reflection of the consciousness of people and the strength, organization and unity of people's struggles.

Anything which is gained on paper is just that — a piece of paper — unless it is applied. If the ruling class isn't pressed to apply or enforce a law which they don't see as fitting into their sets of interests, the law is just a bunch of pretty-sounding words — at best.

The election game has been around for a long time, and in the face of growing problems it's getting more stale all the time. People are asking a lot of basic questions these days: Do we have to live like this, with prices, taxes, and tuition going up and up, speedup and layoffs, the housing in many neighborhoods stinks and yet construction workers are being forced out of work. What kind of system is this where we work all our lives and have little to show for it?

It's certainly becoming clear to many people in this country that the majority of people don't have a say in how things are run. It's the rich who sit on top of things and it's our own struggles and not their elections that will move things forward.

Jerry Neuberger  
Revolutionary Student Brigade

# DAILY NEXUS

"Whenever philosophy has taken into its plan religion, it has ended in skepticism; and whenever religion excludes philosophy, or the spirit of free enquiry, it leads to wilful blindness and superstition."

Samuel Taylor Coleridge

# VIEWPOINT

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# Viewers Choose Films

Editor, Daily Nexus:

In response to Peter A. Wierenga's letter concerning pornography:

Mr. Wierenga, you make me laugh. I was really impressed with your use of the term created by the Supreme Court regarding their decisions on pornography. In particular I'm speaking of your brilliant assumption that these films, X-rated or pornographic, are "void of redeeming social value." You also believe these films to be potentially damaging to the viewer. There you describe the viewer, the UCSB audience, as an insecure vulnerable group of people—far too sensitive to see these films without becoming "damaged."

You have no evidence to back up these statements so I must assume they're your own prejudices. But prejudices or not, we're dealing with basic fundamental concepts here. In specific I mean freedom. Freedom to decide what we want to see. If a person, for one reason or another, doesn't dig dirty movies then they don't have to see them. But if a person is curious about what a pornographic movie is all about—an adult that is—they

should have the right to see it. They should further have the right to decide for themselves if it has any "redeeming social value."

Your letter deals with trying to persuade the clubs and money making groups to change their choice of movies but you have managed to sneak your own personal prejudices and unsubstantiated opinions into the issue.

There is no doubt in my mind that you have genuine genteel motives for writing this letter—so UCSB can raise more money. I mean it is so very obvious that your letter's only concern is for the fiscal welfare of our school... Mr. Wierenga, let's face it—some Puritan good Christian feeling inside of you has made you rebel against these "dirty, society twisting" movies. You feel these movies are bad so everyone must think they're bad.

Mr. Wierenga you should lighten up. These X-rated films make money like any other film or else they wouldn't be such a controversial issue. My only hope is that people such as yourself, with your good Puritan ideas, don't ever have the power to decide what's good for me.

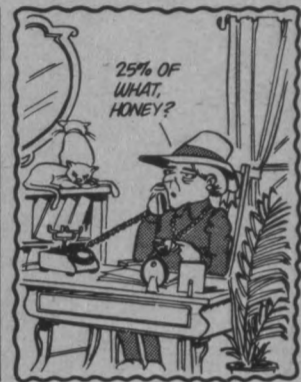
Daniel S. Atkins

## DOONESBURY



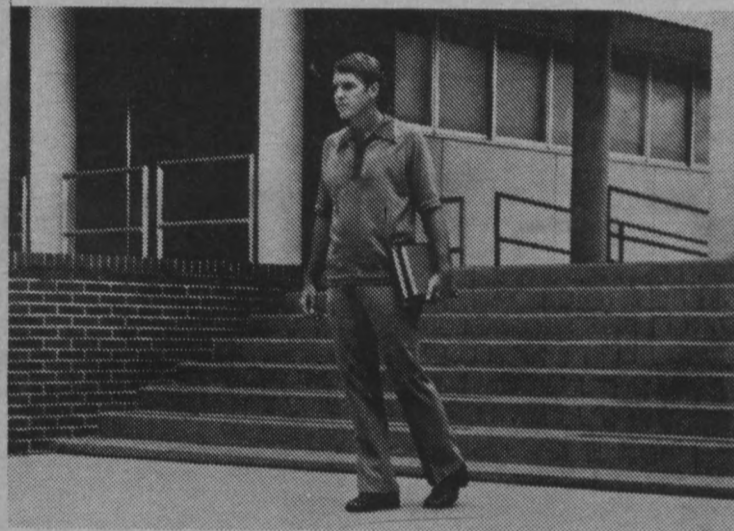
by Garry Trudeau

## DOONESBURY



by Garry Trudeau

# Congratulations, you're in medical school.



## Now, you have to pay for it.

That can be a very serious problem today, especially with tuition costs climbing relentlessly. Yes, you can borrow, but by the time you enter practice those debts can be substantial.

There is an alternative—an Armed Forces Health Professions (AFHP) scholarship. Whether you're studying to be a physician or a dentist, whether your goal is to become an osteopath or an optometrist, it can pay your entire tuition and fees all through medical school. It will also provide you with a substantial monthly allowance. In other words, if you qualify, one of those scholarships can give you financial independence now, when you need it most.

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\*Veterinary not available in Navy Program; Psychology not available in Army Program

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# Transcending Meditation

(Continued from p.4)

States. The idea of these centers is to offer Maharishi's teachings to as many people as possible and as quickly as possible. Their goal is set at getting one percent of every community in the country meditating.

Staas continued, noting that Maharishi's idea of an "ideal society" is "to develop the individual and all of society will be improved."

There had been no scientific basis for this concept until two years ago when a study was conducted in which cities with meditators totalling one percent of their population showed a marked drop in crime.

"This is an empirical indication," says Staas, "that meditators contribute to the community as a whole and

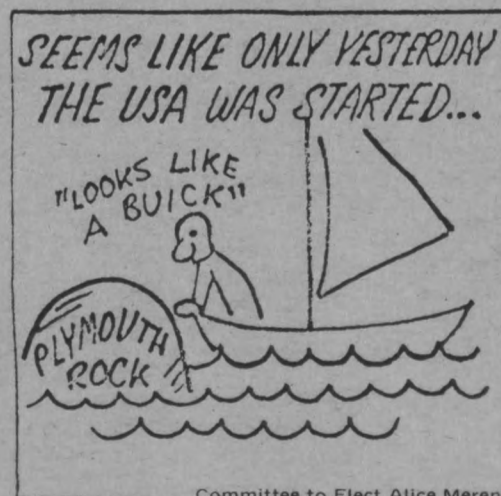
radiate their well-being to the rest of the community."

On January 1, 1975, Maharishi's World Plan was inaugurated to reach 3.6 billion people. This plan was entrusted to Maharishi International University (first organized three years ago by a group of student meditators in Santa Barbara) to be spread by 3,600 centers around the world. Under this plan, there would be one center for each million of the world's population, to teach TM, train teachers, and offer basic courses in TM theory. So far, there are 1,500 active centers around the world, including 400 in the United States.

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# ALICE'S GREAT RACE: THE START



## Molina de Pick Named to CPEC

Gracia Molina de Pick, lecturer in Chicano Studies at UCSB, has been appointed to the California Postsecondary Education Commission (CPEC), a 23-member body which reviews and evaluates new programs in the state's postsecondary educational institutions.

Ms. Molina de Pick teaches a course in the fall which analyzes Chicano drama and its relationship to the history and culture of Chicanos, and one in the spring which investigates the changing role of the Chicana in American society.

The commission on which she serves advises California's legislative and executive branches on educational matters dealing with all sectors of education above the high school level — public, private and parochial.

## Danforth Graduate Awards Offered

Requests for nomination to the Danforth Graduate Fellowship competition are now being accepted, according to the local campus representative, Prof. John Talbott.

Danforth Fellowships are designed to enable outstanding college seniors, married or single, to enter graduate study in a field leading to a career in college teaching or the administration of secondary schools, colleges, and universities. The one-year award is normally renewable until the completion of the advanced degree, and stipends are based on individual need.

The Foundation is currently making a special effort to bring qualified persons from the racial and ethnic minorities into the profession of college and university teaching. Approximately 25% of the awards are expected to be awarded to American-Indians, Black, Mexican-Americans, and Puerto Ricans.

The selection committee, comprised of former Danforth fellows, will be nominating a maximum of four seniors, and one recent graduate (who has not yet begun graduate work). Students who are interested in the Fellowships are advised that the Graduate Record Examinations must be taken on October 16 or (preferably) December 11 so that, if they are nominated, scores will reach the Foundation at the proper time. The deadline for students to submit their formal request, consisting of a personal statement from the student accompanied by three letters of recommendation, will be October 22, 1976.

Any questions regarding the Fellowship program or the application process can be directed to the College of Letters and Science, Admin. 2119 (961-2038).

## Cancer Research:

# Amino Acids Found to Inhibit Malignant Cells: Dr. Englesberg

Successful inhibition of growth of malignant cells by means of amino acids under specified conditions has been reported by a research group headed by UCSB microbiologist-geneticist Ellis Englesberg.

"Some preliminary findings made in collaboration with graduate student William Heiser have shown that a malignant mouse cell line produced with the virus SV40 is killed by the amino acid L-methionine under conditions that are only slightly inhibitory to the normal cell," Dr. Englesberg said.

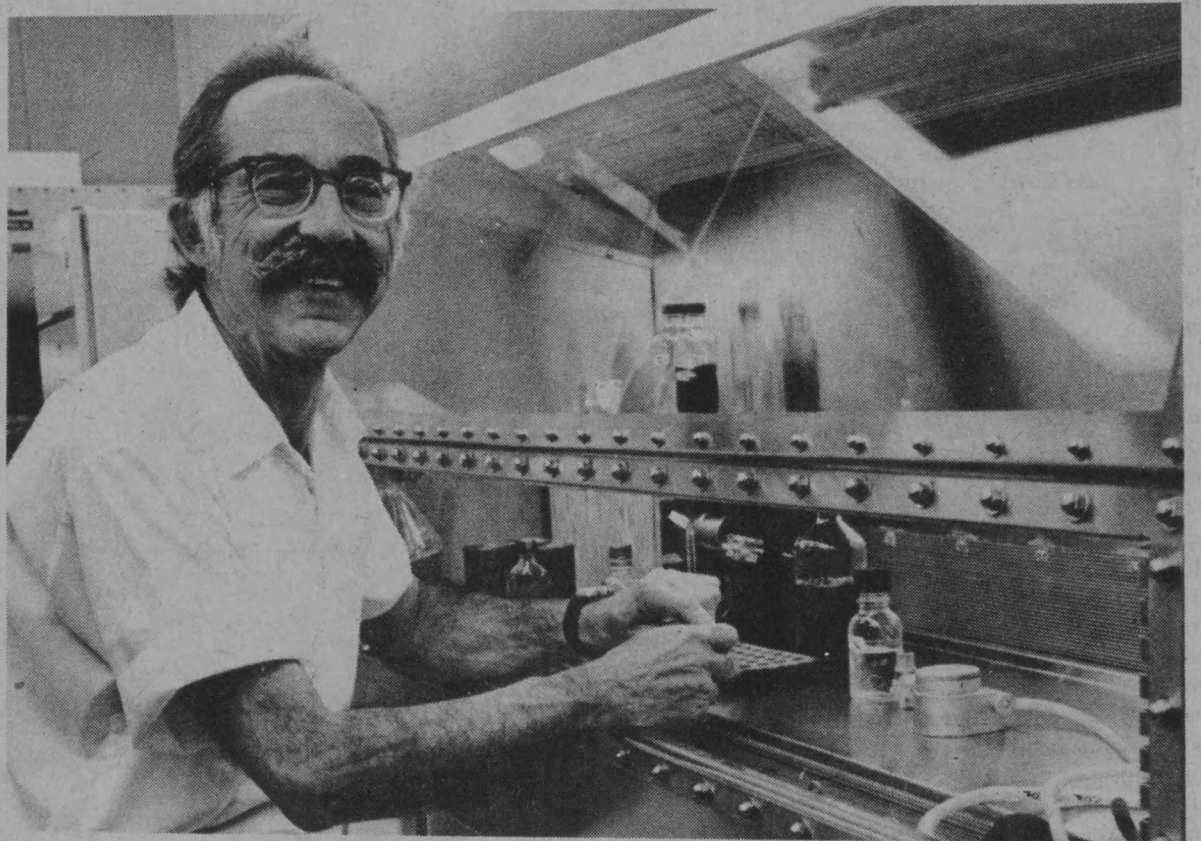
An account of this research was recently published in the journal *Somatic Cell Genetics* and reported at a meeting of the Tissue Culture Association in Philadelphia, Pa.

One of the leading hypotheses to explain the differences between normal and malignant cells, he said, is that the permeability of the membrane of the malignant cell has been changed so that this cell is more efficient in concentrating certain nutrients and other factors within the cell.

### PERMEABLE CELLS

In testing this hypothesis, the UCSB geneticist reasoned that if malignant cells are more permeable to amino acids, they may be more sensitive to the inhibition of growth by high concentrations of certain amino acids. He and his associate Richard Bass found that many of the required natural amino acids inhibit growth of normal cells of different mammalian species and kill these cells when they are present at higher concentrations than usually present in various growth media.

"Much work will have to be performed in comparing other malignant and normal cells to see whether malignant cells in general are more sensitive to amino acid



CANCER RESEARCHER — Prof. Ellis Englesberg of UCSB has reported the successful inhibition of growth of malignant cells by means of amino acids. His lab is equipped with hood which protects researcher from dangerous material by means of sterile air which both filters and forms protective shield.

— Wilfred Swalling photo

inhibition of growth," Dr. Englesberg said.

His research group consists of research associate Bass, graduate students Heiser, Larry Dillehay, Mary Taub and Ron Goldberg, and undergraduates Scott Curriden and Deborah Andrews. Dr. Englesberg's work is funded by grants which have totaled \$252,000 since 1973 from the National Science Foundation and the National Cancer Institute.

This group also has been studying the mechanism of inhibition growth by the natural amino acid L-phenylalanine, associated with the genetic disease phenylketonuria, which, if not treated in the newborn, results in feeble mindedness.

In most institutions for the mentally retarded about one-half of one percent to one percent of the patients suffer from this disorder, the scientist said. This abnormality is probably present in about one in 10,000 newborn infants and is characterized by high concentration of phenylalanine in the serum and brain fluids.

Dr. Englesberg, Bass and Dillehay have been studying the mechanism by which phenylalanine kills cells in culture as a means of establishing the cellular pathology of this disease. They also have isolated mutants which are resistant to the killing effect of this amino acid. These mutants have altered abilities to transport amino acids into the cell and they provide a means of determining the mechanism whereby cells transport and concentrate amino acids.

Dr. Englesberg was recently funded by the National Cancer Institute to study the human lymphoblast. He explains this project as follows:

"The human lymphocyte is a white blood cell that is involved in the immune response. It is possible to stimulate certain lymphocytes to divide

indefinitely by treatment of the cell with plant proteins called lectins. These dividing cells are called lymphoblasts and they have some of the properties of malignant cells."

Only lymphocytes from individuals that have been infected with a herpes virus called the Epstein-Barr virus, the causative agent of infectious mononucleosis, can be transformed into lymphoblasts. He noted that close to 100 percent of the adult population apparently are infected with this virus, which also is associated with a malignancy called lymphoma in certain parts of Africa.

### HUMAN GENETICS

"Lymphocytes of the newborn cannot be stimulated to divide indefinitely by the lectins, and they do not carry the Epstein-Barr virus," Dr. Englesberg said. "The evidence suggests, therefore, that the virus is not transmitted in the germ line or in the utero, and that it is required for the transformation of the lymphocyte into the lymphoblasts."

Since the lymphoblast in the only human cell line that will grow on indefinitely and still maintain a normal chromosome complement, the researchers view it as the ideal cell for studies of human genetics. Dr. Englesberg plans to develop a human lymphoblast cell line with definite genetic markers for the study of human heredity. The University has just modified a laboratory to enable Dr. Englesberg to continue this aspect of his research.

## Chancellor Schedules 'Open Door' for Students

Chancellor Vernon I. Cheadle has resumed his Monday afternoon office hours for visitations from students on a "drop in" basis.

Individual students are welcome to discuss their concerns with the Chancellor from 1 to 5 p.m. each Monday, either by making appointments in advance or by dropping in the office in Room 5221, Administration Building.

## Lost & Found Auction Oct. 22

A chance to benefit from someone else's misfortune while retaining a good conscience is being offered to members of the UCSB community at the lost-and-found auction Oct. 22 at 11 a.m. at the northeast corner of the campus stadium.

Items, including bikes, jewelry and clothing, may be inspected from 10 to 11 a.m. on the day of the auction.

## 2 Professors Appointed EAP Associate Directors

Two UCSB professors, Jorge R. Fontana of electrical engineering and computer science and John H. Kennedy of chemistry, have been named associate directors for 1976-77 of the UC Education Abroad Program which has its headquarters at UC Santa Barbara.

The program operates study centers at host universities in 16

countries and Hong Kong, attracting 634 students last year from various UC campuses.

Profs. Fontana and Kennedy replace Prof. Jose R. Fulco of physics, who is taking sabbatical leave at Stanford University, and Prof. Birger A. Pearson of religious studies, who is assuming the chairmanship of his department.

This public service page is provided and paid for by the UCSB Public Information Office.



# Let's All Scream for Therapy

(Continued from p.1)

man-size stuffed animals and dolls which are provided to aid in the temporary regression to childhood. The initial experience is a three-week intensive session. The patient stays in a cheap hotel, and is forbidden to drink, smoke, see friends or family, or watch T.V.

At first the patient undergoes two to three hour sessions which seek to break down the repressive defenses he has taken a lifetime to build, allowing him to finally realize and come to grips with his deeply buried pain. He is encouraged to act out childhood memories, and to express, rather than repress, his pain and suffering. The initial sessions are followed by weekly group sessions which continue until the patient feels that he is cured.

Many traditional psychologists differ with Janov's methods of treatment on the basis that the treatment is too short and emotionally traumatic. Despite conclusive results that Janov's patients have exhibited lower body temperatures, pulse rates, and blood pressures, as well as altered brain wave patterns, up to several years after therapy, Janov's antagonists maintain that although there is definite short term improvement in these patients, it is too early to determine whether these changes are permanent.

Although Janov purports to have found the cure for mental illness, his more conservative colleagues are withholding judgement until his results have been scientifically proven. Janov's therapy, as opposed to the long and drawn-out, but relatively non-traumatic methods of conventional psychotherapy, results in an abrupt confrontation and assimilation by the patient of his problems, which Janov's

opponents see as a potentially harmful practice.

Janov's view of Primal therapy, however, is totally optimistic. Modestly terming it the "most important discovery of the Twentieth Century," he believes that "Primaling" is the only sure cure for mental illness, crime, and drug addiction. He claims to have

cured patients of such psychosomatic disorders as sinus trouble, uncontrollable sex drive, headaches, stomach ulcers, and asthma. It is Janov's belief that through Primal therapy for all individuals, the world could become a utopian society of thinking, feeling, and happy human beings.

# Rev. Moon Wants You

(Continued from p.2)

techniques different from those used by Catholics, Protestants, or other religious groups.

Controversy has arisen about the success of the Unification Church, in terms of American support.

The Reverend Moon claims a following of 30,000 people in the United States, and 2 million world-wide.

New York Magazine recently placed the figure of "confirmed American members" at a mere 2,000. They refer to Moon's campaign to recruit new members as "a dismal failure...Despite a goal of 200,000, only about 25,000 people attended Moon's Yankee Stadium Rally (the 'God Bless America Festival') last June."

The controversy surrounding Moon and his church is enlivened now by the legal actions being taken against them. It is also

enlivened by the efforts of concerned individuals to reclaim members into the society from which they have withdrawn.

The New York City Tax Commission is questioning the church's right to its tax exemption. Last February, Senator Robert Dole led an anti-Moon hearing in Washington, D.C. In California, the Mendocino County Board of Supervisors denied a permanent permit for the church ranch in Boonville.

The legal battle is only part of the organized opposition to Moon and his church. The other battle, being fought by concerned individuals and parents of church members, will be the subject of a forthcoming article.

Let it be said for now that Reverend Moon wants you. After confronting the controversy surrounding him and his Unification Church, you can make your own choice.

Commencing with the Fall Quarter 1976 a fee of \$3 will be assessed for petitions filed with the Registrar to change a grading option.


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# KIOSK

TODAY

I.R.O. is sponsoring a Political Forum: "Crisis in South Africa". Speaking will be Mazisi Kuene a South African emigrant and member of African National Congress.

KCSB-FM: tonight at midnight Rich Zimmerman and KCSB present part one of a special stereo "inner-view" with the WHO. Be prepared with speakers spread - undercurrents will flow.

Black Student Union: is having a meeting tonight in SH 1119 at 7 p.m. KCSB-FM will be presenting a recorded interview with Dan Sisson (candidate for Congress), Bruce Dodds (for judge) and Tom Hayden on your FM dial 91.5 today at 12:15.

UC Student Lobby: Socialist Workers party member and independent candidate for U.S. Senate will be speaking in Storke Plaza today at high noon as part of the UC Student Lobby's "Face to Face" debate and lecture series.

Merhaba Folk Dance Club: Folk dancing tonight and every Friday night at 8 p.m. in the old gym - free. Instructions will be given at 7:30 p.m. and also on Sunday night at 8 p.m. in the Program Lounge of the UCen. Dancing is free and everyone's welcome.

## ANNOUNCEMENTS

**Student Special Services Program:** Moved offices. Peer Counseling is now in Building 478, Room 1023. The main office is now in Building 434, Room 107E. The English and Math instructors have offices in Bldg. 434, Rms 107F and 107D. We're open 8 a.m. - 12 noon, 1 p.m. - 5 p.m. Monday through Friday. Come visit us.

**University Religious Conference:** Chili supper at the University Religious Conference located at 777 Camino Perscadero, Sunday night at 6 p.m. \$1 donation. All Christians welcome.

**Reevaluation Counseling Club:** There will be a Reevaluation Counseling class beginning Monday at 7 p.m. at 6648 Del Playa. Judy Evered and Jack Ceder will be the teachers. Call 968-6968 for more information.

**Scholar's Program:** The Las Siegas Journal is now accepting all creative efforts for next spring's publication. Drop your best poetry, short stories, reviews, cartoons, etc. by the Program Lounge on campus for editorial approval.

**Judicial Council A.S.** Judicial Council is now accepting applications. Interested persons should apply immediately in the A.S. Office, third floor UCen.

**Counseling Center:** Sign-ups for a variety of groups, all this week, in the Counseling Center, Bldg. 578.

**IVCC Ecosystem Management Group:** Last Spring quarter's endangered species and vertebrae survey volunteers - please provide schedule of times you can meet over next 10 days and tel./address to I.V. Planning.

**Marine Science Institute:** Seminar on current UCSB Sea Grant Programs presented by the principal investigators. Monday, Oct. 11 at 3 p.m. in SH 1432.

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# DAILY NEXUS SPORTS

## Los Angeles Ski Show Set For October 14-17

Snow may not fall in the mountains on October 14, but it will be ski season in Convention Center, where the all-new Los Angeles Ski Show/Expowinter76 starts a four-day run.

After last season's skimpy

snow supply, skiers are itching to head for the slopes and burn off all that pent-up demand.

They'll be able to pick up skis, boots, parkas and other items of equipment and clothing at super bargain prices at the Ski Swap and Great Used Ski Sale — as well as sell anything they've outgrown or become tired of.

All of this season's new gear will also be on display in Skiing Magazine's Equipment Theater, where experts Doug Pfeiffer and Doug Killham will give slide show talks covering highlights of the

1976-77 collection of 122 new skis, 86 new boots and 62 bindings.

For skiers wondering where to go on their winter vacations, Ski Magazine's Travel Information Center will have to up-to-date information on rates, fares, tours and money-saving tips about resorts all over the world.

Show hours are 6 to 11 p.m. Thursday, October 14; 4 p.m. to midnight Friday, October 15; 1 to 11 p.m. Saturday, October 16, and 1 to 7 p.m. Sunday, October 17.

## Run At USTFF

By Tony O'Rourke

This Saturday the UCSB crosscountry team will travel to El Dorado Park in Long Beach to participate in the United States Track and Field Federation Crosscountry Invitational.

The USTFF sponsored six mile race will include several different running divisions, and attract a number of the best individual runners and teams in California.

UCSB will be racing in the collegiate division at 11:30 a.m., and Coach Sam Adams anticipates strong competition from last year's collegiate division winner, Cal State Los Angeles, and running powerhouse Occidental College.

Adams has selected his top seven runners, Rick Fields, Tom Edwards, Rodger Gates, John Madvig, Mark Isaacson, Tom Pulte and Steve Niedrauer to comprise the Gaucho contingent for the USTFF race.

Gerardo Canchola, a member of the Gaucho crosscountry team who has been unable to race to date due to a hand injury, will now have his first opportunity to race, when he enters the USTFF's open division race.

Coach Adams has entered the promising Canchola as an unattached runner in order to allow Canchola to test the supposed recovery of his injured hand. Adams expects his talented junior college transfer to run well.

## Spikers Open Home Season

By Robin Updike

Tonight at 7:30 the UCSB women's volleyball team opens its home season in Rob Gym against Cal Poly Pomona.

Last weekend the spikers finished second in the All-Cal at UCI losing only to UCLA. Wednesday night the Gauchos traveled to Los Angeles to face the Bruins again. The UCSB varsity lost all three games, 15-5, 15-3, 15-5. The Gauchos JV's lost 15-6, won 15-7 and lost 15-7.

Gauche Coach Kathy Gregory explained. "It was a poor performance by everybody Wednesday night. The team was intimidated by being at Pauley Pavillion. Even after they warmed up I could tell that the team wasn't ready, that they weren't going to play well."

This weekend, however, Gregory expects easy wins over Pomona on Friday and Cal State Los Angeles on Saturday. Starters will be Sue Herrington, Maya Thiene, Lisa Garrity, Diana McInerney, Halina Tuemash, and Toni Astone. Gregory added that "everybody will play though."

Saturday night's game will also be in Rob Gym, with the JV's playing at 5:30 and the Varsity at 7:30 p.m. Admission is free with a student I.D. card.

Commenting on this year's women's team, Assistant Coach Mike Maas has called it "by far the most enthusiastic team going into a season I've ever worked with. Concentration is good. I'm looking forward to an extremely good season."

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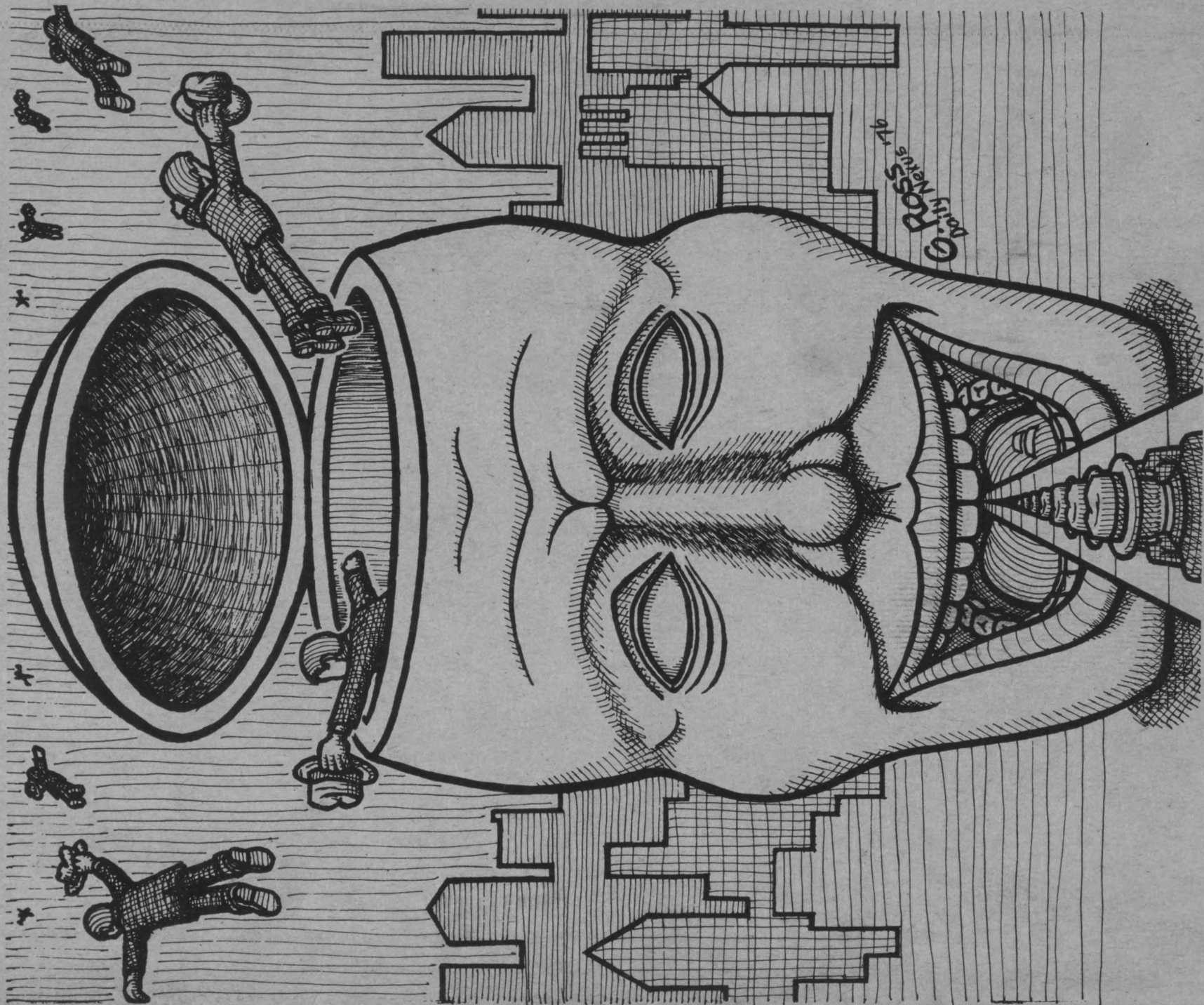
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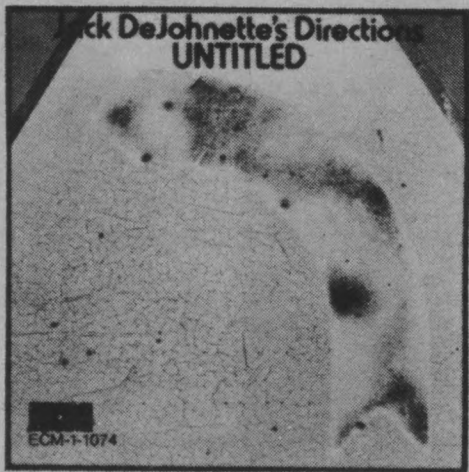
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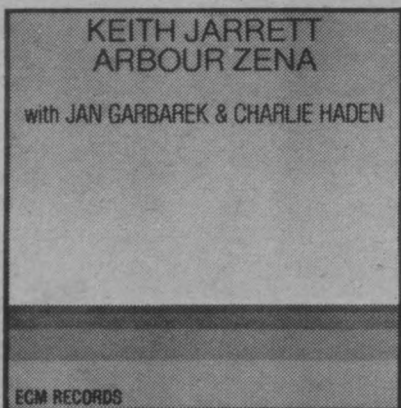


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